



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071
Phone: 201-438-1147 Fax: 201-507-5861
www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



6TH SUNDAY IN ORDINARY TIME

“Again you have heard that it was said to your ancestors,
Do not take a false oath, but make good to the Lord all
that you vow.” - Mt 5:33

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Feb. 12, Apr. 8 - 8:30 PM, May 14, June 18

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

Sixth Sunday In Ordinary Time

We might find it hard to imagine being in the presence of Jesus and not recognizing him. It's hard to imagine that He would be just another face in the crowd, and that there would be nothing remarkable or exceptional that would make him stand out from all the rest. But it wasn't that way. He was misunderstood, people missed the point and there were even those who plotted against him. We can understand many may have walked by Jesus without noticing anything out of the ordinary or thought-provoking. Maybe they needed a special sign in order to recognize Him. And maybe the same is true today.

In today's passage from Matthew's Gospel we listen to a passage within the Sermon on the Mount. As the Sermon unfolds, Jesus leads us higher and higher up another mountain, a different kind of mountain. His words move us onto the loftier planes of greater faith and love. Jesus is very specific here. If we choose to follow Him, then it isn't enough just to avoid murder, or adultery, perjury or divorce. He challenges us to heroic love - a love that will not simply settle for keeping the letter of the law.

It's a great temptation for most of us to want to be LIKE everyone else and to BE LIKED BY everyone else. Usually, that means lowering our standards. It involves compromise, and an unwillingness to be different. But according to Jesus, we should not be trying to please other people, but rather God our Father, who invites us to keep working for the high ideal of a perfection that mirrors His own goodness and holiness.

Life on this "other mountain" could be quite extraordinary. There would be no anger, no abusive language, no simmering resentments and rivalries, no unbridled sexual abuse, no casual attitude toward commitment in relationships, no lip service to justice and truth. Our attitudes would reflect the spirit of Jesus in all things - compassion, forgiveness, self control, and a single-hearted dedication to loving God above all things and our neighbors as ourselves.

Living the Gospel could change the quality of life at home, at work, at play and at worship. But this is no easy task. Heroic love cannot be bought in a bargain basement. It is the result of climbing, higher and higher. It involves profound commitment, real self-sacrifice and, most of all, a loving, personal loyalty to Jesus.

The act of faith is a journey, a series of moments when God becomes real. It is a conscious, personal relationship with God that reaches fulfillment within community. And it must be grounded in the mature act of faith that was expressed by Jesus Himself.

We are drawn to the story of Jesus because this story reveals not only who God is, but also our ability as human beings to give expression to God's Spirit. We use this story to articulate our understanding of life and of who we are. If we can make the story of Jesus our own story then the reign of God would indeed be seen among us and Christianity would have something of great value to share and explore with all people who search for the meaning of human existence.

On this "other mountain" we are nourished by the words of the Teacher and Lord and try to walk in his footsteps. Here we are called to a different way of living, in our relationships to each other and then to the world. We seek reconciliation where there is anger and alienation. We forego our own desires despite the weaknesses of the world around us. We are faithful to one another and so, when we make promises, we keep them.

Human actions have specific consequences. We are free to live our lives as Jesus asks, or not. As difficult as these choices may be at times, our faith leads us to hear words of encouragement: "trust in God, you too will live."

FOOD PANTRY UPDATE



NEIGHBORS
HELPING
NEIGHBORS

We are stocking up our Parish Family Food Pantry for the cold winter months. Can you help us make winter a little warmer for our brothers and sisters struggling with food insecurity?

Items needed most, at this time, are:

Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, Jelly, Cereal, and beans.

Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help local families without your generosity.** As a reminder, we are unable to package out-of-date food products for distribution to our families.

ANNUAL SPRING TRICKY TRAY AUCTION

sponsored by

Sacred Heart Home School Association Friday, March 24, 2023

Sacred Heart School, 620 Valley Brook Ave
Doors open 6:00 PM Raffles scheduled to begin
Approximately 8:00 PM

Tickets \$15 per person and includes 1 sheet 1st level prizes and Coffee/tea/dessert. No tickets sold at door. No one under 18 admitted. No alcoholic beverages. Seating will be in the school auditorium with prizes located in the cafeteria. There is an elevator for those who have difficulties with stairs Deadline for tickets March 10th.

For tickets call Patty 201-803-9580

WOMEN'S RETREAT AT SAN ALFONSO RETREAT HOUSE LONG BRANCH, N.J.

MARCH 10-12, 2023 ---- RESERVE YOUR SPOT!!!

Enjoy some quiet time with Our Lord in the company of friends. This retreat invites us to a renewed grounding in Word and Sacrament, where in faith we encounter God and find our own story. Embracing the Word and graced by the Sacraments, we are called and formed to be the Body of Christ. For questions or further information please contact Margaret Dacchille 201-456-2399.

MUSIC FOR MS FUNDRAISER SAT., APRIL 1ST, REDD'S IN CARLSTADT

Rock to the sound of No Politics band performing classic rock favorites from Eagles, Doors, Grateful Dead, Allman Brothers, Tom Petty, Rolling stones. Tickets are \$20. Call Rosemary at 201-893-7620 for tickets and more details. Proceeds donated to MS Society Walk MS 2023, Team NJ MOM

ARCHDIOCESE OF NEWARK ANNUAL APPEAL 2023

The Archdiocese's 2023 Annual Appeal, is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith through the Office of Youth and Young Adult Ministry, the Catechetical Office, Campus Ministry at affiliated Colleges and Universities, and Catholic Schools. The Annual Appeal also supports ministries that proclaim the Gospel through Ministry to Multi-Ethnic Communities, the Office of Evangelization, the Office of Family Life, International Missions, and Pastoral Ministry with the Deaf. Your generosity to the Appeal also supports care for the Poor and Vulnerable through Catholic Charities, Hospital and Prison Chaplaincy, the Ministry with Persons with Disabilities, and the Respect Life Office. The Appeal also assists forming future priests and supporting retired clergy through Continuing Formation for priests, Seminarian Education, and Priest Health Care.

Our parish goal for this year's Annual Appeal is \$34,700. Like last year, if we exceed our goal IN PAID PLEDGES by June 30, 2023, the parish will receive a rebate from the Archdiocese of 50% excess funds RECEIVED BY JUNE 30, 2023 and in addition the parish will receive a 2% reduction of our parish assessment for fiscal year 2023. This 2% reduction saved the parish more than \$7,500 in assessment expense last year. With your generous support again this year, we can do it again! However, the Archdiocese has stated if we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese and there will be no reduction of our parish assessment.

If you haven't already done so, please prayerfully consider your gift to the 2023 Annual Appeal.

ETERNAL REST GRANT UNTO HIM, O LORD AND LET PERPETUAL LIGHT SHINE UPON HIM. MAY HE REST IN PEACE

Father Theodore W. Osbahr, III, 81 went home to the Lord on January 18th. Some may remember that Fr. Ted was a parochial here at Sacred Heart. Please pray for the blessed repose of his soul.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Camen Yangco, Lea Aspile, Perpetua Aspile, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Laney Darmiento, Margot O'Hara, Maureen Branigan, Patricia Coughlin, Andrea Globis, Laura MacDonald

DECEASED: Dennis Cooke, Fr. Theodore W. Osbahr, III

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:



SUNDAY, FEBRAURY 12TH

In Honor of: The Intentions of the Cavalcante Family

Donated by: Jim & Isabel Cavalcante

MONDAY, FEBRUARY 13TH

In Honor of: Frank DeSerio, Happy Birthday

Donated by: Your Family

THURSDAY, FEBRUARY 16TH

In Honor of: The Memory of James M. Cavalcante

Donated by: Jim & Isabel Cavalcante

MEMORIAL DONATIONS

During the week of February 12th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

SANCTUARY LAMP:



In Honor of: James M. Cavalcante

Donated by: Isabel & Jim Cavalcante

BREAD & WINE:



In Honor of: James M. Cavalcante

Donated by: Isabel & Jim Cavalcante

MASS CANDLES:



In Honor of: James M. Cavalcante

Donated by: Isabel & Jim Cavalcante

YOUR HELP REQUESTED

Planning for our St. Patrick's Day fundraiser is well underway. We need your help to make it a fun and successful event. If you would like to volunteer to help with this effort, or would to donate some desserts, please give Sabina a call at 862-249-1186.

FEBRUARY 12, 2023

MASS INTENTIONS

Sixth Sunday In Ordinary Time

Anticipated Mass for Sunday

5:00pm Sabino Joseph Salerno

SUNDAY - Sixth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Joseph John Pavlica, Jr.

10:30 am Catherine Henckel

12:00pm Frank DeSerio

1:30 pm Juan Manuel DeVega

MONDAY - Weekday

12:00pm David Vincent Vaccari, III

TUESDAY - Sts. Cyril, Monk, and Methodius, Bishop

12:00pm Zofia & Jozef Turek (Living)

WEDNESDAY - Weekday

12:00pm Special Intention

THURSDAY - Weekday

12:00pm Carol Petrillo-Lintz

FRIDAY - Weekday/The Seven Holy Founders of the Servite Order

12:00pm Josephine J. Fescue

SATURDAY - Weekday/Blessed Virgin Mary

9:00am Adelaide Mikolajczak

Anticipated Mass for Sunday

5:00pm Dr. James Markey, III

SUNDAY - Seventh Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Irene & Joseph Pravetz

10:30 am Marge Petrocelli

12:00pm James M. Cavalcante

1:30 pm Manuel Noya Gudelia

STEWARDSHIP

February 5th

Sunday Collection - \$5,147

Assessment Collection - \$2,266

Add'l Solemnity of Mary - \$25

Add'l Comm. God's Word - \$10

Reminder: We need \$6,600 in the

Sunday Collection to cover our

budgeted expenses. Thank you!

continued generosity!

COME AND LISTEN

“COME TO ME ALL WHO ARE TIRED
AND BURDENED AND I WILL GIVE
YOUR REST” Matthew 11:28



ARE
CARES & WORRIES
WEIGHING YOU DOWN?

COME & LISTEN
ONE WORD COULD CHANGE
YOUR LIFE.

**Mondays & Thursdays
8:00pm in Parish Center
(former Convent)**

Enter through the
parking lot entrance

**CATECHESIS FOR ADULTS
AND YOUTH (ages 13 & older)**

Free babysitting will be available

ST. PATRICK'S DAY FUNDRAISER



Saturday, March 11, 2020,
following the 5:00 PM Mass
Sacred Heart School Cafeteria
Corned Beef Dinner - Irish Music - BYOB
50/50 Raffle - Drawing at 8:00 p.m.
Gift Baskets Auction

Tickets for the dinner \$25 for Adults

\$10 for kids 12 and under and will go on sale shortly.

In conjunction with this major fund raising event, the parish is requesting donations for gift baskets that will be auctioned off that night. If you're interested in donating a \$25, \$50, or \$75 basket, please drop it off at the Parish Center. If you'd like to contribute new items to make up a gift basket, you can also drop them off at the Parish Center. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising which will benefit Sacred Heart Parish.