

#### SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen Parochial Vicar

# Parish Office 615 New Jersey Ave

Charles Sofio
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#### **RELIGIOUS EDUCATION**

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201-935-3094

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Linda Durocher
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SMALL BLESSINGS DAY CARE 201-935-0506

Archdiocese of Newark 973-497-4000

## SacredHeartChurch

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071 Phone: 201-438-1147 Fax:201-507-5861 www.sac<u>redheartlynd.org</u>



## THE EPIPHANY OF THE LORD

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When Jesus was born in Bethlehem of Judea, in the days of King Herod, behold, magi from the east arrived in Jerusalem, saying, "Where is the newborn king of the Jews? We saw his star at its rising and have come to do him homage." - Mt 2:1-2

#### SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)

Monday - Friday: 12:00pm in the church Saturday: 9:00am in the church,

5:00pm in church (Anticipated Mass of Sunday)

Holy Days & Holidays: As announced in Bulletin

#### SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm

Daily: Upon request following the 12:00pm Mass

#### SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at at 3:00pm

Jan. 7, Feb. 11, Mar. 30 (8:30PM), Apr. 14, May 5, Jun. 9

#### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

#### SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

#### R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

#### Parish Registration / Office Hours

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

#### THE EPIPHANY OF THE LORD

We begin a new year... and as we do, the Church invites us to celebrate the feast of the Epiphany, the feast of Manifestation. The Good News that was quietly proclaimed in a cave on the hillside of Bethlehem is now revealed to the world in the persons of three astrologers - the three kings or wise men from the East.

This feast of the Epiphany celebrates the manifestation of the Incarnation to the whole universe. It embraces the fuller dimensions of the role of the Word-made-flesh: His coming to bring the nations together in peace, His coming to reveal the Father, His coming to change almost miraculously the quality of life for all people.

Epiphany, then, surrounds the birth of Jesus with signs and symbols of His mission to be the universal Messiah: the star, the wise men and the gifts laid at His feet - frankincense to acknowledge Him as God, myrrh to pay tribute to his humanity, and gold to acclaim him as king.

One simple fact is very clear: the presence of Jesus cannot be contained or hidden. Epiphany celebrates this fact. Just as we are called to sing out for joy with the Christmas angels, so also are we called to be, in our own time, His magi, and His star. We must make Him manifest. We must give witness in our words and in our actions to our faith in Him as Lord and Savior. We must not be "private" about our faith; we must not be ashamed to profess our love and loyalty for Jesus in front of others. We must not be passive in the struggle for peace and justice....

It can be difficult for the Light of Christ to shine through the kind of atmosphere that we are experiencing in the world today; and we might well be tempted to look around as we begin this New Year and ask: "Why bother?" But in the final analysis, we know that we are all responsible for the stewardship of the gifts God has given us.

One of the most fundamental challenges of our faith is that of "taking ownership." The Babe of Bethlehem grew to maturity by taking ownership of His own life and mission. Doing His Father's will was never easy; it made Him different; it made Him unpopular; it kept Him poor; it led Him to preach and teach constantly; it involved Him with the pain and the hunger and the suffering of His brothers and sisters. Ultimately, it led Him to betrayal, rejection and death on a cross.

In the Liturgical Calendar for this year, the Epiphany is immediately followed by the feast of the Baptism of the Lord (this year celebrated on Monday, January 8). That's quite a jump: from the Babe in the manger to the adult Jesus at the Jordan River. But there is a reason for this. The Epiphany proclaims the Christ and reveals Him to all the nations. That revelation demands a mission, beginning with his Baptism. And that mission continues within and through each of us because of our baptism.

Like the Wise Men of old, this mission sends us on an uncharted journey. The road ahead is bumpy. We have no way of knowing where it will lead. There may be all sorts of surprises ahead, unsuspected discoveries and unwanted setbacks. We cannot know what events of this coming year will shape our lives. We wonder about our health, our wealth, our children, our parents, our schools, our jobs - and we cannot escape concern about the global family, about poverty, crime, war, oppression and disease.

Each day of this New Year will give us an opportunity to celebrate life, to share love, to enkindle hope. It will provide new occasions for service to others, for compassion and understanding, for listening and learning. Each day will bring a challenge to each of us - to take what we have experienced, what we have been given... and to consciously work to complete His mission: to re-create the face of the earth into a world where all human life is always defended, where the poor and outcast are made welcome, where those held bound by sickness, disease or hatred are set free, and where all can come to know God's all-embracing love.

#### THE STAR OF BETHLEHEM

The Star of Bethlehem, also called the Christmas Star is a star in Christian tradition that revealed the birth of Jesus to the magi (or "wise men") and later led them to Bethlehem. According to the Gospel of Matthew the magi were men "from the east" who were inspired by the appearance of the star to travel to Jerusalem. There they met King Herod of Judea, and asked where the king of the Jews had been born. Herod then asked his advisers where a messiah could be born. They replied Bethlehem, a nearby village, and quoted a prophecy by Micah. While the magi were on their way to Bethlehem, the star appeared again. Following the star, it stopped this time above the place where Jesus was born. The magi found Jesus with his mother, paid him homage, worshipped him and gave gifts. They then returned to their "own country".

given by God to mark the birth of the Christ (or Messiah). Some theologians claimed that the star fulfilled a prophecy, known as the Star Prophecy. In modern times, astronomers have proposed various explanations for the star. A nova, a planet, a comet, an occultation, and a conjunction (massing of planets) have all been suggested. The star has also been interpreted as an astrological event.

"The Magi set out because of a deep desire which prompted them to leave everything and begin a journey. It was as though they had always been waiting for that star. It was as if the journey had always been a part of their destiny, and was finally about to begin."

-Pope Benedict XVI

Address to seminarians in Cologne, August 19, 2005

#### **ONLINE GIVING**

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

#### YOUR HELP REQUESTED

In conjuction with the major fund raising event of our St. Patrick's Day Celebration on March 9, the parish is requesting gift baskets that will be auctioned off that night. If you are interested in donating a \$25, \$50, or \$75 basket, please drop it off at the parish center. Maybe you received items for the Christmas that you can't use, you can also drop off NEW ITEMS ONLY at the parish center to make up a basket. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising event which will benefit Sacred Heart Church!

#### **EPIPHANY PROCLAMATION 2024**

While a day like Christmas is fixed in our minds and on the calendars on December 25th, many of the important feasts of the Church year move, based upon the date that Easter is set. Easter changes each year moving to the Sunday after the "Paschal Full Moon," and can fall between March 22 and April 25.

In ancient times before calendars were common, most people did not know the dates for the upcoming Liturgical year. On Epiphany Sunday, the upcoming dates were "proclaimed". After the singing of the Gospel, a Deacon or cantor, in keeping with an ancient practice of Holy Church, announces from the ambo the moveable feasts of the current year according to this formula:

Know, dear brethren, (brothers and sisters,) that, as we have rejoiced at the Nativity of our Lord Jesus Christ,

so by leave of God's mercy we announce to you also the joy of his Resurrection, who is our Savior.

On the Fourteenth day of February will fall Ash Wednesday, and the beginning of the fast of the most sacred Lenten season.

On the Thirty-First day of March you will celebrate with Joy Easter Day, the Paschal feast of our Lord Jesus Christ.

On the Twelfth day of May will be the Ascension of our Lord Jesus Christ. On the Nineteenth day of May the feast of Pentecost.

On the Second day of June the feast of the Most Holy Body and Blood of Christ.

On the First day of December the First Sunday of Advent of our Lord Jesus Christ, to whom is honor and glory for ever and ever.

Amen.

#### PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Hector Cruz, John Du Bois, Ruben Arevalo Gacildone, Helen Dowling, P. Darmiento, Elyse & Lauren Branigan, Dr. Leticia Luna, Jeanette Knowlton, Colleen Branigan, Martina O'Connell, Michele Gilmore, Raymond Santelli, Sr., Milena Giacchi, Freddy Berrios, Maryann Sheridan, Joann Di Giovanna

**DECEASED:** All those from our parish family the Lord has called home

## CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:



In Honor of: The Intentions of the Cavalcante Family

Donated by: Jim & Isabel Cavalcante

#### CATECHESIS IN A CAROL



"The Twelve Days of Christmas" celebrates the time in the Christmas season which starts on Christmas Day and ends twelve days later on the traditional Feast of the Epiphany. It is a catechesis wrapped in carol. Each verse recalls an aspect of our faith. Do you remember the words? Can you guess what faith aspect each verse may represent?

\*The partridge in a pear tree was Jesus Christ, the pear tree was the cross.

\*Two turtle doves were the Old and New

#### **Testaments**

- \*Three French hens stood for faith, hope and love.
- \*The **four calling birds** were the four gospels of Matthew, Mark, Luke & John.
- \*The **five golden rings** recalled the Torah or Law, the first five books of the Old Testament.
- \*The six geese a-laying stood for the six days of creation.
- \*Seven swans a-swimming represented the sevenfold gifts of the Holy Spirit Prophesy, Serving, Teaching, Exhortation, Contribution, Leadership, and Mercy.
- \*The eight maids a-milking were the eight beatitudes.
- \*Nine ladies dancing were the nine fruits of the Holy Spirit-Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, and Self Control.
- \*The **ten lords a-leaping** were the ten commandments.
- \*The **eleven pipers piping** stood for the eleven faithful disciples.
- \*The **twelve drummers drumming** symbolized the twelve points of belief in the Apostles' Creed.

#### SECOND COLLECTION NEXT WEEK

Your generosity in the second collection next weekend will help to defray our monthly assessment expense.

#### **JANUARY 7, 2024**



#### **Anticipated Sunday Mass**

5:00pm Zdzislow Raszkiewicz

#### **SUNDAY - THE EPIPHANY OF THE LORD**

7:30am People Of Sacred Heart

9:00am Thomas Nelson 10:30 am Antonio D'Angelo

12:00pm Riley & Galindo Families

1:30 pm Maria Da Silva

#### **MONDAY - The Baptism of the Lord**

12:00pm Barbara Ruzika

## TUESDAY - Weekday (First Week in Ordinary Time)

12:00pm Robert A. Merlo

#### WEDNESDAY - Weekday

12:00pm Anna Boice

#### THURSDAY - Weekday

12:00pm Thelma Saporito

#### FRIDAY - Weekday

12:00pm Mary T. Scardino

### SATURDAY - Weekday/St. Hilary, Bishop and Doctor of the Church

9:00am Monica & Modesto Estrella

#### **Anticipated Sunday Mass**

5:00pm Wendy Khin

### SUNDAY - Second Sunday in Ordinary Time

7:30am People Of Sacred Heart

9:00am Maryann Sheridan (Living) 10:30 am Wendy Khin

12:00pm James M. Cavalcante

1:30 pm Alejandrina Ruiz

#### STEWARDSHIP SUNDAY, DECEMBER 24TH SUNDAY - \$5,071 ADD'L ASSESSMENT - \$118

# CHRISTMAS TO DATE \$20,243

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity.





#### COME AND LISTEN

CARES & WORRIES WEIGHING YOU DOWN?

COME & LISTEN
ONE WORD COULD CHANGE YOUR LIFE.

Mondays & Thursdays
Starting Monday, January 8th
8:00pm in the Sacred Heart Parish Center
(former Convent - 615 New Jersey Ave)

Enter through the parking lot entrance

CATECHESIS FOR ADULTS
AND YOUTH (ages 13 & older)

Free babysitting will be available



## JOIN US!

# WHAT IT MEANS TO BE A KNIGHT

We are Catholic men who LEAD, SERVE PROTECT AND DEFEND

We share a desire to be better HUSBANDS, FATHERS, SONS NEIGHBORS AND ROLE MODELS

And to put charity and community first

# Knights of Columbus Lyndhurst Council #2396

Link Below For More Info
Linktr.ee/council2396





Supporting

Sacred Heart Church
Mount Carmel Church
Saint Michael Church

## Bless Your Door On Epiphany

On this glorious feast of the Epiphany of the Lord, here again is the traditional blessing from the Roman Ritual with a little explanation of it. Epiphany Inscription Over the Doorway of the Home

20 + C + M + B + 24

The letters have two meanings. They are the initials of the traditional names of the Three Magi: Caspar, Melchior and Balthasar. They also abbreviate the Latin words Christus mansionem benedicat. May Christ bless the house." The letters recall the day on which the inscription is made, as well as the purpose of blessing. The crosses represent the protection of the Precious Blood of Christ, Whose Sacred Name we invoke, and also the holiness of the Three Magi sanctified by their adoration of the Infant Christ.

The inscription is made above the front door, so that all who enter and depart this year may enjoy God's blessing. The month of January still bears the name of the Roman god Janus, the doorkeeper of heaven and protector of the beginning and end of things. This blessing "christens" the ancient Roman observance of the first month. The inscription is made of chalk, a product of clay, which recalls the human nature taken by the Adorable and Eternal Word of God in the womb of the Virgin Mary, by the power of the Holy Spirit.

To bless your home this Epiphany, first read the Prologue of Saint John's Gospel (John 1:1-18), followed by the Our Father, and the Collect of the Epiphany; then write the inscription for this year above your front door with blessed chalk.

Blessing of Chalk

V. Our help is the name of the Lord. heaven and earth.

R. Who made

V. The Lord be with you.

R. And with

thy spirit.

Let us pray.

Bless, O Lord God, this creature chalk to render it helpful to Thy people. Grant that they who use it in faith and with it inscribe upon the doors of their homes the names of Thy saints, Caspar, Melchior, and Balthasar, may through their merits and intercession enjoy health of body and protection of soul. Through Christ our Lord. And the chalk is sprinkled with Holy Water.