



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

## SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

**PARISH OFFICE**  
**615 NEW JERSEY AVE**

Charles Sofio  
Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

## RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

## SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
[ldurocher@sacredheartlynd.org](mailto:ldurocher@sacredheartlynd.org)

**SMALL BLESSINGS DAY CARE**  
201-935-0506

**ARCHDIOCESE OF NEWARK**  
973-497-4000



August 13, 2023

## 19<sup>TH</sup> SUNDAY IN ORDINARY TIME

Peter said to him in reply, "Lord, if it is you, command me to come to you on the water." He said, "Come." Peter got out of the boat and began to walk on the water toward Jesus. - Mt 14:28-29

### SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

### SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

### SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
Aug. 13, Sep. 10, Oct. 8, Nov. 12, Dec. 10

### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

### SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

### R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

### PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## THE NINETEENTH SUNDAY IN ORDINARY TIME

The story in this week's Gospel is a perfect example of the process of the faith journey and it outlines for us the three stages of one's faith journey. Matthew's story actually begins at the end of another story - the miracle of the loaves and fishes. Jesus has compassion for the crowds and feeds them with a few loaves of bread and a couple of fish. Immediately after that, he packs up the apostles in a boat, sends them off to the opposite shore of the lake and He goes off alone to pray.

The Gospels are full of examples of Jesus going off to pray, either alone or with the disciples, either right before or right after a significant event. He needs the time be with the Father, to thank Him, to be refreshed, to come to know His Father even more fully.

So in today's account, Jesus goes off in one direction, the apostles in the other. And we know what happens next. They see someone or something with the appearance of a ghost coming towards them, and not knowing what to do they cry out in fear. This perhaps is the first stage of faith: sensing a Presence in our lives, not really knowing who or what that Presence is, and becoming fearful.

Jesus understands their fears and immediately says: "Take heart. It's me. Don't be afraid." Peter recognizes His voice. He may not be able to clearly see Jesus but he knows it's him. Recognition: the second stage of faith. So what does Peter do? He calls out: "Lord, if it is you, command me to come to you on the water." Responding to the Lord's invitation, he jumps over the side and attempts to meet Jesus, only to fail miserably. It is not Peter's lack of faith that causes him to sink into the water. It is his fear. He thought he could go it alone, and discovered very quickly that he couldn't.

Back in the boat, safe again, together the apostles proclaim their faith in the Son of God. And this, finally, is perhaps the most important stage of faith. It is only together that we can really come to know who Jesus is. And by knowing Him we come to understand who the Father is. We are all, quite literally, in the same boat. We share together the turbulent seas of the storm as well as the gentle ripple of the water against the side of the boat on a calm day. We cannot walk upon the water alone but together we can.

Perhaps the lesson here is that it is OK to be afraid. God will love us despite our fears and tremblings. But fear can and must be overcome. And our God goes to great pains to constantly remind us of this. Together we can break through fear and come to peace, together as a community.

This is a particularly powerful message today, given the current state of society - seemingly without care and compassion. Jesus tells us that there is no such thing as an "outsider" and that we are all children of God. The Gospel Story this week reminds us very pointedly that we cannot exist on our own, without sustenance from He who is our Source of Life and Love. It is a lesson that we all need to remember when the weather worsens, when the winds whip up, when we seem to sense a ghostly presence that makes us afraid, and when we cry out from the depths, hoping that God will answer. And it also drives home the fact that we cannot exist without the support and love of one another.

Jesus is the Presence among us who interprets for us what may seem to be incomprehensible. He makes our hearts burn again as once they burned before. And he comes to us not as a "ghost" walking on the water but as He always said He would. He comes to us as the hungry man, the thirsty woman, the naked child, the sick, the homeless, the refugee and as those who think, act and live in ways that are totally contrary to our own. Like the first disciples, we are expected to translate this mystery into the kind of faith, hope and love that we need to refashion our world.

This is how we experience the faith journey and we can only do this together.

## ONLINE GIVING AT SACRED HEART

### \* EASY \* FAST \* SECURE \*

Did you know you can give online to our parish with Zelle, or with a debit or credit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: [sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net).

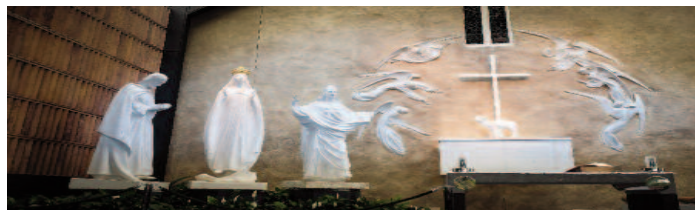
**Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.**

2. You can visit [www.sacredheartlynd.org](http://www.sacredheartlynd.org), our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

## SACRED HEART SCHOOL ENROLLMENT FOR THE 2023-2024 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Call the school at 201-939-4277 for more details.

## OUR LADY OF KNOCK



### AUGUST 21ST

The apparition in County Mayo in Ireland of Our Lady of Knock is reported to have occurred on the evening of August 21, 1879, the vigil of the octave of the feast of the Assumption. Those who witnessed the miracle ranged in age from five years old to seventy-five.

The apparition was described as follows: "Our Lady was wearing a large, brilliant crown and clothed in white garments. On her right was Saint Joseph, his head inclined toward her and on her left Saint John the Evangelist. To the left of Saint John was an altar on which stood a cross and a lamb."

Since then thousands of people have gone to Knock to pray to Our Lady. No sign of commercialism detracts from the purely religious atmosphere of that hallowed spot.

In honor of our Lady of Knock, Neil Horgan from our parish family will sing the Our Lady of Knock hymn on Sunday, August 20th at 9:00, 10:30, & 12:00 Masses.

## MOBILE MVC UNIT COMING TO TOWN

Under the direction of Mayor and Public Safety Commissioner Robert B. Giangeruso and Chief Richard L. Jarvis, the Lyndhurst Police Department Community Policing & Outreach Unit is excited to announce that the New Jersey Motor Vehicle Commission's Mobile Unit will be in the township on **Tuesday, August 29, 2023 from 10 am – 2 pm** in the parking lot near the Little League fields on Riverside Ave.

## IS THE ASSUMPTION OF THE BLESSED VIRGIN MARY A HOLY DAY OF OBLIGATION?

Yes, the Solemnity of the Assumption of the blessed Virgin Mary is a Holy Day of Obligation. The Masses for the holy day here at Sacred Heart begin on Monday, Aug. 14 at 5:00 PM and continue on Tuesday, Aug. 15 at 7:00 AM, 12 Noon and 7:00 PM.

## ATTENTION EIGHTH GRADE STUDENTS WHO ARE INTERESTED IN ATTENDING A CATHOLIC HIGH SCHOOL IN SEP. 2024

The COOPERATIVE ADMISSIONS EXAMINATION **will be given on Friday, November 10, 2023**. Application forms and Handbooks for this test and a listing of all Catholic High Schools and their admission requirements are available from MCS/CTB. Visit their website [www.njcoopexam.org](http://www.njcoopexam.org) or e-mail [support@coopexam.org](mailto:support@coopexam.org). The **make-up test will be administered on Saturday, November 18, 2023** at selected locations.

For questions or to obtain a registration form please visit [www.njcoopexam.org](http://www.njcoopexam.org). or call 1-888-921-2667 (Mon. - Fri. 8:30AM - 8:30PM)

## PURGATORIAL SOCIETY

*The following deceased have been enrolled in the Sacred Heart Purgatorial Society:*

THOMAS JAMES ALBINSKI-req.by-Borja & Maleczkowcz Family

JOSEPH GLOVA-req.by-Torraca Family

LEONITA NESE-req.by-Maria Torraca

VIRIGINIA PAULO-req.by-Assuncao & Family

GABRIEL JOSE VIVAS-req.by-Maria Meister

ROBERT ALLAN YOUNG-req.by-Torraca Family

## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Hector Cruz, John Du Bois, Ruben Arevalo Gacildone, Helen Dowling, P. Darmiento, Elyse & Lauren Branigan, Dr. Leticia Luna, Jeanette Knowlton

**DECEASED:** Sandra Mannine

### CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:



#### SUNDAY, AUGUST 13TH

**In Honor of:** The Intentions of the Cavalcante Family

**Donated by:** Jim & Isabel Cavalcante

#### SATURDAY, AUGUST 19TH

**In Honor of:** Helen Rieder

**Donated by:** Barbara & Don Wynne

## ARE YOU WILLING TO SHARE OUR FAITH WITH THE YOUTH OF OUR PARISH FAMILY?

Our Religious Education program is always in need of teachers, aides, substitute teachers, hall monitors, and office helpers. Are you willing to help our children learn more about the love that Jesus Christ has them in the 2023-2024 school year? No special religious education training is required, just the desire to help our children learn more about the love Jesus Christ has for them. Call Ryan Tobiason at 201-935-3094 for more information or if you would like to volunteer.

### 100TH ANNIVERSARY OF OUR CHURCH BUILDING

2024 will mark the 100th Anniversary of our current church building and the 122th Anniversary of our parish. We would like to have some special events to commemorate this time in the life of our parish family. If you would like to be a part of the committee that will be putting together the events please fill out the information below and drop it in the collection basket or call the parish office at 201-438-1147.

#### 100TH ANNIVERSARY COMMITTEE

NAME \_\_\_\_\_

PHONE \_\_\_\_\_

**AUGUST 13, 2023**

## MASS INTENTIONS

Nineteenth Sunday In Ordinary Time

#### Anticipated Sunday Mass

5:00pm Patrick R. Ferrara

#### SUNDAY - Nineteenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Antonio D'Angelo

10:30 am Robert & John Csapo

12:00pm Gabriella De Propriis Ricci

1:30 pm Norma Azuero

#### MONDAY - St. Maximilian Kolbe, Priest and Martyr

12:00pm Mario SP Diaz

#### Vigil Holy Day Mass

5:00pm Mary & Mario Valente & Rosa Valente

#### TUESDAY - THE ASSUMPTION OF THE BLESSED VIRGIN MARY

7:00am George Del Nevo

12:00pm Dowling Family

7:00pm Neyda Toro

#### WEDNESDAY - Weekday/St. Stephen of Hungary

12:00pm Harold G. Lukachyk

#### THURSDAY - Weekday

12:00pm Special Intention

#### FRIDAY - Weekday

12:00pm Paul Meister (Living)

#### SATURDAY - Weekday/St. Jane Frances de Chantal, Religious/Blessed Virgin Mary

9:00am Genia "Genevieve" Marmora

#### Anticipated Sunday Mass

5:00pm John Lemuel Mann

#### SUNDAY - Twentieth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Maddalena Innocenzi

10:30 am Louise Gimmi

12:00pm Anita Louise Carbone

1:30 pm Yanela Espinoza in Thanksgiving

## STEWARDSHIP

Sunday, July 31

Sunday - \$4,914

Assessment - \$2,138

# Sacred Heart Church, Lyndhurst

## Stewardship of Time And Talent Volunteer Sheet

Our parish is brought to us by the love and mercy of the Lord and by our stewardship. We are called to be good stewards of the gifts of time, talent, and treasure given to us by God to make His presence a reality in our community. To paraphrase the gospel, don't hide your light! Let it shine for all; let your good deeds glow for all to see, so that they will praise your heavenly Father.

"As each one has received a gift, use it to serve one another  
as good stewards of God's varied grace" (1 Pt 4:10).

Your Name: \_\_\_\_\_

Your Address: \_\_\_\_\_

Your Phone Number: \_\_\_\_\_

Your Email Address: \_\_\_\_\_

I am interested in giving of my time and talent in the following ways (please check all that apply):

- |  |   |
|--|---|
| <input type="checkbox"/> Lector                    | <input type="checkbox"/> Fundraising Group            |
| <input type="checkbox"/> Exrtaordinary Mininster   | <input type="checkbox"/> Religious Education          |
| <input type="checkbox"/> Choir Member              | <input type="checkbox"/> Food Pantry                  |
| <input type="checkbox"/> Usher                     | <input type="checkbox"/> Church Cleaning              |
| <input type="checkbox"/> Greeter                   | <input type="checkbox"/> General Repairs & Maintenace |
| <input type="checkbox"/> Children's Choir Organist | <input type="checkbox"/> Gardening                    |
| <input type="checkbox"/> Children's Choir Director | <input type="checkbox"/> Other _____                  |

I would like to enroll my child:

- |                                       |   |
|---------------------------------------|---|
| <input type="checkbox"/> Altar Server | <input type="checkbox"/> Children's Choir |
|---------------------------------------|---|

Child's Name: \_\_\_\_\_

Child's Age: \_\_\_\_\_

Child's Grade: \_\_\_\_\_

School Attended: \_\_\_\_\_

My Signature below gives my child permission to participate in the activity indicated

Parent's Signature: \_\_\_\_\_

**Completed forms can be placed in the collection basket.  
Thank you for your generous stewardship for our parish family!**