



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071
Phone: 201-438-1147 Fax: 201-507-5861
www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

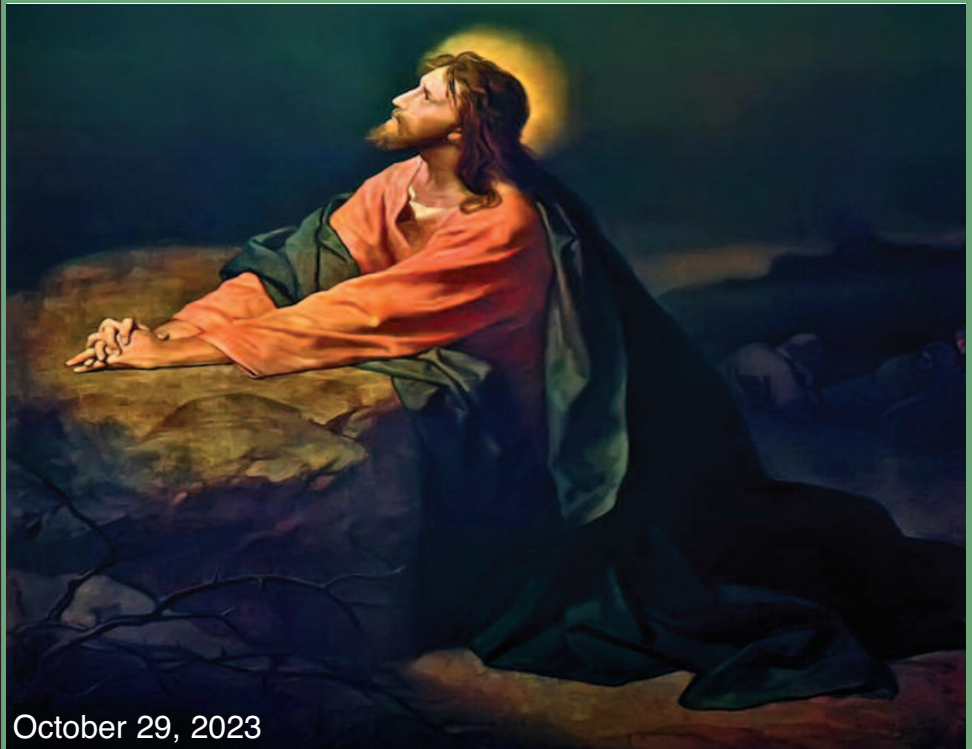
Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



October 29, 2023

30TH SUNDAY IN ORDINARY TIME

“You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind.” - Mt 22:37

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Nov. 12, Dec. 10

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

THE THIRTIETH SUNDAY IN ORDINARY TIME

The word "lover" seems to have taken on a rather shady meaning these days, probably because of all of the cheap and superficial ways that it is used. But it would be a shame for us to lose the real significance of the word, especially when we try to understand God as being our Divine Lover.

Perhaps we find it hard to think of God as a lover, because of the many conflicting images that we associate with Him: our Creator, our Father and Just Judge. We need to work very hard to overcome that obstacle. We must grow to understand God as the one who loves each of us more perfectly, more relentlessly, more unconditionally than any other being. Otherwise, we will never fully appreciate the incredible gift of love that is ours by faith.

There is such a profound, instinctive need in all of us to be loved, to have a sense of our own worth and dignity. On our journey, there are so many times that we are made to feel unlovable. As children, and as teenagers - and even as adults - we necessarily make mistakes; we are immature, we are selfish, we are unreasonable. We are often scolded, blamed, punished. We tend to believe that we are only loveable when we are good and perfect, only when we please others. And we usually carry that sense of unworthiness to our relationship with God.

So many of today's personal and social problems are rooted in our failure to understand God as Lover. We stain and disdain His gifts. We pollute nature. We abuse our bodies, our minds and our spirits. We pervert and misuse the beauty and the power of our sexuality. We shrivel up, become dry and miserable for lack of love. We freeze to death in spirit despite the blazing sun of God's love that is always shining on us.

From the beginning, God used extreme means to show Himself to us as a Lover. He took that stance with His people Israel; He forgave them over and over again; He led them out of slavery into the Promised Land; He reassured them constantly of His faithfulness, of His unchanging love. He did everything He could to prove to them that He wanted them close.

And then He went over the edge. He sent His Son to bring the Transcendent into the very heart of humanity. We should certainly be able to recognize in all of the circumstances of the life of Jesus among us that He is the ultimate proof that God is a Lover!

Everything Jesus says and does is touched by this overriding concern - to reveal the exquisite, personal, compassionate love of God for each of His children, and for all of His creation. Jesus made it very concrete. He reached out to all, but especially to those who found themselves to be unloved and unlovable...to widows and orphans, to lepers, to the impaired and disabled, to sinners, to the disreputable.

The whole point of both the Old and New Testaments is not to tell us how sinful we are, how weak we are, or how corrupt we can become... - but to constantly remind us that God's explosion into our lives happened because He couldn't contain Himself... His Love for us was so great. Every episode of God's relationship with mankind, from the Creation story to the Resurrection narratives, point to this fact. True, we do see moments of His anger, His wrath and His Justice, but these are always tempered with Gentleness, Compassion and Comfort.

We have much to learn in terms of love. We need to take ourselves less seriously and His Love for us more seriously. We need no false sense of unworthiness or humility. No one of us is worthy of the Gift that we have received - and I doubt that God expects or wants us to be overwhelmed by it. He just wants to be loved in return.

And this is the "greatest" commandment that Jesus speaks of in the Scriptures: to love God with one's whole heart, soul and being. To do this, we need to be open to that love. We need to discard anything that will disguise it, hide it or hinder it. We need to trust Him so passionately that we allow ourselves to fall into His outstretched arms without fear. Once we truly experience His love, we too will not be able to contain ourselves - we will necessarily need to give it back - and to share it with others.

ONLINE GIVING AT SACRED HEART

*** EASY * FAST * SECURE ***

Did you know you can give online to our parish with Zelle, or with a debit or credit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

Daylight Saving Time Ends -- Fall Back

Sunday, November 5th

Daylight saving time ends at 2:00 a.m. on Sun., Nov. 5th.

Please remember to **set your clocks BACK ONE HOUR**

next Sat. night, Nov. 4th before going to bed.



ATTENTION EIGHTH GRADE STUDENTS WHO ARE INTERESTED IN ATTENDING A CATHOLIC HIGH SCHOOL IN SEP. 2024

The COOPERATIVE ADMISSIONS EXAMINATION **will be given on Friday, November 10, 2023**. Application forms and Handbooks for this test and a listing of all Catholic High Schools and their admission requirements are available from MCS/CTB. Visit their website www.njcoopexam.org or e-mail support@coopexam.org. The **make-up test will be administered on Saturday, November 18, 2023** at selected locations.

For questions or to obtain a registration form please visit www.njcoopexam.org. or call 1-888-921-2667 (Mon. - Fri. 8:30AM - 8:30PM)

RADIO CITY CHRISTMAS SPECTACULAR

The Department of Parks & Recreation, under the direction of Commissioner John Montillo, is trying to secure seating to see the Rockettes Christmas Spectacular at Radio City Music Hall. Thursday, December 7th at 8:00 PM. The price for one orchestra seat ticket is \$120.00, which includes transportation to and from the show. The bus will leave the Parks Department at 5:30 PM. There is a limit of purchasing 4 tickets per person. Please call the Parks Department at (201) 804-2482 if you are interested.

LYNDHURST APARTMENTS NEED

There are several members our parish family who are looking for apartments to rent in Lyndhurst. If you or someone you know has available rental property, please call the parish office 201-438-1147.

RESPECT LIFE MONTH

radical
solidarity



to be courageously pro-woman,
promoting a choice that truly protects,
accompanies, and supports
women and their children

The Church's entire social doctrine is guided by the fundamental principle that every human life has innate dignity and incomparable value: Every human being is the object of God's infinite tenderness, and he himself is present in their lives. As disciples of Christ, we are called to make a sacrificial gift of ourselves for the sake of our neighbor, for to love someone is to desire that person's good and to take effective steps to secure it. Fulfilling Christ's command to love one another takes shape in our practice of solidarity. Solidarity is the means by which we put our love for others into action, making the good of others our own. Solidarity is not a feeling of vague compassion or shallow distress at the misfortunes of so many people... On the contrary, it is a firm and persevering determination to commit oneself to the common good...to the good of all and of each individual, because we are all really responsible for all.

May we work together to bring about a culture of life through radical, sacrificial, Christ-like love.

FLU SHOTS AVAILABLE

Under the direction of Public Affairs Commissioner Karen Haggerty & Health Coordinator Janine Barone the Lyndhurst Health Department will be holding a Flu Clinic on **November 8th from 9:00 AM - 6:30 PM at the Lyndhurst Municipal Annex, 253 Stuyvesant Ave** (corner of Stuyvesant & Tontine Ave). **APPOINTMENTS ARE REQUIRED and can be made by calling 201-804-2500.**



PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Anne Montillo, Christopher Di Giovanna, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Hector Cruz, John Du Bois, Ruben Arevalo Gacildone, Helen Dowling, P. Darmiento, Elyse & Lauren Branigan, Dr. Leticia Luna, Jeanette Knowlton, Theresa Klim, Colleen Branigan, Martina O'Connell, Michele Gilmore, Raymond Santelli, Sr., Milena Giacchi, Freddy Berrios

DECEASED: All from our parish family the Lord has called home.

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:



SUNDAY, OCTOBER 29TH

In Honor of: The Intentions of the Cavalcante Family

Donated by: Jim & Isabel Cavalcante

FRIDAY, NOVEMBER 3RD

In Honor of: Simonak & Wynne Families

Donated by: Barbara & Don Wynne

SATURDAY, NOVEMBER 4TH

In Honor of: Clifford Painter

Donated by: Brian, Carol & Patrick O'Keeffe

ALL SAINTS DAY

This Wednesday, November 1st, is All Saints Day, a Holy Day of Obligation. Come celebrate with us as the Church honors all those in heaven. Masses for the Holy Day begin on Tuesday, Oct. 31st at 5:00 PM and continues on Wednesday at 7:00 AM, 9:00 AM, 12 Noon, and 7:00 PM

FOOD PANTRY UPDATE

"Whatever you did for one of the least of these brothers and sisters of mine, you did for me" Matthew 25:40

We are stocking up our Parish Family Food Pantry for the Fall and Holiday Seasons. Can you help us assist our brothers and sisters struggling with food insecurity get some needed food?

Items needed most, at this time, are: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly. Food items can be left near the shrine of the Sacred Heart in the back of the church.

Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help local families without your generosity.** *As a reminder, we are unable to package out-of-date food products for distribution to our families.*

OCTOBER 29, 2023

MASS INTENTIONS

Thirtieth Sunday
In Ordinary Time

Anticipated Sunday Mass

5:00pm Pitrangelo Ferraro, Maria Rossa
Opedisano & Rosaria Ferraro

SUNDAY - Thirtieth Sunday In Ordinary Time

7:30am People Of Sacred Heart
9:00am Louis & Concetta Liberti
10:30 am Thomas James Albinski
12:00pm Alfio Viscuso
1:30 pm Francisco Lino

MONDAY - Weekday

12:00pm Special Intention

TUESDAY - Weekday

12:00pm Gerard Ghidella

Anticipated Holy Day Mass

5:00pm John Michael Torriello

WEDNESDAY - ALL SAINTS

7:00am People Of Sacred Heart
9:00am Rita Duane
12:00pm Jose & Rosa Lartiga (Living)
7:00pm Pedro Dinglasan

THURSDAY - Commemoration of All the Faithful Departed - All Souls Day

12:00pm Faithful Departed

FIRST FRIDAY - Weekday/St. Martin de Porres, Religious

12:00pm Faithful Departed

SATURDAY - St. Charles Borromeo, Bishop

9:00am Purgatorial Society

Anticipated Sunday Mass

5:00pm Faithful Departed

SUNDAY - Thirty-First Sunday In Ordinary Time

7:30am People Of Sacred Heart
9:00am Faithful Departed
10:30 am Marcelino & Ester Samartino
12:00pm John Csapo
1:30 pm Alfonso Lino Zamudio

STEWARDSHIP

Sunday - \$5,417
World Mission Sunday - \$1,193
Add'l Assessment - \$50.00

Sacred Heart Church CHRISTMAS MEGA 50/50

All Proceeds Benefit Sacred Heart Church

**Ticket
Price
\$50**

**WIN
UP TO
\$5,000!***



Only 200 tickets will be sold.
Each ticket is \$50.00 for the
chance to win up to \$5,000*.

Drawing will be held on December 15, 2023
in the Parish Center at 7pm.
Winner need not be present to win.

*Final Prize will be 50% of ticket sales

ID #273-1-1033 • RL # -2508



2 WAYS TO PLAY!

1. ONLINE (Credit Card Only)



https://bit.ly/SHC_2023_CHRISTMAS_MEGA

or Scan this code on your
smart phone to order online!

2. BY MAIL/BASKET

Fill out this ticket request form and return with your check made payable to Sacred Heart Church. • Place in the **basket** or **mail** to:

Sacred Heart Church
324 Ridge Road • Lyndhurst, NJ 07071
Attention: MEGA 50/50 Raffle

Full Name*: _____

Address*: _____

_____ Zip Code*: _____

Phone*: _____

Email address*: _____

Name and Phone Number to be put on each ticket if different than above. (please print clearly)

1. _____

2. _____

3. _____

of Tickets Requested: _____ Total amount of money enclosed: _____

Name on Credit Card*: _____

Exp Date*: _____

Credit Card #*: _____

Security (CVV) Code*: _____

*Fields **MUST** be filled out

Your tickets will be mailed to you.

Any questions please email Charlie Sofio at: sacredheartchurch@comcast.net

REKINDLING EUCHARISTIC AMAZEMENT

A PARISH MISSION WITH THE FRANCISCAN FRIARS OF THE RENEWAL

MONDAY - WEDNESDAY | NOV 27 - 29, 2023 | 7 PM

MONDAY, NOV 27:

"ST. FRANCIS & THE EUCHARIST"
ADORATION & BENEDICTION

TUESDAY, NOV 28:

"EUCHARISTIC CONVERSION"
ADORATION & CONFESSION

WEDNESDAY, NOV 29:

"OUR LADY & THE EUCHARIST"
CLOSING MASS

PRESENTED BY THE FRANCISCAN
FRIARS OF THE RENEWAL
ST. MICHAEL FRIARY, PATERSON, NJ



SACRED HEART CHURCH

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