



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

## SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

## PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

## RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

## SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
[ldurocher@sacredheartlynd.org](mailto:ldurocher@sacredheartlynd.org)

## SMALL BLESSINGS DAY CARE

201-935-0506

## ARCHDIOCESE OF NEWARK

973-497-4000



## 12<sup>TH</sup> SUNDAY IN ORDINARY TIME

“Do not be afraid; you are worth more than many sparrows.” - Mt 10:31

### SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

### SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

### SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
Jul. 9, Aug. 13, Sep. 10, Oct. 8, Nov. 12, Dec. 10

### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

### SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

### R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

### PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## Twelfth Sunday In Ordinary Time

The readings for this week are a call to trust in God. Although our circumstances can be unsettling or frightening, God is always caring for us. The first reading Jeremiah trusts in the Lord even though he is being plotted against. The psalm expresses hope that God will hear our prayers in times of distress. The second reading reminds us that Jesus rescued us even though we are sinners. And in the gospel, Jesus tells us "Fear no one" and that we are loved and cared for by God.

Our journey of faith is a never-ending one. It is one where we constantly come to know the Father through Jesus. It parallels the journey of the first disciples. God is always the one who speaks first, who acts first, who loves first. And discipleship always involves a call - an invitation requiring a response. But without faith, without trust, there can be no discipleship. The Gospel tells us that the real sign of discipleship is trust in Jesus and who he is for us.

Discipleship was never going to be easy. Jesus knew this; his first followers knew this and so should we. Being a disciple implies that one has to make hard choices. We will not always get what we want. We may find ourselves at odds with others who do not share our values. It's not easy to do what needs to be done, to say what needs to be said and to work things out when it bothers us to compromise.

But we are told: "Do not be afraid. Fear no one." God knows when even tiny sparrow "falls to the ground." There is an ominous tone to this, a hint that the disciples themselves might have to face even death as Jesus' followers. Death may not be what is asked of us, but living that faith does have its costs and may even cause pain, or at the very least daily sacrifice and inconvenience.

What does all of this mean for us?

We need to look at the signs of our time, and examine our response to them in the light of the Gospel. We need look at our lives, and how open we are to His presence within them. We need to be attentive to the signs of His presence around us. We need to focus on how His words affect our day-to-day lives and our relationships with one another. The signs are there... they are around us every day and they are not pretty or peaceful.

And so our response must be one of trust - not one of fear. We must speak in the light when we find ourselves in darkness. We must proclaim on the housetops what we hear whispered in darkness. We are not to fear, because God cares about each of us and every part of us, right down to the hairs on our heads. If birds fall under God's care, how much more do we? There's no guarantee that we will have an easy ride as God's people, but Jesus reassures us that in the face of trials and perhaps even death, God will care for us.

Christianity is more than words or symbolic actions. It begins within our hearts, but it cannot remain there. We cannot claim discipleship by whispering in the darkness. Discipleship is taking the Gospel message and making it concrete in our world. It is only by acting with trust and courage that we can renew and change the face of the earth.

Evil ignored is evil that grows. Sin not rejected is sin committed. Injustice uncorrected is injustice accepted. If we want to put an end to evil and oppression, then we must all work to end injustice, for there is no true peace without justice.

Jesus didn't choose a perfect band of apostles, but they trusted in his word and did their best—we, too, have been chosen - and neither are we perfect. It will take the rest of our lives and beyond to realize what a gift the gospel has been to us. True leadership and service - called, gifted and appointed by Christ - will carry the marks of the Good Shepherd in the way we become shepherds to his sheep.

How we act and speak in our lives will give proof that we have sat at Jesus' feet and have heard his message, sending us to those who are troubled, abandoned, the sick and the outcast.

**MISSIONARY  
COOPERATION PLAN  
DAUGHTERS OF MARY  
MOTHER OF MERCY  
JULY 15TH & 16TH**

The Daughters of Mary Mother of Mercy (DMMM) congregation is an Institute of Apostolic religious life with Pontifical Right, whose members take the three evangelical vows of Obedience, Poverty, and Chastity. This women religious order was founded in 1961 in Nigeria by Bishop Anthony Gogo Nwedo, C.S.Sp.

The Charism of Daughters of Mary Mother of Mercy is to bear witness to the Mercy of God by following the footsteps of Christ, the Merciful Savior, and that of Mary the Mother of Mercy. This Mercy is expressed as Compassion, Forgiveness, and Kindness.

DMMM has spread her missionary arms to many parts of the world including Africa, Europe, Canada, and United States of America. Our Spirit of Charity, Humility, Prayer, Penance, and Abandonment to the Will of God animate us to be God's instrument in giving hope and meaningful life to the poor and needy, the orphans, the sick, and the elderly in our society through our apostolates of Caring, Healing, Teaching, and social work. We also evangelize the spiritually impoverished through pastoral ministry in the dioceses and parishes where work.

As part of the Archdiocese's Missionary Cooperation Plan, **the Sisters will be at our parish on July 15th and 16th to talk about the important work they do and ask for our prayers and financial assistance.** Please prayerfully consider your support. You can visit [dmmmsisters-usa.org](http://dmmmsisters-usa.org) to learn more about them.

**HOW TO REPORT ABUSE**

The Archdiocese of Newark takes very seriously any and all complaints of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform the Archdiocese immediately so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Individuals who report an allegation of sexual misconduct may do so by calling the Victim's Assistance Coordinator of the Archdiocesan Office of Child and Youth Protection at (201)407-3256.

The phone numbers for the County Prosecutors within the Archdiocese are:

Bergen - (201) 646-2300

Essex - (973) 621-4700

Hudson - (201) 795-6400

Union - (908) 527-4500

**SACRED HEART SCHOOL  
ENROLLMENT FOR THE  
2023-2024 SCHOOL YEAR**

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can visit Monday - Friday during the hours of 9:00 AM to 10:30 AM. Call the school at 201-939-4277 for more details.

**LYNDHURST SERVICES FOR SENIORS**

The Lyndhurst Parks Departments under the direction of Commissioner John J. Montillo, Jr. offers many amenities for the Seniors year-round! Weekly shopping trips, Bingo, Movies, Yoga, monthly meals and more. If you are a senior (60 and over) and are not on their mailing list to receive newsletters containing the schedule for bus trips, programs and events, please call the Parks Department at 201-804-2482.

**A FRIENDLY REMINDER  
ABOUT APPROPRIATE  
SUMMER ATTIRE AT MASS**

Dressing for Mass is simply a matter of showing proper respect, not only for God, but for others around us and ourselves. We should keep in mind the dignity of what we celebrate when we come together for the Mass, which is nothing less than the wedding feast of the Lord, as well as the dignity of the people assembled, who are no one less than the children of God. Remember the days when we wore our "Sunday best," our finest outfits, to Mass? Dress codes at Mass have certainly relaxed over the years. With the warm weather upon us, it is particularly important that we dress appropriately and modestly for Mass, so here are some rules to follow for modest and proper Mass attire during the summer months:

\*Hemlines on dresses and skirts fall at or just slightly above the knee

\*No muscle tee-shirts

\*Hemlines on shorts fall near the knee (no short-shorts)

\*No exposed undergarments.

\*Shoulders and midriffs are covered

\*Necklines are modest - not low-cut

\*No beachwear - no swimsuits with cover-ups for females, no swim trunks for males

**SACRED HEART CELEBRATION**

Our parish family had a wonderful evening of celebration on the Solemnity of the Most Sacred Heart of Jesus. Many thanks to Msgr. Reilly for celebrating an inspiring Mass and the Spanish Choir for the beautiful bilingual music! Thanks also to the Human Concerns Committee for providing the hospitality following the Mass. Congratulations to Debbie Sabato, winner of Spring Mega 50/50! Debbie received \$5,000 and the parish received \$5,000 in needed funds.



## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Camen Yangco, Lea Aspile, Perpetua Aspile, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Hector Cruz, John Du Bois, Ruben Arevalo Gacildone, Helen Dowling, P. Darmiento, Elyse & Lauren Branigan

**DECEASED:** Lorraine Zampino, Elizabeth Maita

### CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:



#### SUNDAY, JUNE 18TH

**In Honor of:** The Memory of James M. Cavalcante

**Donated by:** Jim & Isabel Cavalcante

#### THURSDAY, JUNE 29TH

**In Honor of:** The Intentions of Candice Cavalcante

**Donated by:** Jim & Isabel Cavalcante

## ONLINE GIVING AT SACRED HEART

### \* EASY \* FAST \* SECURE \*

Did you know you can give online to our parish with Zelle, or with a debit or debit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: [sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net).

**Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.**

2. You can visit [www.sacredheartlynd.org](http://www.sacredheartlynd.org), our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

### Knights Of Columbus Baby Bottle Drive

The **Knights of Columbus** passed out baby bottles that you can fill with your donations for Good Counsel Homes which provide homeless expectant mother's and their children with residential care. Since 1985 Good Counsel Homes has helped more than 8,000 homeless women and children move from a crisis situation to receive concrete help and build a brighter future. Visit [www.goodcounselhomes.org](http://www.goodcounselhomes.org) to learn more about the important work they do. **Baby bottles are due back this weekend and can be put in the collection basket.**

JUNE 25, 2023

## MASS INTENTIONS

Twelfth Sunday in Ordinary Time

### Anticipated Sunday Mass

5:00pm Patrick R. Ferrara

### SUNDAY - Twelfth Sunday in Ordinary Time

7:30am People Of Sacred Heart

9:00am Verrico Family

10:30 am Candela & Wineland Families

12:00pm John Z. Klim

1:30 pm Joseph Steve Mendez

### MONDAY - Weekday

12:00pm Alfonso Demilio

### TUESDAY - Weekday/St. Cyril of Alexandria, Bishop and Doctor of the Church

12:00pm Violet Pagan (Living)

### WEDNESDAY - St. Irenaeus, Bishop and Martyr

12:00pm Mickey & Nada Carini

### THURSDAY - SAINTS PETER AND PAUL, APOSTLES

12:00pm Lorenza & Julian Duran

### FRIDAY - Weekday/The First Martyrs of the Holy Roman Church

12:00pm Louise & Anthony Radice

### FIRST SATURDAY - Weekday/St. Junipero Serra, Priest/Blessed Virgin Mary

9:00am Purgatorial Society

### Anticipated Sunday Mass

5:00pm Alec Long

### SUNDAY - Thirteenth Sunday in Ordinary Time

7:30am People Of Sacred Heart

9:00am Domenico Mele

10:30 am Rudy & Ador Vargas

12:00pm Chester J. & Adelaide Mikolajczak

1:30 pm Manuel Noya Gude

## STEWARDSHIP

Sunday, June 18

Sunday Collection - \$5,839

Peter's Pence - \$1,509

Add'l Air Conditioning - \$92

Reminder: We need \$6,600 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!

**ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2023  
THANK YOU!! THANK YOU!! THANK YOU!!**

THANKS TO YOUR VERY GENEROUS SUPPORT WE HAVE SURPASSED OUR GOAL OF \$34,700 IN PAID PLEDGES.

OUR PARISH NOW QUALIFIES FOR A 2% DISCOUNT ON OUR ASSESSMENT EXPENSE.

ADDITIONALLY, THE ANNUAL APPEAL NOW BECOMES A FUND RAISER FOR OUR PARISH. THE ARCHDIOCESE WILL REBATE 50% EXCESS FUNDS RECEIVED TO OUR PARISH.

**IF YOU HAVE A BALANCE ON YOUR PLEDGE TO THE ANNUAL APPEAL PLEASE CONTINUE TO MAKE YOUR PAYMENTS AS 50% THESE FUNDS WILL BE REBATED BACK TO OUR PARISH AND WILL NOT BE SUBJECT TO THE MONTHLY ASSESSMENT!!**

**FOOD PANTRY UPDATE**

*"Whatever you did for one of the least of these brothers and sisters of mine, you did for me" Matthew 25:40*

We are stocking up our Parish Family Food Pantry for the Summer Season. Can you help us assist our brothers and sisters struggling with food insecurity?



**FEED THE HUNGRY**

Items needed most, at this time, are: Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, Jelly, Cereal, and beans. Food items can be left near the shrine of the Sacred Heart in the back of the church.

Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help local families without your generosity.** As a reminder, we are unable to package out-of-date food products for distribution to our families.

**CELEBRATE THE FOURTH OF JULY**

The Mass on Tuesday, July 4th will be celebrated at 9:00 AM. Join us as we celebrate our country's birthday and give thanks for the blessings of freedom we all enjoy. The parish office will close at 2:00 PM on Friday, June 30th and reopen on Wednesday, July 5th at 9:00AM.



Under the direction of Commissioner John Montillo, the Department of Parks and Recreation, will be kicking off the Fourth of July weekend with food trucks, novelty vendors and a spectacular fireworks display on Friday, June 30th, 2023. Festivities start at 6:00 p.m. behind the Little League fields on Riverside Avenue.

There will be Patriotic Exercises held at 8:30 p.m. with our "Gala Fireworks Display" following at dusk.