



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
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RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
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SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



February 2, 2025

THE PRESENTATION OF THE LORD

"Behold, this child is destined for the fall and rise of many in Israel." - Lk 2:34

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Feb. 9, Mar. 2, Apr. 19 (8:30pm), May 18, Jun. 1

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

The Presentation Of The Lord

The Feast of the Presentation of the Lord is celebrated 40 days after Christmas Day. The Gospel of Luke recalls Mary and Joseph taking the child Jesus for his first visit to the temple in Jerusalem. This feast is also known as Candlemas because of the tradition of blessing and distributing candles and holding a candlelight procession on this day. These practices are drawn from Simeon's words in the gospel for this feast, in which he prophesies that the child Jesus will become "a light for revelation to the Gentiles."

In a sense, this feast celebrates the meeting point of the two "Testaments" for Catholics: the old and new. Jesus, who is the new temple of God, enters the ancient temple. Jesus, who ushers in the law of love, comes to visit his people in a place in which the law of sacrifice was fulfilled thus, bringing to fulfillment obedience to the Law and ushering in the last times of salvation. The Temple is where divinity and humanity embrace, and where the past and the future converge.

Only Simeon and Anna, two elderly people, notice the Holy Family. They recognize a new and special presence. They find fulfillment from their watchfulness, and their long wait comes to a joyful end. Simeon and Anna's active prayer life kept expanding their brains. Neuroplasticity is not just for children or young adults. Anna "worshiped night and day with fasting and prayer" and Simeon was open to the prompting of the Holy Spirit. Their regular spiritual exercises resulted in what we might call "heightened neuroplasticity," and a refreshed capacity to recognize something (salvation) and to embrace someone (the unexpected Messiah) that no one had ever seen before.

Even the commonness of Mary and Joseph displayed in their everyday poverty, and the deceptive ordinariness of the infant named Jesus – so similar to the untold hundreds of other infants they had seen before – did not blur the vision and insight of these fragile octogenarians.

Old age can be a beautiful although admittedly challenging time of spiritual harvesting. This harvest can be shared with younger generations who speak digital when we speak analogue; who can connect all of our tv's and computers, though they cannot always connect the dots of their own lives; who do not always understand where they are going, as we are coming to understand where we have been. The role of parents and grandparents, mentors and guides, uncles and godmothers needs to be encouraged for quietly handing on the faith in the families, as senior believers serve as spiritual companions, elders, and treasured catechists in local faith communities.

Anna "spoke about the child to all who were awaiting the redemption of Jerusalem" and Simeon blessed Mary and Joseph, and his words amazed them. Who have been the Simeon and Anna's to you? Who has seen through the ordinariness and unimpressive to reveal Christ to you? Who has quietly but unexpectedly amazed you with their mentoring in pointing out God's love and the actions of the Holy Spirit in the everydayness of your existence?

Not surprisingly, there are spiritual exercises and activities that can refine and reroute us – no matter what our age – so that we can maintain not only the neurological but also the "spiritual plasticity" to recognize the God of surprises in the temples we trod in our own daily life? Maybe it's something as simple as a reinvigorated thoughtfulness in praying the rosary, or an Anna and Simeon style examination of conscience wondering about what glimpses of the Messiah we might have overlooked, or a new journey into scriptural reflection.

Simeon and Anna are an example to those of us of every age that we can rewire our brains and our souls to put ourselves in the presence of God in our every day lives. In the ordinariness of our everyday temples of work and home and school and church, we can listen to the prompting of God's Spirit, perceive God afoot in the mundane, and gracefully live in constant expectation of God adventing in our lives. We can daily experience the power of Christ's presence point Christ out to others: a candle loses none of its light when lighting another candle (even an old candle).

Food Pantry Update

We are stocking up our parish family food pantry to help our brothers and sisters in need during the cold winter months. Can you help us make winter a little warmer for those struggling with food insecurity?



If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. Note that great vegetable and fruit prices can be found at Lidl's and Aldi's. Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

YOUR HELP TO MAKE THE FUN IS NEEDED

Our parish's annual St. Patrick's celebration is a significant fundraiser but more importantly it's a fun packed evening with great food, music, and Irish dancers along with raffles and a 50/50. **We're looking for folks to help sell raffle tickets and tickets to the celebration after the Masses on the weekends as well as help in building the gift baskets and setting up the school cafeteria on the March 7th and knocking table and chairs down after the celebration on March 8th.** We're also soliciting gift certificates from local vendors, e.g. Restaurants, florists, hair and nail salons, etc. Letters acknowledging the gifts will be available at the Parish Center. Consider joining us in this endeavor and take advantage of meeting your fellow parishioners. If you are interested in helping please call the parish office at 201-438-1147.

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

PAY IT FOWARD PROGRAM

Sacred Heart Parish has partnered with BCB Bank to raise some need funds for our parish. The Pay It Forward Program gives us the opportunity to earn donations based on the number of supporters who signed up for the program. If we have 20-50 members, BCB will contribute 0.20% of the cumulative account balance, 51-75 members 0.30%, 76+ members 0.40%. **A minimum of 20 members is required**

****NO DONATIONS ARE WITHDRAWN FROM CUSTOMER'S ACCOUNTS, ALL DONATIONS COME DIRECTLY FROM BCB.**

****ALL PERSONAL AND FINANIAL INFORMATION IS KEPT STRICTLY CONFIDENTIAL BY THE BANK. THE CHURCH WILL NOT KNOW WHO HAS REGISTERED UNLESS YOU DECIDE TO SHARE THIS INFORMATION WITH US.** Contact BCB directly if you have questions about the program or want to open an account. Please remember to tell them you want to support Sacred Heart Church in Lyndhurst. Lyndhurst - 201-728-6810, Rutherford - 201-728-6960

THIRD ANNUAL VALENTINE CELEBRATION DOO-WOP, DINNER AND MORE!

SATURDAY, FEBRUARY 15, 2025

7:00PM - 10:00 PM (DOORS OPEN 6:30PM)

OUR LADY OF MT. CARMEL PARISH CENTER
TICKETS \$40 NO TICKETS SOLD AT THE DOOR

WITH

FOREVER YOUNG

ONE OF NJ/NY'S PREMIERE GOLDEN OLDIES
DOP WOP SIX-PIECE BAND

PRESENTED BY

**LYNDHURST GIRLS' ASSOCIATION &
LYNDHURST BOY SCOUTS**

**A FUNDRAISER FOR THE LIBBIE LINDSAY LITTLE
HOUSE FOR LYNDHURST GIRL SCOUTS AND FOR
THE LYNDHURSTCUB SCOUTS, BOY SCOUTS AND
VENTURE CREW**

Admission includes a delicious pasta dinner, dessert and beverages (BYOB)

For tickets mail your check payable to the "Lyndhurst Girls' Association" to Donna Shinnick, 617 Lake Ave, Lyndhurst, NJ 07071
Questions? Call Donna 201-906-3010

ST. PATRICK'S CELEBRATION ORGANIZATIONAL MEETING

Monday, February 2nd at 1:00 PM
Parish Center Dining Room.

Enter through the Parking Lot Entrance

Open to **ALL** interested in helping make this event a success for our parish. Consider getting involved and meeting and working with other members of our parish family!

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Gacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Martina O'Connell, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Brian Oppici, Robert Schaefer, Eric Dietz, Marion Dietz, Jamie Brown, John Santelli, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin

DECEASED: All those from our parish family the Lord has called home

MEMORIAL DONATIONS

During the week of February 2nd, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

SANCTUARY LAMP:

In Honor of: Philip Coiro



Donated by: His Loving Family

SECOND COLLECTION

Your generosity in the second collection next weekend will defray our monthly assessment expense.

HOLY DOOR

From a symbolic viewpoint, the Holy Door takes on a special significance: it is the most powerful sign of the Jubilee, since the ultimate aim of the pilgrim is to pass through it. The opening of the door by the Pope constitutes the official beginning of the Holy Year. Originally, there was only one door, at the Basilica of St. John Lateran, which is the cathedral of the Bishop of Rome. Later, to allow as many pilgrims as possible to take part in the Jubilee experience, the other Roman Basilicas also opened their own holy doors.

In crossing the threshold of the Holy Door, the pilgrim is reminded of the passage from chapter 10 of St John's gospel: "I am the door. If anyone enters by me, he will be saved and will go in and out and find pasture." Passing through the Holy Door expresses the decision to follow and be guided by Jesus, who is the Good Shepherd. The door is a passageway that ushers the pilgrim into the interior of a church. For the Christian community, a church is not only a sacred space, to be approached with respect, with appropriate behavior and dress code, but it is a symbol of the communion that binds every believer to Christ: it is a place of encounter and dialogue, of reconciliation and peace which awaits every pilgrim, the Church is essentially the place of the community of the faithful. **Catholics in the Archdiocese of Newark can receive a plenary indulgence by visiting one of four designated pilgrimage churches during the Jubilee Year: the Cathedral Basilica of the Sacred Heart in Newark, Saint Helen in Westfield, Saint Joseph of the Palisades in West New York, and Saint Pius X in Old Tappan.**

FEBRUARY 2, 2025



The Presentation Of The Lord

Anticipated Sunday Mass

5:00pm Philip Coiro

SUNDAY - THE PRESENTATION OF THE LORD

7:30am People Of Sacred Heart

9:00am Irene & Joseph Pravetz

10:30 am William Feeney

12:00pm James J. Cavalcante (Living)

1:30 pm Rosa & Juan Barone (Living)

MONDAY - Weekday(Fourth Week In Ordinary Time)/St. Blaise, Bishop and Martyr/St. Ansgar, Bishop

12:00pm Maria Carmela Torrillo

TUESDAY - Weekday

12:00pm Jerry Agresti, Sr.

WEDNESDAY - St. Agatha, Virgin & Martyr

12:00pm Eleanor Rita Descalzi

THURSDAY - St. Paul Paul Miki and Companions, Martyrs

12:00pm Edward Granito, Sr.

FIRST FRIDAY - Weekday

12:00pm Juan Cantos, Sr. & Demetrio Cantos

SATURDAY - Weekday/St. Jerome Emiliani/St. Josephine Bakhita, Virgin/Blessed Virgin Mary

9:00am Navatta, Pretto & Isoldi Families

Anticipated Sunday Mass

5:00pm Louise Paolazzi

SUNDAY - Fifth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Julian & Lorenza Duran

10:30 am Joseph Pavlica, Jr.

12:00pm John Manzo

1:30 pm Elvira Goris

STEWARDSHIP

Sunday - Jan 26

Sunday - \$5,890

Communicating God's Word - \$1,498



COME AND LISTEN

“COME TO ME ALL WHO ARE TIRED
AND BURDENED AND I WILL GIVE
YOUR REST” Matthew 11:28

ARE
CARES & WORRIES
WEIGHING YOU DOWN?

COME & LISTEN
ONE WORD COULD CHANGE
YOUR LIFE.

**Mondays & Thursdays
8:00pm in Parish Center
(former Convent)**

Enter through the
parking lot entrance

**CATECHESIS FOR ADULTS
AND YOUTH (ages 13 & older)**
Free babysitting will be available

ST. PATRICK'S DAY FUNDRAISER

Saturday, March 8, 2025, 6:00 PM

Sacred Heart School Cafeteria

Corned Beef Dinner - Irish Music - BYOB

50/50 Raffle - Drawing at 8:00 p.m.

Gift Baskets Auction

Tickets for the dinner \$30 for Adults \$10 for kids

12 and under and will go on sale shortly.

In conjunction with this major fund raising event, the parish is requesting donations for gift baskets that will be auctioned off that night. If you're interested in donating a \$25, \$50, or \$75 basket, please drop it off at the Parish Center. If you'd like to contribute new items to make up a gift basket, you can also drop them off at the Parish Center. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising which will benefit Sacred Heart Parish.

