



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071
Phone: 201-438-1147 Fax: 201-507-5861
www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



THE ASCENSION OF THE LORD

“Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit.” - Mt 28:19-20

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Jun. 18, Jul. 9, Aug. 13, Sep. 10, Oct. 8, Nov. 12, Dec. 10

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

THE ASCENSION OF THE LORD

This marvelous feast is not merely about something that took place two thousand years ago, for though Christ our head has ascended, we the members of His body are ascending with Him. Because He was ascended, we, too, have ascended. In our own lives as Christians, we are brought higher every year by the Lord, who is drawing us up with Him. This is not some mere slogan, but something we are actually experiencing. An old song says, "I was sinking deep in sin, far from the peaceful shore. Very deeply stained with sin, sinking to rise no more. But the master of the sea, heard my despairing cry. And from the waters lifted me. Now safe am I. Love Lifted me when nothing else could help. Love lifted me!"

But, you may say, He is in glory while we are still here. How is it that we are ascended or ascending? Consider a humorous example using our physical bodies. When we get on an elevator and press the button for the top floor, the top of our head gets there before the soles of our feet, but the whole body will get there unless some strange loss of integrity or tragic dismemberment takes place. In an analogous way, so it is with Jesus' mystical body. In Christ, our Head, we are already in glory. Some members of His Body have already gotten there. We who come later will get there too, provided we remain members of His Body. Yes, we are already ascended in Christ, our Head. We are already enthroned in glory with Him, if we hold fast and stay a member of His Body. This is the fellowship of the Ascension.

During these weeks between Easter and Pentecost we have had a chance to reflect on the difference that Jesus' death, resurrection and ascension make on our lives. We have read from the Book of Acts during these weeks and have seen how the early church struggled and survived during its first critical days. This early Christian community was mission-minded, wanting to go out immediately to tell others the good news. But Acts begins with a strange message by the risen Christ to his disciples. Just before ascending to his Father He tells them to wait.

This had to be another upheaval of emotions for the disciples. They had just gone through some tough times: seeing their Lord and Master betrayed, arrested and executed, bringing them to the edge of despair. They had heard from others that He indeed had risen, but still they doubted and feared, and finally experienced His risen presence for themselves in utter joy. They felt that they were now ready to get on with the business of proclaiming the Good News. Instead they are told to wait for coming of the Spirit - then they will know how and where to be true witnesses of the Gospel message.

In reality, they weren't yet ready to go off spreading the news of his resurrection. They were a small, fearful community that had no power on its own. As the Gospels remind us, these first followers of Jesus always had a tendency to get his message all wrong. What's more, when things got tough, they locked themselves in the upper room and went into hiding.

We are not so different from them at all.

The disciples are told - as are we - to stop a moment, take a breath, and wait for God's promise to be fulfilled. And it's a difficult lesson to learn that this will come at God's timing, not our own. The Risen Lord wants them to break free of their limited view, their prejudices and tendency to misinterpret the meaning of his life. They will, he says, have to be, "my witnesses in Jerusalem, throughout Judea and Samaria and to the ends of the earth." But they will need help... so they must acknowledge their dependence on God and wait for Him to pour out that help upon them. Waiting on the Spirit is a reversal of our usual mode of operating.

We, too, are to be witnesses to Jesus by the integrity of our lives and the commitment to his Gospel. And, like the first disciples, we need to wait for the gift of the Spirit who sustains us when the going gets rough. Jesus prepared his disciples for his departure. But as we celebrate the Ascension and anticipate the gift of the Spirit on Pentecost, Jesus' words take on an additional meaning.

In the awareness of our own need, we are primed for Pentecost, when we will be renewed in the Spirit, who energizes us once more to live a life based on the truth of Jesus - who he is for us and who he is for the world - and the results can be far more powerful than we could ever imagine.

It's worth the wait.

PURGATORIAL SOCIETY

The following deceased have been enrolled in the Sacred Heart Purgatorial Society :

NICK AROMANDO-req.by-Joe Kollar
REYNAN BERMEJO-req.by-1st Community Bergenfield
ANITA CARBONE-req.by-Janet Rullo, Maria Ann Valente
GEORGE DELNEVO-req.by-Joe Kollar
ED GLOBENSKI-req.by-Patty Newbert
TODD HICKS-req.by-Maria Stone
MARIE J. O'CONNELL-req.by-John & Josephina Roskowski & Boys
MAURICE RODRIGUEZ-req.by-Maria Meister

FOOD PANTRY UPDATE

"Whatever you did for one of the least of these brothers and sisters of mine, you did for me" Matthew 25:40

We are stocking up our Parish Family Food Pantry for the Spring and Summers Seasons. Can you help us assist our brothers and sisters struggling with food insecurity?

Items needed most, at this time, are: Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, Jelly, Cereal, and beans. Food items can be left near the shrine of the Sacred Heart in the back of the church.

Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help local families without your generosity.** As a reminder, we are unable to package out-of-date food products for distribution

"THE GOD MAN"

**In Theaters on June 6th ONLY
Who do you say that I am?**

In The God Man, filmmaker Darren Wilson turns his focus on the most famous person in history, Jesus Christ. Led by a series of dreams, chance encounters, and impossible timing, Darren follows a spiritual trail that eventually leads to a remarkable conclusion about the nature and character of Jesus.

From the wilds of Alaska, to the slums of Rio, to the tropical beauty of the Caribbean, this sweeping film chases a Jesus who is not bound by rituals and religious dogma, but who is real, alive, and active in the world today. He is not church. He is not religion. He is not hypocrisy. He is Jesus, and he is far better than you can ever imagine.

This is a dangerous film because you can't unsee it and Jesus demands a choice!

Near us, the film will be screened will be at AMC Clifton Commons 16, 405 Route 3, Clifton at 7:00 PM.

Faith. Academics. Service.

Catholic Schools

SACRED HEART SCHOOL

ENROLLMENT FOR THE 2023-2024 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can visit Monday - Friday during the hours of 9:00 AM to 10:30 AM. Call the school at 201-939-4277 for more details.

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2023

The Archdiocese's 2023 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

To Date, 122 families from our parish family have generously supported the Appeal:

Our Parish's Goal - \$34,700

Paid To Date - \$27,587 (79.50% of Goal)

Your generosity not only supports all the ministries listed above but can also be a direct support for our parish as well. If we exceed our parish goal in paid pledges by June 30th, like we did last year thanks to your generosity, we will receive from the Archdiocese a 2% reduction in our parish assessment expense for the fiscal year. This 2% reduction saved the parish more than \$7,500 in assessment expense last year. The Archdiocese will also rebate back to the parish 50% of the funds received from our parish that exceeds our goal! It's a great way for our parish family to "fund raise" and help others at the same time. Thank you so much to all who have supported the Annual Appeal by giving a gift!!

****Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese and we will not receive the 2% reduction in our assessment expense.****

If you haven't already done so, please prayerfully consider your gift to the 2023 Annual Appeal. Envelopes for the Appeal are available in the pews. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Camen Yangco, Lea Aspile, Perpetua Aspile, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Hector Cruz, John Du Bois, Ruben Arevalo Gacildone

DECEASED: Jose Rodas, Ann. P. Lauria, Maddalena Innocenzi

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, MAY 21ST

In Honor of: Fr. Tony Azzarto, S.J.

Donated by: Brian & Patrick O'Keeffe



ONLINE GIVING AT SACRED HEART



Did you know you can give online to our parish with Zelle, or with a debit or debit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

Friday Eucharistic Adoration Fridays, 12:30 - 3:00 pm

"Woman, why are you weeping? Whom are you looking for?" She thought it was the gardener and said to him, "Sir, if you carried him away, tell me where you laid him, and I will take him." Jn 20:15

Like Mary Magdalene, we many times are searching for intimate communion with Jesus but fail to discern His presence in our lives, even when He is very close to us. Don't miss this opportunity to spend some intimate time in adoration *and be in the real presence of our risen Lord!*

SACRED HEART SUMMER CAMP

June 19 - August 4 8:30 am to 2:00 pm for PreK to 3rd Grade

\$225 per week--\$45 a day, Registration Fee \$50,

After Care Available \$8 per hour

Arts & Crafts, Music, Math & Reading Activities, Water Fun In Small Pools, Pizza Fridays, Computer Games. Call 201-939-4277 for more details.

MAY 21, 2023

MASS INTENTIONS

THE ASCENSION OF THE LORD

Anticipated Sunday Mass

5:00pm Louis & Concetta Liberti & Family

SUNDAY - THE ASCENSION OF THE LORD

7:30am People Of Sacred Heart

9:00am Arthur Derby

10:30 am Nicholas Cimicata

12:00pm Pellegrino Bianco

1:30 pm Manuel Noya Gude

MONDAY - Easter Weekday/St. Rita of Cascia, Religious

12:00pm George & Ann Henckel

TUESDAY - Easter Weekday

12:00pm Jennifer Marie Pagan (Living) & Helena Gonzalez (Living)

WEDNESDAY - Easter Weekday

12:00pm Tierney & Thompson Families

THURSDAY - Easter Weekday/St. Bede the Venerable, Priest and Doctor of the Church/St. Gregory VII, Pope/St. Mary Magdalene de' Pazzi, Virgin

12:00pm Special Intention

FRIDAY - St. Philip Neri, Priest

12:00pm Patrick Egan, Jr.

SATURDAY - Easter Weekday/St. Augustine of Canterbury, Bishop

9:00am Lorenza & Julian Duran

Anticipated Sunday Mass

5:00pm Roberta Johnson

SUNDAY - PENTECOST SUNDAY

7:30am People Of Sacred Heart

9:00am Howard Wartel

10:30 am Loretta La Pollo

12:00pm James M. Cavalcante

1:30 pm Manuel Noya Gude

STEWARDSHIP

Sunday - May 14th

Sunday Collection- \$5,480

Assessment Collection - \$1,551

Add'l Catholic Home Mission - \$94

Reminder: We need \$6,600 in the Sunday Collection to cover our budgeted expenses. Thank you!

Sacred Heart Church
SPRING
 MEGA 50/50

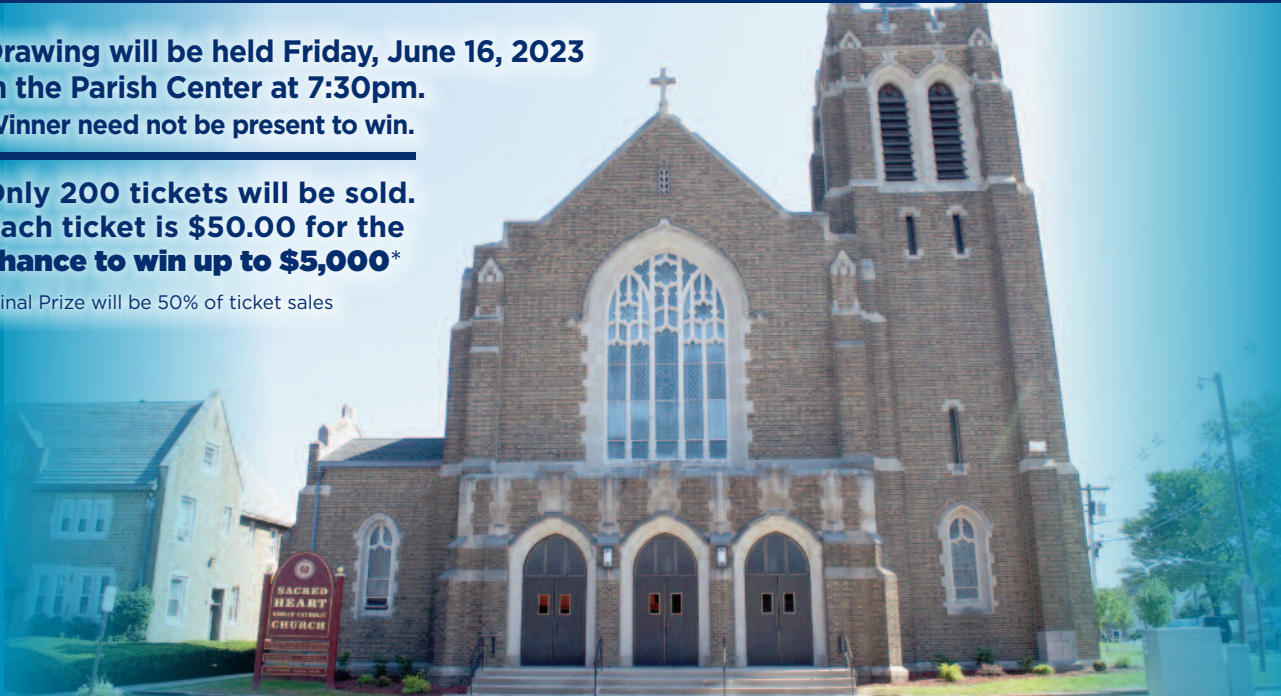
WIN
 UP TO
\$5,000!*

All Proceeds Benefit Sacred Heart Church

Drawing will be held Friday, June 16, 2023
 in the Parish Center at 7:30pm.
 Winner need not be present to win.

Only 200 tickets will be sold.
 Each ticket is \$50.00 for the
 chance to win up to \$5,000*

*Final Prize will be 50% of ticket sales



ID #273-1-1033 • RL #-2488

2 WAYS TO PLAY!



1. BY MAIL/BASKET

Fill out the attached ticket request form and return
 with your check made payable to Sacred Heart Church

Place in the **basket** or **mail** to:

Sacred Heart Church
 324 Ridge Road • Lyndhurst, NJ 07071
 Attention: MEGA 50/50 Raffle

2. ONLINE (Credit Card Only)

Visit https://bit.ly/SHC_2023_S-MEGA



or Scan this code on your
 smart phone to order online!

Your tickets will be mailed to you.

Any questions please email Charlie Sofio at: sacredheartchurch@comcast.net

Full Name*: _____

Address*: _____

Zip Code*: _____

Phone*: _____

Email address*: _____

- Name and Phone Number to be put on each ticket if different than above. (please print clearly)
1. _____
 2. _____
 3. _____

of Tickets Requested: _____ Total amount of money enclosed: _____

Name on Credit Card*: _____ Exp Date*: _____

Credit Card #: _____ Security (CVV) Code*: _____

*Fields MUST be filled out