



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071  
Phone: 201-438-1147 Fax: 201-507-5861  
www.sacredheartlynd.org

## SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

## PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
sacredheartchurch@comcast.net

## RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

## SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
ldurocher@sacredheartlynd.org

## SMALL BLESSINGS DAY CARE 201-935-0506

## ARCHDIOCESE OF NEWARK 973-497-4000



December 31, 2023

## THE HOLY FAMILY

The child grew and became strong, filled with wisdom;  
and the favor of God was upon him. - Lk 2:40

### SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

### SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

### SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
Jan. 7, Feb. 11, Mar. 30 (8:30PM), Apr. 14, May 5, Jun. 9

### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

### SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

### R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

### PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## THE HOLY FAMILY OF JESUS, MARY AND JOSEPH

Tomorrow, we will celebrate the beginning of a new year - and once again we, as Christians, take this time to proclaim the event and the mystery of the Incarnation - God's explosion into human history in order to give us a share in His own Divinity. That "explosion" had very humble beginnings. A young, virgin mother and a confused, but faith-filled husband brought their hopes, joys, fears and trust to a stable in Bethlehem - and gave to the world the first-born Son of God, wrapped in swaddling clothes and warmed by the breath of sheep and oxen.

It is doubt that Mary and Joseph had any idea of the significance of the event of that first night. That night brought them together as a new family - another human person had entered their lives - human and Divine - God-with-us, Emmanuel.

A humble yet holy family - they must have struggled with the responsibility that God had given them. We think of the events of those first years - those that have been recorded for us - fleeing to a strange land to avoid persecution and death, living apart from all that they knew and were familiar with - finally returning to their homeland to raise the Child given them in the best way possible to them.

Family life is difficult enough for most of us. There are ups and downs, joys and sorrows, fears and expectations. The feast of the Holy Family teaches us many valuable lessons. It teaches us that life is not always perfect, not always the way we imagined it to be, not always the way we want it to be. Life can be harsh, it can be cruel and it can be devastating.

But the coming of Christ offers hope. By his birth among us, Jesus draws us all into the sphere of the divine, offering to those who, in faith, open themselves to receiving His gift the possibility of sharing in His own divine life. The Holy Family reminds that we are all one family - we are all His children, His brothers and sisters - we are all part of the family of mankind. And we all share the same responsibility as Mary and Joseph. We are to bear the good news, we are to bring forth into the world the God-gift that we have received. We are to protect that gift, nurture it and give it freely.

Our celebration of Christmas comes and goes very quickly. But Christmas is a celebration that cannot be contained in just one day. The memory of the Christmas Event lingers on for us, as it did for Mary and Joseph. And it is fitting that we approach a new year honoring them.

Neither Mary nor Joseph could begin to imagine what the future might hold. But they had given their consent to God, and they would not back off. Somehow, they knew they just needed to trust...and they knew that their God would never abandon them. That was enough.

We need to reflect over and over again about the lessons of Christmas. Each of us has, to one degree or another, given ourselves over to God's plan for our lives. Day by day we renew that commitment of faith and trust, even though we often find, like Mary, that God's ways are not our ways. We do not always understand where He is leading us. We frequently wonder why certain things happen, why our own plans don't work out.

Mary and Joseph remind us that we will never be abandoned by God. The Christ Child has been given to all of us. We all share this planet together and we all share His life and love together. His love will continue to lift us up, over and over again, until we, too, experience the perfect reward of New Life.

We approach the new year with high hopes and dreams. Today especially, we pray for all families: small and large families, those coming to grips with sickness or death, those struggling to find employment or a home, dysfunctional families, single-parent families, those torn apart by disharmony or anger.

May the faith and trust of Mary and Joseph touch our lives and hearts as we journey together.

**SOLEMNITY OF MARY  
THE HOLY MOTHER  
OF GOD**

Begin the New Year reflecting on our Blessed Mother in our Father's house. **Masses for the Holy Day Obligation** will be on **Monday, Jan. 1st** at **9:00AM, 10:30AM, and 12:00 Noon.**



**A FAMILY PRAYER TO THE  
HOLY FAMILY**



O most loving Jesus, Who by Thy sublime and beautiful virtues of humility, obedience, poverty, modesty, charity, patience and gentleness, and by the example of Thy domestic life, didst bless with peace and happiness the family Thou didst choose on earth, in Thy clemency look down upon this household, humbly prostrate before Thee and imploring Thy mercy. Remember that this family belongs to Thee; for to Thee we have in a special way dedicated and devoted ourselves. Look upon us in Thy loving kindness; preserve us from danger; give us help in time of need, and grant us the grace to persevere to the end in the imitation of Thy Holy Family; that having revered Thee and loved Thee faithfully on earth, we may bless and praise Thee eternally in heaven.

O Mary, most sweet Mother, to thy intercession we have recourse, knowing that thy Divine Son will hear thy prayers. And do thou, O glorious Patriarch, St. Joseph, assist us by thy powerful mediation, and offer, by the hands of Mary, our prayers to Jesus. Amen. **-Prayer Book for Religious**

As we celebrate this beautiful feast of the Holy Family, let's stop and reflect on what a great example for families everywhere to always be open to whatever God's will might be and to always be listening for God to speak. He might speak his will in prayer or through another person. By our own prayer and discernment, we too can follow God's lead for our life. Let's also rededicate ourselves to making our homes the principal place of catechesis and to remembering we share the responsibility of witnessing to our Faith.

**ONLINE GIVING**

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: [sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net).

**Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.**

2. You can visit [www.sacredheartlynd.org](http://www.sacredheartlynd.org), our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

**SACRED HEART HOME SCHOOL  
ANNUAL TRICKY TRAY - FRIDAY, Jan. 12, 2024**

Sacred Heart School, 620 Valley Brook Avenue  
**Doors Open 5:30 pm - No Tickets at Door.**

**Raffles scheduled to begin Approximately 8:00-8:15**  
**No one under 18** will be Admitted,  
**NO ALCOHOLIC Beverages Allowed**

Kitchen Will Be Open, \$15 per person (nonrefundable)  
**Deadline January 4th,**

Ticket includes: 1 sheet for 1st level prizes,  
coffee/tea/dessert

For tickets or more information call Patty 201-803-9580

**YOUR HELP REQUESTED**

In conjunction with the major fund raising event of our St. Patrick's Day Celebration on March 9, the parish is requesting gift baskets that will be auctioned off that night. If you are interested in donating a \$25, \$50, or \$75 basket, please drop it off at the parish center. Maybe you received items for the Christmas that you can't use, you can also drop off **NEW ITEMS ONLY** at the parish center to make up a basket. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising event which will benefit Sacred Heart Church!

*Christmas Memorial Flowers*

Your Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

**In Memory of:** \_\_\_\_\_ **Other: \$** \_\_\_\_\_

\$50

\$35

\$25

\$20

\$15

\$10



## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Anne Montillo, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Hector Cruz, John Du Bois, Ruben Arevalo Gacildone, Helen Dowling, P. Darmiento, Elyse & Lauren Branigan, Dr. Leticia Luna, Jeanette Knowlton, Colleen Branigan, Martina O'Connell, Michele Gilmore, Raymond Santelli, Sr., Milena Giacchi, Freddy Berrios, Maryann Sheridan, Joann Di Giovanna

**DECEASED:** June Conzo, Alejandrina Ruiz, Paul Tarsitano

### CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:



#### SUNDAY, DECEMBER 31ST

**In Honor of:** The Intentions of the Cavalcante Family

**Donated by:** Jim & Isabel Cavalcante

#### MONDAY, JANUARY 1ST

**In Honor of:** The Intentions of the Cavalcante Family

**Donated by:** Jim & Isabel Cavalcante

#### THURSDAY, JANUARY 4TH

**In Honor of:** The Memory of Marie Cavalcante

**Donated by:** Jim & Isabel Cavalcante

### THE HOLY FAMILY IN OUR FAMILY

Today our gaze on the Holy Family lets us also be drawn into the simplicity of the life they led in Nazareth. It is an example that does our families great good, helping them increasingly to become communities of love and reconciliation in which tenderness, mutual help, and mutual forgiveness is experienced. Let us remember the three key words for living in peace and joy in the family: "may I", "thank you" and "sorry". In our family, when we are not intrusive and ask "may I", in our family when we are not selfish and learn to say "thank you", and when in a family one realizes he has done something wrong and knows how to say "sorry", in that family there is peace and joy. Let us remember these three words.



Can we repeat them all together: may I, thank you, sorry. (Everyone: may I, thank you, sorry!) I would also like to encourage families to become aware of the importance they have in the Church and in society. The proclamation of the Gospel, in fact, first passes through the family to reach the various spheres of daily life.

-Pope Francis, Angelus, Saint Peter's Square, Sunday, December 29, 2013

DECEMBER 31, 2023

## MASS INTENTIONS

FORTH SUNDAY OF ADVENT

### Anticipated Sunday Mass

5:00pm Celia & James M. Kearney

### SUNDAY - THE HOLY FAMILY OF JESUS, MARY AND JOSEPH

7:30am People Of Sacred Heart

9:00am Michael & Loretta La Pollo

10:30 am Giovanni Antico

12:00pm John Z. Klim

1:30 pm Souls In Purgatory

### MONDAY - THE OCTAVE DAY OF THE NATIVITY OF THE LORD SOLEMNITY OF MARY, MOTHER OF GOD

9:00am Frank Orlando

10:30 am Emerita & Jeremias Rivera

12:00pm Scardino, Pereira &  
Alongi Families

1:30 pm Luis Sarmiento & Alex Vivas

### TUESDAY - Sts. Basil the Great & Gregory Nazianzen, Bishops & Doctors

12:00pm Wikotiria & Czeslaw Turkek

### WEDNESDAY - Christmas Weekday/The Most Holy Name of Jesus

12:00pm Claire Mallett

### THURSDAY - St. Elizabeth Ann Seton, Religious

12:00pm Carl Klein

### FIRST FRIDAY - St. John Neumann, Bishop

12:00pm Rosa & Rocco Battista

### FIRST SATURDAY - Christmas Weekday/St. Andre Bessette, Religious

9:00am Purgatorial Society

### Anticipated Sunday Mass

5:00pm Zdzislaw Raszkievicz

### SUNDAY - THE EPIPHANY OF THE LORD

7:30am People Of Sacred Heart

9:00am Thomas Nelson

10:30 am Antonio D'Angelo

12:00pm Riley & Galindo Families

1:30 pm Maria Da Silva



## COME AND LISTEN

CARES & WORRIES WEIGHING YOU DOWN?

COME & LISTEN

ONE WORD COULD CHANGE YOUR LIFE.

**Mondays & Thursdays**

**Starting Monday, January 8th**

**8:00pm in the Sacred Heart Parish Center  
(former Convent - 615 New Jersey Ave)**

Enter through the  
parking lot entrance

**CATECHESIS FOR ADULTS**

**AND YOUTH (ages 13 & older)**

**Free babysitting will be available**



## Knights of Columbus

# JOIN US!

## WHAT IT MEANS TO BE A KNIGHT

*We are Catholic men who*  
**LEAD, SERVE  
PROTECT AND DEFEND**

*We share a desire to be better*  
**HUSBANDS, FATHERS, SONS  
NEIGHBORS AND ROLE MODELS**

*And to put charity and community first*

## Knights of Columbus Lyndhurst Council #2396

*Link Below For More Info*

[Linktr.ee/council2396](https://linktr.ee/council2396)

SCAN ME



*Supporting*

## Sacred Heart Church Mount Carmel Church Saint Michael Church

## Food Pantry Update

*"Whatever you did for one of the least of these brothers and sisters of mine, you did for me" Matthew 25:40*

**We are stocking up the pantry for the cold winter season. Can you help us assist our brothers and sisters struggling with food insecurity?**

**Items needed most, at this time, are:** Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly. Food items can be left near the shrine of the Sacred Heart in the back of the church.

Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help local families without your generosity.** As a reminder, we are unable to package out-of-date food products for distribution to our families.



## Christmas Office Hours

In observance of the Christmas holidays, the parish office will close on Friday, December 22nd at 2:00pm and reopen on Wednesday, December 27th at 9:00am.

In observance of the New Year's holiday, the parish office will close on Friday, December 29th at 2:00pm and reopen on Wednesday, January 3rd at 9:00am.

The priests and staff wish our parish family a holy and joy-filled Christmas & New Year!

**Merry Christmas & Happy New Year!!!**