



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071
Phone: 201-438-1147 Fax: 201-507-5861
www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



September 3, 2023

22ND SUNDAY IN ORDINARY TIME

"Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake will find it." - Mt 16:24b-25

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Sep. 10, Oct. 8, Nov. 12, Dec. 10

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

THE TWENTY-SECOND SUNDAY IN ORDINARY TIME

As today's Gospel unfolds, there is a sudden turnaround in the relationship between Jesus and Peter. In the verses immediately preceding today's (last Sunday's gospel) Jesus sings Peter's praises ("Blessed are you Simon son of John...") and is ready to give him the keys to the kingdom of heaven. Peter will have authority over Jesus' mission. However today Jesus turns on Peter, calls him Satan and chases him away. I'm sure Peter was feeling pretty good about himself after being called "Blessed," and he must have been taken quite aback with Jesus' sudden change of mood. He had simply taken Jesus aside and told him not think about his suffering and death. Yet Jesus rebuked him publically, in front of all of his friends.

Some Christians think that being religious should improve their spirits, bodily health and even good fortune. Some of us have had moments of spiritual clarity and growth. And I am sure that we too felt pretty good about ourselves during those moments. But we also know that life doesn't leave us feeling that way for long; soon those wonderful spiritual insights will be tested by the day to day experiences that all of us share in living out our lives. Even the most devout and active Christians know being a Christian is never easy for very long.

We can't reserve spirituality or discipleship to just those moments of uplift. We all have a spiritual life. The question we ask today, in the light of the scriptural readings, concerns the health of our spiritual life. Our lives can be directed or misdirected by the condition of our spirits. Our spiritual life either holds us together or is the cause of chaos and misdirection. It can either make us see the total picture more clearly with the eyes of faith, or see only what we want to see.

Which takes us back to today's gospel. Peter doesn't understand that while he professes Jesus as the Messiah, still he must continue his mission and that will cause him suffering and death when they arrive in Jerusalem. Peter wants to remain in the moment and he doesn't want to hear that if he really believes in Jesus and follows the way Jesus is indicating, he too will have to suffer and die for his faith.

Jesus spells that out quite clearly for Peter and the disciples, "Whoever wishes to come after me must deny self, take up [his/her] cross and follow me." There's nothing wrong with feeling good about ourselves. But there's nothing wrong with constantly reminding ourselves of the cross, either.

Jesus really isn't rejecting Peter, but is reminding him (and us) that this spiritual clarity is meaningless if it does not flow from an upright heart which can see - and accept - more than just "the moment." In the biblical view, the heart is the center of our life. The heart is a figure for the spiritual life of a person. Here can be found a person's deepest truths, most tightly guarded secrets. It is the heart that reveals the focus of our true identity and mission.

We cannot take the cross out of our spirituality. We can't take it out of our daily consciousness either. We may not suffer on the same kind of cross Jesus did, or be martyred the way so many who have followed him have been (as eventually did Peter). But still, Jesus tells us we must each take up our own cross and follow him - and the cross costs.

Jesus invites us not to accept the values and thinking of the crowd; nor to buy what the media attempts to convince us that we simply must have; nor to leave the formation of our opinions and values to our peers; nor to always accept the latest fads. To understand the whole picture of our life in Christ, we must think as he does and not as we would like him to. If we can do this, we will live different lives, lives guided by the life and wisdom of Jesus who consistently sought to do God's ways in all things - all the way up to the cross.

A healthy spirit can make us energetic and vibrant people with a hopeful outlook and a sense of life's possibilities for the good. It can energize us to face the most intractable of social ills and not be discouraged. It can prevent us from giving up when we don't get immediate results. It can give us hope when all seems lost. A neglected spirit causes disintegration, sours how we look at our lives, turns us cynical, and leaves us with a narrowness of vision that isolates us from others.

The grace of our Gospel today is to awaken our hearts from their distractions and to stir us to examine our spiritual lives more fully. Like Peter, we cannot let ourselves get in the way of Christ — His teaching, His goodness, His redemption, or His love.

ONLINE GIVING AT SACRED HEART

* EASY * FAST * SECURE *

Did you know you can give online to our parish with Zelle, or with a debit or credit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

SACRED HEART SCHOOL MEGA 50/50

DRAWING SEPTEMBER 19

Only 200 tickets will be sold. Each ticket is \$50 for the chance to win up \$5,000. You can purchase your ticket online with a credit card at <https://bit.ly/SHS2023MEGA>. Your ticket will be mailed to you.

LABOR DAY OBSERVANCE

The Labor Day holiday is Monday, September 4th. Join us as we give thanks for the fruits of labor at the 9:00 AM Mass on Labor Day. This will be only Mass celebrated on the holiday.

In observance of the holiday the parish office will close at 2:00 PM on Friday September 1st and reopen on Tuesday, September 5th at 9:00 AM.

BERGEN VOLUNTEER MEDICAL INITIATIVE

Bergen Volunteer Medical Initiative provides free, high-quality healthcare to working, uninsured adult Bergen County residents. BVMI receives no reimbursements from insurance companies and does not charge patients for services provided. BVMI relies primarily on contributions from individuals, corporations and foundations.

If someone in your household is working your income is:

1 person household to \$36,450 annually/ \$700 weekly

2 person household to \$49,300 annually/ \$945 weekly

3 people household to \$62,150 annually/ \$1,195 weekly

4 people household to \$75,000 annually/ \$1,442 weekly

you may qualify for this free service. Call 201-342-2478 to learn more and see if you qualify. Visit www.bvmi.org

BVMI always welcomes doctors, nurses, medical professionals, social workers, people who can translate Spanish or Korean, people with administrative skills to volunteer a few hours a month in the clinic. To learn more about volunteering contact Elaine Posner at 201-518-8488.

ONE NIGHT ONLY - OCTOBER 5TH MOTHER TERESA & ME

A new film in theaters. Near us the film will be screened at AMC Clifton Commons 16 at 7:00 PM.

LYNDHURST APARTMENTS NEED

There are several members our parish family who are looking for apartments to rent in Lyndhurst. If you or someone you know has available rental property, please call the parish office 201-438-1147.

ATTENTION EIGHTH GRADE STUDENTS WHO ARE INTERESTED IN ATTENDING A CATHOLIC HIGH SCHOOL IN SEP. 2024

The COOPERATIVE ADMISSIONS EXAMINATION **will be given on Friday, November 10, 2023**. Application forms and Handbooks for this test and a listing of all Catholic High Schools and their admission requirements are available from MCS/CTB. Visit their website www.njcoopexam.org or e-mail support@coopexam.org. The **make-up test will be administered on Saturday, November 18, 2023** at selected locations.

For questions or to obtain a registration form please visit www.njcoopexam.org. or call 1-888-921-2667 (Mon. - Fri. 8:30AM - 8:30PM)

ARE YOU WILLING TO SHARE OUR FAITH WITH THE YOUTH OF OUR PARISH FAMILY?

Our Religious Education program is always in need of teachers, aides, substitute teachers, hall monitors, and office helpers. Are you willing to help our children learn more about the love that Jesus Christ has for them in the 2023-2024 school year? No special religious education training is required, just the desire to help our children learn more about the love Jesus Christ has for them. Call Ryan Tobiason at 201-935-3094 for more information or if you would like to volunteer.

31ST ANNUAL FESTIVAL IN HONOR OF MARIA SS. ADDOLORATA (OUR LADY OF SORROWS) Holy Family Church, 28 Brookline Ave, Nutley

September 21 - 24

Games, Rides, Super 50/50

Nightly Entertainment

Italian & Filipino Food Specialities

Thu., Sep. 21 6PM - 10PM - Healing Mass 7PM

Fri., Sep. 22 6PM - 11PM

Sat., Sep. 23 4PM - 11PM

Sun., Sep. 24 12PM - 9PM - Mass 12PM

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Hector Cruz, John Du Bois, Ruben Arevalo Gacildone, Helen Dowling, P. Darmiento, Elyse & Lauren Branigan, Dr. Leticia Luna, Jeanette Knowlton, Theresa Klim

DECEASED: Sandra Mannine, Josephine Carpino, Alice Wovna, Concetta DeLisi, Concenzio Trafiente, Angelo Zampino

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:



SUNDAY, SEPTEMBER 3RD

In Honor of: The Intentions of the Cavalcante Family

Donated by: Isabel & Jim Cavalcante

PUBLIC SQUARE ROSARY CRUSADE
Saturday October 14, 2023 - 12 Noon
Sacred Heart Shrine On Ridge Road
Next To The Rectory

The world is at a crossroad. Join us as we pray for our country, our church, our families, and our world. For more information contact MaryAnn at 201-939-8438

100TH ANNIVERSARY OF OUR CHURCH BUILDING

2024 will mark the 100th Anniversary of our current church building and the 122th Anniversary of our parish. We would like to have some special events to commemorate this time in the life of our parish family. If you would like to be a part of the committee that will be putting together the events please fill out the information below and drop it in the collection basket or call the parish office at 201-438-1147.

100TH ANNIVERSARY COMMITTEE

NAME _____

PHONE _____

SEPTEMBER 3, 2023



Twenty-Second Sunday
In Ordinary Time

Anticipated Sunday Mass

5:00pm Michael Anthony Ryan

SUNDAY - Twenty-Second Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Peter Amato

10:30 am Elena Gache & Lina Ramores

12:00pm John Michael Gray

1:30 pm Amador Castelo Rodriguez

MONDAY - Weekday/Labor Day

9:00am Joseph Govek

TUESDAY - Weekday

12:00pm Artie Bohse, Jr.

WEDNESDAY - Weekday

12:00pm Charles Dilkes

THURSDAY - Weekday

12:00pm Special Intention

FRIDAY - The Nativity of the Blessed Virgin Mary

12:00pm Catherine Leccese

SATURDAY - St. Peter Claver, Priest

9:00am Lorenza & Julian Duran

Anticipated Sunday Mass

5:00pm Reid Family

SUNDAY - Twenty-Third Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Frank & Darlene Sciolaro

10:30 am David Schmidt

12:00pm Alfredo P. Gacildone, Sr.

1:30 pm Wilfredo Cruz Campos

STEWARDSHIP

August 13th

Sunday Collection - \$5,468

Add'l Assessment Coll. - \$240

August 20th

Sunday Collection - \$4,808

Assumption - \$1,941

Church In Africa - \$1,244

August 27th

Sunday Collection - \$6,776

Sacred Heart Church, Lyndhurst

Stewardship of Time And Talent Volunteer Sheet

Our parish is brought to us by the love and mercy of the Lord and by our stewardship. We are called to be good stewards of the gifts of time, talent, and treasure given to us by God to make His presence a reality in our community. To paraphrase the gospel, don't hide your light! Let it shine for all; let your good deeds glow for all to see, so that they will praise your heavenly Father.

"As each one has received a gift, use it to serve one another
as good stewards of God's varied grace" (1 Pt 4:10).

Your Name: _____

Your Address: _____

Your Phone Number: _____

Your Email Address: _____

I am interested in giving of my time and talent in the following ways (please check all that apply):

- | | |
|--|---|
| <input type="checkbox"/> Lector | <input type="checkbox"/> Fundraising Group |
| <input type="checkbox"/> Exrtaordinary Mininster | <input type="checkbox"/> Religious Education |
| <input type="checkbox"/> Choir Member | <input type="checkbox"/> Food Pantry |
| <input type="checkbox"/> Usher | <input type="checkbox"/> Church Cleaning |
| <input type="checkbox"/> Greeter | <input type="checkbox"/> General Repairs & Maintenace |
| <input type="checkbox"/> Children's Choir Organist | <input type="checkbox"/> Gardening |
| <input type="checkbox"/> Children's Choir Director | <input type="checkbox"/> Other _____ |

I would like to enroll my child:

- | | |
|---------------------------------------|---|
| <input type="checkbox"/> Altar Server | <input type="checkbox"/> Children's Choir |
|---------------------------------------|---|

Child's Name: _____

Child's Age: _____

Child's Grade: _____

School Attended: _____

My Signature below gives my child permission to participate in the activity indicated

Parent's Signature: _____

**Completed forms can be placed in the collection basket.
Thank you for your generous stewardship for our parish family!**