



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071  
Phone: 201-438-1147 Fax: 201-507-5861  
[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

## SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

## PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
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## RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

## SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
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## SMALL BLESSINGS DAY CARE 201-935-0506

## ARCHDIOCESE OF NEWARK 973-497-4000



## 2<sup>ND</sup> SUNDAY OF EASTER

Jesus said to him, "Have you come to believe because you have seen me? Blessed are those who have not seen and have believed." - Jn 20:29

### SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

### SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

### SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
May 14, June 18

### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

### SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

### R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

### PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## SECOND SUNDAY OF EASTER - DIVINE MERCY SUNDAY

There are those who will always need in some way to touch the wounds of the Risen Christ in order to come to faith. They will demand some physical proof. Others will become aware of His presence and power in ways that transcend the senses.

Faith in the resurrection of Jesus was slow in coming, even for His closest friends and followers. There were the special, fleeting moments when they saw Him again, heard Him speak, even ate fish with Him on the shore. But then there was the demand of Thomas for proof; there was His invitation to touch His wounds; but, most importantly, there was His challenge to believe without seeing: "Blest are they who have not seen and have believed."

Today's resurrection appearance is one of those stories recounted to us to help us come to a deeper faith in the Risen Lord. It begins with a single word: "Shalom" – a word of peace to a dispersed and frightened band of disciples. A word that changed their lives.

The profound change that took place, both in the individual believers and the community itself, didn't start with instructions from a textbook of lessons learned in a classroom. What came first for those earliest Christians and what still comes first for us, is a faith built on a relationship with the Risen Christ. All of the resurrection stories remind us that Christ returned to give us his abiding, guiding and strengthening Spirit - and that has made all the difference.

The impact of Easter, in the early Church, and hopefully again in our time, is for believers to gather, to be together to contemplate the mystery of the Lord's resurrection and let it touch minds and hearts. This special sense of Community is very tangible in the apostolic church. We read about common living, sharing of goods, and a great concern that none of the believers should be left alone or in need. The Gospel incident with Thomas also highlights this same sense of community. The Disciples gathered together, partly in fear and wonder, and partly because they needed each other's support. When Jesus appeared to them, He offered them His gift of peace, and urged them to make mutual forgiveness the very first sign of their faith in the resurrection.

Today's Gospel tells us that Thomas was not with the others when Jesus first came to them after the Resurrection. The fact that the surviving members of the Twelve seem to have been paralyzed into inaction and are hiding together in a locked room makes us wonder where Thomas actually was. But we can be sure that he must have felt totally alone; not even the fellowship of his companions can bring him comfort.

A week later he is with them and not only does he refuse to believe what they tell him, but he issues an ultimatum: indirectly aimed at Jesus. Maybe he wanted Jesus to know how angry he was and how empty he was feeling; perhaps he was hurting so much that he just couldn't bring himself to believe that Jesus would dare return to the group in his absence.

In any event, the apostles are now together again, behind locked doors, again hiding in fear - not exactly a sign of hospitality or of a readiness to rush out spread the good news of the Resurrection. Jesus is suddenly among them and once again offers them His Peace - a peace that will finally break through their fears, bring reconciliation and make love possible again.

Immediately He turns to Thomas and gently challenges him to follow through with his ultimatum: "Put your finger here - reach out and touch my side - do not doubt, but believe." But for Thomas there is no longer a need for that. He drops to his knees and makes the simplest and yet most profound act of faith recorded in the whole of the New Testament: "My Lord and My God!"

Faith must go beyond just seeing and touching with our physical senses. Thomas is a reminder today that our journey of faith includes doubt and brokenness. Thomas also reminds us that it was through his wounds, not in spite of them, that Jesus was identifiable to the disciples. It was through these same wounds that we receive our life. Our wounds – whatever they might be - do not set us apart from Jesus. Rather, they are signs of our union with him. And his wounds assure us that we will never be defeated by all that assails us.

When Jesus enters the locked room where his disciples are gathered in fear, he doesn't come in a blaze of glory and blinding light. He quietly comes with his wounds - the wounded savior comes to his wounded disciples. He says, "Shalom" and in the midst of their shattered lives and dissipated hopes, he gives peace beyond measure.

## Celebrate God's Gracious Mercy!

Christ reaches out with all of the love He bore for Man as He hung – agonized and brutalized – on the cross. This Calvary love – this love that knows no containment or perimeter – is freely offered to every living soul. Freely, without price, without strings attached, without condition. His Calvary love is mercy and grace united and personified in the person, the Godhead of Jesus, whose singular longing is to flood the world with His love. Imagine how the world would change if every living soul on the planet were given the opportunity to encounter the fullness of Christ's Calvary love through the Chaplet of Divine Mercy!



Our Lord said to Blessed Faustina:

“Unceasingly recite this chaplet that I have taught you. Whoever will recite it will receive great mercy at the hour of death ... Priest will recommend it to sinners as their last hope of salvation. Even the most hardened sinner, if he recites this chaplet even once, will receive grace from My infinite mercy (687) ... Oh, what great graces I will grant to souls who will recite this chaplet (848) ... Through the chaplet you will obtain anything, if what you ask for is compatible with My will (1731) ... I want the whole world to know My infinite mercy. I want to give unimaginable graces to those who trust in My mercy (687).”

*Pray the Chaplet of Divine Mercy*

*On Ordinary Rosary Beads.*

1. Begin with the Sign of the Cross, say 1 Our Father, 1 Hail Mary and The Apostles Creed.
2. Then on the Our Father Beads say the following: Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.
3. On the 10 Hail Mary Beads say the following: For the sake of His sorrowful Passion, have mercy on us and on the whole world.  
(Repeat step 2 and 3 for all five decades).
4. Conclude with (three times):  
Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.  
If possible, pray the Chaplet at 3:00pm, the hour of Divine Mercy.

## BI-ANNUAL ROSARY SUNDAY PILGRIMAGE

The Dominican Nuns of Summit NJ will be holding their bi-annual Rosary Sunday Pilgrimage on **Sunday, May 7th at 3:00 PM**. Their yearly 'May Crowning' of the Blessed Virgin Mary, a brief homily, and Benediction will follow the recitation of the Rosary. This is an excellent opportunity to get to know the nuns! Currently the community is comprised of about 20 nuns from the ages of 26-91 with a median age of 36. It is the only cloistered community in the Archdiocese of Newark. **The Rosary Shrine is located at 543 Springfield Ave, Summit NJ. Parking will be available next door at 535 Springfield Ave. For questions: info@summitdominicans.org or 908-273-1228.**

## CELEBRATE THE JOY OF THE SEASON

Easter is not just a day, it is an entire season. “The fifty days from Easter Sunday to Pentecost are celebrated in joyful exultation as one feast day, or better as on ‘great Sunday’ [St. Athanasius]” (Ceremonial of Bishops, n. 371). The first eight days of Easter (The Octave of Easter) are celebrated as solemnities of the Lord and the double “Alleluia” with its ancient and beautiful chant closes every liturgy. The daily Scripture readings always includes a passage from the Acts of the Apostles (as the Church relives Her early history and shares it with the newly-baptized.) and from the “Paschal Gospel,” that of St. John. On the fortieth day of the Easter Season, the Ascension of the Lord is celebrated, and the nine days from the Ascension to the Vigil of Pentecost (the original “novena”) are an intensive preparation for the coming of the Holy Spirit. The Easter Season comes to a close on Pentecost Sunday, which commemorates the giving of the Holy Spirit to the apostles, the birth of the Church, and Her mission to every tongue and people and nation.



## YOUR COINS FOR CHRIST COUNT! DONATIONS SURPASS

**\$2,000**



The “Coins for Christ” program, through your generosity, has received more than \$2,000 in donations for our parish family. **This ongoing activity** invites our parish family to take a Coins for Christ collection jar home and keep it in the area where you empty your pockets in the evening. **Collection jars are available at the entrances to the church.** Any spare change you have you can put in the jar. Every couple of weeks, simply empty the contents of the jar into a plastic bag and put the bag into the collection basket. Your spare change counts for our parish! Thanks for your continued generosity!!

## Faith. Academics. Service. Catholic Schools SACRED HEART SCHOOL ENROLLMENT FOR THE 2023-2024 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can visit Monday - Friday during the hours of 9:00 AM to 10:30 AM. Call the school at 201-939-4277 for more details.

## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Camen Yangco, Lea Aspile, Perpetua Aspile, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Hector Cruz, John Du Bois

**DECEASED:** All from our parish family the Lord has called home.

## FOOD PANTRY UPDATE

*"Whatever you did for one of the least of these brothers and sisters of mine, you did for me" Matthew 25:40*



NEIGHBORS  
HELPING  
NEIGHBORS

**We are stocking up our Parish Family Food Pantry for Easter and the Spring Season. Can you help us assist our brothers and sisters struggling with food insecurity? Items needed most, at this time, are:**

Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, Jelly, Cereal, and beans. Food items can be left near

the shrine of the Sacred Heart in the back of the church.

Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help local families without your generosity.** As a reminder, we are unable to package out-of-date food products for distribution

## Friday Eucharistic Adoration Fridays, 12:30 - 3:00 pm

*"Woman, why are you weeping? Whom are you looking for?" She thought it was the gardener and said to him, "Sir, if you carried him away, tell me where you laid him, and I will take him." Jn 20:15*

Like Mary Magdalene, we many times are searching for intimate communion with Jesus but fail to discern His presence in our lives, even when He is very close to us. Don't miss this opportunity to spend some intimate time in adoration *and be in the real presence of our risen Lord!*

## ONLINE GIVING AT SACRED HEART

Did you know you can give online to our parish with Zelle, or with a debit or credit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: [sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net).

**Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.**

2. You can visit [www.sacredheartlynd.org](http://www.sacredheartlynd.org), our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.



APRIL 16, 2023



MASS  
INTENTIONS  
SECOND SUNDAY OF EASTER  
DIVINE MERCY SUNDAY

### Anticipated Sunday Mass

5:00pm Roberta Johnson

### SUNDAY - SECOND SUNDAY OF EASTER DIVINE MERCY SUNDAY

7:30am People Of Sacred Heart

9:00am Alfonso Demilio

10:30 am Mary English McDede

12:00pm Krizan Peros

1:30 pm Roberta Johnson

### MONDAY - Easter Weekday

12:00pm Francesco & Carmela Radiccia & Joseph Giacchi

### TUESDAY - Easter Weekday

12:00pm Mc Garry Family

### WEDNESDAY - Easter Weekday

12:00pm Phyllis Salerno

### THURSDAY - Easter Weekday

12:00pm Mario Torraca

### FRIDAY - Easter Weekday/St. Anselm Bishop and Doctor of the Church

12:00pm Irineo SP Diaz, Jr.

### SATURDAY - Easter Weekday

9:00am Jose Ramos

### Anticipated Sunday Mass

5:00pm Jean Prestridge

### SUNDAY - THIRD SUNDAY OF EASTER

7:30am People Of Sacred Heart

9:00am Anthony & Lucy Di Lascio & Family

10:30 am William J. Szymanski

12:00pm Josephine Chiarella

1:30 pm Josefina Alvarez

## STEWARDSHIP

Sunday - April 2nd

Sunday Collection - \$8,264

Assessment Collection - \$3,112

Early Easter - \$105

Early Holy Land - \$33

Reminder: We need \$6,600 in the Sunday Collection to cover our budgeted expenses. Thank you!

## ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2023

The Archdiocese's 2023 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

**To Date, 97 families from our parish family have generously supported the Appeal:  
Our Parish's Goal - \$34,700 -- Paid To Date - \$18,616 (53.65% of Goal)**

*Your generosity not only supports all the ministries listed above but can also be a direct support for our parish as well. If we exceed our parish goal in paid pledges by June 30th, like we did last year thanks to your generosity, we will receive from the Archdiocese a 2% reduction in our parish assessment expense for the fiscal year. This 2% reduction saved the parish more than \$7,500 in assessment expense last year. The Archdiocese will also rebate back to the parish 50% of the funds received from our parish that exceeds our goal! It's a great way for our parish family to "fund raise" and help others at the same time. Thank you so much to all who have supported the Annual Appeal by giving a gift!!*

**\*\*Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese and we will not receive the 2% reduction in our assessment expense.\*\***

If you haven't already done so, please prayerfully consider your gift to the 2023 Annual Appeal. Envelopes for the Appeal are available in the pews. You can also make your gift online at [www.rcan.org/sharing](http://www.rcan.org/sharing). Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

**Knights of Columbus**  
COUNCIL #2396  
Presents  
**ARRAY OF HOPE**  
AWAKENING HEARTS  
*An Evening of Faith,  
Hope and Love*  
A Musical Multimedia Experience

**Date:**  
Saturday, May 13th 2023, 7:00pm  
**Location:**  
Lyndhurst Middle School  
619 Page Avenue  
Lyndhurst, NJ 07071

**Ticket price**  
VIP Tickets - \$50  
(Includes VIP seat and one (1) donated general admission seat for a local youth organization in the area.)  
General Admission - \$20 each

**"It's a multi-generational musical journey of the faith"**  
-EWTN "Life on the Rock"

**"They present the Gospel in technicolor"**  
-Relevant Radio, "Morning Air"

**Ticket link:**  
[Bit.ly/council2396AOH](http://Bit.ly/council2396AOH)

**Have Questions?  
Contact Us:**  
Council2396@gmail.com  
(551) 587-8402

[www.arrayofhope.org](https://www.arrayofhope.org)

QR code:

Social media icons: Facebook, Twitter, YouTube, Instagram, Email