



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

## SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

## PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

## RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

## SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
[ldurocher@sacredheartlynd.org](mailto:ldurocher@sacredheartlynd.org)

## SMALL BLESSINGS DAY CARE

201-935-0506

## ARCHDIOCESE OF NEWARK

973-497-4000



May 26, 2024

## THE MOST HOLY TRINITY

Then Jesus approached and said to them, "All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit." - Mt 28:18-19

## SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

## SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

## SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm

Jun. 9, Jul. 14, Aug. 11, Sep. 8, Oct. 6, Nov. 10, Dec. 8

## SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

## SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

## R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

## PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## THE MOST HOLY TRINITY

Today we acknowledge our belief in One God as Three Persons. Jesus of Nazareth is the lens through which we interpret this mystery. On the Ascension we celebrated Jesus' return to his Father's side. Pentecost fulfilled Jesus' promise that he would not leave us on our own to struggle in a contrary world of rejection, indifference and outright hostility. Now, we continue to celebrate the gift of the Spirit's faithful presence in our midst. As he promised, Jesus has not left us orphans.

The constant challenge of our Christian faith is to allow the Spirit of Jesus to live fully and forcefully in us. His Spirit should touch our vision, our hearing, our speech, our relationships, our recreation, our study, our sickness, and our well being. Whenever we are confronted by the challenge to be Christ like in a particular circumstance, we should pause momentarily to draw strength and insight from His Spirit within us... to draw strength from the community of Love which we call "The Trinity."

Through Jesus, we come to know God as Father/Creator. This means that we keep our eyes open to see God's power and wisdom towards all creatures. This is the God in whom we live, and move and have our being.

We profess faith in the Son, the mystery of God-with-us in Jesus Christ. We identify closely with his life, words, attitudes and actions. We participate in his dying and rising in the very experience of our daily lives. Through the Son we experience an intimate relationship with God and we come to know God-with-us always. We are servants called to serve one another by the Christ we have heard and are called to imitate.

We profess faith in the Spirit, who stirs the divine life of Christ within us. Through the Spirit we come to perceive and experience the grace-filled works of our God and we are moved to respond. The Spirit raises our spirits above fear and hesitancy and energizes us to do what Jesus tells us to do in today's gospel, "Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you."

The community of persons in the Triune God is simply the result of a divine love that is so intense and so profound that it cannot be contained or defined in one dimension. It is a love that not only creates, but a love that redeems and sanctifies. It is a love that brings light and warmth to the dark side of our journey. It is a love that is constantly healing our brokenness, lifting us above our selfishness and pettiness, and reaching out to save us when we edge toward the abyss of despair.

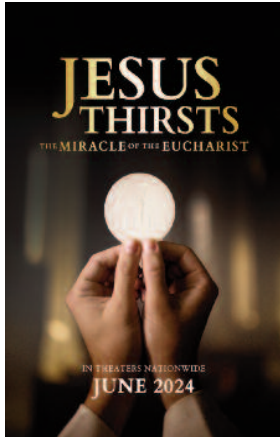
Pope Francis has commented about the best way that today's Catholics can proclaim Christ and live the Gospel message in the modern world. The key to become effective "proclaimers" of God's Word, he said, is lived witness. "The love of Christ, poured into our hearts by the Holy Spirit, enables us to live like this, to be like this: as persons always ready to forgive: always ready to trust, because we are full of faith in God; always ready to inspire hope, because we ourselves are full of hope."

God reaches out to us through Jesus, His Son and our brother, who is the full sign of God's love for all people. We may not be able to define this God of ours, or list all of His attributes, but this much we do know: our God is merciful, gracious and relentless in His love. If our life as the community of the people of God is as vital as Paul says it is, it will reflect the very real and active presence of the Trinity living among us and binding us together.

Today we have the opportunity to proclaim what we believe: our God is personal, involved in our lives and is calling us to come home together. God is the perfect love that engenders hope and courage, and it is this Love that helps us to maintain a sense of purpose, peace and unity in our lives. It is this love that enables us to go out and preach to all nations, knowing that God is with us until the end of the age.

## REMEMBER OUR PARISH

Whenever we contribute to the parish we are mindful and respectful of our Catholic teaching to support the Church. Our parish is blessed by so many who support us. A meaningful way to continue this support is by considering a gift to the parish in your will or trust. Even a small percentage of your residual estate would go a long way in the maintenance of our church. Please remember Sacred Heart in your will or trust. This will help future generations to experience the love of Jesus Christ in our community. If you have any questions about this planning please contact the parish office.



## JESUS THIRSTS

The Miracle of the Eucharist  
AMC Clifton Commons

June 4 & 5 at 4:00 & 7:00

Embark on a global journey to rediscover and revive the transformative power of the Eucharist. Engaging in dialogue with notable Catholic figures, the film explores the biblical origins of the Eucharist and shares personal stories of individuals whose lives have been transformed by the Eucharist.

## Food Pantry Update

We are stocking up our parish family food pantry for the spring and summer months. Can you help us show the love and hope of Jesus Christ to those living with food insecurity?

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly. Food items can be left near the shrine of the Sacred Heart in the back of the church.

Thank you for all of the generous donations. It's only with your help that we are able to keep our food pantry stocked.

*As a reminder, we are unable to package out-of-date food products for distribution to our families.*

## SACRED HEART SCHOOL ENROLLMENT FOR THE 2024-2025 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. Call the school at 201-939-4277 for more details.

## ARCHDIOCESE OF NEWARK ANNUAL APPEAL 2024

The Archdiocese's 2024 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

**To Date, 136 families from our parish family have generously supported the Appeal:**

**Our Parish's Goal - \$34,720**

**Paid To Date - \$29,914.30 (86.15% of Goal)**

**\*\*Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese.**

If you haven't already done so, please prayerfully consider your gift to the 2024 Annual Appeal. Envelopes for the Appeal are available in the pews. You can put your gift in them and drop them in the basket at collection time. You can also make your gift online at [www.rcan.org/sharing](http://www.rcan.org/sharing). Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

We will have a **special collection this weekend** to help us close the gap on our goal.

## PAY IT FORWARD PROGRAM

**Sacred Heart Parish has partnered with BCB Bank to raise some need funds for our parish.**

The Pay It Forward Program gives us the opportunity to earn donations based on the number of supporters who signed up for the program. If we have 20-50 members, BCB will contribute 0.20% of the cumulative account balance, 51-75 members 0.30%, 76+ members 0.40%. **A minimum of 20 members is required**

**\*\*NO DONATIONS ARE WITHDRAWN FROM CUSTOMER'S ACCOUNTS, ALL DONATIONS COME DIRECTLY FROM BCB.**

**\*\*ALL PERSONAL AND FINANCIAL INFORMATION IS KEPT STRICTLY CONFIDENTIAL BY THE BANK. THE CHURCH WILL NOT KNOW WHO HAS REGISTERED UNLESS YOU DECIDE TO SHARE THIS INFORMATION WITH US. Contact BCB directly if you have questions about the program or want to open an account. Please remember to tell them you want to support Sacred Heart Church in Lyndhurst.**

Lyndhurst - 201-728-6810,  
Rutherford - 201-728-6960

**PLEASE PRAY FOR OUR PARISH FAMILY**

**SICK:** Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Gacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Martina O'Connell, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Brian Oppici, Art Elwell, Robert Schaefer, Eric Dietz, Marion Dietz, Jamie Brown, John Santelli, Mary Minogue

**DECEASED:** Charles Ranne, Frank Cordero, Mary Minogue

**MEMORIAL DONATIONS**

During the week of May 26th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

**SANCTUARY LAMP:**

**In Honor of:** James M. Cavalcante



**Donated by:** Jim & Isabel Cavalcante

**BREAD & WINE:**

**In Honor of:** James M. Cavalcante



**Donated by:** Jim & Isabel Cavalcante

**MASS CANDLES:**

**In Honor of:** James M. Cavalcante



**Donated by:** Jim & Isabel Cavalcante

**FEAST OF THE MOST SACRED HEART  
FRIDAY, JUNE 7TH**

As we celebrate the feast during this anniversary year on **Friday, June 7th at 7:00 PM**, we invite all parishioners to attend the liturgy as well as the hospitality which will follow. If you would be willing to bake for the celebration, that would be appreciated. Please call the parish office if you would be willing to do so. We're hoping all groups in the parish will join this celebration. Hope to see you then.



**MEMORIAL DAY OBSERVANCE**

Join us on Memorial Day at 9:00 AM for the Holy Mass as we honor those who made the ultimate sacrifice for our freedom. In observance of the Memorial Day Holiday the parish office is closed and will reopen on Tuesday, May 28th at 9:00 AM.

**MAY 26, 2024**



**Anticipated Sunday Mass**

5:00pm Barbara Moretto

**SUNDAY - THE MOST HOLY TRINITY**

7:30am People Of Sacred Heart  
9:00am June Conzo  
10:30 am Loretta Barbara Magrini  
12:00pm James M. Cavalcante  
1:30 pm Cesar Castano

**MONDAY - Weekday/Memorial Day  
Eighth Week in Ordinary Time**

9:00am Honor Deceased of All Wars

**TUESDAY - Weekday**

12:00pm Loretta La Pollo

**WEDNESDAY - Weekday/St. Paul VI,  
Pope**

12:00pm Julian & Lorenza Duran

**THURSDAY - Weekday**

12:00pm Manuel & Mercedes Vargas

**FRIDAY - The Visitation of the Blessed  
Virgin Mary**

12:00pm Jaime Canal

**FIRST SATURDAY - St. Justin, Martyr**

9:00am Purgatorial Society

**Anticipated Sunday Mass**

5:00pm Leon E. Lejda

**SUNDAY - THE MOST HOLY BODY AND  
BLOOD OF CHRIST (CORPUS  
CHRISTI)**

7:30am People Of Sacred Heart  
9:00am Grace Dacchille  
10:30 am Linda G. Clemente  
12:00pm James M. Cavalcante  
1:30 pm Fernando & Celia Torres

**STEWARDSHIP**

May 19th  
Sunday - \$5,765  
Add'l Assessment - \$75  
Add'l Ascension - \$25

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!

Sacred Heart Church  
**SPRING**  
 MEGA 50/50

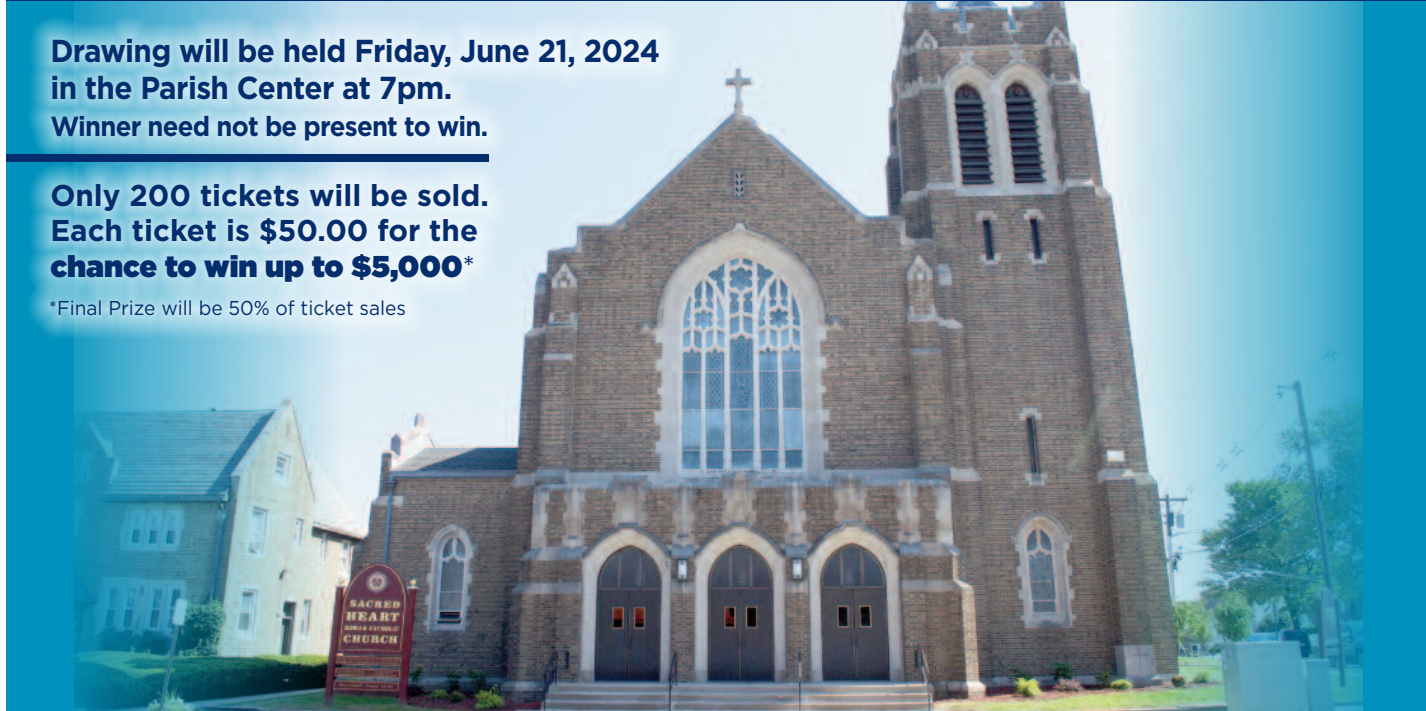
WIN  
 UP TO  
**\$5,000!**\*

All Proceeds Benefit Sacred Heart Church

Drawing will be held Friday, June 21, 2024  
 in the Parish Center at 7pm.  
 Winner need not be present to win.

Only 200 tickets will be sold.  
 Each ticket is \$50.00 for the  
 chance to win up to \$5,000\*

\*Final Prize will be 50% of ticket sales



ID #273-1-1033 • RL #-2555

**2 WAYS TO PLAY!**



**1. BY MAIL/BASKET**

Fill out the attached ticket request form and return  
 with your check made payable to Sacred Heart Church

Place in the **basket** or **mail** to:

Sacred Heart Church  
 324 Ridge Road • Lyndhurst, NJ 07071  
 Attention: MEGA 50/50 Raffle

**2. ONLINE** (Credit Card Only)

Visit [https://bit.ly/SHC\\_2024\\_S-MEGA](https://bit.ly/SHC_2024_S-MEGA)



or Scan this code on your  
 smart phone to order online!

Your tickets will be mailed to you.

Any questions please email Charlie Sofio at: [sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

Full Name\*: \_\_\_\_\_

Address\*: \_\_\_\_\_

Zip Code\*: \_\_\_\_\_

Phone\*: \_\_\_\_\_

Email address\*: \_\_\_\_\_

- Name and Phone Number to be put on each ticket if different than above. (please print clearly)
1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_

# of Tickets Requested: \_\_\_\_\_ Total amount of money enclosed: \_\_\_\_\_

Name on Credit Card\*: \_\_\_\_\_ Exp Date\*: \_\_\_\_\_

Credit Card #: \_\_\_\_\_ Security (CVV) Code\*: \_\_\_\_\_

\*Fields MUST be filled out