



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
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RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
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SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



14TH SUNDAY IN ORDINARY TIME

“Come to me, all you who labor and are burdened, and I will give you rest.” - Mt 11:28

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Jul. 9, Aug. 13, Sep. 10, Oct. 8, Nov. 12, Dec. 10

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

Fourteenth Sunday In Ordinary Time

Acceptance or rejection of Jesus and his message is crucial because of who he is. And if we want to know who Jesus really is, all we need do is reflect on the opening verses of today's Gospel, because they assert Jesus' identity in unmistakable terms.

The Gospel today begins with a "thanksgiving," a prayer form common in Judaism and in early Christian liturgy, and these verses are completely at home in the Gospel of Matthew. Jesus' bond with His Father has been stressed all throughout the Matthew's Gospel. The obedient Jesus is God's Son; not just a son, but the Son, whose very presence is God's last and best Word to the people of Israel. Matthew portrays Jesus as the ultimate revelation of who God is.

Jesus addresses himself in prayer to the Father, rejoicing that the ministry he performs reveals God's unconditional love especially for the poor and the alienated. We also are daughters and sons of the Father. But He is the Son to whom alone has been given full knowledge/relationship with the Father. This revelation of the Father is not merely his ministry. It is His identity. It is not just what He does. It is who He is. Jesus is the image of God. If we want to know God we need only look to the example of Jesus.

The wider context of this prayer will prove that the learned and self-righteous are blind to the beauty of the Gospel, while the outcasts and the sinners - "mere children" - will have their eyes and hearts opened and will respond in faith.

Jesus then offers a promise; the promise of rest, of peace - not as the world gives peace but as the Spirit gives peace; perhaps not for today; but for the day when our hearts can be open to accept it.

The theme of intimate revelation to a chosen few and the Son's privileged knowledge of his Father are found elsewhere in the Old Testament. The Book of Wisdom and Ecclesiasticus seem to be an influence on the beautiful words that conclude today's Gospel. The compassion of Jesus invites the weary and burdened to come to find rest in Him. In Ecclesiasticus, the Jewish Law is personified and offers an almost identical invitation to those who seek God's will. Jesus is God's new "law." He is more than Israel expected. A new beatitude surfaces in Matthew's narration: Happy is the one who does not find Jesus an obstacle. His yoke is easy to those who accept it. His burden is no oppressive network of legal prescriptions, but the joy of a single call to love.

If Christianity is to speak to the contemporary world in a language it can understand, it must be based on the vision of God that we have received from Jesus himself. It must be based on what He himself saw his mission to be. Jesus proclaimed the reign of God. He called his disciples - women and men - to be with Him, to follow, to learn, and to do the work of fulfilling His dream.

This kingdom of God (the reign of God) is the dynamic, active realization of the dream of God for all of creation. It is a living dream, an unrelenting love that continues to manifest itself and hold sway. It is the activity of a God who saves, invites, captures the willing in its drive to unity and to life. It is a recognition that God is with His people, that God will continue to be with His people, and that the people live from and for this promise.

To make this kingdom of God real, we need to do what Jesus did. The yoke that Jesus asks us to bear is the willingness to be as fierce an advocate for our brothers and sisters as He was. The yoke that he bequeaths to us is the strength of our desire to work for the poor, the sick and the marginalized; to uphold the dignity of life - no matter what the cost; and the power of our embrace of one another, no matter how different from us they may be. This yoke is one that goes beyond ourselves and one that we must share with others. The yoke of Christ that we all share is measured by how determined we are to live this "good news" - and to what lengths we are willing to go.

Ultimately, we are who we are. Struggling, unsettled, trying to love, trying to be as compassionate as the Master, trying to listen - sometimes longing for solutions, other times filled with hope. We are the recipients of His promise. And while at times it may not seem easy, it is enough.

**MISSIONARY
COOPERATION PLAN
DAUGHTERS OF MARY
MOTHER OF MERCY
JULY 15TH & 16TH**

The Daughters of Mary Mother of Mercy (DMMM) congregation is an Institute of Apostolic religious life with Pontifical Right, whose members take the three evangelical vows of Obedience, Poverty, and Chastity. This women religious order was founded in 1961 in Nigeria by Bishop Anthony Gogo Nwedo, C.S.Sp.

The Charism of Daughters of Mary Mother of Mercy is to bear witness to the Mercy of God by following the footsteps of Christ, the Merciful Savior, and that of Mary the Mother of Mercy. This Mercy is expressed as Compassion, Forgiveness, and Kindness.

DMMM has spread her missionary arms to many parts of the world including Africa, Europe, Canada, and United States of America. Our Spirit of Charity, Humility, Prayer, Penance, and Abandonment to the Will of God animate us to be God's instrument in giving hope and meaningful life to the poor and needy, the orphans, the sick, and the elderly in our society through our apostolates of Caring, Healing, Teaching, and social work. We also evangelize the spiritually impoverished through pastoral ministry in the dioceses and parishes where work.

As part of the Archdiocese's Missionary Cooperation Plan, **the Sisters will be at our parish on July 15th and 16th to talk about the important work they do and ask for our prayers and financial assistance.** Please prayerfully consider your support. You can visit dmmmsisters-usa.org to learn more about them.

HOW TO REPORT ABUSE

The Archdiocese of Newark takes very seriously any and all complaints of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform the Archdiocese immediately so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Individuals who report an allegation of sexual misconduct may do so by calling the Victim's Assistance Coordinator of the Archdiocesan Office of Child and Youth Protection at (201)407-3256.

The phone numbers for the County Prosecutors within the Archdiocese are:

Bergen - (201) 646-2300

Essex - (973) 621-4700

Hudson - (201) 795-6400

Union - (908) 527-4500

Faith. Academics. Service.
Catholic Schools
SACRED HEART SCHOOL
ENROLLMENT FOR THE
2023-2024 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can visit Monday - Friday during the hours of 9:00 AM to 10:30 AM. Call the school at 201-939-4277 for more details.

LYNDHURST SERVICES FOR SENIORS

The Lyndhurst Parks Departments under the direction of Commissioner John J. Montillo, Jr. offers many amenities for the Seniors year-round! Weekly shopping trips, Bingo, Movies, Yoga, monthly meals and more. If you are a senior (60 and over) and are not on their mailing list to receive newsletters containing the schedule for bus trips, programs and events, please call the Parks Department at 201-804-2482.

**A FRIENDLY REMINDER
ABOUT APPROPRIATE
SUMMER ATTIRE AT MASS**

Dressing for Mass is simply a matter of showing proper respect, not only for God, but for others around us and ourselves. We should keep in mind the dignity of what we celebrate when we come together for the Mass, which is nothing less than the wedding feast of the Lord, as well as the dignity of the people assembled, who are no one less than the children of God. Remember the days when we wore our "Sunday best," our finest outfits, to Mass? Dress codes at Mass have certainly relaxed over the years. With the warm weather upon us, it is particularly important that we dress appropriately and modestly for Mass, so here are some rules to follow for modest and proper Mass attire during the summer months:

- *Hemlines on dresses and skirts fall at or just slightly above the knee
- *No muscle tee-shirts
- *Hemlines on shorts fall near the knee (no short-shorts)
- *No exposed undergarments.
- *Shoulders and midribs are covered
- *Necklines are modest - not low-cut
- *No beachwear - no swimsuits with cover-ups for females, no swim trunks for males

relevant
1430AM radio
www.relevantradio.com

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Hector Cruz, John Du Bois, Ruben Arevalo Gacildone, Helen Dowling, P. Darmiento, Elyse & Lauren Branigan, Dr. Leticia Luna

DECEASED: Mafalda Bludgus, James Frain

ONLINE GIVING AT SACRED HEART

*** EASY * FAST * SECURE ***

Did you know you can give online to our parish with Zelle, or with a debit or credit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

**MUSIC UNDER THE STARS
FOUR EVENINGS OF
AMAZING MUSIC!**

July 12th - 15th, Town Hall Park
7:00pm - 10:30pm

July 12th - 7:00 PM Jersey Sound, 9:00 PM The Happenings

July 13th - 7:00 PM Big Hix, 9:00 PM Thompson Square

July 14th - 7:00 PM Coast 2 Coast, 9:00 PM TKA, The Cover Girls,
Betty D, Soave...

July 15th - 7:00 PM Yacht Gold, 9:00 PM New York Bee Gees

**OUR LADY OF MT. CARMEL
LYNDHURST PARISH FEAST
TOWN HALL PARK**

Please plan to join us for Rides, Games, Food, and Live Music on:

Wed., Jul. 12 at 6:00pm Thu., Jul. 13 at 6:00pm

Fri., Jul. 14 at 6:00pm Sat., Jul. 15 at 5:00pm

JULY 9, 2023



Fourteenth Sunday in Ordinary Time

Anticipated Sunday Mass

5:00pm Anthony & Josephine Di Lascio & Family

SUNDAY - Fourteenth Sunday in Ordinary Time

7:30am People Of Sacred Heart

9:00am Maria & Mario Valente & Rosa Valente

10:30 am Marita Carucci

12:00pm Lorenza & Julian Duran

1:30 pm Maria Luiza del Risco

MONDAY - Weekday

12:00pm Di Laurenzio Family

TUESDAY - St. Benedict, Abbot

12:00pm Evelyn Earl

WEDNESDAY - Weekday

12:00pm Arthur Klein

THURSDAY - Weekday/St. Henry

12:00pm U.S.A.

FRIDAY - St. Kateri Tekakwitha, Virgin

12:00pm Special Intention

SATURDAY - St. Bonaventure, Bishop and Doctor of the Church

9:00am Michael J. Collins

Anticipated Sunday Mass

5:00pm Nicholas Aromando

SUNDAY - Fifteenth Sunday in Ordinary Time

7:30am People Of Sacred Heart

9:00am Barbara Ruzika

10:30 am Chester J. Mikolajczak

12:00pm James M. Cavalcante

1:30 pm Manuel Noya Gude

STEWARDSHIP

**Collection Totals Not Available
At Time of Publication**

Reminder: We need \$6,600 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!

Sacred Heart Church, Lyndhurst

Stewardship of Time And Talent Volunteer Sheet

Our parish is brought to us by the love and mercy of the Lord and by our stewardship. We are called to be good stewards of the gifts of time, talent, and treasure given to us by God to make His presence a reality in our community. To paraphrase the gospel, don't hide your light! Let it shine for all; let your good deeds glow for all to see, so that they will praise your heavenly Father.

"As each one has received a gift, use it to serve one another
as good stewards of God's varied grace" (1 Pt 4:10).

Your Name: _____

Your Address: _____

Your Phone Number: _____

Your Email Address: _____

I am interested in giving of my time and talent in the following ways (please check all that apply):

- | | |
|--|---|
| <input type="checkbox"/> Lector | <input type="checkbox"/> Fundraising Group |
| <input type="checkbox"/> Exrtaordinary Mininster | <input type="checkbox"/> Religious Education |
| <input type="checkbox"/> Choir Member | <input type="checkbox"/> Food Pantry |
| <input type="checkbox"/> Usher | <input type="checkbox"/> Church Cleaning |
| <input type="checkbox"/> Greeter | <input type="checkbox"/> General Repairs & Maintenace |
| <input type="checkbox"/> Children's Choir Organist | <input type="checkbox"/> Gardening |
| <input type="checkbox"/> Children's Choir Director | <input type="checkbox"/> Other _____ |

I would like to enroll my child:

- | | |
|---------------------------------------|---|
| <input type="checkbox"/> Altar Server | <input type="checkbox"/> Children's Choir |
|---------------------------------------|---|

Child's Name: _____

Child's Age: _____

Child's Grade: _____

School Attended: _____

My Signature below gives my child permission to participate in the activity indicated

Parent's Signature: _____

**Completed forms can be placed in the collection basket.
Thank you for your generous stewardship for our parish family!**