



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



January 26, 2025

3RD SUNDAY IN ORDINARY TIME

The Spirit of the Lord is upon me.
- Lk 4:18

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Feb. 9, Mar. 2, Apr. 19 (8:30pm), May 18, Jun. 1

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

Third Sunday In Ordinary Time

This third Sunday in Ordinary Time sees us still at the beginning moves of the story of Jesus' ministry. The First Sunday always presents Jesus being baptized and being acknowledged by the Father, "This is my beloved Son, listen to him."

The Second Sunday always has Jesus introduced to his chosen disciples; and, indeed, last Sunday, with the miracle at the wedding in Cana, we were told, "He let his glory be seen and his disciples believed in him." In this third week, Jesus introduces himself to the wider world of the Chosen People, in terms of the messianic portrait as articulated by the prophet Isaiah, "The spirit of the Lord has been given to me, for he has anointed me. He has sent me to bring the good news to the poor, to proclaim liberty to captives and to the blind new sight, to set the downtrodden free, to proclaim the Lord's year of favor." We, if not exactly the Chosen People, are certainly his adopted family, by virtue of our Baptism, adopted daughters and sons of the eternal Father; but we are also the poor, captives and blind; and Jesus is introducing himself to us, proclaiming good news, proclaiming liberty and bestowing new sight to our blindness.

This has been true for generation after generation, now, for twenty-one hundred years; and where are we? Are we seeing any better? Are we any more free of our obsessions, our cares? In our poverty, what have we made of the Good News? Do we even know what is meant by the Good News; that God has become human, so that we humans may become more like God?

In the wake of all the violence among us, we must ask what has happened to our society? Dare we question, in the midst of our newly acquired secular freedoms whether the triumph of secularism may have something to do with it? The Christian Catholic Church, in its heyday, may possibly have contributed to keeping the lid on our excesses; but it certainly has not eradicated them. As we shall see in next week's Gospel reading, the people of Jesus' own day were much the same as we continue to be; while they were hugely impressed by his miracles, they largely yawned at his urging that they change their behavior, that they "repent", as he put it, and look at the world with different eyes.

So what are we to do, as we set out, as Christians, on this new year of 2025? Can we hope to effect some change for the better in ourselves? Can we hope to make some impression on the society around us? And, if so, what form should our efforts take? We may have many and different ideas; but we can make this observation. It is for us to decide what we are going to do, now and in the immediate future; it is decidedly not the time to wait for, much less, to blame the Government, the Church, or anybody else, for not waving a magic wand and making things better. It is time for each of us to do ordinary things that we do particularly well; to give of ourselves, so that everyone may benefit from that extra conscious energy; for the Spirit of the Lord has been given to us too.

Remember, the followers of Christ have been called to be the salt of the earth. Individually and collectively, we can begin to restore something of that Christian taste which our society used to have. No one else can do it for us. Here is a simple prayer with which to begin your day, "Lord, give me the grace to see what I have to do today and the strength to do it." It is really up to us, if this is going to happen.

Food Pantry Update

We are stocking up our parish family food pantry to help our brothers and sisters in need during the cold winter months. Can you help us make winter a little warmer for those struggling with food insecurity?



If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. Note that great vegetable and fruit prices can be found at Lidl's and Aldi's. Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

YOUR HELP TO MAKE THE FUN IS NEEDED

Our parish's annual St. Patrick's celebration is a significant fundraiser but more importantly it's a fun packed evening with great food, music, and Irish dancers along with raffles and a 50/50. **We're looking for folks to help sell raffle tickets and tickets to the celebration after the Masses on the weekends as well as help in building the gift baskets and setting up the school cafeteria on the March 7th and knocking table and chairs down after the celebration on March 8th. We're also soliciting gift certificates from local vendors, e.g. Restaurants, florists, hair and nail salons, etc.** Letters acknowledging the gifts will be available at the Parish Center. Consider joining us in this endeavor and take advantage of meeting your fellow parishioners. If you are interested in helping please call the parish office at 201-438-1147.

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

PAY IT FOWARD PROGRAM

Sacred Heart Parish has partnered with BCB Bank to raise some need funds for our parish. The Pay It Forward Program gives us the opportunity to earn donations based on the number of supporters who signed up for the program. If we have 20-50 members, BCB will contribute 0.20% of the cumulative account balance, 51-75 members 0.30%, 76+ members 0.40%. **A minimum of 20 members is required**

****NO DONATIONS ARE WITHDRAWN FROM CUSTOMER'S ACCOUNTS, ALL DONATIONS COME DIRECTLY FROM BCB.**

****ALL PERSONAL AND FINANIAL INFORMATION IS KEPT STRICTLY CONFIDENTIAL BY THE BANK. THE CHURCH WILL NOT KNOW WHO HAS REGISTERED UNLESS YOU DECIDE TO SHARE THIS INFORMATION WITH US.** Contact BCB directly if you have questions about the program or want to open an account. Please remember to tell them you want to support Sacred Heart Church in Lyndhurst. Lyndhurst - 201-728-6810, Rutherford - 201-728-6960

THIRD ANNUAL VALENTINE CELEBRATION DOO-WOP, DINNER AND MORE!

SATURDAY, FEBRUARY 15, 2025

7:00PM - 10:00 PM (DOORS OPEN 6:30PM)

OUR LADY OF MT. CARMEL PARISH CENTER
TICKETS \$40 NO TICKETS SOLD AT THE DOOR

WITH

FOREVER YOUNG

ONE OF NJ/NY'S PREMIERE GOLDEN OLDIES
DOP WOP SIX-PIECE BAND

PRESENTED BY

**LYNDHURST GIRLS' ASSOCIATION &
LYNDHURST BOY SCOUTS**

**A FUNDRAISER FOR THE LIBBIE LINDSAY LITTLE
HOUSE FOR LYNDHURST GIRL SCOUTS AND FOR
THE LYNDHURSTCUB SCOUTS, BOY SCOUTS AND
VENTURE CREW**

Admission includes a delicious pasta dinner, dessert and beverages (BYOB)

For tickets mail your check payable to the
"Lyndhurst Girls' Association" to Donna Shinnick,
617 Lake Ave, Lyndhurst, NJ 07071
Questions? Call Donna 201-906-3010

OUR LADY OF MT CARMEL HOLY NAME SOCIETY CASINO NIGHT

SAT., FEB. 1 6:30 PM - 10:30 PM

OLMC PARISH CENTER 146 COPELAND AVE
BLACKJACK*CRAPS*ROULETTE*MONEY WHEEL
TICKETS \$60 RECEIVE \$100 IN PLAY MONEY
\$100 IN ADVANCE RECEIVE \$1,000 PLAY MONEY
CALL MIKE 201-522-4553 OR MARK 201-803-1717

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Anne Montillo, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Gacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Martina O'Connell, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Brian Oppici, Robert Schaefer, Eric Dietz, Marion Dietz, Jamie Brown, John Santelli, Julius Single, Jr., Tina Gentile, John Llewellyn, Joann Di Giovanna, John De Stefano, Sr., Patricia Anne Coughlin

DECEASED: John Spinalli

MEMORIAL DONATIONS

During the week of January 19th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

SANCTUARY LAMP:

In Honor of: James M. Cavalcante



Donated by: Isabel & Jim Cavalcante

BREAD & WINE:

In Honor of: James M. Cavalcante



Donated by: Isabel & Jim Cavalcante

MASS CANDLES:

In Honor of: James M. Cavalcante



Donated by: Isabel & Jim Cavalcante

SECOND COLLECTIONS

Your generosity in the second collection this weekend will assist in the effort of announcing the Gospel through the Communicating God's Word Campaign.

Your generosity in the second collection next weekend will defray our monthly assessment expense



JANUARY 26, 2025



Third Sunday In Ordinary Time

Anticipated Sunday Mass

5:00pm Sabino & Phyllis Salerno

SUNDAY - Third Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Peg & Jim Kearns & Mary, Pete & Annette Radeglia

10:30 am William Feeney

12:00pm Phyllis Scelsa

1:30 pm Carmela & Joseph Palmo

MONDAY - Weekday/St. Angela Merici, Virgin & Religious Founder

12:00pm Julian & Lorenza Duran

TUESDAY - St. Thomas Aquinas, Priest & Doctor of the Church

12:00pm Denise Ann Morrone

WEDNESDAY - Weekday

12:00pm Patrick Webber

THURSDAY - Weekday

12:00pm Heru Wind Stone Dihaan

FRIDAY - St. John Bosco, Priest

12:00pm Dennis De Vaney

FIRST SATURDAY - Weekday/Blessed Virgin Mary

9:00am Purgatorial Society

Anticipated Sunday Mass

5:00pm Philip Coiro

SUNDAY - THE PRESENTATION OF THE LORD

7:30am People Of Sacred Heart

9:00am Irene & Joseph Pravetz

10:30 am William Feeney

12:00pm James J. Cavalcante (Living)

1:30 pm Rosa & Juan Barone (Living)

STEWARDSHIP

Collection Totals Not Available
At Time Of Publication

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!



COME AND LISTEN

“COME TO ME ALL WHO ARE TIRED
AND BURDENED AND I WILL GIVE
YOUR REST” Matthew 11:28

ARE
CARES & WORRIES
WEIGHING YOU DOWN?

COME & LISTEN
ONE WORD COULD CHANGE
YOUR LIFE.

**Mondays & Thursdays
8:00pm in Parish Center
(former Convent)**

Enter through the
parking lot entrance

**CATECHESIS FOR ADULTS
AND YOUTH (ages 13 & older)**

Free babysitting will be available

ST. PATRICK'S DAY FUNDRAISER

Saturday, March 8, 2025, 6:00 PM

Sacred Heart School Cafeteria

Corned Beef Dinner - Irish Music - BYOB

50/50 Raffle - Drawing at 8:00 p.m.

Gift Baskets Auction

Tickets for the dinner \$30 for Adults \$10 for kids

12 and under and will go on sale shortly.

In conjunction with this major fund raising event, the parish is requesting donations for gift baskets that will be auctioned off that night. If you're interested in donating a \$25, \$50, or \$75 basket, please drop it off at the Parish Center. If you'd like to contribute new items to make up a gift basket, you can also drop them off at the Parish Center. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising which will benefit Sacred Heart Parish.

