



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE

201-935-0506

ARCHDIOCESE OF NEWARK

973-497-4000



March 16, 2025

2ND SUNDAY OF LENT

While he was still speaking, a cloud came and cast a shadow over them, and they became frightened when they entered the cloud. Then from the cloud came a voice that said, "This is my chosen Son; listen to him." - Lk 9:34-35

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Apr. 19 (8:30pm), May 18, Jun. 1

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

SECOND SUNDAY OF LENT

Something in our human nature leads us to think of "signs" in terms of the miraculous and the extraordinary. The Gospels point to what we should be looking for - the presence of God in our lives and in our world. At the heart of the Gospel is the conviction that our God is not absent, is not idle, but active. Through Jesus, God is working to establish a kingdom, a kingdom of justice, of peace and of love. We believe that this kingdom is being established through God's power and through our cooperation. And we are always on the look-out to see signs of that kingdom, signs of God's presence in our world.

But the grace of God is everywhere. In today's Gospel Jesus takes Peter, John, and James up onto a mountain. There they see his glory. On the mountain everything is good. Jesus is bathed in light, he speaks to Moses and Elijah, and a voice from heaven proclaims him as God's Son. It must have been quite an experience! Talk about extraordinary signs! It is no wonder that Peter wants to set up tents and stay there. But the disciples soon learn that they cannot stay on the mountain. They must come down and return to their normal lives.

Jesus invites people to have faith in Him as Son of God and Savior. His mission is always the same - to reveal the Father's love to the world. His message is always the same - to feed the hungry, help those in need, love those who hate you. His method is always the same - to give us clear and convincing signs leading us to believe in Him and His message.

And what are those signs? He preached and lived by the simple law of the love of God and the love of neighbor. He taught us how to pray. He showed us the kingdom of God in wine and wheat, in the vineyard and the fisherman's net. He reached out to the sick, the sinner, the widow and the orphan, treating ordinary people with exquisite compassion. Jesus did all of this in ordinary ways.

The truth is that every aspect of our lives has a larger meaning, a mystery, a transcendence. We need to claim it. As often as we can we need to place ourselves with Jesus on the mountain because it is there that we come closest to seeing who he really is and who we really are. We are called to be people who know the transcendent dimension of our lives because it is in that dimension that we come to understand more clearly what it means to be alive.

Lent is a very good time for us to stop concentrating on our own measly efforts and allow the power of the Spirit of Jesus to leap into the forefront. This calls for quiet and contemplative prayer time, not prayers filled with routine words, or meditations on our own sinfulness. This is a time to take a serious look at our own commitment to the Gospel message of peace, compassion and justice. This is a time to revel in the bountiful beauty of God's love for us. This is a time when we are called to deeper faith. It is time to see the extraordinary in the ordinary.

Good things are happening all around us. God is active in all of them. Most of these signs we do not see. In order to see them we need to come down from the mountain. So this Lent, let us look closer and let us look beyond. Let us gaze again at the image of Christ crucified, finding in that image the only sign we need which will transfigure us into a newer intimacy with Him and with our brothers and sisters.

A BIG THANK YOU!!!

The following local businesses very generously donated gift cards, food items, flowers or raffle tickets to our St. Patrick's fundraiser celebration. Please remember to patronize them and thank them when you do!



- | | |
|---------------------------------|------------------------------|
| Angelo's | Flo's Hair Salon |
| BCB Bank | Gelone's |
| Blarney Station | Haley Chiropractic |
| Curly Locks Haircut | Lasoni |
| Claudia's Nail & Spa | Lyndhurst Pastry Shop |
| Flowers by Chuck | Michael's Salumeria |
| Gusto's | Sadowski's Auto Car |
| Hair Factory | Shop Rite |
| Lyndhurst Florist | Teri's |
| Michael's Riverside | Villa Italia |
| Nazare Memorial Home | |
| Shannon Rose | |
| Stellato Funeral Homes | |
| Thistle Fish & Chips | |

Also thanks to the members of our parish family who volunteered their time, or gave gifts, or gave desserts or salad, or provided entertainment. **Special thanks to Mike & Joan Coyne and Fred & Angela Giordano for providing the BEST Corned Beef & Cabbage this side of Dublin!!!**

EASTER FLOWER MEMORIAL

Your Name _____

Address _____

City/State/Zip _____

Phone _____

In Memory of: _____



- \$50
- \$35
- \$25
- \$20
- \$15
- \$10

Checks payable to: Sacred Heart Church

*Mark Your Calendar
Catholic Cemeteries
Meet & Greet
March 22nd & 23rd*

Join us for an enlightening Meet & Greet with a memorial planning advisor from Catholic Cemeteries after the Masses on March 22 and 23. The Meet and Greet is a chance to gain insights, ask questions, and understand the spiritual journey of a Catholic funeral. While there is no obligation whatsoever, the recommendations will be invaluable. For those who may miss it, and for more information, please visit www.rcancem.org



V ANNUAL
WALKING STATIONS OF THE CROSS
10 MILES WITH JESUS
" Stand at the crossroads and look. Ask for the ancient paths
and where the best road is. Walk in it. " Jr 6:16
Sunday April 6 2025, 10 AM

JUBILEE YEAR 2025
FROM: ARCHDIOCESAN SHRINE OF ST. JOHN PAUL II
131 E. EDGAR RD LINDEN, NJ
TO: CATHEDRAL BASILICA OF SACRED HEART OF JESUS
89 RIDGE ST NEWARK, NJ
INFO AND REGISTRATION: 201.220. [phone icon]
WWW.10MILESWITHJESUS.O [QR code]

**PASSPORT OUTREACH SERVICES IN
LYNDHURST, THURSDAY MAY 1ST**

Mayor Robert Giangeruso and Bergen County Clerk John Hogan is extending Passport services to Lyndhurst residents on Thursday, May 1 from 10am to 2pm in the Caucus Room of the Lyndhurst Town Hall, 367 Valley Brook Ave. Accepting Passport Applications (Photos On-Site). Bring checks for payments. For more information email gdesantis@bergencountynj.gov or call 201-336-7057.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Robert Schaefer, Marion Dietz, Jamie Brown, John Santelli, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski

DECEASED: Eugene T. Wallac, Nicholas Fata

CHURCH BELLS CELEBRATE & COMMEMORATE

MONDAY, MARCH 17TH

In Honor of: Joseph & Evelyn Famularo

Donated by: Robert & Mary Hero

MEMORIAL DONATIONS

During the week of March 16th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

SANCTUARY LAMP:

In Honor of: James M. Cavalcante



Donated by: Isabel & Jim Cavalcante

BREAD & WINE:

In Honor of: James M. Cavalcante



Donated by: Isabel & Jim Cavalcante

MASS CANDLES:

In Honor of: James M. Cavalcante



Donated by: Isabel & Jim Cavalcante

MARCH 16, 2025



SECOND SUNDAY OF LENT

Anticipated Sunday Mass

5:00pm Ann Chiaro

SUNDAY - SECOND SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Howard Wartel

10:30 am William Feeney

12:00pm James M. Cavalcante

1:30 pm Maria Lucia Urgiles

MONDAY - Lenten Weekday/St. Patrick

12:00pm Mike, Rose, Vinnie & Mickey Carini

TUESDAY - Lenten Weekday/St. Cyril of Jerusalem, Bishop and Doctor of the Church

12:00pm Eusebio Mangaliman, Sr.

WEDNESDAY - ST. JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY

12:00pm Lucy J. Liberti & Family

THURSDAY - Lenten Weekday

12:00pm Anthony Silver

FRIDAY - Lenten Weekday

12:00pm Beatrice Albanece

SATURDAY - Lenten Weekday

9:00am Patricia Harty

Anticipated Sunday Mass

5:00pm Eugene Wallace

SUNDAY - SECOND SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Fina Alvarez & Olga Amador

10:30 am William Feeney

12:00pm Lucas Silva

1:30 pm Raul Lozada

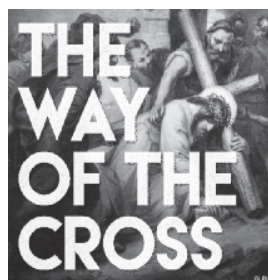
STEWARDSHIP

Sunday Collection - \$7,513

Central & Eastern Europe - \$1,921

Add'l Assessment - \$467

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you



BECAUSE BY YOUR HOLY CROSS YOU HAVE REDEEMED THE WORLD

Join us as we reflect on the passion and death of the Lord as a community during the Fridays of Lent. The Stations of the Cross will follow the 12:00 Mass on Friday: 21, 28. Apr. 4, 11

****PLEASE NOTE THAT THE STATIONS OF THE CROSS REPLACES EUCHARISTIC ADORATION DURING THE FRIDAYS OF LENT****

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2025

The Archdiocese's 2024 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

**To Date, 57 families from our parish family have generously supported the Appeal:
Our Parish's Goal - \$40,551 -- Paid To Date - \$8,962 (22.10% of Goal)**

****Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese.**

If you haven't already done so, please prayerfully consider your gift to the 2024 Annual Appeal. Envelopes for the Appeal are available in the pews. You can put your gift in them and drop them in the basket at collection time. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

We will have a **special collection the weekend of March 22 & 23** to help us close the gap on our goal.



**Knights of
Columbus**

JOIN US!

WHAT IT MEANS TO BE A KNIGHT

*We are Catholic men who
**LEAD, SERVE
PROTECT AND DEFEND***

*We share a desire to be better
**HUSBANDS, FATHERS, SONS
NEIGHBORS AND ROLE MODELS**
And to put charity and community *first**

**Knights of Columbus
Lyndhurst Council #2396**

Link Below For More Info
Linktr.ee/council2396

SCAN ME



Supporting

**Sacred Heart Church
Mount Carmel Church
Saint Michael Church**

ARCHDIOCESE OF NEWARK 2025 LENTEN REGULATIONS

1. The **days of both Fast and Abstinence** during Lent are **Ash Wednesday and Good Friday**. *If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection.*
The other Fridays of Lent are days of Abstinence.
On a day of Fast, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity.
Those between the ages of 18 and 59 are obliged to fast.
On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, March 9, 2025 to the Solemnity of the Holy Trinity, June 15, 2025.**

*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*