



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE

201-935-0506

ARCHDIOCESE OF NEWARK

973-497-4000



July 28, 2024

17TH SUNDAY IN ORDINARY TIME

"There is a boy here who has five barley loaves and two fish; but what good are these for so many?" Then Jesus took the loaves, gave thanks, and distributed them to those who were reclining, and also as much of the fish as they wanted. - Jn 6:9, 11

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Aug. 11, Sep. 8, Oct. 6, Nov. 10, Dec. 8

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

Seventeenth Sunday In Ordinary Time

All of Jesus' actions are "signs" that point to a deeper reality. Jesus sees our weaknesses, our tendencies towards selfishness, anger and pride and he understands how we long to become very different than we are. He experiences our mortality first hand and our longing for eternity. He sees the hungry crowd and moved with compassion he rouses the disciples to their feet and he feeds thousands.

The story of the feeding of the five thousand is found twice each in the Gospels of Matthew and Mark, once in Luke and once in John. It is, in fact, the only miracle recorded in all four Gospels. Today we listen to the event as it is described by St John.



This is a powerful story, reminding us just exactly who God is: a nourishing, strengthening traveling companion, ever-present in our lives, who uses bread to draw us together as a caring community - a community which in turn feeds the poor, the hungry and the needy.

People have good reason to feel hungry and afraid today. Poverty, racism, natural disaster, unjust war and the killing of innocents - and so many other injustices - are bringing our world to the breaking point. It is understandable why people might lose hope. But it is only with faith do we have the ability to understand the reality of what is, and the possibility of what can be.

Today's Gospel story speaks a truth much greater than how few loaves and fishes can satisfy an immediate need. And that's because there is always something more to what we perceive to be Jesus' message. We are called and the same time we are sent forth. We are forgiven only to forgive others in the same way. We are fed, only to feed.

When God gives, he gives abundantly. He gives more than we need for ourselves so that we may have something to share with others, especially those who lack what they need. God takes the little we have and multiplies it for the good of others.

A few phrases from the Tao Te Ching, written by Lao-Tzu in the 5th century BC: "Seeing into darkness is clarity. Knowing how to yield is strength. Using the inner light, we can return to the source of light. This is called practicing eternity."

What has this to do with today's reading? Well, maybe everything. The past, present, and future become one in Christ Jesus. In this Bread of Life, the Eternal God and mortal mankind come together, here and now. Every time and every place become here and now.

Christ has called us to follow him. And in the continuing miracle that we celebrate in the Eucharist, he is teaching us how to practice eternity, giving us the nourishment we need to yield inwardly for the sake of God and neighbor, and just for a moment, giving us the vision and experience in the present of what our eternity can be.

REMEMBER OUR PARISH

Whenever we contribute to the parish we are mindful and respectful of our Catholic teaching to support the Church. Our parish is blessed by so many who support us. A meaningful way to continue this support is by considering a gift to the parish in your will or trust. Even a small percentage of your residual estate would go a long way in the maintenance of our church. Please remember Sacred Heart in your will or trust. This will help future generations to experience the love of Jesus Christ in our community. If you have any questions about this planning please contact the parish office.

YOUR COINS FOR CHRIST COUNT! DONATIONS SURPASS \$1,000 YEAR TO DATE

The "Coins for Christ" program, through your generosity, has received more than \$1,000 in donations for our parish family this year. **This ongoing activity** invites our parish family to take a Coins for Christ collection jar home and keep it in the area where you empty your pockets in the evening. **Collection jars are available at the entrances to the church.** Any spare change you have you can put in the jar. Every couple of weeks, simply empty the contents of the jar into a plastic bag and put the bag into the collection basket. Your spare change counts for our parish! Thanks for your continued generosity!!



Food Pantry Update

We are stocking up our parish family food pantry for the spring and summer months. Can you help us show the love and hope of Jesus Christ to those living with food insecurity?

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. Food items can be left near the shrine of the Sacred Heart in the back of the church.

Thank you for all of the generous donations. It's only with your help that we are able to keep our food pantry stocked.

As a reminder, we are unable to package out-of-date food products for distribution to our families.

Friday Eucharistic Adoration Fridays, 12:30 - 3:00 pm



"In a world where there is so much noise, so much bewilderment, there is a need for silent adoration of Jesus concealed in the Host. Be assiduous in the prayer of adoration and teach it to the faithful. It is a source of comfort and light, particularly to those who are suffering."

- Pope Benedict XVI

During Eucharistic Adoration, the faithful pray to Jesus Christ, who is present in the Eucharist. The Eucharist, also referred to as the Blessed Sacrament, is typically kept in the tabernacle in our church. While it is true that you can pray to God anywhere and that He is always within you, it is especially powerful to adore Jesus in the Eucharist. In the presence of the Eucharist, we pray to the power and sacrifice that it represents — the body of Jesus, who gave His life so that we may live. It is His Body, Blood, Soul and Divinity that is really, truly, and substantially present in the Eucharist.

Faith. Academics. Service.

Catholic Schools SACRED HEART SCHOOL ENROLLMENT FOR THE 2024-2025 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Call the school at 201-939-4277 for more details.

OUR LADY OF FATIMA FIRST FIVE SATURDAYS DEVOTION

The elements of this devotion consist of four points, all of which must be offered in reparation to the Immaculate Heart of Mary. One should make this intention before carrying out Our Lady's request, *on the First Saturday of five successive months*,



1. go to confession, 2. receive Holy Communion, 3. say five decades of the Rosary, and 4. keep Our Lady company for a quarter of an hour, meditating on the twenty mysteries of the Rosary.

Here at Sacred Heart, the devotion continues next Sat., Aug. 3rd. You are invited to attend the **9:00 AM Mass** in the **church** and receive Holy Communion. After the Mass the Most Holy Rosary will be recited with Fatima Prayers. After, you are invited to spend 15 minutes in silent meditation on the mysteries of the rosary. The **sacrament of Reconciliation** will also be available **in the church** on Sat., **4:00 - 4:45PM**

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Anne Montillo, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Gacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Martina O'Connell, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Brian Oppici, Art Elwell, Robert Schaefer, Eric Dietz, Marion Dietz, Jamie Brown, John Santelli, Julius Single, Jr., Tina Gentile, John Llewellyn

DECEASED: Michael Murphy, Aldo Virginio

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

THURSDAY, AUGUST 1ST

In Honor of: Ann "Terry" Mc Hugh

Donated by: Brian & Carol O'Keeffe



HOW TO REPORT ABUSE

The Archdiocese of Newark takes very seriously any and all complaints of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform the Archdiocese immediately so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Individuals who report an allegation of sexual misconduct may do so by calling the Victim's Assistance Coordinator of the Archdiocesan Office of Child and Youth Protection at (201)407-3256.

The phone numbers for the County Prosecutors within the Archdiocese are:

Bergen - (201) 646-2300

Essex - (973) 621-4700

Hudson - (201) 795-6400

Union - (908) 527-4500

THE SHEEN CENTER FOR THOUGHT & CULTURE

Located in Manhattan, The Sheen Center for Thought & Culture is a forum to highlight the true, the good, and the beautiful as they have been expressed throughout the ages. Cognizant of our creation in the image and likeness of God, the Sheen Center aspires to present the heights and depths of human expression in thought and culture, featuring humankind as fully alive. At the Sheen Center, we proclaim that life is worth living, especially when we seek to deepen, explore, challenge, and stimulate ourselves, Catholic and non-Catholic alike, intellectually, artistically, and spiritually. The Sheen Center complex encompasses 2 theaters, 4 rehearsal studios and an art Gallery. The art gallery is located at 309 Elizabeth St., and the Black Box Theater and Loreto Theater are located at 18 Bleeker St. To learn more about the Sheen Center visit www.sheencenter.org or call 212-925-2812

JULY 28, 2024

MASS INTENTIONS

Seventeenth Sunday In Ordinary Time

Anticipated Sunday Mass

5:00pm Julian & Lorenza Duran

SUNDAY - Seventeenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Michael La Pollo

10:30 am Grace Dacchille

12:00pm Andrew L. Mastellone

1:30 pm Alberto Centenaro

MONDAY - Sts. Martha, Mary and Lazarus

12:00pm Philip Coiro

TUESDAY - Weekday/St. Peter Chrysologus, Bishop and Doctor of the Church

12:00pm Daniela Raszkievicz

WEDNESDAY - St. Ignatius of Loyola, Priest

12:00pm John B. Descalzi

THURSDAY - St. Alphonsus Liguori, Bishop and Doctor of the Church

12:00pm Robert F. Llewellyn

FIRST FRIDAY - Weekday/St. Eusebius of Vercelli, Bishop/St. Peter Julian Eymard, Priest

12:00pm Diane Perrone

FIRST SATURDAY - Weekday/Blessed Virgin Mary

9:00am Purgatorial Society

Anticipated Sunday Mass

5:00pm Rachel Ann Kearns

SUNDAY - Eighteenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Francis Wynne

10:30 am Eleanore & Harold Bender

12:00pm James M. Cavalcante

1:30 pm Karen Habluzelt

STEWARDSHIP

Sunday - July 21st

Sunday - \$4,623

Retired Priest- \$1,497

Add'l Assessment - \$113

**RCIA - A JOURNEY IN FAITH
JOIN THE RCIA TEAM &
BE A PARTNER ON THE JOURNEY**

The Church extends an invitation to all who wish to become members of the Catholic faith. Those who go through the RCIA process fall under one of the following categories:

- Someone who is of another faith and wishes to convert to Catholicism.
- Someone who was baptized in another Christian denomination and wishes to become a member of the Catholic faith.
- Someone who was baptized in the Catholic Church, but never received the sacraments of First Holy Communion and Confirmation.

There is a team from our parish that accompanies and supports all the individuals that go through RCIA process. If you are interested in sharing your faith by joining the RCIA team, please contact Sabina Prendergast at 862-249-1186.



**ARE YOU WILLING TO SHARE
OUR FAITH WITH THE YOUTH
OF OUR PARISH FAMILY?**

There is no greater gift that you can give to a child than to share your faith in Jesus Christ.

Our Religious Education program is always in need of teachers, aides, substitute teachers, hall monitors, and office helpers.

Are you willing to help our children learn more about the love that Jesus Christ has for them in the 2024-2025 school year?

No special religious education training is required. If you are interested in volunteering, call our parish Catechetical Leader, Ryan Tobiason at 201-935-3094.

**THE PERFECT GIFT FOR THE PERSON WHO HAS EVERYTHING
GIVE A GIFT FROM THE HEART THAT NOURISHES OUR NEIGHBORS!**

Make a donation to the Sacred Heart Food Pantry as a gift or remembrance of a favorite loved one. You can obtain a gift card any time of the year, for any occasion, and help the families struggling with food insecurity in the Sacred Heart Community. Please visit the Parish Office, Monday through Friday 9:30 AM - 4:00 PM.



**ONLINE GIVING AT SACRED HEART
* EASY * FAST * SECURE ***

Did you know you can give online to our parish with Zelle, or with a debit or credit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.