



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071  
Phone: 201-438-1147 Fax: 201-507-5861  
www.sacredheartlynd.org

## SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

## PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
sacredheartchurch@comcast.net

## RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

## SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
ldurocher@sacredheartlynd.org

## SMALL BLESSINGS DAY CARE 201-935-0506

## ARCHDIOCESE OF NEWARK 973-497-4000



September 17, 2023

## 24<sup>TH</sup> SUNDAY IN ORDINARY TIME

Peter approached Jesus and asked him, "Lord, if my brother sins against me, how often must I forgive? As many as seven times?" Jesus answered, "I say to you, not seven times but seventy-seven times." - Mt 18:21-22

### SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

### SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

### SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
Oct. 8, Nov. 12, Dec. 10

### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

### SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

### R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

### PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## THE TWENTY-FOURTH SUNDAY IN ORDINARY TIME

It doesn't take much to remind us of the terrible destruction that flows from anger: wounded hearts, broken homes and families, ruined relationships and shattered lives. Anger so often leads to hatred and suspicion. It blinds our judgment. It festers, makes us petty and spiteful and destroys our peace of mind. Ultimately, it makes us morose and resentful, mistrusting and insecure.

Anger is the raw material of cruel prejudice, of civil and national strife, of religious fanaticism and of terrorism and war.

There is no more important lesson for us to learn as followers of Jesus than that of giving and accepting forgiveness - lovingly, totally, unconditionally. If we haven't learned that, we really haven't begun to learn the meaning of being Christian.

Letting go of anger, forgiving and being reconciled is the hallmark of the Christian. Jesus made a point of this over and over again in his discourses and parables. In response to Peter's question: "Lord, how often must I forgive, seven times?" Jesus answered: "No, seventy-times seven times!" Today's parable indicates clearly that unlimited forgiveness towards others must be motivated by God's unlimited mercy toward us. That's why He instructed us to pray: "Forgive us our trespasses as we forgive those who trespass against us."

This is a tough phrase to digest when every instinct in our nature cries out for vengeance at the sight of hatred and injustice. But justice is not based on vengeance. It is rooted in restorative forgiveness.

We may well respond by saying that we can forgive, but we cannot forget. The hurt lingers. The wound heals so slowly, if at all. I think Jesus knows how we think and feel. He is patient. In our struggle to let go and forgive, He will nurture His loving spirit within us. And whenever our anger rises up again, He will gently remind us that God has forgiven us our faults, our pride, and our selfishness. Again and again and again. He never grows weary. Neither must we.

Understanding this enables us to grow in our faith and in our relationships with one another. But it requires change. We move from one stage of our journey to another only by letting go of the past and letting go of our prejudices. This is indeed risky business. Many of us grew up believing that if we just followed the established norms and the status quo all would be well. Following Jesus goes much deeper than that. He challenges us to go out of our way to forgive. No matter how large the debt, no matter how often the transgression, no matter how terribly we have been hurt.

We must dig deeply into our souls and forgive. No matter what.

There can be no compromise when it comes to the message of Christ. If we buy into it only half-heartedly, we will ultimately lose it. If we pick and choose who we will forgive - and how often - we end up betraying the entire message of the Gospel. If we are faithful only when it is easy to be, we run the risk of denying Him under pressure. With Jesus, it's all or nothing. His invitation to follow is one that requires both courage and generosity. It requires the ability to accept forgiveness, and to give absolution.

It is precisely the challenge of forgiveness that keeps us fresh, alert, open, joy-filled and hope-filled. It is this that allows us to see clearly, and to understand that a faith which does nothing, that gives nothing, that costs nothing, that suffers nothing, that forgives nothing, is worth nothing.

# ONLINE GIVING AT SACRED HEART

**\* EASY \* FAST \* SECURE \***

Did you know you can give online to our parish with Zelle, or with a debit or credit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

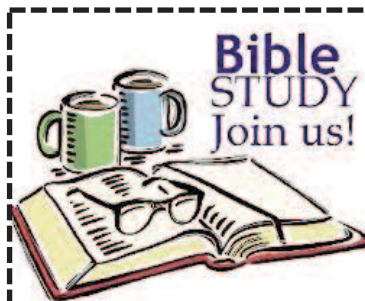
1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: [sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net).

**Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.**

2. You can visit [www.sacredheartlynd.org](http://www.sacredheartlynd.org), our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

## BETHLEHEM HANDICRAFTS NEXT WEEKEND

From Bethlehem, the birthplace of our Lord Jesus Christ, comes Bethlehem Handicrafts. The Christian community there takes great pride in creating unique olive wood handicrafts from the Holy Land. Bethlehem Handicrafts financially supports many Christian families in our Savior's land by their sales, improving the economic and social conditions of these families. These items will be on display in the main vestibule of our church next weekend. Won't you please be a part of changing lives with your purchase?



**Bible  
STUDY**  
Join us!

**Join Fr. Theemas  
Monday Evenings  
7:00 - 8:00 PM  
Oct. 16th - Dec 11th  
Parish Center  
Dining Room**

Join us as we explore  
and study together the

Psalms. \$15 fee to cover the cost of materials. A minimum of 15 people is needed to have the study. Please make your check payable to Sacred Heart Church.

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## ONE NIGHT ONLY - OCTOBER 5TH MOTHER TERESA & ME

A new film in theaters. Near us the film will be screened at AMC Clifton Commons 16 at 7:00 PM.

## LYNDHURST APARTMENTS NEED

There are several members our parish family who are looking for apartments to rent in Lyndhurst. If you or someone you know has available rental property, please call the parish office 201-438-1147.

## ATTENTION EIGHTH GRADE STUDENTS WHO ARE INTERESTED IN ATTENDING A CATHOLIC HIGH SCHOOL IN SEP. 2024

The COOPERATIVE ADMISSIONS EXAMINATION **will be given on Friday, November 10, 2023**. Application forms and Handbooks for this test and a listing of all Catholic High Schools and their admission requirements are available from MCS/CTB. Visit their website [www.njcoopexam.org](http://www.njcoopexam.org) or e-mail [support@coopexam.org](mailto:support@coopexam.org). The **make-up test will be administered on Saturday, November 18, 2023** at selected locations.

For questions or to obtain a registration form please visit [www.njcoopexam.org](http://www.njcoopexam.org). or call 1-888-921-2667 (Mon. - Fri. 8:30AM - 8:30PM)

## PUBLIC SQUARE ROSARY CRUSADE

**Saturday October 14, 2023 - 12 Noon  
Sacred Heart Shrine On Ridge Road  
Next To The Rectory**

The world is at a crossroad. Join us as we pray for our country, our church, our families, and our world. For more information contact MaryAnn at 201-939-8438

## 31ST ANNUAL FESTIVAL IN HONOR OF MARIA SS. ADDOLORATA (OUR LADY OF SORROWS) Holy Family Church, 28 Brookline Ave, Nutley

**September 21 - 24**

Games, Rides, Super 50/50

Nightly Entertainment

Italian & Filipino Food Specialities

Thu., Sep. 21 6PM - 10PM - Healing Mass 7PM

Fri., Sep. 22 6PM - 11PM

Sat., Sep. 23 4PM - 11PM

Sun., Sep. 24 12PM - 9PM - Mass 12PM

**PLEASE PRAY FOR OUR PARISH FAMILY**

**SICK:** Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Hector Cruz, John Du Bois, Ruben Arevalo Gacildone, Helen Dowling, P. Darmiento, Elyse & Lauren Branigan, Dr. Leticia Luna, Jeanette Knowlton, Theresa Klim

**DECEASED:** All from our parish family the Lord has called home.

**CHURCH BELLS CELEBRATE & COMMEMORATE**

The Sacred Heart Church bell rings:



**SUNDAY, SEPTEMBER 17TH**

**In Honor of:** The Intentions of the Cavalcante Family

**Donated by:** Isabel & Jim Cavalcante

**CRAFT & VENDOR FAIR  
SATURDAY, SEPTEMBER 30TH  
10AM - 4PM SCHOOL GYM**

Sacred Heart School is hosting a Craft & Vendor Fair on Saturday, September 30th 10am - 4pm. The event will be held in the school gymnasium at 620 Valley Brook Ave. There will be hundreds of items for purchase, raffles, and food. All are welcome!

**SACRED HEART SCHOOL MEGA  
50/50DRAWING SEPTEMBER 19**

Only 200 tickets will be sold. Each ticket is \$50 for the chance to win up \$5,000. You can purchase your ticket online with a credit card at <https://bit.ly/SHS2023MEGA>. Your ticket will be mailed to you.

**100TH ANNIVERSARY OF OUR CHURCH BUILDING**

2024 will mark the 100th Anniversary of our current church building and the 122th Anniversary of our parish. We would like to have some special events to commemorate this time in the life of our parish family. If you would like to be a part of the committee that will be putting together the events please fill out the information below and drop it in the collection basket or call the parish office at 201-438-1147.

**100TH ANNIVERSARY COMMITTEE**

NAME \_\_\_\_\_

PHONE \_\_\_\_\_

**SEPTEMBER 17, 2023**



Twenty-Fourth Sunday  
In Ordinary Time

**Anticipated Sunday Mass**

5:00pm Angela P. Garofolo

**SUNDAY - Twenty-Fourth Sunday In Ordinary Time**

7:30am People Of Sacred Heart

9:00am Rocco Paolazzi

10:30 am Iovino Family

12:00pm Krizan Peros

1:30 pm Josefina & Leonidos Bedon

**MONDAY - Weekday**

12:00pm June Anne Palafox Viado

**TUESDAY - Weekday/St. Januarius, Bishop and Martyr**

12:00pm Louis A. Lombardi

**WEDNESDAY - Sts. Andrew Kim Tae-gon, Priest and Paul Chong Ha-sang and Companions, Martyrs**

12:00pm Antonio Eyo

**THURSDAY - St. Matthew, Apostle and Evangelist**

12:00pm Special Intention

**FRIDAY - Weekday**

12:00pm Arcelia Espiritu

**SATURDAY - St Pius of Pietrelcina, Priest**

9:00am Pierina & Lino Pretto

**Anticipated Sunday Mass**

5:00pm Louise Gimmi

**SUNDAY - Twenty-Fifth Sunday In Ordinary Time**

7:30am People Of Sacred Heart

9:00am Angela P. Garofolo

10:30 am Isaac Sagastume (Living)

12:00pm Domenico Tulipani

1:30 pm Deanna Giuliano

**STEWARDSHIP**

Sep 3

Sunday Collection - \$4,676

Assessmnt - \$2,046

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you!



*Achtung Achtung Damen Und Herren !!*

*Attention Attention*

*All Fun Lovin' "Oompahs & Oomahs" !!*

*Saturday, October 28 Following the 5:00 Mass  
Sacred Heart Parish Family Oktoberfest Fundraiser*

*Menu -- Guten Appetit*

- \* Cucumber Sald \* Sweet & Sour Red Cabbage \* Soft Pretzels \**
- \* Potato Panckes With Apple Sauce or Sour Cream \**
- \* Bratwurst & Sauerkraut \**
- \* Chicken Schnitzel (Chicken Cutlet) \* Spaetzle & Gravy \**
- \* Coffee \* Tea \* Soft Drinks \* Desserts \* BYOB \**

*\* Raffle \* Music \* Fellowship \**

*Tickets*

*Adults \$30 Children 12 & Under \$10*

*Tickets sold following the Saturday Evening &  
Sunday Masses in the Main Vestibule of the Church  
Or Mon. - Fri. 9:30 - 4:00 Parish Office*



*In Honor of  
St. Francis  
Sunday,  
October 1st*



*All are invited to bring their pets  
to the Sacred Heart Church Parking Lot  
after the 1:30 PM Mass on the 1st  
to receive a special blessing*