



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE
615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



February 4, 2024

5th SUNDAY IN ORDINARY TIME

He told them, "Let us go on to the nearby villages that I may preach there also. For this purpose have I come." - Mk 1:38

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Feb. 11, Mar. 30 (8:30PM), Apr. 14, May 5, Jun. 9

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

FIFTH SUNDAY IN ORDINARY TIME

Job is a character who raises for us the question of innocent suffering. His name has become synonymous with suffering. When his "comforters" come to give him all the stock answers - that he or perhaps his predecessors must have sinned - Job rejects their opinions. The passage we have today reminds us that we do suffer and that there is no satisfactory answer for this suffering. It seems, Job says, that life is a meaningless cycle of misery. But he is also expressing what we feel and what seems to be the human condition. He longs for a rest in the shade. He is voicing a complaint, or in biblical terms, a lament.

Job's prayer is a Lamentation, a complaint of a faithful person to God. It is a prayer of great faith for it expresses belief in the One who is listening. It says that we are not alone as we cry out from the abyss, that our words do not fall on deaf ears. Job does not get a full answer from God, but he does learn that God is not deaf and hears the complaint of this pained and trusting servant who will not accept simple answers about suffering. He speaks boldly to God. His is a prayer of truth, a prayer of courage and a prayer of trust. For some of us this kind of prayer may be the only one that we can pray during times of suffering and helplessness.

If we look at the Gospel of Mark, we see that the evangelist comes right to the point. Jesus was told about the woman's condition. He went over to her, "grasped her hand and helped her up and the fever left her. Jesus "helped her up." This is the same expression in the New Testament that is often used in the resurrection stories. Mark is implying that this person is being given a new life, a life that only the risen Jesus can give.

The phrase "helped her up" is better translated, "raised her up" and this links the cure to the real completion of the mystery of suffering. Mark tells us that she becomes a disciple and that the process of discipleship is first the healing encounter with Jesus that enables service in his name. We must recognize our responsibility to stop suffering as much as we can. Jesus is a sign of God's desire to deal with suffering. We do not deny the presence of suffering and the tragic in our lives. In fact, we do what we can to overcome it. But while Jesus deals with suffering and cures illnesses in these Gospel stories, he doesn't eliminate all pain from the world. Somehow we need to deal with that suffering and its causes as best we can. And then we are left with the awesome mystery of what remains.

That mystery rests in Jesus' proclamation that the "kingdom is at hand." The new life we so desperately seek is not so much to be found in the "next life" but firmly rooted in this life, given us so freely by God. And what does this new life look like? We are told when she was healed, the woman "began to wait on them." It may sound like she is just doing household chores, but the word Mark uses is "diakonia," the word for "service" or "ministry."

There is no easy answer to Job's problems. There is no "solution" to the mystery of suffering. We, too, long for a place in the shade. What shall we do in life when the world turns on us and suffering, pain and doubt mark our days? Shall we draw on our trust in God, as Job did? Shall we receive the hope and encouragement of the gospel that Jesus brings to us? We come to God with trust and place ourselves in the hands of God, anchored by the hope of new life that we have in Jesus Christ.

And this new life gives us the power to see the needs of others and to respond with trust and joy.

SACRED HEART HOME SCHOOL SPRING AUCTION - FRIDAY, MARCH 22

Sacred Heart Home-School Association presents their Annual Spring Auction on Friday, March 22, 2024 at Sacred Heart School, 620 Valley Brook Ave. Tickets are \$15 per person - no one under 18 will be admitted. Doors open at 6:00 PM. Tickets includes one sheet for 1st level prizes, Coffee/Tea and dessert. If you are interested, please call the school office at 201-939-4277 or Patty at 201-803-9580. **Ticket deadline is March 11th.** No tickets available at the door.

WOMEN'S RETREAT AT SAN ALFONSO RETREAT HOUSE LONG BRANCH, N.J.

MARCH 8-10, 2024 ---- RESERVE YOUR SPOT!!!

Ladies:

Happy New Year and you are invited to attend our annual women's retreat at Sal Alfonso Retreat House. The registration for our retreat (March 8-10, 2024) is open. The cost is \$300 for the weekend. "The theme: The Eucharist and the Hungers of the Human Heart. The retreat will offer you an opportunity to get in touch with the hungers within your own heart and how an encounter with the living Christ through prayer, scripture, community and most importantly, the Eucharist satisfies those hungers." Registration is open online!! If you have any questions please call Margaret Dacchille at 201 456 2399. **Space is limited so register as soon as possible.**

YOUR HELP TO MAKE THE FUN IS NEEDED

Our parish's annual St. Patrick's celebration is a significant fundraiser but more importantly it's a fun packed evening with great food, music, and Irish dancers along with raffles and a 50/50. **We're looking for folks to help sell raffle tickets and tickets to the celebration after the Masses on the weekends as well as help in building the gift baskets and setting up the school cafeteria on the March 8th and knocking table and chairs down after the celebration on March 9th. We're also soliciting gift certificates from local vendors, e.g. Restaurants, florists, hair and nail salons, etc.** Letters acknowledging the gifts will be available at the Parish Center. Consider joining us in this endeavor and take advantage of meeting your fellow parishioners. If you are interested in helping please call the parish office at 201-438-1147.

MUSIC FOR MS FUNDRAISER SAT., APRIL 20TH, REDD'S IN CARLSTADT

Rock to the sound of No Politics band performing classic rock favorites from Eagles, Doors, Grateful Dead, Allman Brothers, Tom Petty, Rolling Stones and More! Doors Open 5pm show at Approx. 8pm. Cash Bar & Kitchen

Tickets are \$20 and are limited. Please reserve yours by March 27th. Call Rosemary at 201-893-7620 for tickets and more details. Proceeds donated to MS Society Walk MS 2024, Team NJ MOM

ARCHDIOCESE OF NEWARK ANNUAL APPEAL 2024

The Archdiocese's 2024 Annual Appeal, is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith through the Office of Youth and Young Adult Ministry, the Catechetical Office, Campus Ministry at affiliated Colleges and Universities, and Catholic Schools. The Annual Appeal also supports ministries that proclaim the Gospel through Ministry to Multi-Ethnic Communities, the Office of Evangelization, the Office of Family Life, International Missions, and Pastoral Ministry with the Deaf. Your generosity to the Appeal also supports care for the Poor and Vulnerable through Catholic Charities, Hospital and Prison Chaplaincy, the Ministry with Persons with Disabilities, and the Respect Life Office. The Appeal also assists forming future priests and supporting retired clergy through Continuing Formation for priests, Seminarian Education, and Priest Health Care.

Our Goal for 2024 \$34,720

If you haven't already done so, please prayerfully consider your gift to the 2024 Annual Appeal.

PAY IT FOWARD PROGRAM

Sacred Heart Parish has partnered with BCB Bank to raise some need funds for our parish. The Pay It Forward Program gives us the opportunity to earn donations based on the number of supporters who signed up for the program. If we have 20-50 members, BCB will contribute 0.20% of the cumulative account balance, 51-75 members 0.30%, 76+ members 0.40%. **A minimum of 20 members is required**

****NO DONATIONS ARE WITHDRAWN FROM CUSTOMER'S ACCOUNTS, ALL DONATIONS COME DIRECTLY FROM BCB.**

****ALL PERSONAL AND FINANIAL INFORMATION IS KEPT STRICTLY CONFIDENTIAL BY THE BANK. THE CHURCH WILL NOT KNOW WHO HAS REGISTERED UNLESS YOU DECIDE TO SHARE THIS INFORMATION WITH US.** Contact BCB directly if you have questions about the program or want to open an account. Please remember to tell them you want to support Sacred Heart Church in Lyndhurst.

Lyndhurst - 201-728-6810,
Rutherford - 201-728-6960

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Gacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Colleen Branigan, Martina O'Connell, Michele Gilmore, Raymond Santelli, Sr., Milena Giacchi, Freddy Berrios, Maryann Sheridan, Joann Di Giovanna, Barbara Bagnuolo, Maria Frances Naham

DECEASED: Grace Dacchille

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, FEBRUARY 4TH

In Honor of: The Intentions of the Cavalcante Family

Donated by: Jim & Isabel Cavalcante

TUESDAY, FEBRUARY 6TH

In Honor of: The Intentions of James J. Cavalcante

Donated by: Jim & Isabel Cavalcante

FRIDAY, FEBRUARY 9TH

In Honor of: Joseph J. Pavlica, Jr., At Rest With The Lord

Donated by: Patty & Joe Pavlica

MEMORIAL DONATIONS

During the week of February 4th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

BREAD & WINE:

In Honor of: Joseph John Pavlica, Jr.



Donated by: Patty & Joe Pavlica

Food Pantry Update

"Whatever you did for one of the least of these brothers and sisters of mine, you did for me" Matthew 25:40

We are stocking up the pantry for the cold winter season. Can you help us assist our brothers and sisters struggling with food insecurity?

Items needed most, at this time, are: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly. Food items can be left near the shrine of the Sacred Heart in the back of the church.

FEBRUARY 4, 2024

MASS INTENTIONS

FIFTH SUNDAY IN ORDINARY TIME

Anticipated Sunday Mass

5:00pm Wendy Khin

SUNDAY - Fifth Sunday in Ordinary Time

7:30am People Of Sacred Heart

9:00am Irene & Joseph Pravetz

10:30 am Sharon Ko

12:00pm James M. Cavalcante

1:30 pm Marco & Alex (Living)

MONDAY - St. Agatha, Virgin and Martyr

12:00pm Eleanor Rita Descalzi

TUESDAY - St. Paul Miki and Companions, Martyrs

12:00pm Edward Granito, Sr.

WEDNESDAY - Weekday

12:00pm JoAnn Fescoe

THURSDAY - Weekday/St. Jerome Emiliani/ St. Josephine Bakhita, Virgin

12:00pm Juan Cantos Sr. and Demetrio Cantos

FRIDAY - Weekday

12:00pm Joseph J. Pavlica, Jr.

SATURDAY - St. Scholastica, Virgin

9:00am Catherine Henckel

Anticipated Sunday Mass

5:00pm Frank DeSerio

SUNDAY - Sixth Sunday in Ordinary Time

7:30am People Of Sacred Heart

9:00am Frank & Pauline Ingrassia

10:30 am Rosetta Murray

12:00pm James M. Cavalcante

1:30 pm Magdalena Tinoco Manzo

STEWARDSHIP

SUNDAY, JANUARY 28TH

SUNDAY - \$5,355

COMM GOD WORD - \$1,238

ADD'L ASSESSMENT - \$105

ADD'L SOLEMNITY OF MARY - \$30

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you! for your continued generosity.

ST. PATRICK'S DAY FUNDRAISER

Saturday, March 9, 2024, 6:00 PM

Sacred Heart School Cafeteria

Corned Beef Dinner - Irish Music - BYOB

50/50 Raffle - Drawing at 8:00 p.m.

Gift Baskets Auction -- Tickets for the dinner

\$30 for Adults \$10 for kids 12 and under

and are on sale now.



In conjunction with this major fund raising event, the parish is requesting donations for gift baskets that will be auctioned off that night. If you're interested in donating a \$25, \$50, or \$75 basket, please drop it off at the Parish Center. If you'd like to contribute new items to make up a gift basket, you can also drop them off at the Parish Center. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising which will benefit Sacred Heart Parish.



Knights of
Columbus

JOIN US!

WHAT IT MEANS TO BE A KNIGHT

*We are Catholic men who
LEAD, SERVE
PROTECT AND DEFEND*

*We share a desire to be better
HUSBANDS, FATHERS, SONS
NEIGHBORS AND ROLE MODELS
And to put charity and community first*

**Knights of Columbus
Lyndhurst Council #2396**

Link Below For More Info

[Linktr.ee/council2396](https://linktr.ee/council2396)

SCAN ME



Supporting

**Sacred Heart Church
Mount Carmel Church
Saint Michael Church**

THE SECOND ANNUAL ♥️ EARLY VALENTINE CELEBRATION ♥️ DOO-WOP, DINNER AND MORE!

The Lyndhurst Girls' Association and The Lyndhurst Boy Scouts Proudly Present

FOREVER YOUNG

One of NJ/NY's Premiere Golden Oldies/Doo Wop Six-Piece Bands



A FUNDRAISER FOR THE LIBBIE LINDSAY LITTLE HOUSE FOR LYNDHURST'S GIRL SCOUTS
AND FOR THE LYNDHURST CUB SCOUTS, BOY SCOUTS AND VENTURE CREW

NOW AT AN EVEN LARGER VENUE (DUE TO LAST YEAR'S SOLD-OUT SHOW!)

Saturday, February 10, 2024

7:00 PM - 10:00 PM (Doors open at 6:30 pm)

Our Lady of Mt. Carmel Parish Center

146 Copeland Avenue, Lyndhurst (Spacious Parking!)

Tickets only \$40 (Tickets will not be sold at the door)

Special Valentine's Evening 50/50!

Admission also includes a Delicious Pasta Dinner, Dessert and Beverages (BYOB).
Dancing is Welcomed! * Tables for 8 & 10 Can Be Reserved! * All Ages Invited!

For tickets, please mail your check, payable to "Lyndhurst Girls' Association"
to Donna Shinnick, 617 Lake Avenue, Lyndhurst, NJ 07071
Seating is Limited. Questions? Call Donna (201) 906-3010

Sponsored by the Italian-American Club of Lyndhurst
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