



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071  
Phone: 201-438-1147 Fax: 201-507-5861  
[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

## SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

## PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

## RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

## SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
[ldurocher@sacredheartlynd.org](mailto:ldurocher@sacredheartlynd.org)

## SMALL BLESSINGS DAY CARE 201-935-0506

## ARCHDIOCESE OF NEWARK 973-497-4000



## 16<sup>TH</sup> SUNDAY IN ORDINARY TIME

“The righteous will shine like the sun in the kingdom of their Father.” - Mt 13:43a

### SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

### SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

### SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
Aug. 13, Sep. 10, Oct. 8, Nov. 12, Dec. 10

### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

### SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

### R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

### PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## Sixteenth Sunday In Ordinary Time



"The Kingdom of Heaven is like..." How often we have heard this introduction; how often we have heard the words of Jesus? He teaches in parables, bringing home through common yet vivid images the unfolding Truth about the mystery of God and our relationship with Him. Jesus uses many images in his parables: images of the ordinary, of size, of mystery, of contrast. And He tells us clearly that we should expect growth and change.

The Kingdom of God is a living thing constantly growing, expanding and welcoming all kinds of people. Most of us have experienced the truths of the Kingdom in the parish in which we have grown up. Many of us have experienced change and growth - not in doctrine but in form and ritual. We have also experienced the struggle and the pain of growth. We sometimes find change uncomfortable, disillusioning and fearsome. We can sometimes be overcome by the evil that surrounds us in this world. And it is always tempting to avoid this struggle by retreating into our own safe, secure and like-minded communities.

But it is important for us to understand that the Kingdom of God is not about separating ourselves from everything the world throws in front of us. It's about dealing with evil, and living our lives alongside it, in the middle of it and in spite of it. Jesus tells us in the parable of the sower that evil is ultimately destructive, and that the final stage of the kingdom is when all that is evil is rooted out and destroyed. But that is his work. It's not so important for us to worry about how that will happen or unfold. What is important is that we always choose to live in the way God has called us to live - to be in this kingdom and to try to be fruitful.

But for growth to occur, there must be continuity and integrity. Therefore we must be the link. We must be those who welcome, those who tell the unchanging story of Jesus and the Gospel, those who model the unconditional love of Jesus to our children and to all. The seeds of faith that we sow, the touch of Christ that only we can bring will ensure the fulfillment of the Kingdom. We must be the yeast, the leaven of God's Word to the world. We must be the healers, the reconcilers, the peacemakers.

The lesson that Jesus teaches is simple but inescapable: the presence and the love of our God is something very near. We feel it and are touched by it in the ordinary events, people and places of every day. These may not often be the kind where we would rather meet our God. He is often uncomfortably near us in situations and persons where we would prefer not to see Him, or in voices that we would prefer not to hear. But that is precisely the challenge of the authentic love of God. We are challenged to be Christ for others and to reflect the nearness of the Kingdom.

The Kingdom of Heaven is like nothing we would expect. It is as close to us as our dearest friend, or our worst enemy. It touches us in our greatest joys and in our deepest sorrow. And it is never farther away than our next breath, or sigh, or tear, or burst of laughter.

**RETIRED PRIEST COLLECTION  
JULY 22ND & 23RD**

*"Let us pray for all good and faithful priests who dedicate themselves to their people with generosity and unknown sacrifices."*

-Pope Francis

Our priests enrich our lives in many ways: they baptize our children, comfort us in the confessional, witness our marriage vows and hold our loved ones hands as the Lord calls them home. Let's join together to help provide care and housing for our retired priests so they can live their retirement in dignity. Your generosity in the second collection next weekend will assist the retired priests of the Archdiocese of Newark that have selflessly served the faithful and the community to continue Christ's mission for decades, and in some cases, more than a half century.

**ST. ANN'S HOBOKEN FEAST - 113TH YEAR  
704 JEFFERSON STREET**

This year the feast will take place from Fri., July 21 to Wed., July 26. Enjoy a variety of different food options, live music, games, crafts and 50/50 raffles. Weekdays 6:00 PM- 11:00 PM, Weekend 1:00 PM - 11:00 PM. St. Ann Novena Masses July 17 - 25 at 7:00 PM. Procession on July 26 following the 11:00 AM Mass

**MASS BOOK FOR 2024 OPEN**

The Mass Book for Mass intentions for 2024 is open. Mass on a weekday or Saturday morning are available for a \$10 stipend and Saturday evening or Sunday Masses for a \$20 stipend. If you would like to arrange for a Mass intention please come to the parish office, 615 New Jersey Ave, 9:00 - 4:30 Monday to Friday.

**HOW TO REPORT ABUSE**

The Archdiocese of Newark takes very seriously any and all complaints of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform the Archdiocese immediately so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Individuals who report an allegation of sexual misconduct may do so by calling the Victim's Assistance Coordinator of the Archdiocesan Office of Child and Youth Protection at (201)407-3256.

The phone numbers for the County Prosecutors within the Archdiocese are:

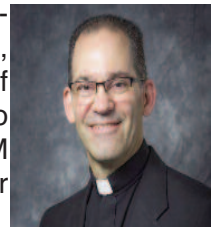
Bergen - (201) 646-2300  
Essex - (973) 621-4700  
Hudson - (201) 795-6400  
Union - (908) 527-4500

Faith. Academics. Service.  
**Catholic Schools**  
**SACRED HEART SCHOOL**  
**ENROLLMENT FOR THE**  
**2023-2024 SCHOOL YEAR**

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can visit Monday - Friday during the hours of 9:00 AM to 10:30 AM. Call the school at 201-939-4277 for more details.

**BISHOP SAPORITO TO CELEBRATE MASS  
AT SACRED HEART ON JULY 23RD**

Mark your calendar and plan on joining us as Bishop Michael Saporito, Auxiliary Bishop of the Archdiocese of Newark for Bergen County returns to Sacred Heart to celebrate the 9:00 AM Mass on Sunday, July 23 with our parish family.



**A FRIENDLY REMINDER  
ABOUT APPROPRIATE  
SUMMER ATTIRE AT MASS**

Dressing for Mass is simply a matter of showing proper respect, not only for God, but for others around us and ourselves. We should keep in mind the dignity of what we celebrate when we come together for the Mass, which is nothing less than the wedding feast of the Lord, as well as the dignity of the people assembled, who are no one less than the children of God. Remember the days when we wore our "Sunday best," our finest outfits, to Mass? Dress codes at Mass have certainly relaxed over the years. With the warm weather upon us, it is particularly important that we dress appropriately and modestly for Mass, so here are some rules to follow for modest and proper Mass attire during the summer months:

- \*Hemlines on dresses and skirts fall at or just slightly above the knee
- \*No muscle tee-shirts
- \*Hemlines on shorts fall near the knee (no short-shorts)
- \*No exposed undergarments.
- \*Shoulders and midribs are covered
- \*Necklines are modest - not low-cut
- \*No beachwear - no swimsuits with cover-ups for females, no swim trunks for males

**relevant**  
**1430AM radio**  
[www.relevantradio.com](http://www.relevantradio.com)

**PLEASE PRAY FOR OUR PARISH FAMILY**

**SICK:** Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Hector Cruz, John Du Bois, Ruben Arevalo Gacildone, Helen Dowling, P. Darmiento, Elyse & Lauren Branigan, Dr. Leticia Luna, Jeanette Knowlton

**DECEASED:** Jocelyn Grey Bandong, Gloria Roche

**CHURCH BELLS CELEBRATE & COMMEMORATE**

The Sacred Heart Church bell rings:



**SUNDAY, JULY 23RD**

**In Honor of:** The Intentions of the Cavalcante Family

**Donated by:** Jim & Isabel Cavalcante

**SATURDAY, JULY 29TH**

**In Honor of:** Lisa Kochell

**Donated by:** Brian, Carol & Patrick O'Keeffe

**ARE YOU WILLING TO SHARE OUR FAITH WITH THE YOUTH OF OUR PARISH FAMILY?**

Our Religious Education program is always in need of teachers, aides, substitute teachers, hall monitors, and office helpers. Are you willing to help our children learn more about the love that Jesus Christ has them in the 2019-2020 school year? No special religious education training is required. Call Ryan Tobiason at 201-935-3094 for more information or if you would like to volunteer.

**100TH ANNIVERSARY OF OUR CHURCH BUILDING**

2024 will mark the 100th Anniversary of our current church building and the 122th Anniversary of our parish. We would like to have some special events to commemorate this time in the life of our parish family. If you would like to be a part of the committee that will be putting together the events please fill out the information below and drop it in the collection basket or call the parish office at 201-438-1147.

**100TH ANNIVERSARY COMMITTEE**

NAME \_\_\_\_\_

PHONE \_\_\_\_\_

**JULY 23, 2023**



Sixteenth Sunday in Ordinary Time

**Anticipated Sunday Mass**

5:00pm Louise Gimmi

**SUNDAY - Sixteenth Sunday in Ordinary Time**

7:30am People Of Sacred Heart

9:00am Joseph Dietz

10:30 am Florence Pavlica

12:00pm Chester J. Mikolajczak

1:30 pm Eufemia Campos

**MONDAY - Weekday/St. Sharbel Makhluaf, Priest**

12:00pm U.S.A.

**TUESDAY - St. James, Apostle**

12:00pm Gabriel Vivos

**WEDNESDAY - Sts. Joachim & Anne, Parents of the Blessed Virgin Mary**

12:00pm Servando F. Nosti

**THURSDAY - Weekday**

12:00pm Lorenza & Julian Duran

**FRIDAY - Weekday**

12:00pm Special Intention

**SATURDAY - Sts. Martha, Mary & Lazarus**

9:00am Michaelangelo Siciliano

**Anticipated Sunday Mass**

5:00pm Silvia del Carmen Breton

**SUNDAY - Seventeenth Sunday in Ordinary Time**

7:30am People Of Sacred Heart

9:00am Gabriella De Propriis Ricci

10:30 am Roberta Johnson

12:00pm James M. Cavalcante

1:30 pm Alberto Centenaro

**STEWARDSHIP**

Sunday, July 16

Sunday - \$5,103

Daughters of Mary - \$1,483

Add'l Assessment - \$140

Add'l Air Conditioning - \$50

Reminder: We need \$6,600 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!

# Sacred Heart Church, Lyndhurst

## Stewardship of Time And Talent Volunteer Sheet

Our parish is brought to us by the love and mercy of the Lord and by our stewardship. We are called to be good stewards of the gifts of time, talent, and treasure given to us by God to make His presence a reality in our community. To paraphrase the gospel, don't hide your light! Let it shine for all; let your good deeds glow for all to see, so that they will praise your heavenly Father.

"As each one has received a gift, use it to serve one another  
as good stewards of God's varied grace" (1 Pt 4:10).

Your Name: \_\_\_\_\_

Your Address: \_\_\_\_\_

Your Phone Number: \_\_\_\_\_

Your Email Address: \_\_\_\_\_

I am interested in giving of my time and talent in the following ways (please check all that apply):

- |  |   |
|--|---|
| <input type="checkbox"/> Lector                    | <input type="checkbox"/> Fundraising Group            |
| <input type="checkbox"/> Exrtaordinary Mininster   | <input type="checkbox"/> Religious Education          |
| <input type="checkbox"/> Choir Member              | <input type="checkbox"/> Food Pantry                  |
| <input type="checkbox"/> Usher                     | <input type="checkbox"/> Church Cleaning              |
| <input type="checkbox"/> Greeter                   | <input type="checkbox"/> General Repairs & Maintenace |
| <input type="checkbox"/> Children's Choir Organist | <input type="checkbox"/> Gardening                    |
| <input type="checkbox"/> Children's Choir Director | <input type="checkbox"/> Other _____                  |

I would like to enroll my child:

- |                                       |   |
|---------------------------------------|---|
| <input type="checkbox"/> Altar Server | <input type="checkbox"/> Children's Choir |
|---------------------------------------|---|

Child's Name: \_\_\_\_\_

Child's Age: \_\_\_\_\_

Child's Grade: \_\_\_\_\_

School Attended: \_\_\_\_\_

My Signature below gives my child permission to participate in the activity indicated

Parent's Signature: \_\_\_\_\_

**Completed forms can be placed in the collection basket.  
Thank you for your generous stewardship for our parish family!**