



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

## SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

## PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

## RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

## SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
[ldurocher@sacredheartlynd.org](mailto:ldurocher@sacredheartlynd.org)

## SMALL BLESSINGS DAY CARE

201-935-0506

## ARCHDIOCESE OF NEWARK

973-497-4000



## 3<sup>RD</sup> SUNDAY IN ORDINARY TIME

“Come after me, and I will make you fishers of men.” - Mt 4:19

### SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

### SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

### SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm

Jan. 8, Feb. 12, Apr. 8 - 8:30 PM, May 14, June 18

### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

### SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

### R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

### PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

### Third Sunday In Ordinary Time

The message of Christmas threads itself throughout the Scriptures during these first weeks of the New Year. God is present to the world and acting in a new way through the Child proclaimed by angels, adored by shepherds and magi and given to all through the faith and trust of the Virgin. This Child will grow to be named the Beloved Son of God, baptized by John who reminds us that he is also the "lamb of God" destined to live a life of turmoil. But he will also be the "light in the darkness" calling us to repent - to radically change our lives - in order to make visible the reign of God.

This call comes anew again and again. To answer it means a newness of life, as it did for those first disciples. It requires severing old ways of thinking and acting. It means putting aside our self-focused values and taking on a new way of seeing ourselves and our world.

And it requires a choice. It requires putting faith into practice. Like Peter and Andrew, and James and John, we are called to be fishers of people. We are all called to minister and proclaim, as did Isaiah, "Anguish has taken wing, darkness is dispelled." How we respond to His call is the measure by which the Good News of Salvation is spread throughout our world.

Throughout most of our lives, we are surrounded by the darkness of "bad news:" the futility and slaughter of war, the miseries of poverty, the stressed environment, the divide between races and religions, the conflicts across national borders, the sick left untended, the aged neglected and the killing of the unborn. In many ways we are "overshadowed by" and quite aware of death on a large, communal scale as we watch the devastation of natural forces, but also in our individual lives, insignificant from a world perspective, but so very important to us.

But the "good news" is that God is with us in the darkness; He stays with us, patiently and persistently. There is light in the darkness. This light has not left us when darkness has threatened to overwhelm us. It guides our lives so that we can be a witness, in word and deed, to what we believe for those who are in the darkness of loneliness and guilt, indifference, aggression intolerance and all the other signs of death.

The first disciples dropped everything and left to follow Jesus immediately. For most of us, the call to follow Jesus has not nearly been as dramatic. There was no special moment, as in today's Gospel, when He approached us and asked us to be His disciples. Most of us were baptized, and raised as Catholics in our younger days. We went through the motions of prayer and church and sacraments. We learned the basics of Christian doctrine. And maybe after some years of questioning and wandering, or maybe just laziness and indifference, we reached a point in our adult life when we began to take our Catholic faith seriously.

Maybe we're too busy, too preoccupied to recognize the power and the beauty of the Holy Spirit abiding in us. But if we're not conscious of that incredible gift, if we don't celebrate the presence of the Spirit every day - even in the midst of the darkness - and make His power and goodness known in our speech, our attitudes and our decisions, then no one will be able to recognize the Good News that we are sent to proclaim in His name.

The first disciples dropped everything and left to follow Jesus immediately. In a certain sense, we too need to recognize the immediacy of His call, the importance of His message for today's world.

We are called to seek and find His goodness, His truth, and His love in all persons, and to connect with them eagerly. We need to reevaluate and understand our role as church - as intended by Jesus - to be that of herald, proclaimer, model and catalyst. Constant dialogue and interaction must be the hallmarks of our community, bringing about continual change and transformation, which, as Cardinal Newman said more than a century ago, is the only path to eventual perfection.

It will not be easy. It is never easy. It was not easy for the John the Baptist, arrested and eventually executed. It wasn't easy for the first disciples who left the security of their daily lives to follow and to proclaim. But that must not deter us from our dreams and our efforts at renewal and conversion. To do anything less would be pure selfishness, a tragic sign that we care only for ourselves and not about those future generations who, with us, are church.

The Christmas message resonates every day of our lives. The Lord sends us an urgent invitation to participate in important work to bring the Light into the Darkness. The Kingdom is at hand - and this is "good news."

## **ATTENTION AMAZON SHOPPERS!! YOUR PURCHASES CAN HELP OUR PARISH AT NO COST TO YOU!!**

AmazonSmile is a simple and automatic way for you to give a little support to our parish every time you shop, at **NO COST TO YOU**. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a half of one percent of the purchase price to our parish.

### **Just follow these simple steps:**

- 1.) Visit smile.amazon.com. It's just like shopping on amazon.com.
- 2.) Sign in. Simply use your existing Amazon credentials. If you don't have an account, you can create a new one.
- 3.) Start shopping! In the box that says Pick Your Own Charitable Organization type in 324 Ridge Rd. This the address for the church. There are many, many Sacred Heart Churches on AmazonSmile, by using the address it will bring you directly to our parish. Click the yellow select button.
- 4.) If you are already an AmazonSmile user and want to switch your selected charity to be our parish, on the top of the screen you will see your current charity listed. Click the down arrow next to the charity name and follow the directions in step 3.
- 5.) Please remember to shop our smile.amazon.com link every time. Purchases made on the main Amazon.com site do not support our parish.

\*\*If you have friends or family members who are Amazon shoppers, why not ask them if they would help our parish too?!\*\*

## **HOW TO REPORT ABUSE**

The Archdiocese of Newark takes very seriously any and all complaints of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform the Archdiocese immediately so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Individuals who report an allegation of sexual misconduct may do so by calling the Victim's Assistance Coordinator of the Archdiocesan Office of Child and Youth Protection at (201)407-3256.

The phone numbers for the County Prosecutors within the Archdiocese are:

Bergen - (201) 646-2300      Essex - (973) 621-4700  
Hudson - (201) 795-6400      Union - (908) 527-4500

## **GIVING TREE THANK YOU!**

We would like to thank all our Sacred Heart Parish Family who participated in the 2022 Giving Tree. We collected 190 gifts. Through your contributions, our clients were extremely happy as well as thankful for their generous Christmas gifts. Thanks for supporting the Giving Tree sponsored by our parish family Food Pantry.

## **ARCHDIOCESE OF NEWARK ANNUAL APPEAL 2023**

The Archdiocese's 2023 Annual Appeal, is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith through the Office of Youth and Young Adult Ministry, the Catechetical Office, Campus Ministry at affiliated Colleges and Universities, and Catholic Schools. The Annual Appeal also supports ministries that proclaim the Gospel through Ministry to Multi-Ethnic Communities, the Office of Evangelization, the Office of Family Life, International Missions, and Pastoral Ministry with the Deaf. Your generosity to the Appeal also supports care for the Poor and Vulnerable through Catholic Charities, Hospital and Prison Chaplaincy, the Ministry with Persons with Disabilities, and the Respect Life Office. The Appeal also assists forming future priests and supporting retired clergy through Continuing Formation for priests, Seminarian Education, and Priest Health Care.

**Our parish goal for this year's Annual Appeal is \$34,700. Like last year, if we exceed our goal IN PAID PLEDGES by June 30, 2023, the parish will receive a rebate from the Archdiocese of 50% excess funds RECEIVED BY JUNE 30, 2023 and in addition the parish will receive a 2% reduction of our parish assessment for fiscal year 2023. This 2% reduction saved the parish more than \$7,500 in assessment expense last year. With your generous support again this year, we can do it again! However, the Archdiocese has stated if we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese and there will be no reduction of our parish assessment.**

If you haven't already done so, please prayerfully consider your gift to the 2023 Annual Appeal.

## **DOO-WOP DINNER DANCE FUNDRAISER**

The Italian-American Club, The Girls' Association, and The Municipal Alliance is sponsoring Doo-Wop Dinner Dance Fundraiser on Sat., Feb 11th featuring The Forever Young Doo-Wop Golden Oldies Band to benefit the Libby Lindsay Lyndhurst Girl Scout House and Lyndhurst anti-substance abuse programs. Tickets are \$40. For more info call Donna at 201-906-3010.

## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Camen Yangco, Lea Aspile, Perpetua Aspile, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Laney Darmiento, Margot O'Hara, Maureen Branigan, Patricia Coughlin, Andrea Globis, Laura MacDonald

**DECEASED:** All those from our parish family the Lord has called home

### CHURCH BELLS CELEBRATE & COMMEMORATE



The Sacred Heart Church bell rings:

#### SUNDAY, JANUARY 22ND

**In Honor of:** The Intentions of the Cavalcante Family

**Donated by:** Jim & Isabel Cavalcante

#### SATURDAY, JANUARY 28TH

**In Honor of:** Robert M. Kucks

**Donated by:** Brian & Carol O'keeffe

### YOUR HELP REQUESTED

In conjunction with a major fund raising event on March 11, the parish is requesting gift baskets that will be auctioned off that night. If you are interested in donating a \$25, \$50, or \$75 basket, please drop it off at the parish center. Maybe you received items for the Christmas that you can't use, you can also drop off NEW ITEMS ONLY at the parish center to make up a basket. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising event which will benefit Sacred Heart Church.

### FOOD PANTRY UPDATE

We are stocking up our Parish Family Food Pantry for the cold winter months. Can you help us make winter a little warmer for our brothers and sisters struggling with food insecurity?

**Items needed most, at this time, are:** Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, Jelly, Cereal, and beans.

Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help local families without your generosity.** As a reminder, we are unable to package out-of-date food products for distribution to our families.

### WOMEN'S RETREAT AT SAN ALFONSO RETREAT HOUSE LONG BRANCH, N.J.

**MARCH 10-12, 2023 ---- RESERVE YOUR SPOT!!!**

Enjoy some quiet time with Our Lord in the company of friends. This retreat invites us to a renewed grounding in Word and Sacrament, where in faith we encounter God and find our own story. Embracing the Word and graced by the Sacraments, we are called and formed to be the Body of Christ. For questions or further information please contact Margaret Dacchille 201-456-2399. All are welcome to this special weekend of prayer, friendship, and community.

**JANUARY 22, 2023**

## MASS INTENTIONS

Third Sunday In Ordinary Time

### Anticipated Mass for Sunday

5:00pm Louise & Rocco Paolazzi

### SUNDAY - Third Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Anthony Silver

10:30 am Rita Duane

12:00pm James M. Cavalcante

1:30 pm Carlos Ruiz Lara

### MONDAY - Weekday

12:00pm Rozalia, Piotr, Stefan

### TUESDAY - St. Francis de Sales, Bishop and Doctor of the Church

12:00pm Janson Ranne

### WEDNESDAY - The Conversion of St. Paul, Apostle

12:00pm Frank DeSerio

### THURSDAY - St. Timothy & St. Titus, Bishops

12:00pm Lorene Carbone

### FRIDAY - Weekday/St. Angela Merici, Virgin

12:00pm Lorenza & Julian Duran

### SATURDAY - St. Thomas Aquinas, Priest and Doctor of the Church

9:00am Special Intention

### Anticipated Mass for Sunday

5:00pm Denise Ann Morrone

### SUNDAY - Fourth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Anthony Silver

10:30 am Darcy Kordosky

12:00pm James M. Cavalcante

1:30 pm

### STEWARDSHIP

Collection Totals Not Available  
At Time of Publication

Reminder: We need \$6,600 in the Sunday Collection to cover our budgeted expenses. Thank you! continued generosity!

## COME AND LISTEN

“COME TO ME ALL WHO ARE TIRED  
AND BURDENED AND I WILL GIVE  
YOUR REST” Matthew 11:28



ARE  
CARES & WORRIES  
WEIGHING YOU DOWN?

COME & LISTEN  
ONE WORD COULD CHANGE  
YOUR LIFE.

**Mondays & Thursdays  
8:00pm in Parish Center  
(former Convent)**

Enter through the  
parking lot entrance

**CATECHESIS FOR ADULTS  
AND YOUTH (ages 13 & older)**

**Free babysitting will be available**

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## ST. PATRICK'S DAY FUNDRAISER



Saturday, March 11, 2020,  
following the 5:00 PM Mass  
Sacred Heart School Cafeteria  
Corned Beef Dinner - Irish Music - BYOB  
50/50 Raffle - Drawing at 8:00 p.m.  
Gift Baskets Auction

Tickets for the dinner \$25 for Adults

**\$10 for kids 12 and under and will go on sale shortly.**

In conjunction with this major fund raising event, the parish is requesting donations for gift baskets that will be auctioned off that night. If you're interested in donating a \$25, \$50, or \$75 basket, please drop it off at the Parish Center. If you'd like to contribute new items to make up a gift basket, you can also drop them off at the Parish Center. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising which will benefit Sacred Heart Parish.