



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



March 2, 2024

8TH SUNDAY IN ORDINARY TIME

"A good tree does not bear rotten fruit, nor does a rotten tree bear good fruit. A good person out of the store of goodness in his heart produces good, but an evil person out of a store of evil produces evil; for from the fullness of the heart the mouth speaks." - Lk 6:43, 45

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Mar. 2, Apr. 19 (8:30pm), May 18, Jun. 1

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

Eighth Sunday In Ordinary Time

The third and final section of Luke's Sermon on the Plain begins: And he told them a parable. There are actually four parables, three of which we read today. They are all about how to be a good disciple.

The blind cannot lead the blind. And a disciple cannot be a good disciple unless he or she has learned from the teacher. Before you can be a good disciple and teach others you must take care of yourself. Do not try to take a speck out of your brother's eye until you have taken the board out of your own. Finally, only when you have purified yourself can you produce the good works that the teacher requires. Discipleship asks us to produce good deeds. But to produce them requires the integrity and purity of heart found in the teacher. When people see your good deeds they will know that this is because you have a good heart.

The parables that Jesus offers in today's gospel have one thing in common. Each of them is concerned with the qualities required for authentic discipleship. The "blind" who cannot see their own faults are always ready to point out the shortcomings of others. Those who resist personal conversion are in no position to lead others to conversion. And a false heart cannot be a truthful and effective witness.

Jesus is a very difficult model to follow as much now as he was for the early Christians. He seems to make outrageous demands on our sense of the reasonable. He believes that we can transcend the limitations of our fragile nature and he expects us to believe this as well. He preaches the beatitudes and it sounds like a litany of foolishness. Be poor, be meek, be hungry and thirsty, be persecuted and then you will be happy! Do this and you will be whole and holy like your Father in Heaven.

God's love is effective only because it produces good fruit for the benefit of others. The ministry of Jesus flowed from his belief that living in love was living in God. He spent his life trying to share this belief with others and to allow that belief to transform their lives. Those who sat listening to his Sermon on the Plain not only heard his words but more importantly they saw him live those words to the fullest.

Every Christian community since then has sought to act as He acted, wanting to make the same Spirit that moved Jesus visible in society. Seeing, hearing, touching the hearts of others and speaking as he did are characteristics of all disciples. Loving God and loving neighbor requires the ability to be with people in their experiences of being vulnerable, broken, joyful, needy, searching and questioning.

These experiences are common to all disciples. They should be the means by which we can help others articulate more clearly and more meaningfully the reality of God's Spirit at work in their lives. But it is no easy task. We ourselves need to be affirmed again and again in the belief that our God is intimately a part of the ups and downs of our everyday lives. When we live in love, we live in God. We are the potter's vessel, easily broken and yet we are temples of the Spirit. We are called to be bread. We are blessed, broken and we are given.

Everything and everyone is charged with the power of God's presence. This is true power. We are called to witness this by our words and our actions. The truly powerful are creators not destroyers, builders not demolishers, life-givers not killers, fixers not complainers, nurturers not bullies.

Our life in the Spirit results from his gift and our cooperation. Our part is to remove obstacles to growth, and one of our positive goals is to develop a loving and compassionate attitude toward our fellow travelers on the journey of faith. It is for us to help them to bear fruit and to let God take care of the rest.

ARCHDIOCESE OF NEWARK 2025 LENTEN REGULATIONS

1. The **days of both Fast and Abstinence** during Lent are **Ash Wednesday and Good Friday**. *If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.*
On a day of Fast, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity.
Those between the ages of 18 and 59 are obliged to fast.
On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, March 9, 2025 to the Solemnity of the Holy Trinity, June 15, 2025.**

*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

YOUR HELP TO MAKE THE FUN IS NEEDED

We're looking for folks to help sell raffle tickets and tickets to the celebration after the Masses on the weekends as well as help setting up the school cafeteria on the March 7th and knocking table and chairs down after the celebration on March 8th. We're also soliciting gift certificates from local vendors, e.g. Restaurants, florists, hair and nail salons, etc. Please call the office 201-438-1147 if you would like to help.

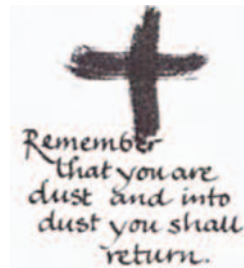
SECOND COLLECTION

Your generosity in the second collection this week will defray our monthly assessment expense.

Food Pantry Update

We are stocking up our parish family food pantry to help our brothers and sisters in need during the cold winter months. Can you help us make winter a little warmer for those struggling with food insecurity?

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!** *As a reminder, we are unable to package out-of-date food products for distribution to our families.*



ASH WEDNESDAY MARCH 5, 2025

Begin your Lenten Journey towards Easter with your parish family. Ashes will be imposed this year on Ash Wednesday, February 22, by the minister using a Q-Tip. **Blessed Ashes will be imposed at Mass only.**

MASS SCHEDULE

7:00 AM in English, 9:00 AM in English
12:00 PM in English, 5:30 PM in Spanish
7:00 PM in English

SACRED HEART HOME SCHOOL SPRING AUCTION - FRIDAY, MARCH 21

Sacred Heart Home-School Association presents their Annual Spring Auction on Friday, March 21, 2025 at Sacred Heart School, 620 Valley Brook Ave. Tickets are \$20 per person - no one under 18 will be admitted. Doors open at 5:30 PM. Tickets includes one sheet for 1st level prizes, Coffee/Tea and dessert. If you are interested, please call the school office at 201-939-4277 or Patty at 201-803-9580. **Ticket deadline is March 12th.**

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Anne Montillo, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Robert Schaefer, Marion Dietz, Jamie Brown, John Santelli, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski

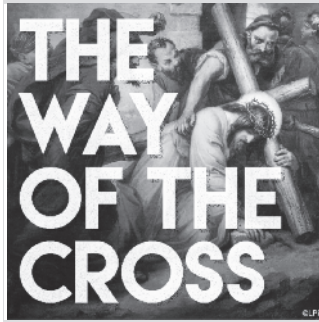
DECEASED: All those from our parish family the Lord has called home



STATIONS OF THE CROSS

Via Crucis ©LPI

**BECAUSE BY YOUR HOLY CROSS
YOU HAVE REDEEMED
THE WORLD**



Join us as we reflect on the passion and death of the Lord as a community during the Fridays of Lent. The Stations of the Cross will follow the 12:00 Mass on Friday: Mar. 7, 14, 21, 28. Apr. 4, 11

****PLEASE NOTE THAT THE STATIONS OF THE CROSS REPLACES EUCHARISTIC ADORATION DURING THE FRIDAYS OF LENT****

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.



MARCH 2, 2025



Eighth Sunday In Ordinary Time

Anticipated Sunday Mass

5:00pm Anthony Sofio

SUNDAY - Eighth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Rosemary Marranzino

10:30 am William Feeney

12:00pm Anna Navatta (Living)

1:30 pm Elvira Goris Pena

MONDAY - Weekday/St. Katherine Drexel, Virgin

12:00pm Christopher Meister (Living)

TUESDAY - Weekday/St. Casimir

12:00pm Ciro Sarra

WEDNESDAY - Ash Wednesday

7:00am Charles & Mary Sofio

9:00am David Vaccari

12:00pm Pia Formato

5:30pm Souls In Purgatory

7:00am Ruth Tracey

THURSDAY - Thursday after Ash Wednesday

12:00pm Donald Kane

FIRST FRIDAY - Friday after Ash Wednesday/Sts. Perpetua and Felicity, Martyrs

12:00pm Renelito de Leon

SATURDAY - Saturday after Ash Wednesday/St. John of Gof, Religious

9:00am Thomas Roberts, Jr.

Anticipated Sunday Mass

5:00pm Veronica Mulligan

SUNDAY - FIRST SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Julian & Lorenza Duran

10:30 am William Feeney

12:00pm Thomas Roberts, Jr.

1:30 pm Elvira Goris Pena

STEWARDSHIP

Sunday Collection - \$6,111



COME AND LISTEN

“COME TO ME ALL WHO ARE TIRED
AND BURDENED AND I WILL GIVE
YOUR REST” Matthew 11:28

ARE
CARES & WORRIES
WEIGHING YOU DOWN?

COME & LISTEN
ONE WORD COULD CHANGE
YOUR LIFE.

**Mondays & Thursdays
8:00pm in Parish Center
(former Convent)**

Enter through the
parking lot entrance

**CATECHESIS FOR ADULTS
AND YOUTH (ages 13 & older)**

Free babysitting will be available

ST. PATRICK'S DAY FUNDRAISER

Saturday, March 8, 2025, 6:00 PM

Sacred Heart School Cafeteria

Corned Beef Dinner - Irish Music - BYOB

50/50 Raffle - Drawing at 8:00 p.m.

Gift Baskets Auction

Tickets for the dinner \$30 for Adults \$10 for kids

12 and under and will go on sale shortly.

In conjunction with this major fund raising event, the parish is requesting donations for gift baskets that will be auctioned off that night. If you're interested in donating a \$25, \$50, or \$75 basket, please drop it off at the Parish Center. If you'd like to contribute new items to make up a gift basket, you can also drop them off at the Parish Center. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising which will benefit Sacred Heart Parish.

