



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071
Phone: 201-438-1147 Fax: 201-507-5861
www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

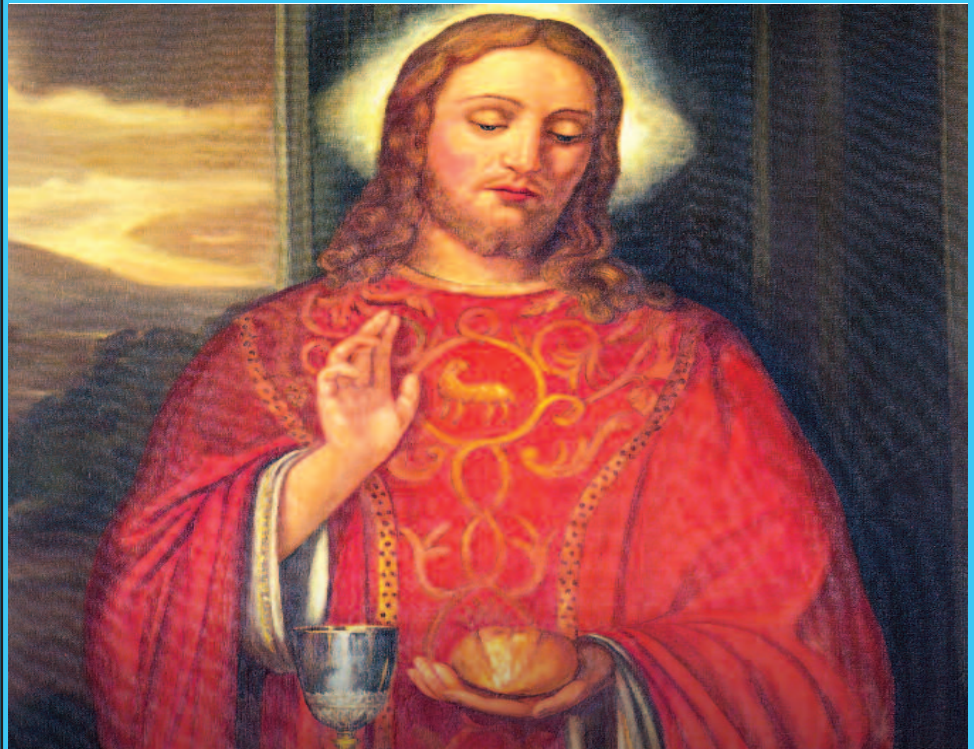
Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



THE MOST HOLY BODY AND BLOOD OF CHRIST

“Whoever eats my flesh and drinks my blood remains
in me and I in him.” - Jn 6:56

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Jun. 18, Jul. 9, Aug. 13, Sep. 10, Oct. 8, Nov. 12, Dec. 10

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

The Most Holy Body And Blood Of Christ Corpus Christi

The Solemnity of the Most Holy Body and Blood of Christ (Corpus Christi) is celebrated two weeks after Pentecost Sunday. Corpus Christi, the Solemnity of the Sacred Body and Blood of Jesus which is given to us in the Most Holy Eucharist, is a profound, prophetic and powerful Solemnity in the liturgical year of the Catholic Church. Though this Solemnity has been transferred to Sunday in the United States, the Church in much of the world celebrated it on Thursday. Whenever it is celebrated, it is meant to be a richly significant day in Catholic Christian life.

This Solemnity honors Jesus Christ, Really, Truly and Substantially Present under the appearances of bread and wine. This Presence happens through the change which the Church calls transubstantiation ("change of substance"), when at the Consecration of the Mass, the priest says the words which Christ Himself pronounced over bread and wine, "This is My Body," "This is the chalice of My Blood," "Do this in remembrance of Me."

The celebration of this Solemnity goes back to the thirteenth century. Pope Urban IV instituted it in 1264 for the entire Church. He wanted it to be filled with joy and accompanied by hymns and a festive procession. On this Solemnity, we proclaim our belief in the Real presence of Jesus Christ in the Holy Eucharist. We also proclaim that same Jesus lives within each one of us who are baptized into His Body, the Church, of which we are members. That is also a Real presence. The Lord Himself teaches us that the entire Trinity takes up residence within us. (see, e.g., John 14:23) Then, through our life in the Church, which is His Body, and our participation in the Sacraments, which communicate Divine Life, we can begin to live in the Trinity, right now.

This is the theological mystery we call communion. It is a huge word, with multiple implications. It is one reason why we call the reception of the Eucharist, Holy Communion. The Christian faith and life is about relationship, with the Father, in and through His Son Jesus through the Holy Spirit. And, in Jesus Christ, with one another, for the sake of the world. The world into which we process is the world that God still loves so much that He continues to send His Son - to save, recreate and transform it from within. The Corpus Christi procession symbolizes the ongoing redemptive mission of Jesus Christ - and our participation in it.

He comes to dwell within us - and we live our lives now in Him. We are invited to become a living monstrance, carrying the Lord within us; living manifestations, of the Lord, showing Him forth to the world, in word and deed. We are invited to enthrone the Lord in our hearts, which is, in biblical language, the moral center of the person. In the Holy Eucharist we receive the Divine Host, Jesus the Christ. Through our Baptism, Jesus Christ has taken up residence within each one of us. We carry Him into the real world just as we carry the monstrance into its streets today. When we process - we proclaim by symbolic action that the Lord continues to come into the world, through the Church.

The Feast of Corpus Christi follows the great Feast of the Holy Trinity in the Western Catholic Church calendar in order to show us this profound connection every year. Through our continual reception of the Eucharist we are invited to live more fully in the Trinitarian communion- and we are given the grace to do so!

This Solemnity reminds all of us of the call to continuing conversion, the universal call to holiness. Each of us who bear the name Christian is to become more like the One whom we love and in whom we live. As we march the Monstrance into the cities of the whole world we participate in a profoundly prophetic act. The early Eastern Church Fathers referred to the Church as the "world transfigured" and the "world reconciled." That reconciliation and transfiguration continues through the Church. Jesus has been raised from the dead and he walks into the world, through His Body, of which we are members. (1 Corinthians 12,13). Saint Paul, in his letter to the Christians in Philippi, reminds us our true citizenship is in heaven. While we live in this current age we participate in bringing heaven to earth and earth to heaven. Christians live in the Church and go into the world. Our mission is to bring this world back to God in and through Jesus Christ.

We have received the Bread of Heaven. Let us choose to become what we consume. These Feasts are not just rituals on a Church calendar. They are invitations to encounter the Lord Jesus Christ, and then offer Him to a world waiting to be born anew. On this Feast of Corpus Christi, let us ask the Lord to come and take up residence within us anew. Let us receive, adore and become Eucharist for others.

SACRED HEART SUMMER CAMP

June 19 - August 4 8:30 am to 2:00 pm
for PreK to 3rd Grade

\$225 per week--\$45 a day, Registration Fee \$50,
After Care Available \$8 per hour

Arts & Crafts, SmartBoard Learning Activities, Music,
Math & Reading Activities, Water Fun In Small Pools,
Pizza Fridays, Computer Games. Call 201-939-4277
for more details.

FOOD PANTRY UPDATE

*"Whatever you did for one of the least of these brothers and
sisters of mine, you did for me" Matthew 25:40*

We are stocking up our Parish Family
Food Pantry for the Spring and
Summers Seasons. Can you help us
assist our brothers and sisters strug-
gling with food insecurity?



NEIGHBORS
HELPING
NEIGHBORS

Items needed most, at this time, are:
Fruit, Pasta Sauce, Pasta (including
Spaghetti), Potatoes (small packages or
canned), Vegetables, Coffee (regular and instant), Peanut
Butter, Jelly, Cereal, and beans. Food items can be left
near the shrine of the Sacred Heart in the back of the
church.

Thanks to all for the donations which help keep our food
pantry stocked! **We would not be able to help local fam-
ilies without your generosity.** As a reminder, we are
unable to package out-of-date food products for distribution
to our families.

POPE FRANCIS WROTE A LETTER TO YOU!

And to everyone else on this planet.

The letter is called "Laudato Si: On Care for Our
Common Home," and it's about our impact on the envi-
ronment and our responsibility to the earth.

The **Laudato Si Movement has produced a movie,
called "The Letter", and we'll show it in the parish
center on Thursday, June 22nd at 7:30 PM.** Light
refreshments will be served. This is for adults and
youth. If you're old enough to care about our environ-
ment, you're old enough to see this movie!

Knights Of Columbus Baby Bottle Drive

The **Knights of Columbus** passed out baby bottles
that you can fill with your donations for Good Counsel
Homes which provide homeless expectant mother's and
their children with residential care. Since 1985 Good
Counsel Homes has helped more than 8,000 homeless
women and children move from a crisis situation to
receive concrete help and build a brighter future. Visit
www.goodcounselhomes.org to learn more about the
important work they do. **Baby bottles are due back on
the weekend of Jun. 24th & Jun. 25th and can be put
in the collection basket.**

Faith. Academics. Service.

Catholic Schools

SACRED HEART SCHOOL

ENROLLMENT FOR THE

2023-2024 SCHOOL YEAR

Do you have a child or grandchild starting or changing
school in September? Why not consider Sacred Heart
School? We offer a safe and nurturing environment for chil-
dren Pre-K3 through 8th Grade. Along with their ABCs
your child will build character and learn compassion and
values. New families considering enrolling in our school
can visit Monday - Friday during the hours of 9:00 AM to
10:30 AM. Call the school at 201-939-4277 for more
details.

LYNDHURST SERVICES FOR SENIORS

The Lyndhurst Parks Departments under the direction
of Commissioner John J. Montillo, Jr. offers many
amenities for the Seniors year-round! Weekly shop-
ping trips, Bingo, Movies, Yoga, monthly meals and
more. If you are a senior (60 and over) and are not on
their mailing list to receive newsletters containing the
schedule for bus trips, programs and events, please
call the Parks Department at 201-804-2482.

A FRIENDLY REMINDER ABOUT APPROPRIATE SUMMER ATTIRE AT MASS

Dressing for Mass is simply a matter of showing proper
respect, not only for God, but for others around us and our-
selves. We should keep in mind the dignity of what we cel-
ebrate when we come together for the Mass, which is noth-
ing less than the wedding feast of the Lord, as well as the
dignity of the people assembled, who are no one less than
the children of God. Remember the days when we wore
our "Sunday best," our finest outfits, to Mass? Dress codes
at Mass have certainly relaxed over the years. With the
warm weather upon us, it is particularly important that we
dress appropriately and modestly for Mass, so here are
some rules to follow for modest and proper Mass attire dur-
ing the summer months:

- *Hemlines on dresses and skirts fall at or just slightly above
the knee
- *No muscle tee-shirts
- *Hemlines on shorts fall near the knee (no short-shorts)
- *No exposed undergarments.
- *Shoulders and midribs are covered
- *Necklines are modest - not low-cut
- *No beachwear - no swimsuits with cover-ups for females,
no swim trunks for males

relevant
1430 AM radio
www.relevantradio.com

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Camen Yangco, Lea Aspile, Perpetua Aspile, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Hector Cruz, John Du Bois, Ruben Arevalo Gacildone, Helen Dowling, P. Darmiento

DECEASED: Maribel Crespo-Cruz

ONLINE GIVING AT SACRED HEART

Did you know you can give online to our parish with Zelle, or with a debit or credit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.



CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:



WEDNESDAY, JUNE 14TH

In Honor of: In Memory of Rev. Donald Di Pasquale

Donated by: Jim & Isabel Cavalcante

THURSDAY, JUNE 15TH

In Honor of: Chirip & Krieg Families

Donated by: Barbara & Don Wynne

MEMORIAL DONATIONS

During the week of June 11, 2023 the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

SANCTUARY LAMP:

In Honor of: Rose & Nick Aromado

Donated by: Nilde Coiro & Family



JUNE 11, 2023



THE MOST HOLY
BODY AND BLOOD OF CHRIST

Anticipated Sunday Mass

5:00pm Kenny Mc Ateer

SUNDAY - THE MOST HOLY BODY AND BLOOD OF CHRIST

7:30am People Of Sacred Heart

9:00am Anthony Silver

10:30 am James M. Cavalcante

12:00pm Joseph & Evelyn Famularo

1:30 pm Elcira Sanchez

MONDAY - Weekday [Tenth Week In Ordinary Time]

12:00pm Abbott Family

TUESDAY - St. Anthony of Padua, Priest and Doctor of the Church

12:00pm Rose Carini & Josephine Cassidy

WEDNESDAY - Weekday

12:00pm Joseph John Pavlica, Jr.

THURSDAY - Weekday

12:00pm Mary T. Scardino

FRIDAY - THE MOST SACRED HEART OF JESUS

6:30pm People Of Sacred Heart

SATURDAY - The Immaculate Heart of the Blessed Virgin Mary

9:00am U.S.A.

Anticipated Sunday Mass

5:00pm Fr. Ernie Rush (Living)

SUNDAY - Eleventh Sunday in Ordinary Time

7:30am People Of Sacred Heart

9:00am Joseph John Pavlica, Jr.

10:30 am James M. Cavalcante

12:00pm James M. Cavalcante

1:30 pm Zenaida Vergara

STEWARDSHIP

Sunday, May 28

Sunday Collection - \$4,200

Add'l Assessment - \$45

Reminder: We need \$6,600 in the Sunday Collection to cover our budgeted expenses. Thank you!

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2023
THANK YOU!! THANK YOU!! THANK YOU!!

THANKS TO YOUR VERY GENEROUS SUPPORT WE HAVE SURPASSED OUR GOAL OF \$34,700 IN PAID PLEDGES.

OUR PARISH NOW QUALIFIES FOR A 2% DISCOUNT ON OUR ASSESSMENT EXPENSE.

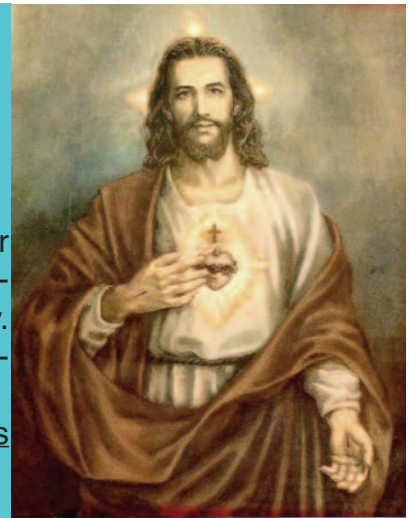
ADDITIONALLY, THE ANNUAL APPEAL NOW BECOMES A FUND RAISER FOR OUR PARISH. THE ARCHDIOCESE WILL REBATE 50% EXCESS FUNDS RECEIVED TO OUR PARISH.

IF YOU HAVE A BALANCE ON YOUR PLEDGE TO THE ANNUAL APPEAL PLEASE CONTINUE TO MAKE YOUR PAYMENTS AS 50% THESE FUNDS WILL BE REBATED BACK TO OUR PARISH AND WILL NOT BE SUBJECT TO THE MONTHLY ASSESSMENT!!

SAVE THE DATE
SOLEMNITY OF THE
MOST SACRED HEART OF JESUS
FRIDAY, JUNE 16TH 6:30 PM
CELEBRATE WITH US!

On Friday, June 16th at 6:30 PM our Parish Family will celebrate our patron, the Sacred Heart of Jesus. We invite you to join us at this special bilingual liturgy which will be concelebrated by Msgr. Bill Reilly. Refreshments will follow in the school cafeteria. Looking forward to seeing you there.

This will be the only Mass celebrated on June 16th. The 12:00 PM Mass will not be celebrated.



CELEBRATE THE FOURTH OF JULY

The Mass on Tuesday, July 4th will be celebrated at 9:00 AM. Join us as we celebrate our country's birthday and give thanks for the blessings of freedom we all enjoy. The parish office will close at 2:00 PM on Friday, June 30th and reopen on Wednesday, July 5th at 9:00AM.



Under the direction of Commissioner John Montillo, the Department of Parks and Recreation, will be kicking off the Fourth of July weekend with food trucks, novelty vendors and a spectacular fireworks display on Friday, June 30th, 2023. Festivities start at 6:00 p.m. behind the Little League fields on Riverside Avenue.

There will be Patriotic Exercises held at 8:30 p.m. with our "Gala Fireworks Display" following at dusk.