



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
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SMALL BLESSINGS DAY CARE

201-935-0506

ARCHDIOCESE OF NEWARK

973-497-4000



October 22, 2023

29TH SUNDAY IN ORDINARY TIME

"Repay to Caesar what belongs to Caesar and to God
what belongs to God." - Mt 22:21

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Oct. 8, Nov. 12, Dec. 10

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

THE TWENTY-NINTH SUNDAY IN ORDINARY TIME

The month of October is usually one to witness the activity of the Spirit within The Church. Traditionally, one Sunday of October is always designated as World Mission Sunday.

The Society for the Propagation of the Faith, now celebrating its 180th anniversary, reminds us that we are all committed – or should be committed – to the worldwide mission of continuing the work of Jesus and proclaiming the Good News to the poor: to open the eyes of the spiritually blind and to free the spiritually oppressed.

Today, in many parishes across the country and throughout the world, we Catholics are asked to remember those charismatic priests, religious and lay catechists who dedicate their lives to this work in foreign missions – and we are offered the opportunity to assist them in their work through our prayers and financial assistance, as they bring the Gospel to their people. "World Mission Sunday... is an important date in the life of the Church," said the Holy Father, "because it teaches how to give: as an offering made to God in the Eucharistic celebration, and for all the missions of the world."

This is important work – Mission Sunday does offer us an opportunity to help and to take part. But it can be an easy opportunity. It is much easier to offer extra prayers, or to put an extra donation into the special collection basket than it is to "get involved" and actually take part in the mission of Jesus. Special days, such as Mission Sunday, can lull us into thinking that we have "done" our part – and while we have helped, it is only a small part of what Christ is calling to do, and to become.

The mission of Jesus surrounds us. There are those who are spiritually blind and oppressed all around us: in our own families, in our neighborhoods, in the workplace, in our government and society and, yes, even in the pews next to us every Sunday.

The mission of Jesus surrounds us. Mission Sunday reminds us not only of the work of the foreign missions, but of The Mission – the Gospel Mission, and our participation in it. It is much more than a yearly donation and some extra prayers offered. It is a call to an activity much more significant. It is a call to follow in the footsteps of the Lord and of his first disciples. Take some time to renew your knowledge of the various and creative ways the first followers of Jesus met their deaths. Look at Archbishop Oscar Romero, or at the many other modern-day martyrs in places such as El Salvador, Bosnia or Algeria.

The Lord is not necessarily calling us to such drastic measures to preach the Gospel. But He is calling us to get our priorities straight; He is asking us to speak out and to do something real and concrete about injustice and human dignity; and He is challenging us to sacrifice our complacency and comfortable-ness for the sake of our fellow pilgrims, at home as well as abroad. He asks for a little more than just prayers and monetary gifts.

If it seems too daunting a task, let us always remember the words of Isaiah: "I have called you by your name... It is I who arm you, so that toward the rising and the setting of the sun people may know that there is none besides me..."

If we feel overwhelmed by our call to discipleship, let us continue to gather around the Table of the Lord, always to taste and see His Goodness - always to taste and see His Love - always to taste and see the power of the Risen Lord within our hearts and lives... so that through Him and with Him and in Him, we may sing a new song to the Lord, and "tell his glory among the nations; among all peoples, his wondrous deeds."

The mission of Jesus surrounds us.

ONLINE GIVING AT SACRED HEART

* EASY * FAST * SECURE *

Did you know you can give online to our parish with Zelle, or with a debit or credit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

THE PERFECT GIFT FOR THE PERSON WHO HAS EVERYTHING

Make a donation to the Sacred Heart Food Pantry as a gift or remembrance to a favorite loved one. You can obtain a gift any time of the year, for any occasion, and help the needy families of the Sacred Heart Community. Please visit the Parish Office, Monday thru Friday, 9:30 AM – 4:00 PM.

ATTENTION EIGHTH GRADE STUDENTS WHO ARE INTERESTED IN ATTENDING A CATHOLIC HIGH SCHOOL IN SEP. 2024

The COOPERATIVE ADMISSIONS EXAMINATION **will be given on Friday, November 10, 2023**. Application forms and Handbooks for this test and a listing of all Catholic High Schools and their admission requirements are available from MCS/CTB. Visit their website www.njcoopexam.org or e-mail support@coopexam.org. The **make-up test will be administered on Saturday, November 18, 2023** at selected locations.

For questions or to obtain a registration form please visit www.njcoopexam.org or call 1-888-921-2667 (Mon. - Fri. 8:30AM - 8:30PM)

AFTER DEATH IN THEATERS ON OCTOBER 27TH ONLY

After Death is a gripping feature film that explores what happens after we die, based on real near-death experiences, conveyed by scientists, authors, and survivors. From the New York Times bestselling authors who brought you titles like 90 Minutes in Heaven, Imagine Heaven, and To Heaven and Back, emerges a cinematic peek beyond the veil that examines the spiritual and scientific dimensions of mortality. It aims to shed light on one of the most profound mysteries of human existence. **In our area the film will be screened AMC Clifton Commons at 3:30 PM and 7:00 PM.**

LYNDHURST APARTMENTS NEED

There are several members our parish family who are looking for apartments to rent in Lyndhurst. If you or someone you know has available rental property, please call the parish office 201-438-1147.

RESPECT LIFE MONTH

radical
solidarity



to be courageously pro-woman,
promoting a choice that truly protects,
accompanies, and supports
women and their children

Every October, we consider more deeply why every human life is valuable and reflect on how to build a culture that protects life from conception to natural death.

God has given each of us particular gifts, and with those gifts he entrusts us with a role and duty within the Body of Christ. Embracing an attitude of radical solidarity calls us to honestly reflect on some challenging questions and to consider specific actions we can take to foster an authentic culture of life.

As we go about our week, consider:

Do I know what efforts are happening in our area to help women who are pregnant or parenting in difficult circumstances?

What are the needs? What are my gifts and talents? How can I adjust my schedule or budget to assist efforts to help moms in need and their children?

FLU SHOTS AVAILABLE

Under the direction of Public Affairs Commissioner Karen Haggerty & Health Coordinator Janine Barone the Lyndhurst Health Department will be holding a Flu Clinic on **October 25 from 9:00 AM - 6:30 PM** and again on **November 8th from 9:00 AM - 6:30 PM at the Lyndhurst Municipal Annex, 253 Stuyvesant Ave** (corner of Stuyvesant & Tontine Ave). **Appointments are required and can be made by calling 201-804-2500.**



PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Anne Montillo, Christopher Di Giovanna, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Hector Cruz, John Du Bois, Ruben Arevalo Gacildone, Helen Dowling, P. Darmiento, Elyse & Lauren Branigan, Dr. Leticia Luna, Jeanette Knowlton, Theresa Klim, Colleen Branigan, Martina O'Connell, Michele Gilmore, Raymond Santelli, Sr.

DECEASED: Jaime Canal

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:



SUNDAY, OCTOBER 22ND

In Honor of: The Intentions of the Cavalcante Family

Donated by: Isabel & Jim Cavalcante

MEMORIAL DONATIONS

During the week of October 22, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

SANCTUARY LAMP:



In Honor of: Jimmy Moretto

Donated by: Peter & Charles Sofio

LAUDATO SI REFLECTION

Pope Francis writes that the disappearance of an entire culture can be just as serious, or even more serious, than the disappearance of a species of plant or animal. We should strive to listen to indigenous peoples, protect their lands and involve them in processes and decisions that affect them.

FOOD PANTRY UPDATE

"Whatever you did for one of the least of these brothers and sisters of mine, you did for me" Matthew 25:40

We are stocking up our Parish Family Food Pantry for the Fall and Holiday Seasons. Can you help us assist our brothers and sisters struggling with food insecurity get some needed food?

Items needed most, at this time, are: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly. Food items can be left near the shrine of the Sacred Heart in the back of the church.

Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help local families without your generosity.** As a reminder, we are unable to package out-of-date food products for distribution to our families.

OCTOBER 22, 2023

MASS INTENTIONS

Twenty-Ninth Sunday
In Ordinary Time

Anticipated Sunday Mass

5:00pm Canal Family

SUNDAY - Twenty-Ninth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Georgeann Ferrie

10:30 am Irmgard E. Tyleneola

12:00pm Lorraine Zaropino

1:30 pm Senor de los Milagros

MONDAY - Weekday/St. John Capistrano, Priest

12:00pm Special Intention

TUESDAY - Weekday/St. Anthony Mary Claret, Bishop

12:00pm August Papamarkos

WEDNESDAY - Weekday

12:00pm Laura Manning

THURSDAY - Weekday

12:00pm Carlos Ruiz Lara

FRIDAY - Weekday

12:00pm Lorenza & Julian Duran

SATURDAY - Sts. Simon and Jude, Apostles

9:00am Kenneth F. Creegan

Anticipated Sunday Mass

5:00pm Pitrangelo Ferraro, Maria Rosa Opedisano & Rosaria Ferraro

SUNDAY - Thirtieth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Louis & Concetta Liberti

10:30 am Thomas James Albinski

12:00pm Alfio Viscuso

1:30 pm Francisco Lino

STEWARDSHIP

October 8

Sunday Collection - \$4,831

Fuel Collection - \$1,760

October 15

Sunday Collection - \$6,155

Add'l Fuel - \$158



Achtung Achtung Damen Und Herren !!

Attention Attention

All Fun Lovin' "Oompahs & Oomahs" !!

*Saturday, October 28 Following the 5:00 Mass
Sacred Heart Parish Family Oktoberfest Fundraiser*

Menu -- Guten Appetit

- * Cucumber Sald * Sweet & Sour Red Cabbage * Soft Pretzels **
- * Potato Panckes With Apple Sauce or Sour Cream **
- * Bratwurst & Sauerkraut **
- * Chicken Schnitzel (Chicken Cutlet) * Spaetzle & Gravy **
- * Coffee * Tea * Soft Drinks * Desserts * BYOB **

** Raffle * Music * Fellowship **

Tickets

Adults \$30 Children 12 & Under \$10

*Tickets sold following the Saturday Evening &
Sunday Masses in the Main Vestibule of the Church
Or Mon. - Fri. 9:30 - 4:00 Parish Office*



REKINDLING EUCHARISTIC AMAZEMENT

A PARISH MISSION WITH THE FRANCISCAN FRIARS OF THE RENEWAL

MONDAY - WEDNESDAY | NOV 27 - 29, 2023 | 7 PM

MONDAY, NOV 27:

"ST. FRANCIS & THE EUCHARIST"
ADORATION & BENEDICTION

TUESDAY, NOV 28:

"EUCHARISTIC CONVERSION"
ADORATION & CONFESSION

WEDNESDAY, NOV 29:

"OUR LADY & THE EUCHARIST"
CLOSING MASS

PRESENTED BY THE FRANCISCAN
FRIARS OF THE RENEWAL
ST. MICHAEL FRIARY, PATERSON, NJ



SACRED HEART CHURCH

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