



Sacred Heart Church

A Roman Catholic Community

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www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
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RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



13TH SUNDAY IN ORDINARY TIME

“Whoever gives only a cup of cold water to one of these little ones to drink because the little one is a disciple--amen, I say to you, he will surely not lose his reward.” - Mt 10:42

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Jul. 9, Aug. 13, Sep. 10, Oct. 8, Nov. 12, Dec. 10

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

Thirteenth Sunday In Ordinary Time

"Whoever does not take up his cross and follow after me is not worthy of me. Whoever finds his life will lose it, and whoever loses his life for my sake will find it."

These words of the Gospel are pretty tough words for us to ponder; a hard challenge for just about anyone, at any age, to come to grips with. Something deep within our own nature rebels against the idea of giving ourselves - totally, without reservation; of giving up self and, maybe even giving up life. Our instinct for survival fights fiercely against any threat to our identity and our existence. All of the forces of modern science and technology, all of the sophisticated developments in the field of psychology combine to teach us to love self, to cultivate a strong self-image, to resist and overcome anything that would diminish the quality of our lives. There's nothing wrong with having this kind of attitude... it makes for healthy and whole human beings.

And yet, Jesus is saying that when we choose to become his follower, we must act immediately, we must choose - at times - to give up our own identity and, in some sense, even our own life... because this is the only way we can really discover our true selves. Jesus tells us right up front that we can only follow Him if we are willing to die to self and surrender control over our lives to Him. There's no looking back and there's no going back. On the face of it, this idea sounds unnatural, almost suicidal. But as we watch Jesus live it out in His choices and actions, we begin to understand. He put His will, His gifts, His very life at the service of His Father. He preferred His Father's desires to His own. He trusted the love and providence of His Father. Step by step, He began to experience how His Father's love turned evil into good, and dying into living.

It is this kind of unselfish love that propels young people into lives of service and ministry, into marriage and family, into lives of selfless giving. It is this kind of commitment to the Lord that is put to the test by the trials of life - sickness, failure, natural disasters, scandal, the death of our loved ones. We come to understand what "dying to self" means when our patience is tried to the breaking point by a rebellious teenager, or an irresponsible spouse. We are asked to give up our own lives in favor of a dying parent, or someone close to us who is being destroyed by drugs or alcohol, or abuse.

The true follower of Jesus is not surprised, or angered, or turned off when this happens. To walk in the footsteps of the Master means to put aside self, willingly, generously, and with absolute trust. It means giving without measuring the cost. It means putting our hands to the plow and not looking back. It means taking up our cross and following Christ. It means putting on Christ, allowing him to live in us and through us. By His grace, we deny self, we lose our life... but we are absolutely certain that with Him we shall inherit the fullness of life and happiness, forever.

We all need to reflect on how seriously we are working at the conversion the Gospel demands of us, the change of heart that will eliminate selfishness, pride and worldliness in our lives. That should be the first level of our resolution. And then we should pray for the courage and the strength to be the prophetic presence in the world that Jesus calls us to be... to cry out for peace and justice, to be the voice of the poor and the helpless, to speak out against waste and pollution, to reach out to support those struggling with addiction, and to be God's instruments of comfort and healing in these days when so many in the human family are beset by terrible suffering and anxiety.

Jesus brings an attitude and style which mixes joy, courage and freedom.... a reminder to us not to let worry be the whole story about life. We are to be passionately involved with the pain of the world, but not absorbed by it. We are to take this life seriously, but not ultimately.

Our witness should be celebratory, joyous, hopeful, regenerating, reconciling - somehow we must include everyone we meet, not by force but by invitation - the silent and glum, the lonely and the loners, those who have lost their sense of identity, and along with that their sense of joy and hope - the unlovable, the fearful, the despondent. All of these must somehow be included in and absorbed in our joy and our hope.

Anything less is a betrayal; a denial of what Jesus intended us to be.

**MISSIONARY
COOPERATION PLAN
DAUGHTERS OF MARY
MOTHER OF MERCY
JULY 15TH & 16TH**

The Daughters of Mary Mother of Mercy (DMMM) congregation is an Institute of Apostolic religious life with Pontifical Right, whose members take the three evangelical vows of Obedience, Poverty, and Chastity. This women religious order was founded in 1961 in Nigeria by Bishop Anthony Gogo Nwedo, C.S.Sp.

The Charism of Daughters of Mary Mother of Mercy is to bear witness to the Mercy of God by following the footsteps of Christ, the Merciful Savior, and that of Mary the Mother of Mercy.

This Mercy is expressed as Compassion, Forgiveness, and Kindness.

DMMM has spread her missionary arms to many parts of the world including Africa, Europe, Canada, and United States of America. Our Spirit of Charity, Humility, Prayer, Penance, and Abandonment to the Will of God animate us to be God's instrument in giving hope and meaningful life to the poor and needy, the orphans, the sick, and the elderly in our society through our apostolates of Caring, Healing, Teaching, and social work. We also evangelize the spiritually impoverished through pastoral ministry in the dioceses and parishes where work.

As part of the Archdiocese's Missionary Cooperation Plan, **the Sisters will be at our parish on July 15th and 16th to talk about the important work they do and ask for our prayers and financial assistance.** Please prayerfully consider your support. You can

**FOOD PANTRY
UPDATE**

"Whatever you did for one of the least of these brothers and sisters of mine, you did for me" Matthew 25:40

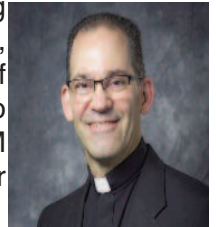
We are stocking up our Parish Family Food Pantry for the Summer Season. Can you help us assist our brothers and sisters struggling with food insecurity? Items needed most, at this time, are: Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, Jelly, Cereal, and beans. Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help local families without your generosity.** As a reminder, we are unable to package out-of-date food products for distribution to our families.

Faith. Academics. Service.
Catholic Schools
SACRED HEART SCHOOL
ENROLLMENT FOR THE
2023-2024 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can visit Monday - Friday during the hours of 9:00 AM to 10:30 AM. Call the school at 201-939-4277 for more details.

**BISHOP SAPORITO TO CELEBRATE MASS
AT SACRED HEART ON JULY 23RD**

Mark your calendar and plan on joining us as Bishop Michael Saporito, Auxiliary Bishop of the Archdiocese of Newark for Bergen County returns to Sacred Heart to celebrate the 9:00 AM Mass on Sunday, July 23 with our parish family.



**A FRIENDLY REMINDER
ABOUT APPROPRIATE
SUMMER ATTIRE AT MASS**

Dressing for Mass is simply a matter of showing proper respect, not only for God, but for others around us and ourselves. We should keep in mind the dignity of what we celebrate when we come together for the Mass, which is nothing less than the wedding feast of the Lord, as well as the dignity of the people assembled, who are no one less than the children of God. Remember the days when we wore our "Sunday best," our finest outfits, to Mass? Dress codes at Mass have certainly relaxed over the years. With the warm weather upon us, it is particularly important that we dress appropriately and modestly for Mass, so here are some rules to follow for modest and proper Mass attire during the summer months:

- *Hemlines on dresses and skirts fall at or just slightly above the knee
- *No muscle tee-shirts
- *Hemlines on shorts fall near the knee (no short-shorts)
- *No exposed undergarments.
- *Shoulders and midribs are covered
- *Necklines are modest - not low-cut
- *No beachwear - no swimsuits with cover-ups for females, no swim trunks for males

CELEBRATE THE FOURTH OF JULY

The Mass on Tuesday, July 4th will be celebrated at 9:00 AM. Join us as we celebrate our country's birthday and give thanks for the blessings of freedom we all enjoy. **The parish office is closed and will reopen on Wednesday, July 5th at 9:00AM.**

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Hector Cruz, John Du Bois, Ruben Arevalo Gacildone, Helen Dowling, P. Darmiento, Elyse & Lauren Branigan, Dr. Leticia Luna

DECEASED: All those from our parish the Lord has called home.

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:



WEDNESDAY, JULY 5TH

In Honor of: Lila Corley

Donated by: Barbara & Don Wynne

ONLINE GIVING AT SACRED HEART

*** EASY * FAST * SECURE ***

Did you know you can give online to our parish with Zelle, or with a debit or debit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

**MUSIC UNDER THE STARS
FOUR EVENINGS OF
AMAZING MUSIC!**

July 12th - 15th, Town Hall Park

7:00pm - 10:30pm

July 12th - 7:00 PM Jersey Sound, 9:00 PM The Happenings

July 13th - 7:00 PM Big Hix, 9:00 PM Thompson Square

July 14th - 7:00 PM Coast 2 Coast, 9:00 PM TKA, The Cover Girls,
Betty D, Soave...

July 15th - 7:00 PM Yacht Gold, 9:00 PM New York Bee Gees

JULY 2, 2023



Thirteenth Sunday in Ordinary Time

Anticipated Sunday Mass

5:00pm Alec Long

SUNDAY - Thirteenth Sunday in Ordinary Time

7:30am People Of Sacred Heart

9:00am Domenico Mele

10:30 am Rudy & Ador Vargas

12:00pm Chester J. & Adelaide Mikolajczak

1:30 pm Manuel Noya Gude

MONDAY - St. Thomas, Apostle

12:00pm Rodrigo Solis

TUESDAY - Weekday/Independence Day

9:00am Servando Fernandez

WEDNESDAY - Weekday/St. Anthony Zaccaria, Priest/St. Elizabeth of Portugal

12:00pm Special Intention

THURSDAY - Weekday/St. Maria Goretti, Virgin and Martyr

12:00pm Tyler Stoica

FIRST FRIDAY - Weekday

12:00pm Angela Marie Meister (Living)

SATURDAY - Weekday/Blessed Virgin Mary

9:00am Armando & Coiro Families

Anticipated Sunday Mass

5:00pm Anthony & Josephine Di Lascio & Family

SUNDAY - Fourteenth Sunday in Ordinary Time

7:30am People Of Sacred Heart

9:00am Maria, Mario, & Rosa Valente

10:30 am Marita Carucci

12:00pm Lorenza & Julian Duran

1:30 pm Maria Luiza del Risco

STEWARDSHIP

Sunday, June 25th

Sunday Collection - \$5,082

Add'l Peter's Pence - \$115

Add'l Air Conditioning - \$105

Add'l Assessment - \$90

Reminder: We need \$6,600 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!

Sacred Heart Church, Lyndhurst

Stewardship of Time And Talent Volunteer Sheet

Our parish is brought to us by the love and mercy of the Lord and by our stewardship. We are called to be good stewards of the gifts of time, talent, and treasure given to us by God to make His presence a reality in our community. To paraphrase the gospel, don't hide your light! Let it shine for all; let your good deeds glow for all to see, so that they will praise your heavenly Father.

"As each one has received a gift, use it to serve one another
as good stewards of God's varied grace" (1 Pt 4:10).

Your Name: _____

Your Address: _____

Your Phone Number: _____

Your Email Address: _____

I am interested in giving of my time and talent in the following ways (please check all that apply):

- | | |
|--|---|
| <input type="checkbox"/> Lector | <input type="checkbox"/> Fundraising Group |
| <input type="checkbox"/> Exrtaordinary Mininster | <input type="checkbox"/> Religious Education |
| <input type="checkbox"/> Choir Member | <input type="checkbox"/> Food Pantry |
| <input type="checkbox"/> Usher | <input type="checkbox"/> Church Cleaning |
| <input type="checkbox"/> Greeter | <input type="checkbox"/> General Repairs & Maintenace |
| <input type="checkbox"/> Children's Choir Organist | <input type="checkbox"/> Gardening |
| <input type="checkbox"/> Children's Choir Director | <input type="checkbox"/> Other _____ |

I would like to enroll my child:

- | | |
|---------------------------------------|---|
| <input type="checkbox"/> Altar Server | <input type="checkbox"/> Children's Choir |
|---------------------------------------|---|

Child's Name: _____

Child's Age: _____

Child's Grade: _____

School Attended: _____

My Signature below gives my child permission to participate in the activity indicated

Parent's Signature: _____

**Completed forms can be placed in the collection basket.
Thank you for your generous stewardship for our parish family!**