



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE
615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



THE EPIPHANY OF THE LORD

They were overjoyed at seeing the star, and on entering the house they saw the child with Mary his mother. They prostrated themselves and did him homage. - Mt 2:10-11a

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Jan. 8, Feb. 12, Apr. 8 - 8:30 PM, May 14, June 18

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

THE EPIPHANY OF THE LORD

World literature is filled with stories of "the search" - the voyages of explorers, the hunt for hidden treasure, the quest for the Holy Grail or the fountain of youth, and the never-ending search in the hearts of all for quality of life, for freedom and justice, and for peace.

The Feast of the Epiphany of the Lord epitomizes all of the longings in the human heart for intimacy with God. The Hebrew Scriptures were filled with promises about the coming of the Messiah. For the people, this meant liberation from oppression, from enemies, from poverty and slavery. But word of this promise filtered through to foreign nations, and touched a universal need for redemption and reconciliation.

So we find three astrologers - (or wise men, or kings) - from the East, from foreign lands, arriving in Jerusalem in search of a new-born king. The event became a part of the earliest Christian tradition, and has been celebrated ever since in all parts of the world.

The search goes on, even in our own time. People hunger for truth, for a sense of the nearness of God, for an understanding of the mysteries of life. They tend, so often, to look in the wrong places; they fail to recognize the face of God in ordinary circumstances. We imagine that the three kings must have found it incredible that the long-awaited Messiah would be born in obscurity and poverty. But with simple faith, they acknowledged Him and offered their gifts.

We can be so easily misled in our search for God; we look for miracles, for visions, for extraordinary manifestations. And all the while, God continues to show Himself in very ordinary ways: in the quiet heroism of those who suffer patiently; in the manifest heroism of those who risk their lives to save others; in the vigilance of those who defend our land and our values; in the gentle compassion of those who seek out the poor and the hungry; in the day by day faithfulness of spouses, of workers, of leaders, of scientists, of advocates of all kinds, in all segments of our society.

The Christmas season comes to an end much more quickly than all of our preparations for its arrival. So we need to reflect over and over again about the lessons we are taught at Christmas. Each of us has, to one degree or another, given ourselves over to God's plan for our lives. Day by day we renew that commitment of faith and trust, even though we often find that God's ways are not our ways.

We do not always understand where He is leading us. We frequently wonder why certain things happen, why our own plans don't work out. There are moments when we are tempted to think that our faith in Him has been betrayed, that He really has forsaken us and is not listening or caring any more. We feel like giving up; we want to stop praying.

The Epiphany reminds us that God manifests Himself to us in the most unforeseen and unexpected circumstances. This feast of the Epiphany arose early on in the Church to fill out the meaning of Christmas. It was the feast to celebrate the manifestation of the Incarnation to the whole universe. It embraced the fuller dimensions of the role of the Word-made-flesh - His coming to bring the nations together in peace, His coming to reveal the Father, His coming to change almost miraculously the quality of life for all people.

This is the time for new beginnings and resolutions - for a fresh start. Let's get back to basics for our resolutions. It is time to stop talking about how much we love one another and to really start showing that we do - and to continue to do so. Only then will we be able to tear apart the barriers that separate us, and come together as the family that God meant us to be. Only then can we truly be a people of hope within whom the Spirit lives and breathes.

The Good News of Christmas and Epiphany is "Emmanuel", "God-with-us!" We need only the light of strong, unwavering faith to see Him, to find Him, to serve Him in the people around us, the circumstances of our everyday living. We need only to believe in God's love for us - His unconditional, relentless love - and then we will more often recognize His presence and His power in sunrise and sunset, in storm and calm, in the faces of children and wisdom of the elderly, in moments of elation and heart-break. We will see His radiance and warmth behind every cloud of sorrow or failure that darkens our days.

Like the magi, our search goes on - but so does Epiphany! He is never far away, never hidden for those who look with faith.

EPIPHANY PROCLAMATION 2023

While a day like Christmas is fixed in our minds and on the calendars on December 25th, many of the important feasts of the Church year move, based upon the date that Easter is set. Easter changes each year moving to the Sunday after the "Paschal Full Moon," and can fall between March 22 and April 25.

In ancient times before calendars were common, most people did not know the dates for the upcoming Liturgical year. On Epiphany Sunday, the upcoming dates were "proclaimed". After the singing of the Gospel, a Deacon or cantor, in keeping with an ancient practice of Holy Church, announces from the ambo the moveable feasts of the current year according to this formula:

Know, dear brethren, (brothers and sisters),
that, as we have rejoiced at

the Nativity of our Lord Jesus Christ,

so by leave of God's mercy we announce to you also the
joy of his Resurrection, who is our Savior.

On the Twenty-Second day of February will fall Ash Wednesday, and the beginning of the fast of the most sacred Lenten season.

On the Ninth day of April you will celebrate with Joy Easter Day, the Paschal feast of our Lord Jesus Christ.

On the Twenty-First day of May will be the Ascension of our Lord Jesus Christ. On the Twenty-Eighth day of May the feast of Pentecost.

On the Eleventh day of June the feast of the Most Holy Body and Blood of Christ.

On the Third day of December the First Sunday of Advent of our Lord Jesus Christ, to whom is honor and glory for ever and ever.

YOUR HELP REQUESTED

In conjunction with a major fund raising event on March 16, the parish is requesting gift baskets that will be auctioned off that night. If you are interested in donating a \$25, \$50, or \$75 basket, please drop it off at the parish center. Maybe you received items for the Christmas that you can't use, you can also drop off NEW ITEMS ONLY at the parish center to make up a basket. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising event which will benefit

WOMEN'S RETREAT AT SAN ALFONSO

RETREAT HOUSE

LONG BRANCH, N.J.

MARCH 10-12, 2023

RESERVE YOUR SPOT!!!

Enjoy some quiet time with Our Lord in the company of friends. This retreat invites us to a renewed grounding in Word and Sacrament, where in faith we encounter God and find our own story. Embracing the Word and graced by the Sacraments, we are called and formed to be the Body of Christ. For questions or further information please contact Margaret Dacchille 201-456-2399. All are welcome to this special weekend of prayer, friendship, and community.

THE STAR OF BETHLEHEM

The Star of Bethlehem, also called the Christmas Star is a star in Christian tradition that revealed the birth of Jesus to the magi (or "wise men") and later led them to Bethlehem. According to the Gospel of Matthew the magi were men "from the east" who were inspired by the appearance of the star to travel to Jerusalem. There they met King Herod of Judea, and asked where the king of the Jews had been born. Herod then asked his advisers where a messiah could be born. They replied Bethlehem, a nearby village, and quoted a prophecy by Micah. While the magi were on their way to Bethlehem, the star appeared again. Following the star, it stopped this time above the place where Jesus was born. The magi found Jesus with his mother, paid him homage, worshipped him and gave gifts. They then returned to their "own country".

given by God to mark the birth of the Christ (or Messiah). Some theologians claimed that the star fulfilled a prophecy, known as the Star Prophecy. In modern times, astronomers have proposed various explanations for the star. A nova, a planet, a comet, an occultation, and a conjunction (massing of planets) have all been suggested. The star has also been interpreted as an astrological event.

"The Magi set out because of a deep desire which prompted them to leave everything and begin a journey. It was as though they had always been waiting for that star. It was as if the journey had always been a part of their destiny, and was finally about to begin."

-Pope Benedict XVI

Address to seminarians in Cologne, August 19, 2005

Food Pantry Update

We are stocking up our Parish Family Food Pantry for the cold winter months. Can you help us make winter a little warmer for our brothers and sisters struggling with food insecurity?

Items needed most, at this time, are: Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, Jelly, Cereal, and beans.

Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help local families without your generosity.** As a reminder, we are unable to package out-of-date food products for distribution to our families.

SACRED HEART HOME SCHOOL ANNUAL TRICKY TRAY

Friday, January 13th, Sacred Heart School

Doors Open: 5:30PM Raffles Begin 8:15-8:30PM

No Alcoholic Beverages Will Be Allowed

Kitchen Will Be Open

Ticket includes: one sheet for 1st Level Prizes. Coffee, Tea & Dessert. Call Patty at 201-803-9580 or the school at 201-939-4277

\$15 Donation per person. No one under 18.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Camen Yangco, Lea Aspile, Perpetua Aspile, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Laney Darmiento, Margot O'Hara, Maureen Branigan, Patricia Coughlin, Andrea Globis, Joann De Lorenzo, Laura MacDonald

DECEASED: All those from our parish family the Lord has called home

CHURCH BELLS CELEBRATE & COMMEMORATE



The Sacred Heart Church bell rings:

SUNDAY, JANUARY 8TH

In Honor of: The Intentions of the Cavalcante Family

Donated by: Jim & Isabel Cavalcante

CATECHESIS IN A CAROL



"The Twelve Days of Christmas" celebrates the time in the Christmas season which starts on Christmas Day and ends twelve days later on the traditional Feast of the Epiphany. It is a catechesis wrapped in carol. Each verse recalls an aspect of our faith. Do you remember the words? Can you guess what faith aspect each verse may represent?

*The **partridge in a pear tree** was Jesus Christ, the pear tree was the cross.

***Two turtle doves** were the Old and New Testaments

***Three French hens** stood for faith, hope and love.

*The **four calling birds** were the four gospels of Matthew, Mark, Luke & John.

*The **five golden rings** recalled the Torah or Law, the first five books of the Old Testament.

*The **six geese a-laying** stood for the six days of creation.

***Seven swans a-swimming** represented the sevenfold gifts of the Holy Spirit - Prophecy, Serving, Teaching, Exhortation, Contribution, Leadership, and Mercy.

*The **eight maids a-milking** were the eight beatitudes.

***Nine ladies dancing** were the nine fruits of the Holy Spirit-Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, and Self Control.

*The **ten lords a-leaping** were the ten commandments.

*The **eleven pipers piping** stood for the eleven faithful disciples.

*The **twelve drummers drumming** symbolized the twelve points of belief in the Apostles' Creed.

JANUARY 8, 2023

MASS INTENTIONS

THE EPIPHANY OF THE LORD

Anticipated Mass for Sunday

5:00pm William Skip Maloney

SUNDAY - THE EPIPHANY OF THE LORD

7:30am People Of Sacred Heart

9:00am Thomas Nelson

10:30 am Josephine J. Fescue

12:00pm Riley & Galindo Families

1:30 pm Daysi & Juan Morales

MONDAY - THE BAPTISM OF THE LORD

12:00pm Lorenza & Julian Duran

TUESDAY - Weekday (First Week In Ordinary Time)

12:00pm Anthony J. Di Lascio, Jr.

WEDNESDAY - Weekday

12:00pm Carmela Annicchiarico

THURSDAY - Weekday

12:00pm Mary T. Scardino

FRIDAY - Weekday/St. Hillary, Bishop and Doctor of the Church

12:00pm Monica & Modesto Estrella and Socorro Guilante

SATURDAY - Weekday/Blessed Virgin Mary

9:00am Special Intention

Anticipated Mass for Sunday

5:00pm Sabino Joseph Salerno

SUNDAY - Second Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Danilo Veluz Palomares

10:30 am Lee Russo

12:00pm Sergio Gatria

1:30 pm Celia & Fernando Torres

STEWARDSHIP

December 18th

Sunday - \$4,848

Add'l Retired Religious - \$81

December 25th

Christmas To Date - \$25,587

Add'l Sunday - \$577

Reminder: We need \$6,600 in the Sunday Collection to cover our budgeted expenses. Thank you!

COME AND LISTEN

“COME TO ME ALL WHO ARE TIRED
AND BURDENED AND I WILL GIVE
YOUR REST” Matthew 11:28



ARE
CARES & WORRIES
WEIGHING YOU DOWN?

COME & LISTEN
ONE WORD COULD CHANGE
YOUR LIFE.

Mondays & Thursdays
Starting Monday, January 9th
8:00pm in Parish Center
(former Convent)

Enter through the
parking lot entrance

CATECHESIS FOR ADULTS
AND YOUTH (ages 13 & older)

Free babysitting will be available

Bless Your Door On Epiphany

On this glorious feast of the Epiphany of the Lord, here again is the traditional blessing from the Roman Ritual with a little explanation of it.

Epiphany Inscription Over the Doorway of the Home

20 + C + M + B + 23

The letters have two meanings. They are the initials of the traditional names of the Three Magi: Caspar, Melchior and Balthasar. They also abbreviate the Latin words *Christus mansionem benedicat*. May Christ bless the house." The letters recall the day on which the inscription is made, as well as the purpose of blessing. The crosses represent the protection of the Precious Blood of Christ, Whose Sacred Name we invoke, and also the holiness of the Three Magi sanctified by their adoration of the Infant Christ.

The inscription is made above the front door, so that all who enter and depart this year may enjoy God's blessing. The month of January still bears the name of the Roman god Janus, the doorkeeper of heaven and protector of the beginning and end of things. This blessing "christens" the ancient Roman observance of the first month. The inscription is made of chalk, a product of clay, which recalls the human nature taken by the Adorable and Eternal Word of God in the womb of the Virgin Mary, by the power of the Holy Spirit.

To bless your home this Epiphany, first read the Prologue of Saint John's Gospel (John 1:1-18), followed by the Our Father, and the Collect of the Epiphany; then write the inscription for this year above your front door with blessed chalk.

Blessing of Chalk

V. Our help is the name of the Lord.

R. Who made heaven and earth.

V. The Lord be with you.

R. And with thy spirit.

Let us pray.

Bless, O Lord God, this creature chalk to render it helpful to Thy people.

Grant that they who use it in faith and with it inscribe upon the doors of their homes the names of Thy saints, Caspar, Melchior, and Balthasar, may through their merits and intercession enjoy health of body and protection of soul. Through Christ our Lord. And the chalk is sprinkled with Holy Water.