



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE

201-935-0506

ARCHDIOCESE OF NEWARK

973-497-4000



December 29, 2024

THE HOLY FAMILY

He went down with them and came to Nazareth, and was obedient to them; and his mother kept all these things in her heart. And Jesus advanced in wisdom and age and favor before God and man. - Lk 2:51-52

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm

Jan. 12, Feb. 9, Mar. 2, Apr. 19 (8:30pm), May 18, Jun. 1

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

THE HOLY FAMILY OF JESUS, MARY AND JOSEPH

The calendar year comes to an end and we gather to celebrate two special feasts in our Church: The Holy Family and that of Mary, the Mother of God. We celebrate the end of another year of pilgrimage in faith, and the beginning of a new year of our lives.

The feast of the Holy Family is a celebration of all families: not perfect families, not constantly serene families - but families just like ours. If we picture the family of Joseph of Nazareth as we have seen them depicted in works of art or statuary, it becomes very difficult to model our family lives around theirs.

They were, in fact, ordinary working people, called to an extraordinary mission. And they were subject to the ordinary failures of miscommunication, disappointments, worries, and disagreements of every family. However, they put their entire future, their entire trust, in the Spirit of God, who not only led them through their lives, but traveled alongside with them on their journey. Theirs was a family of love, respect and honesty, and not without turmoil.

Mary, as the Mother of our God, becomes our mother. It is she in whose arms the Babe nestled at birth, and in whose arms the crucified Son lay at the foot of the Cross. "Mary, the Mother of God" is perhaps the most significant of her titles - an ordinary girl called to bring forth the Word of Salvation - to care for Him, to nurture Him, to feed Him with the fruits of this life, so that He could feed others with the gift of Eternal Life.

This is traditionally the time of year for reflection - a time to look back at another year of life-experience and how we dealt with it; a time to measure our progress; and a time of resolve. In the life of the Church it is also a time of "new beginnings." The Season of Advent ushered in the new liturgical year; Christmastide reflects our affirmation of God made flesh, and we now begin the cycle anew.

It is very fitting that, as we move from the old year into the new, we recognize how intimately our lives are bound up with family. We are born into a family and reared in its environment; we move out and usually begin our own families. So many of the significant and Sacramental events of our lives are related to family members... baptisms, First Eucharist, Confirmation, Marriage, anniversaries, and deaths.

It is in the family that we first come to understand and experience community. In the loving, supportive environment of parents, brothers and sisters, grandparents, aunts and uncles, we come to appreciate our heritage and traditions. We are schooled in fundamental values. And usually, our initiation into the Christian faith is a very basic part of that early experience. It is our faith which will shape our outlook of the coming new year.

As the new year begins, we are setting out once again on a difficult and seemingly unmapped journey. We have no way of knowing where it will lead. There may be all sorts of surprises ahead, unsuspected discoveries and unwanted setbacks. We cannot know what events of this coming year will shape our lives. We wonder about our health, our wealth, our children, our parents, our schools, our jobs - and we cannot escape concern about the global family, about poverty, famine, war, oppression and disease.

We have a choice: we can be either optimistic or pessimistic. We can be hope-filled or despairing. We can trust in the abiding presence of our God or feel helplessly lost and alone. Our choice will, of course, fashion the spirit in which we spend each day of the coming year. It will also have an impact on those around us, and, ultimately, on the quality of life in our world.

Our journey through a new year, then, is not really unmapped. We know "The Way". So we move calmly and deliberately through each day. We are ready for whatever the turn in the road may bring. We are sure of the Lord's help to meet the unexpected failure or loss with courage. We know that there will be reasons for joy and gratefulness every day, if we just look with the eyes of faith.

May our families know his Love and Peace, today and always.

**PARISH OFFICE
CHRISTMAS SEASON HOURS**

In observance of the Solemnity of the Blessed Virgin Mary, Mother of God, and the New Years holiday, **the parish office will close at 2:00pm Monday, Dec. 30. The office will reopen at 9:00am on Thursday, January 2.**

**THE HOLY FAMILY
IN OUR FAMILY**

Today our gaze on the Holy Family lets us also be drawn into the simplicity of the life they led in Nazareth. It is an example that does our families great good, helping them increasingly to become communities of love and reconciliation in which tenderness, mutual help, and mutual forgiveness is experienced. Let us remember the three key words for living in peace and joy in the family: "may I", "thank you" and "sorry". In our family, when we are not intrusive and ask "may I", in our family when we are not selfish and learn to say "thank you", and when in a family one realizes he has done something wrong and knows how to say "sorry", in that family there is peace and joy. Let us remember these three words. Can we repeat them all together: may I, thank you, sorry. (Everyone: may I, thank you, sorry!) I would also like to encourage families to become aware of the importance they have in the Church and in society. The proclamation of the Gospel, in fact, first passes through the family to reach the various spheres of daily life.

-Pope Francis, Angelus, Saint Peter's Square, Sunday, December 29, 2013



**A FAMILY PRAYER
TO THE
HOLY FAMILY**

O most loving Jesus, Who by Thy sublime and beautiful virtues of humility, obedience, poverty, modesty, charity, patience and gentleness, and by the example of Thy domestic life, didst bless with peace and happiness the family Thou didst choose on earth, in Thy clemency look down upon this household, humbly prostrate before

Thee and imploring Thy mercy. Remember that this family belongs to Thee; for to Thee we have in a special way dedicated and devoted ourselves. Look upon us in Thy loving kindness; preserve us from danger; give us help in time of need, and grant us the grace to persevere to the end in the imitation of Thy Holy Family; that having revered Thee and loved Thee faithfully on earth, we may bless and praise Thee eternally in heaven.

O Mary, most sweet Mother, to thy intercession we have recourse, knowing that thy Divine Son will hear thy prayers.

And do thou, O glorious Patriarch, St. Joseph, assist us by thy powerful mediation, and offer, by the hands of Mary, our prayers to Jesus. Amen.

-Prayer Book for Religious

**SACRED HEART HOME SCHOOL
ANNUAL TRICKY TRAY**

**Friday, January 17th, Sacred Heart School
Doors Open: 6:00PM Raffles Begin 8:15-8:30PM
No Alcoholic Beverages Will Be Allowed
Kitchen Will Be Open**

Ticket includes: one sheet for 1st Level Prizes. Coffee, Tea & Dessert. Call Patty at 201-803-9580 or the school at 201-939-4277. Ticket Deadline Jan. 6th. \$20 Donation per person. No one under 18.

At Christmas our thoughts naturally turn to those friends and members of our family who shared their faith with us and helped to make each Christmas so special. If you would like to remember your deceased relatives or friends by donating Christmas Flowers and Decorations used to decorate the Church of the Sacred Heart throughout the Christmas Season, just fill in the form below and put it in a plain envelope marked "CHRISTMAS FLOWERS" and drop it in the collection or return it to the parish office at your convenience.



Christmas Memorial Flowers

Your Name _____

Address _____

City/State/Zip _____

Phone _____

In Memory of: _____ Other: \$ _____

_____ \$50

_____ \$35

_____ \$25

_____ \$20

_____ \$15

_____ \$10

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Anne Montillo, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Gacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Martina O'Connell, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Brian Oppici, Robert Schaefer, Eric Dietz, Marion Dietz, Jamie Brown, John Santelli, Julius Single, Jr., Tina Gentile, John Llewellyn, Joann Di Giovanna, John De Stefano, Sr., Patricia Anne Coughlin

DECEASED: Ralph Di Pietro, Mario "Marty" Alanzo, Joan Acuna

CHURCH BELLS CELEBRATE & COMMEMORATE



The Sacred Heart Church bell rings:

SUNDAY, DECEMBER 29TH

In Honor of: The Intentions of Skye Marie Whittington

Donated by: Isabel & Jim Cavalcante

MEMORIAL DONATIONS

During the week of December 29th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

SANCTUARY LAMP:



In Honor of: Robert Callahan

Donated by: Gullo Family

BREAD & WINE:



In Honor of: Joseph J. Pavlica, Jr.

Donated by: Patty & Joe Pavlica

Food Pantry Update

We are stocking up the pantry for the winter season. Can you help us assist our brothers and sisters struggling with food insecurity to have a merrier Christmas?

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly. Tuna, Macaroni & Cheese, Beans. Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

DECEMBER 29, 2024

THE HOLY FAMILY OF
JESUS, MARY AND JOSEPH

Anticipated Sunday Mass

5:00pm Robert Callahan

SUNDAY - THE HOLY FAMILY OF JESUS, MARY AND JOSEPH

7:30am People Of Sacred Heart

9:00am Maria Jose Pacheco Kamikawa

10:30am Victoria Vasquez

12:00pm James M. Cavalcante

1:30 pm Pablo Rodriguez

MONDAY - Sixth Day within the Octave of the Nativity of the Lord

12:00pm Julian & Lorenza Duran

TUESDAY - Seventh Day within the Octave of the Nativity of the Lord

12:00pm Loretta & Michael La Pollo

Anticipated Holy Day Mass

5:00pm Jose Almedia

WEDNESDAY - THE OCTAVE DAY OF THE NATIVITY OF THE LORD, SOLEMNITY OF MARY, MOTHER OF GOD

9:00 am Peter & Carmela Sofio

10:30 am Phyllis Scelsa

12:00pm Scardino, Pereira & Alongi
Families

1:30 pm Celia & Fernando Torres

THURSDAY - Sts. Basil the Great & Gregory Nazianzen, Bishops & Doctors of the Church

12:00pm Eyon Goulbourne (Living)

FIRST FRIDAY - Christmas Weekday/ Holy Name of Jesus

12:00pm Giovanna Spinelli &

Giovanna Radicia

FIRST SATURDAY - St. Elizabeth Ann Seton, Religious

9:00am Purgatorial Society

Anticipated Sunday Mass

5:00pm Patricia Tighe

SUNDAY - EPIPHANY OF THE LORD

7:30am People Of Sacred Heart

9:00am Thomas Nelson

10:30am Lorraine Miller

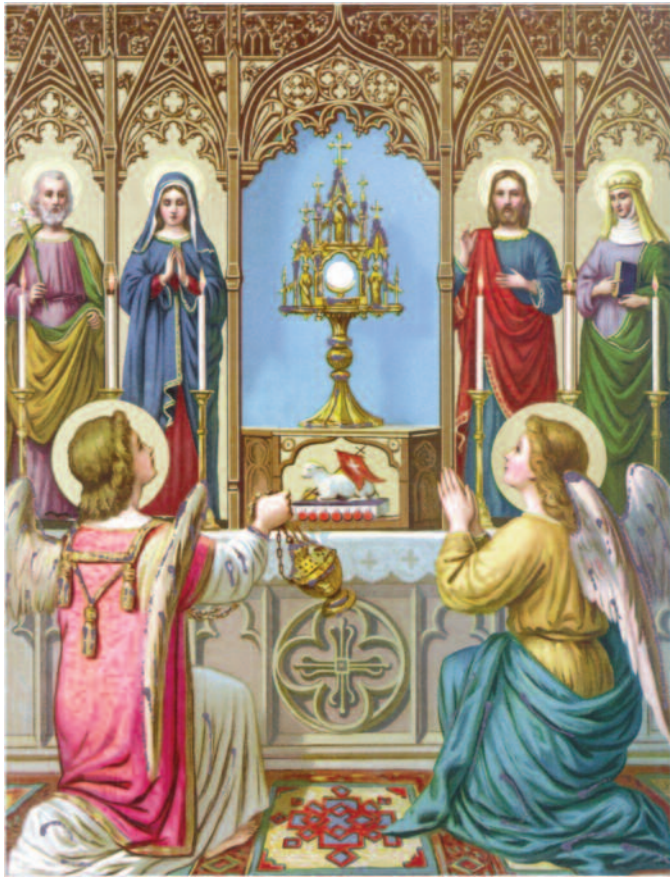
12:00pm Riley & Galindo Families

1:30 pm Maria Da Silva



SAVE THE DATE
Special Visitors
Coming To Our Parish
Sunday, January 5th
At 3:00 PM

The Three Kings will stop by our church on their way to adore the Christ Child on Sunday, January 5th at 3:00 PM. All are invited to come and greet them. The children of our parish family are encouraged to write letters to Kings and to give to them when they visit and they will receive a gift from the kings.



*O come let us adore Him,
 Christ the Lord!
 Weekly Eucharistic Adoration
 Fridays after the 12:00 PM Mass*

"And the Word was made flesh. This became reality in the stable of Bethlehem. But it has also been fulfilled in another form. "He who eats my flesh and drinks my blood has eternal life." The Savior, knowing that we are and remain people who have daily to struggle with our weaknesses, aids our humanity in a manner truly divine. Just as our earthly body needs its daily bread, so the divine life in us must be constantly fed. This is the living bread that came down from heaven. If we make it truly our daily bread, the mystery of Christmas, the incarnation of the Word, will daily be re-enacted in us. And this, it seems, is the surest way to remain in constant union with God, and to grow every day more securely and more deeply into the mystical Body of Christ. The Christian mysteries are an indivisible whole. If we become immersed in one, we are led to all the others. Thus the way from Bethlehem leads inevitably to Golgotha, from the crib to the cross. The way of the incarnate Son of God leads through the cross and passion to the glory of the resurrection. In his company the way of every one of us, indeed of all the human race, leads through suffering and death to this same glorious goal."

-St. Teresa Benedicta (Edith Stein)



SOLEMNITY OF MARY
THE HOLY MOTHER OF GOD
HOLY DAY OF OBLIGATION

Begin the New Year reflecting on our Blessed Mother and thanking God for the gift of a new year in our Father's house. **Masses for the Holy Day Obligation** will be on **Tuesday, Dec. 31st at 5:00PM** and on **Wednesday, Jan. 1st at 9:00AM, 10:30AM, and 12:00 Noon.**