



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

## SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

## PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

## RELIGIOUS EDUCATION

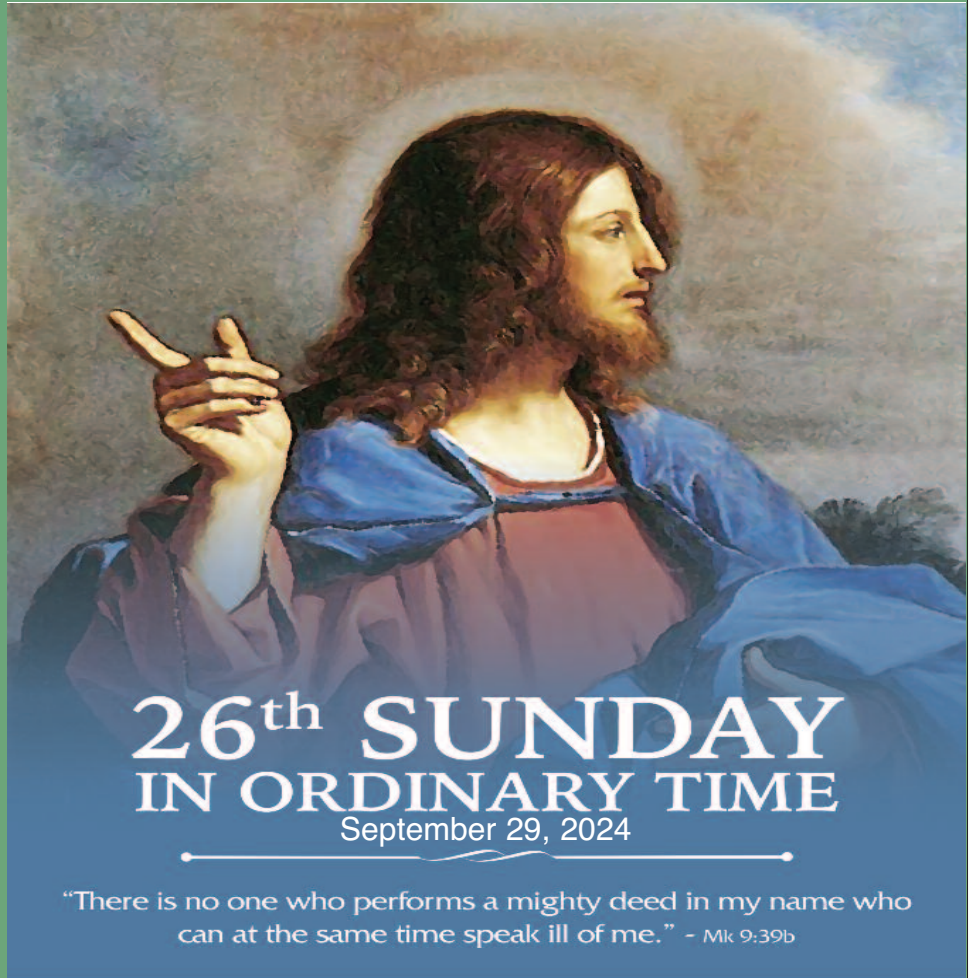
Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

## SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
[ldurocher@sacredheartlynd.org](mailto:ldurocher@sacredheartlynd.org)

**SMALL BLESSINGS DAY CARE**  
201-935-0506

**ARCHDIOCESE OF NEWARK**  
973-497-4000



# 26<sup>th</sup> SUNDAY IN ORDINARY TIME

September 29, 2024

“There is no one who performs a mighty deed in my name who can at the same time speak ill of me.” - Mk 9:39b

## SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

## SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

## SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
Oct. 6, Nov. 10, Dec. 8

## SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

## SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

## R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

## PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## Twenty-Sixth Sunday In Ordinary Time

One of the hardest things to overcome in human nature is the tendency to categorize people between those who are "in" and those who are "out." We all want to be accepted by our own inner circle of family and friends, and exclusion by contemporaries can be painful and even damaging. People derive a sense of self worth and a way of exerting power over others by belonging to a group that, in their own eyes, seems to be better than others. To maintain acceptance we may even keep silent when we should object to unkind behavior or conversation by our peers.

The need to belong to the inner circles can be found in all age groups, cultures, religions, nationalities, races and in both genders. It can be the source of peer-pressure, bullying, political partisanship and polarization. But it can also lead to the self-inflicted wound of blinding oneself to the larger picture, the broader outlook, the more hopeful vision.

This "inner circle" mentality has never been more prominent. Words of accusation and condemnation, false claims, hyperbole and outright lies dominate our political scene. Words of impossible promises and drastic actions, oversimplifications, and polarization seem to define the global society and indeed even our church.

We can get so carried away with all of this that we fail to pay attention to what really matters – to where we are going and how we are getting there. Sometimes, it is nearly impossible to discern the right way, the good and righteous way, the compassionate, just and peaceful way when we are inundated with all these words, with all this talk.

The Book of Numbers and the Gospel should make all of us a little bit uncomfortable, or at the very least cause us to examine our own attitudes. Our own arrogance can separate us from one another which in turn can lead us to abuse those who are poor or dependent on us. It can make us selfish and self-centered. We can become insensitive and uncaring.

And this leads to divisiveness. We draw lines. We get carried away with our own importance. We enshrine our own way of following Jesus, our own particular devotions, our own acts of piety. Thus we are tempted to condemn, criticize or ignore all others who act or think differently.

Our daily experiences of God act as signposts pointing to one Truth. It is a simple Truth which has many implications. The God that Jesus reveals is a God of unfathomable love. The revelation that Jesus came to bring is much more than dogmatic pronouncements or theological definitions of who the Father is and what God is all about. Jesus continually reminds us of the words of Isaiah: "God has written our names in the palm of His hand." (Is. 49) He reveals through His words and His life and death that we are already saved, that we are loved beyond all measure by a God who loves recklessly and extravagantly and that we all "belong." Every human being can have this relationship with God. Everyone has the opportunity to receive gift. Every one of us is a member of the elect. Grace is not exclusive but universal.

For the true disciple, there is no such thing as the "inner circle." All are "chosen." There is no conservative or liberal, no traditionalist or progressive, no orthodox or "cafeteria catholic." The meaning of the word "catholic" points to something or someone universal, all encompassing and all-embracing. If we truly believe what we profess week after week, then our motto as "disciples" should echo the words of Moses in our first reading: "Would that all the people of the Lord were prophets! Would that the Lord might bestow his spirit on them all!"

Wouldn't that be wonderful indeed.

# In Honor of St. Francis



Sunday, October 6th

All are invited to  
bring their pets  
to the church parking lot after  
the 1:30 PM Mass on the 6th  
to receive a special blessing



## Pasta Night Fundraiser

**Mamma Mia, You Won't  
Want To Miss This!**

**Saturday, October 12, 6:00 PM  
School Cafeteria**

**Adults - \$25**

**Children Under 12 - \$10  
BYOB**

**Bring Your Amici (Friends) &  
Familia (Family) & Enjoy A  
Deliziosa Night Out!**

**Tickets On Sale After Sunday Masses In The  
Church And In the Parish Office M-F 10-4  
For more info call 201-438-1147**

## Food Pantry Update

We are stocking up our parish family food pantry for the spring and summer months. Can you help us show the love and hope of Jesus Christ to those living with food insecurity?

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans, Food items can be left near the shrine of the Sacred Heart in the back of the church.

Thank you for all of the generous donations. It's only with your help that we are able to keep our food pantry stocked.

*As a reminder, we are unable to package out-of-date food products for distribution to our families.*

### HOLY GUARDIAN ANGELS - OCTOBER 2ND

Do you remember the Guardian Angel Prayer?

**Angel of God, my guardian dear,  
To whom God's love commits me here,  
Ever this day, be at my side,  
To light and guard, Rule and guide. Amen.**

'...Beside each believer stands an angel as protector and shepherd leading him to life. Already here on earth the Christian life shares by faith in the blessed company of angels and men united to God. ' CCC 336

### PAY IT FORWARD PROGRAM

**Sacred Heart Parish has partnered with BCB Bank to raise some need funds for our parish.** The Pay It Forward Program gives us the opportunity to earn donations based on the number of supporters who signed up for the program. If we have 20-50 members, BCB will contribute 0.20% of the cumulative account balance, 51-75 members 0.30%, 76+ members 0.40%. **A minimum of 20 members is required**

**\*\*NO DONATIONS ARE WITHDRAWN FROM CUSTOMER'S ACCOUNTS, ALL DONATIONS COME DIRECTLY FROM BCB.**

**\*\*ALL PERSONAL AND FINANCIAL INFORMATION IS KEPT STRICTLY CONFIDENTIAL BY THE BANK. THE CHURCH WILL NOT KNOW WHO HAS REGISTERED UNLESS YOU DECIDE TO SHARE THIS INFORMATION WITH US.**

Contact BCB directly if you have questions about the program or want to open an account. Please remember to tell them you want to support Sacred Heart Church in Lyndhurst.

Lyndhurst - 201-728-6810,  
Rutherford - 201-728-6960

## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Anne Montillo, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Gacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Martina O'Connell, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Brian Oppici, Art Elwell, Robert Schaefer, Eric Dietz, Marion Dietz, Jamie Brown, John Santelli, Julius Single, Jr., Tina Gentile, John Llewellyn, Joann Di Giovanna, Nino Pansini

**DECEASED:** Joseph Russo, Jr.

### MEMORIAL DONATIONS

During the week of September 29th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

#### SANCTUARY LAMP:



**In Honor of:** James M. Cavalcante

**Donated by:** Jim & Isabel Cavalcante

#### BREAD & WINE:



**In Honor of:** James M. Cavalcante

**Donated by:** Jim & Isabel Cavalcante

#### MASS CANDLES:



**In Honor of:** James M. Cavalcante

**Donated by:** Jim & Isabel Cavalcante

### ATTENTION FAMILIES OF 8TH GRADE STUDENTS PLANNING TO ATTEND CATHOLIC HIGH SCHOOL IN FALL 2025!

The High School Placement Test (HSPT) administered as part of the Cooperative Admissions Exam Program for Catholic High Schools will be given on Friday, November 8, 2024. Students must be in eighth grade at the time the HSPT is administered. A makeup examination will be administered on Saturday, November 16, 2024, for any student who missed the November 8 examination for any reason. Registration is available only online at [njcoopexam.org](http://njcoopexam.org) September 1 - October 25. Students with an IEP, 504, or other documentation that grants extended time on standardized tests will be given extended time on the HSPT if approved. Students will be given one and one half the allotted time on each subtest. Extended time requests must be submitted with documentation by October 18. In addition to submitting the Extended Time Application, students requesting extended time must register online for the examination.



SEPTEMBER 29, 2024

## MASS INTENTIONS

Twenty-Sixth Sunday  
In Ordinary Time

#### Anticipated Sunday Mass

5:00pm Teresa DiGesere

#### SUNDAY - Twenty-Sixth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Gennaro Pagano

10:30 am Lee Russo

12:00pm James M. Cavalcante

1:30 pm Norma Arriaga (Living)

#### MONDAY - St. Jerome, Priest and Doctor of the Church

12:00pm Vincent & Margot Carini

#### TUESDAY - St. Therese of the Child Jesus, Virgin and Doctor of the Church

12:00pm Philip Coiro

#### WEDNESDAY - The Holy Guardian Angels

12:00pm Alejandrina Ruiz

#### THURSDAY - Weekday

12:00pm Radeglia, Ryan and Del Russo Families

#### FIRST FRIDAY - St. Francis of Assisi

12:00pm Altagracia Correa

#### FIRST SATURDAY - Weekday/St. Faustina Kowalska, Virgin/Blessed Francis Xavier Seelos, Priest/Blessed Virgin Mary

9:00am Purgatorial Society

#### Anticipated Sunday Mass

5:00pm Teresa DiGesere

#### SUNDAY - Twenty-Seventh Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Georgeann Ferrie

10:30 am Frances Klein

12:00pm James M. Cavalcante

1:30 pm Marina Cruz

### STEWARDSHIP

Sunday - September 22nd

Sunday - \$5,646

Add'l Assessment - \$10



FUN  
MUSIC  
GAMES  
PRIZES

SACRED HEART CHURCH

# 10.26.24 5K RUN WALK

Open to All Ages!  
Lyndhurst Recreation Center  
862 Valley Brook Avenue  
Lyndhurst, NJ US 07071

Registration at 9:00am  
Run starts at 10:00am  
(comes with a shirt)  
Rain or Shine



FOR INFO AND  
TO REGISTER ONLINE:  
<http://bit.ly/shc5k2024>



Questions?  
Email Charlie Sofio at:  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

**OR REGISTER BY MAIL/BASKET**

Fill out the attached ticket request form and return  
with your **check made payable to Sacred Heart Church**

Place in the **basket** or **mail** to:  
Sacred Heart Church  
324 Ridge Road • Lyndhurst, NJ 07071  
Attention: 2024 5K

**I am interested in  
volunteering at this event.**

# of People Registering (\$40 each)\*: \_\_\_\_\_ Total amount of money enclosed\*: \$ \_\_\_\_\_

Indicate a shirt size for each entrant (ADULT: S / M / L / XL)\*: \_\_\_\_\_

Full Name\*: \_\_\_\_\_

Address\*: \_\_\_\_\_

\_\_\_\_\_ Zip Code\*: \_\_\_\_\_

Phone\*: \_\_\_\_\_

Email address\*: \_\_\_\_\_

Name on Credit Card\*: \_\_\_\_\_ Exp Date\*: \_\_\_\_\_

Credit Card #\*: \_\_\_\_\_ Security (CVV) Code\*: \_\_\_\_\_

\*Fields MUST be filled out