



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
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RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
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SMALL BLESSINGS DAY CARE

201-935-0506

ARCHDIOCESE OF NEWARK

973-497-4000



March 30, 2025

4TH SUNDAY OF LENT

"This son of mine was dead, and has
come to life again." - Lk 15:24a

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Apr. 19 (8:30pm), May 18, Jun. 1

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

FOURTH SUNDAY OF LENT LAETARE SUNDAY

Today is the halfway mark of the Sundays of Lent. This Sunday is known as Laetare Sunday for the first word of the Introit or Entrance Antiphon laetare (rejoice); it is a Sunday of joy. The celebrant has the option to wear rose-colored vestments.

Lent is half over, and Easter is enticingly near. This Sunday is our foretaste of Easter joy. Knowing the ebb and flow of intensity even in our best efforts, God deals with us tenderly in rhythms of consolation and desertion. So today, thoughts of freedom and joy come in the middle of Lent. But the joy does more than cushion our failing energies and needle our lagging spirits. It is a positive, meaningful joy, born of our fruitful life in Christ and of our sweet freedom as His purchased children.

Jesus was always being confronted by those who complained that He welcomed sinners and ate with them. The story of the prodigal son is so poignantly clear as to leave no doubt in our minds as to why He does so. The son deliberately leaves his father's house and rejects his father's love. He offends contemptuously. He revels in his disobedience until pangs of hunger trigger pangs of guilt and remorse. Sorrow for sin leads him home ready to be disowned as son even if he can only stay on as servant.

But there is a twist in the story. Not only was his father not angry and resentful, he was watching and waiting. He ran out to meet his wayward son, embraced him, kissed him, and welcomed him. There was no scolding, no threats, no demands - only a robe, a ring and a celebration! When the other son objected about his father's gift of prodigal forgiveness, he heard very simple, moving words: "This brother of yours was dead and has come back to life, he was lost, and is found."

Yet there is much more to the story than just that. If you look up the word "prodigal" in the dictionary, you'll find a number of definitions: "luxuriant," "yielding abundantly," "recklessly extravagant," to name a few. These words better describe the actions of the father more than they do those of the lost son. The Love of God for us is indeed "reckless." It is quite luxuriant and extravagant and it is so wonderfully abundant. He could very well demand punishment and penalty for our faults and failures, but rather holds us all the more dear.

But forgiveness is only part of the story. Of course, Jesus is speaking about our need for forgiveness. But we are also called to emulate the Father. We are called to be just as forgiving, just as all-embracing and just as radical in loving. Repentance leads to forgiveness and forgiveness leads to joy-filled reconciliation.

Jesus tells a story about a lost son, a faithful son and a loving father. It is a story of failure, repentance, forgiveness, of joy and reconciliation. It is a story of "letting go" and "making room." It is a story of a father and his sons (and daughters!) spending time together on a great journey, and emerging with a stronger relationship with one another.

There is no more important lesson for us to learn as followers of Jesus - that of giving and accepting of forgiveness. It is a matter of being totally, unconditionally and recklessly in love with our God.

If we haven't learned that, we really haven't learned the meaning of being Christian.

Food Pantry Update

We are stocking up our parish family food pantry to help our brothers and sisters in need for Easter and the Spring season.

“Whatever you did for these least brothers and sisters of mine, you did for me”



If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. Note that great vegetable and fruit prices can be found at *Lidl's and Aldi's*. Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.



EASTER FLOWER MEMORIAL

Your Name _____

Address _____

City/State/Zip _____

Phone _____

In Memory of: _____



\$50
\$35
\$25
\$20
\$15
\$10

Checks payable to: Sacred Heart Church

PURGATORIAL SOCIETY

The following deceased have been enrolled in the Sacred Heart Purgatorial Society:

- MIGUEL ANGEL COLLADO-req.by-Luis & Josie Hernandez
- MIKE COOKE-req.by-Micahel & Marilyn Carucci
- CINDY KILLACKEY-req.by-Khin Family
- FEDELE MARINACCIO-req.by-William & Josephine O'Boyle, Vito & Phyllis Rizzi
- O'CONNELL FAMILY-req.by-Mary & John Roskowski
- RICHARD O'CONNELL-req.by-Mary & John Roskowski
- ROSKOWSKI FAMILY-req.by-Mary & John Roskowski

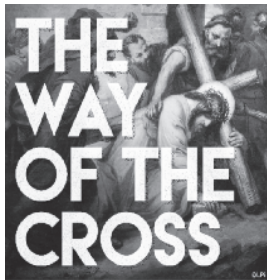
PASSPORT OUTREACH SERVICES IN LYNDHURST, THURSDAY MAY 1ST

Mayor Robert Giangeruso and Bergen County Clerk John Hogan is extending Passport services to Lyndhurst residents on Thursday, May 1 from 10am to 2pm in the Caucus Room of the Lyndhurst Town Hall, 367 Valley Brook Ave. Accepting Passport Applications (Photos On-Site). Bring checks for payments. For more information email gdesantis@bergencountynj.gov or call 201-336-7057.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Anne Montillo, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Robert Schaefer, Marion Dietz, Jamie Brown, John Santelli, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski

DECEASED: Joseph Pollio



BECAUSE BY YOUR HOLY CROSS YOU HAVE REDEEMED THE WORLD

Join us as we reflect on the passion and death of the Lord as a community during the Fridays of Lent. The Stations of the Cross will follow the 12:00 Mass on Friday: Apr. 4, 11

****PLEASE NOTE THAT THE STATIONS OF THE CROSS REPLACES EUCHARISTIC ADORATION DURING THE FRIDAYS OF LENT****

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

ST. PATRICK'S RESULTS

On March 8th our parish family and friends gathered to celebrate St. Patrick and enjoy delicious food, excellent entertainment, and the warmth and friendship of all gathered. About 200 people attended the event. Through the hard work of many volunteers and the generosity of all who participated a total of \$10,321 was raised for our parish including the dinner, 50/50 raffle and basket auction. **MANY THANKS** to all who played a part in making this event such a **HUGE SUCCESS**.

Congratulations to Rocco Dacchille, the winner of our St. Patrick's 50/50 raffle with ticket# 1243. Rocco received a check for \$2,515.

MARCH 30, 2025



FOURTH SUNDAY OF LENT

Anticipated Sunday Mass

5:00pm Adele Ciccone

SUNDAY - FOURTH SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Carmela Sofio

10:30 am William Feeney

12:00pm Tessie Aquino

1:30 pm Moises Lopez

MONDAY - Lenten Weekday

12:00pm Elias Pagan (Living) &
Charlie Sofio (Living)

TUESDAY - Lenten Weekday

12:00pm Joseph Rivers

WEDNESDAY - Lenten Weekday/St. Francis of Paola, Hermit

12:00pm Elvira Torraca

THURSDAY - Lenten Weekday

12:00pm Karen Habluzelt

FIRST FRIDAY - Lenten Weekday/St. Isidore, Bishop and Doctor of the Church

12:00pm Francesco & Carmela Radicia &
Giuseppe Giacchi

FIRST SATURDAY - Lenten Weekday

9:00am Purgatorial Society

Anticipated Sunday Mass

5:00pm Marie O'Connell

SUNDAY - FIFTH SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Lenore O'Rourke

10:30 am Phyllis Scelsa

12:00pm Krizan Peros

1:30 pm Fortunata Moreno

STEWARDSHIP

Collection Totals Not Available

At Time of Publication

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2025

The Archdiocese's 2025 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the poor and vulnerable, forming future priests and supporting retired clergy.

**To Date, 64 families from our parish family have generously supported the Appeal:
Our Parish's Goal - \$40,551 -- Paid To Date - \$12,059 (29.74% of Goal)**

If you haven't already done so, please prayerfully consider your gift to the 2025 Annual Appeal. Envelopes for the Appeal are available in the pews. You can put your gift in them and drop them in the basket at collection time. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

We will have a **special collection the weekend of April 12 & 13** to help us close the gap on our goal.



**Knights of
Columbus**

JOIN US!

WHAT IT MEANS TO BE A KNIGHT

*We are Catholic men who
**LEAD, SERVE
PROTECT AND DEFEND***

*We share a desire to be better
**HUSBANDS, FATHERS, SONS
NEIGHBORS AND ROLE MODELS**
And to put charity and community first*

**Knights of Columbus
Lyndhurst Council #2396**

Link Below For More Info
Linktr.ee/council2396

SCAN ME



Supporting

**Sacred Heart Church
Mount Carmel Church
Saint Michael Church**

ARCHDIOCESE OF NEWARK 2025 LENTEN REGULATIONS

1. The **days of both Fast and Abstinence** during Lent are **Ash Wednesday and Good Friday**. *If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection.*
The other Fridays of Lent are days of Abstinence.
On a day of Fast, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity.
Those between the ages of 18 and 59 are obliged to fast.
On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, March 9, 2025 to the Solemnity of the Holy Trinity, June 15, 2025.**

*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*