



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE
615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



5TH SUNDAY OF LENT

Jesus told her, "I am the resurrection and the life;
whoever believes in me, even if he dies, will live."

- Jn 11:25

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Apr. 8 - 8:30 PM, May 14, June 18

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

FIFTH SUNDAY OF LENT

The entire season of Lent points to one central theme: Resurrection. The Easter story is not only an account of Jesus' resurrection from the dead. The story of Easter is also a living, continuing account of humanity striving to rise and live life to the full. The Easter message is not only about the Risen Lord but also about humanity, whom God has saved all throughout salvation history.

This is evident in all three of our Scripture readings today.

Ezekiel is speaking to the Jews in Babylonian exile and isn't just addressing the misery of individuals. He is speaking about the nation's desolation as well. Not only are they enslaved but they interpret their condition as a punishment from God for their past infidelities. They can make no argument for their defense; no excuse to God to warrant God's coming to their rescue.

But God will save them not because of their merit or eloquently-voiced defense, but because God is merciful. Ezekiel describes this in terms of a new creation. God will first give them physical life and then, "I will put my spirit in you that you may live."

The letter to the Romans goes a step further: The Spirit of God dwells in us and will give life to our mortal bodies simply because it is the spirit of the one who raised Jesus from the dead.

These two readings set the tone for us as we turn to the Lazarus story. Lazarus may be one individual but he is also a symbol of the brokenness of the world - with dead bones scattered all around, almost everywhere we look.

As we try to make sense of this world, we trust and hope that what Jesus tells his disciples about Lazarus will also be true for us: "This illness is not to end in death, but is for the glory of God, that the Son of God may be glorified through it." That's what we desperately need and wait for this Easter - that through Christ and the power of his resurrection we too will rise from death and despair to a new life of service and the proclamation of the gospel.

Resurrection is a core element of our Christian faith and it is one defined by some very definite commitments. A continuous, daily shift of mind and heart is required, and it is this which makes the Easter story a daily story.

Like Lazarus, the Resurrection Experience is for us an earth-shattering one in which we are all called to resurrection. Our "burial bands" have been untied, and we have been set free. Lent allows us to proclaim that we will never go back to the darkness from which He has rescued us. We will never go back to the sins and selfishness which lead only to death. We will never go back to cowardice and weakness in the face of evil. We will never bury ourselves in hopelessness and despair.

Resurrection takes place in real life situations... with real people... not only our family, friends, neighbors, co-workers or employers - but also with all of our sisters and brothers who inhabit this fragile planet of ours. It is impossible to ignore our need for one another - our common need for resurrection.

And so, we need to:

- leave our self-imposed exile of comfortable religion and see to the needs of those outside our circle
- be healed of past hurts that set us apart and keep us fearful of new relationships
- give up sinful patterns that only drive us further into exile
- stop being apart, suspicious, or fearful of others who are different from us
- simplify our lives and stop using resources as though we were the only inhabitants on the earth
- put aside our fears and respond to God's invitation to come away to a place of intimacy and dependence on God

Resurrection changed Jesus. Resurrection changed Lazarus. So, for us, too, resurrection must mean change. The Resurrection experience is not just something we look forward to. It is here and now. If we truly believe that Jesus has been raised from the dead, that he is alive, that he continues to live and work in and through those who believe in him, we cannot look back.

**ARCHDIOCESE OF NEWARK
2023 LENTEN REGULATIONS**

- The **days of both Fast and Abstinence** during Lent are **Ash Wednesday and Good Friday**. *If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.*
On a day of Fast, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity.
 Those between the ages of 18 and 59 are obliged to fast.
On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
- The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
- The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
- The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, February 26, 2023 to the Solemnity of the Holy Trinity, June 4, 2023.**

**Canon 920, §1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

STATIONS OF THE CROSS

Joins us as we reflect on the passion and death of the Lord as a community during the Fridays of Lent. The Stations of the Cross will follow the 12:00 Mass on Friday: Mar. 31

ANNIVERSARY LITURGIES

Preparations are underway for the annual tradition of honoring those couples in our Archdiocese who will be celebrating 5, 25, and 50 year anniversaries of Christian marriages. The Masses will be celebrated at the Cathedral Basilica in Newark. The Mass for 50 Years will be celebrated on April 16 by Cardinal Tobin and the Mass for 25 and 5 Years will be celebrated May 7 by Bishop Studerus. If you are celebrating one of these milestone anniversaries this year and would like to participate, please call the parish office.

A BIG THANK YOU!!!

The following local businesses very generously donated gift cards, food items, flowers or raffle tickets to our St. Patrick's fundraiser celebration. Please remember to patronize them and thank them when you do!



- | | |
|--------------------------------------|---------------------------------|
| Angelo's | Blarney Station |
| Claudia's Nails | Curly Locks |
| Dr. Joseph Haley Chiropractic | |
| Flowers by Chuck | Gelone |
| Il Cafone | Lassoni |
| Lyndhurst Pastry Shop | Mariachi Grill |
| Michael's Riverside | Michael's Salumeria |
| Nazare Memorial Home | Patis Bakery |
| Shop Rite | |
| Stellato Funeral Homes | Stop & Shop |
| Tero's Restaurant | Thistle Fish & Chips |
| Villa Italia | Vinny Mutz |

CHRISM MASS

All are invited to the Chrism Mass at the Cathedral Basilica of the Sacred Heart, 89 Ridge Street, Newark on the **Monday of Holy Week, April 3rd at 8:00 PM**. At this Mass Cardinal Tobin, joined by the priests of the Archdiocese, gather at the Cathedral Basilica. This Mass manifests the unity of the priests with their bishop. Here Cardinal Tobin blesses three oils which will be used in the administration of the sacraments throughout the Archdiocese for the year and the priests present renew their priestly promises.

EASTER FLOWER MEMORIAL



Your Name _____

Address _____

City/State/Zip _____

Phone _____

In Memory of:

	\$50	
	\$35	
	\$25	
	\$20	
	\$15	
	\$10	

Checks payable to: Sacred Heart Church

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Camen Yangco, Lea Aspile, Perpetua Aspile, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Margot O'Hara, Maureen Branigan, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Hector Cruz

DECEASED: Irene B. Skop, Charles Luisa, Mary Anne Peragine

CHURCH BELLS CELEBRATE & COMMEMORATE



The Sacred Heart Church bell rings:

SUNDAY, MARCH 26TH

In Honor of: Ray Valerio

Donated by: Brian & Carol O'Keeffe

WEDNESDAY, MARCH 29TH

In Honor of: John Gretkowski

Donated by: The Girls At Chandels

SATURDAY, APRIL 1ST

In Honor of: The Memory of Marie Cavalcante & Ruth Scarpulla

Donated by: Jim & Isabel Cavalcante



FOOD PANTRY UPDATE

"Whatever you did for one of the least of these brothers and sisters of mine, you did for me" Matthew 25:40

We are stocking up our Parish Family Food Pantry for Easter and the Spring Season. Can you help us assist our brothers and sisters struggling with food insecurity?

Items needed most, at this time, are: Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, Jelly, Cereal, and beans.

Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help local families without your generosity.** As a reminder, we are unable to package out-of-date food products for distribution to our families.

THE PASCHAL CANDLE

The Paschal Candle, a symbol of the light and the hope that the risen Christ brings to the world, is the focus of the Lucernarium, the Service of Light, that begins the Easter Vigil celebration. It burns brightly in our sanctuary during all the liturgies celebrated in the Easter Season. After Pentecost, it is positioned at the Baptismal Font where it brings the light of Christ to our Baptismal and Funeral Liturgies, underscoring our belief that in baptism we die with Christ so that we may rise with Him into eternal life. If you would like to donate this year's Paschal Candle in memory of a deceased loved one, please contact the parish office at 201-438-1147.

MARCH 26, 2023

MASS INTENTIONS

FIFTH SUNDAY OF LENT

Anticipated Mass for Sunday

5:00pm Walter & Mary Marlowe

SUNDAY - FIFTH SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Joe Orlando

10:30 am Roberta Johnson

12:00pm Phyllis Taraska

1:30 pm Manuel Noya Gude

MONDAY - Lenten Weekday

12:00pm Lorenza & Julian Duran

TUESDAY - Lenten Weekday

12:00pm Special Intention Coughlin Family - Living

WEDNESDAY - Lenten Weekday

12:00pm Special Intention

THURSDAY - Lenten Weekday

12:00pm USA

FRIDAY - Lenten Weekday

12:00pm Elias Pagan (Living)

FIRST SATURDAY - Lenten Weekday

9:00am Purgatorial Society

Anticipated Mass for Sunday

5:00pm James & Eleanor Scotti

SUNDAY - PALM SUNDAY OF THE PASSION OF THE LORD

7:30am People Of Sacred Heart

9:00am Josephine Fescoc

10:30 am Anna Marie Faller & Anthony Michael Silver

12:00pm James M. Cavalcante

1:30 pm Manuel Noya Gude

STEWARDSHIP

Sunday - March 19th

Sunday Collection - \$6,723

Catholic Campaign Human Dev - \$1,488

Add'l Assesment - \$50

Add'l Central & Eastern Europe - \$10

Reminder: We need \$6,600 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2023

The Archdiocese's 2023 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

**To Date, 83 families from our parish family have generously supported the Appeal:
Our Parish's Goal - \$34,700 -- Paid To Date - \$14,315 (41.25% of Goal)**

Your generosity not only supports all the ministries listed above but can also be a direct support for our parish as well. If we exceed our parish goal in paid pledges by June 30th, like we did last year thanks to your generosity, we will receive from the Archdiocese a 2% reduction in our parish assessment expense for the fiscal year. This 2% reduction saved the parish more than \$7,500 in assessment expense last year. The Archdiocese will also rebate back to the parish 50% of the funds received from our parish that exceeds our goal! It's a great way for our parish family to "fund raise" and help others at the same time. Thank you so much to all who have supported the Annual Appeal by giving a gift!!

****Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese and we will not receive the 2% reduction in our assessment expense.****

If you haven't already done so, please prayerfully consider your gift to the 2023 Annual Appeal. Envelopes for the Appeal are available in the pews. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

Knights of Columbus
COUNCIL #2396
Presents
ARRAY OF HOPE
AWAKENING HEARTS

*An Evening of Faith,
Hope and Love*
A Musical Multimedia Experience

Date:
Saturday, May 13th 2023, 7:00pm

Location:
Lyndhurst Middle School
619 Page Avenue
Lyndhurst, NJ 07071

Ticket price
VIP Tickets - \$50
(Includes VIP seat and one (1) donated general admission seat for a local youth organization in the area.)
General Admission - \$20 each

Ticket link:
Bit.ly/council2396AOH

**Have Questions?
Contact Us:**
Council2396@gmail.com
(551) 587-8402

www.arrayofhope.org

"It's a multi-generational musical journey of the faith"
-EWTN "Life on the Rock"

"They present the Gospel in technicolor"
-Relevant Radio, "Morning Air"