



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

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www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
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RELIGIOUS EDUCATION

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201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
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SMALL BLESSINGS DAY CARE

201-935-0506

ARCHDIOCESE OF NEWARK

973-497-4000



2ND SUNDAY OF LENT

“This is my beloved Son, with whom I am well pleased;
listen to him.” - Mt 17:5b

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Apr. 8 - 8:30 PM, May 14, June 18

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

SECOND SUNDAY OF LENT

All three liturgical cycles for the Second Sunday of Lent feature the story of Abram and Sarah and it is a focal point in the book of Genesis and in the faith history of the Jewish people as well. It begins with God's command, "Go forth." All of the accounts have this same characteristic. They all contain a sense of change and conflict along the way to new life. This is the hope that their story stirs up. God's promise to them isn't that things will be easy. What makes the end hopeful is that God promises to "Go Forth" with Abram and Sarah as well.

The Gospel story is also one of change, conflict and hope. The disciples went to an out of the way place with the Lord. It is quiet there and they can see for a great distance. There things can be put into focus for them. There they can get perspective. But they get more than they expected. For on the mountain that day they had a momentary glimpse into how special Jesus is. They also realized that nothing in their lives would ever again be the same as it once was.

The Apostles witness a dazzling display of God's glory at the Transfiguration and are overwhelmed with excitement. But they are soon to experience the passion and death of Jesus. These same three will follow Jesus into the Garden of Gethsemane. They will see Him, distressed and saddened. They will see Him on the cross, apparently abandoned by his Father and overcome by evil. This will betray all their hopes and dreams, and almost destroy their faith.

The Transfiguration story is not about a moment of spiritual illumination but rather a story where we see Christ's attempt to rehabilitate and re-energize his disciples. Prior to this scene, the disciples were arguing about who would be the greatest in the kingdom. They tried to persuade Jesus NOT to go to Jerusalem, not to suffer and die. They had their own idea of what Jesus was about and what he should be doing.

The whole point of the story was not to go up the mountain and bask in God's glory, but to go back down the mountain and do what Jesus does: heal the sick, give sight to those who are blind, to open the ears of the deaf and to bring the Good News to the poor. The voice from the Cloud says the same thing now as that which was heard at Jesus' baptism: "This is my beloved Son, in whom I am well pleased."

But there is now an addenda to the message, directed squarely at the disciples: "Listen to him! Listen to what He is saying, not to what YOU think he saying..." And the first thing that they should listen to is Jesus' words: "Rise and do not be afraid."

On the mountain they didn't understand the meaning behind the Transfiguration. Only when He is raised from the dead will they understand. Only then will they remember the Transfiguration, only then will they remember that like Abraham and Sarah they too are told to "Go Forth" and live the promise given them. Only then will they truly understand why He sent them down from the mountain, back to the physical world, which needed - and still needs to be - transformed and transfigured.

As he did with the first disciples, the One on the mountain directs us to Jesus, to listen and observe what we see and hear - and then to act on it. Rehabilitation is long process. Our belief in God and our journey of faith does not exclude the possibility of suffering and emptiness. It does not mean that we will always be able to find Him present in the ups and downs of our everyday lives. Nor does it mean that we are expected to passively sit back and "accept" all of the obstacles and roadblocks we find along the way as being part of some grand plan that He has for us.

We go apart for a while with other disciples and the same voice is encouraging us, "Listen to him." Jesus' words and actions will tell us about God and about ourselves but also about forgiveness, compassion and our responsibility to spread what we have heard from him and to do what he did.

As the Gospel unfolds, the dazzling brilliance of our God begins to show through the humanity of Jesus more and more clearly. Our faith tells us that our lives will gradually be re-energized and remade according to the pattern of the transfigured Christ, who is our Light, our Strength and our Salvation.

We have been told to listen and to "Go forth." Lent is a good time to reflect upon how well we do both.

ARCHDIOCESE OF NEWARK 2023 LENTEN REGULATIONS

- The **days of both Fast and Abstinence** during Lent are **Ash Wednesday and Good Friday**. *If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.*
On a day of Fast, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity.
 Those between the ages of 18 and 59 are obliged to fast.
On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
- The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
- The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
- The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, February 26, 2023 to the Solemnity of the Holy Trinity, June 4, 2023.**

*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

STATIONS OF THE CROSS

Joins us as we reflect on the passion and death of the Lord as a community during the Fridays of Lent. The Stations of the Cross will follow the 12:00 Mass on Friday: Mar. 10, 17, 24, 31

ANNIVERSARY LITURGIES

Preparations are underway for the annual tradition of honoring those couples in our Archdiocese who will be celebrating 5, 25, and 50 year anniversaries of Christian marriages. The Masses will be celebrated at the Cathedral Basilica in Newark. The Mass for 50 Years will be celebrated on April 16 by Cardinal Tobin and the Mass for 25 and 5 Years will be celebrated May 7 by Bishop Studerus. If you are celebrating one of these milestone anniversaries this year and would like to participate, please call the parish office.



DAYLIGHT SAVINGS TIME BEGINS

Daylight Savings Time begins **next Sunday, March 12th at 2:00 AM**. Please remember to **set your clocks FOWARD one hour next Saturday evening, March 11th** before going to bed.

ST. PATRICK'S DAY DISPENSATION

Cardinal Tobin has dispensed from the obligation to abstain from eating meat those celebrating the Feast of St. Patrick on Friday, March 17, 2023. A substitution should be made in the form of fasting, prayer and/or almsgiving.



FOOD PANTRY UPDATE

"Whatever you did for one of the least of these brothers and sisters of mine, you did for me" Matthew 25:40



NEIGHBORS
HELPING
NEIGHBORS

We are stocking up our Parish Family Food Pantry for Easter and the Spring Season. Can you help us assist our brothers and sisters struggling with food insecurity?

Items needed most, at this time, are: Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, Jelly, Cereal, and beans.

Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help local families without your generosity.** As a reminder, we are unable to package out-of-date food products for distribution to our families.

QUEEN OF PEACE GRAMMAR SCHOOL

2ND GRADE TEACHER NEEDED

Queen of Peace Grammar School in North Arlington, NJ is seeking a Second Grade Teacher to begin immediately. Please contact Dr. Linda Jacewich, Principal - ljacewich@qpgs.org

MUSIC FOR MS FUNDRAISER SAT., APRIL 1ST, REDD'S IN CARLSTADT

Rock to the sound of No Politics band performing classic rock favorites from Eagles, Doors, Grateful Dead, Allman Brothers, Tom Petty, Rolling stones. Tickets are \$20. Call Rosemary at 201-893-7620 for tickets and more details. Proceeds donated to MS Society Walk MS 2023, Team NJ MOM

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Camen Yangco, Lea Aspile, Perpetua Aspile, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Laney Darmiento, Margot O'Hara, Maureen Branigan, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano

DECEASED: Alan Danese

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, MARCH 5TH

In Honor of: The Intentions of the Cavalcante Family

Donated by: Jim & Isabel Cavalcante



ANNUAL SPRING TRICKY TRAY AUCTION

sponsored by

Sacred Heart Home School Association Friday, March 24, 2023

Sacred Heart School, 620 Valley Brook Ave - Doors open 6:00 PM

Raffles scheduled to begin Approximately 8:00 PM

Tickets \$15 per person and includes 1 sheet 1st level prizes and Coffee/tea/dessert. No tickets sold at door. No one under 18 admitted. No alcoholic beverages. Seating will be in the school auditorium with prizes located in the cafeteria. There is an elevator for those who have difficulties with stairs. Deadline for tickets March 10th.

For tickets call Patty 201-803-9580

ONLINE GIVING AT SACRED HEART

Did you know you can give online to our parish with Zelle, or with a debit or credit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

YOUR HELP REQUESTED

Planning for our St. Patrick's Day fundraiser is well underway. We need your help to make it a fun and successful event. If you would like to volunteer to help with this effort, or would like to donate some desserts, please give Sabina a call at 862-249-1186.

MARCH 5, 2023

MASS INTENTIONS

SECOND SUNDAY OF LENT

Anticipated Mass for Sunday

5:00pm Kristine Violante

SUNDAY - SECOND SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Thomas & Anna Boice

10:30 am Carmela Ferrara

12:00pm James M. Cavalcante

1:30 pm Manuel Noya Gude

MONDAY - Lenten Weekday

12:00pm Richard McGill

TUESDAY - Lenten Weekday/Sts. Perpetua and Felicity, Martyrs

12:00pm Lucja & Piotr Kurcon (Living)

WEDNESDAY - Lenten Weekday/St. John of God, Religious

12:00pm Lorenza & Julian Duran

THURSDAY - Lenten Weekday/St. Frances of Rome, Religious

12:00pm Anna Marie Faller

FRIDAY - Lenten Weekday

12:00pm Special Intention

SATURDAY - Lenten Weekday

9:00am Al

Anticipated Mass for Sunday

5:00pm Carmela M. Ferrara

SUNDAY - THIRD SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Anthony Silver

10:30 am Mary Ann Borrone

12:00pm Joseph & Evelyn Famularo

1:30 pm Juan Manuel De Vega

STEWARDSHIP

Sunday - February 19th

Sunday Collection - \$5,181

Central & Eastern Europe - \$1,502

Ash Wednesday - \$3,077

Sunday - February 26th

Sunday Collection - \$5,906

Add'l Fuel - \$205

Add'l Assesment - \$145

Add'l Central & Eastern Europe - \$134

Reminder: We need \$6,600 in the Sunday Collection to cover our budgeted expenses. Thank you!

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2023

The Archdiocese's 2023 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

**To Date, 53 families from our parish family have generously supported the Appeal:
Our Parish's Goal - \$34,700 -- Paid To Date - \$7,245 (20.87% of Goal)**

Your generosity not only supports all the ministries listed above but can also be a direct support for our parish as well. If we exceed our parish goal in paid pledges by June 30th, like we did last year thanks to your generosity, we will receive a rebate from the Archdiocese of all the excess funds and a 2% reduction in our parish assessment expense for the fiscal year. This 2% reduction saved the parish more than \$7,500 in assessment expense last year. The Archdiocese will also rebate back to the parish 50% of the funds received from our parish that exceeds our goal! It's a great way for our parish family to "fund raise" and help others at the same time. Thank you so much to all who have supported the Annual Appeal by giving a gift!!

****Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese and we will not receive the 2% reduction in our assessment expense.****

If you haven't already done so, please prayerfully consider your gift to the 2023 Annual Appeal. Envelopes for the Appeal are available in the pews. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

ST. PATRICK'S DAY FUNDRAISER

Saturday, March 11, 2020,

following the 5:00 PM Mass

Sacred Heart School Cafeteria

Corned Beef Dinner - Irish Music - BYOB

50/50 Raffle - Drawing at 8:00 p.m.

Gift Baskets Auction

Tickets for the dinner \$25 for Adults

\$10 for kids 12 on sale after Mass today.

In conjunction with this major fund raising event, the parish is requesting donations for gift baskets that will be auctioned off that night. If you're interested in donating a \$25, \$50, or \$75 basket, please drop it off at the Parish Center. If you'd like to contribute new items to make up a gift basket, you can also drop them off at the Parish Center. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising which will benefit Sacred Heart Parish.

