



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071  
Phone: 201-438-1147 Fax: 201-507-5861  
[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

## SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

## PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

## RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

## SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
[ldurocher@sacredheartlynd.org](mailto:ldurocher@sacredheartlynd.org)

## SMALL BLESSINGS DAY CARE 201-935-0506

## ARCHDIOCESE OF NEWARK 973-497-4000



## THE NATIVITY OF THE LORD

The angel said to them, "Do not be afraid; for behold, I proclaim to you good news of great joy that will be for all the people. For today in the city of David a savior has been born for you who is Christ and Lord." - Lk 2:10-11

## SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

## SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

## SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
Jan. 8, Feb. 12, Apr. 8 - 8:30 PM, May 14, June 18

## SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

## SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

## R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

## PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## THE NATIVITY OF THE LORD

*"And suddenly, there was with the angel a multitude of the heavenly hosts, praising God and saying: "Glory to God in the Highest; and Peace on earth to men of good will!"*

God's greatest miracles often go unnoticed unless there are messengers and angels to announce them. God's gifts of peace, and justice and reconciliation are hidden in the ordinariness and ugliness of human history; there must be angels to point them out.

Perhaps that's one of the important lessons of Christmas, for all ages. This year, the Christmas moon and stars look down on a scene that looks very dark and, in many places, very ugly. There are colorful lights, the exchanging of gifts, holiday meals, the singing of carols - but there are also pandemic tragedies of sickness and death, cries of hunger, the separation of families, the loss of homes and employment, the exchange of violence, hatred and prejudice. There there seem to be very few signs of peace, good will and God's glory.

The miracle of Christ's coming in our flesh, of God's taking on our humanity and making it holy seems very hidden indeed. There must be voices that will shatter the darkness and dispel the despair. There must be messengers to reassure suffering people everywhere that God is with us, that peace is possible, that justice is attainable.

We who believe the miracle of Christmas must be the messengers - modern-day shepherds keeping watch by night. We must announce God's presence and the Saving Word of Jesus to the sick and lonely and suffering people around us. We do this by our words, our acts and our lives. It is our sense of wonder and awe of the miracle of Christmas. It is the song of our love and compassion for others day in the ordinary circumstances of everyday that announce: "Glory to God in the highest and peace to those on whom God's favor rests!" Then, and only then, will the rest of the world know how remarkable Christmas really is!

But just being "messengers" isn't enough. Someone once said: "If you want to keep Christ in Christmas: feed the hungry, clothe the naked, forgive the guilty, welcome the stranger and unwanted, care for the ill and the elderly and love your enemies..."

The truth we celebrate at Christmas is that God's Spirit permeates throughout all human cultures. It moves men and women to greater depths of cooperation and care and generosity... it assures all of us of hope and healing in the face of the suffering and tragedy of this fragile planet. And it moves all of us to live our lives the best we can, in ways that ennoble and dignify our neighbors and ourselves.

Christmas is such a powerful, intimate reminder that, once we believe, we are never alone. Once we accept the miracle of God-made-man, then every facet of human life takes on a new dimension ...a Jesus-dimension. Everything is touched by His spirit of love, of peace, of hope.

The story of Jesus helps us to articulate an understanding of faith and of human understanding that sets us free from fear of the unknown, and affirms a relationship with God whose outpouring of Love is all-encompassing. In the quiet and promise of Christmas we rediscover the incredible power of this love. We realize once again that He continues to be present to us, that He is aware of our needs, concerned for our pain and our sorrow. He is as near as our very breath, within us, around us.

For a brief moment, we put aside all of the evil and the ugliness, the drums of war, the burden of poverty and injustice, the clouds of sadness and sickness - and we move into the silence of Bethlehem, to gaze upon the impossible-come-true. We see the Child-king, the prince of peace, the long-awaited Messiah, the Redeemer and Savior... the light and the hope of the world!

Christ, the Word become Flesh reminds us that the Kingdom of God is not something unattainable or out of reach... it is not something in the future for which we hope. **The Word became Flesh to remind us that the Kingdom is here and now: among us, around us, within us...**

Christmas challenges us to turn upside down and inside out where we look for the sacred: in the mess of the stable, in events that can go horribly wrong, in the lowliest of people, in people of different cultures, and in the love of a man and a woman. Together we rejoice in our God, who shares in our humanity, who calls us to Himself, who brings us a different kind of Peace.



*Christmas  
News So Good. . .  
It Takes A Whole Season  
To Celebrate It!*

*December 24th - January 9th*

Christmas is one of the most important days of the Church year, second only to Easter itself. It is the feast of the incarnation, the feast of God becoming flesh (the Latin "in carne" means "enfleshment"). It is a uniquely Christian teaching, the Divine choosing to become one of us. Because of this belief, God is not only Transcendent, but also wholly Immanent, Emmanuel (God-with-us). While remaining Transcendent (meaning we must rise above our present condition to reach Him), He is at the same time Immanent (meaning He is with us as we rise toward Him). Every Eucharist is like Christmas where the bread and wine are transformed into His flesh, His Body and Blood, and, in a sense, He is born anew on the altar. *The liturgical season of Christmas begins with the vigil Masses on Christmas Eve and concludes on the Feast of the Baptism of the Lord (in 2023, January 9th).* During this season, we celebrate the birth of Christ into our world and into our hearts, and reflect on the gift of salvation that is born with him...including the fact that he was born to die for us. The Christmas tree and the Nativity scene are popular symbols of the season and a tradition in many Christian homes. It is also traditional to exchange Christmas gifts with family and friends as a way to honor God the Father's gift of his only son to the world. Having received the gift of Christ, we naturally want to pass that gift along to our loved ones.

-<http://www.usccb.org/prayer-and-worship/liturgical-resources/christmas/>

**PURGATORIAL  
SOCIETY**

*The following deceased have been enrolled in the  
Sacred Heart Purgatorial Society :*

- PINA EPISCOPO-req.by-Nilde Coiro & Family
- SALVATORE PANNORFI-req.by-Celeste Cappadona
- KAREN PROKOP-req.by-Micki Prokop
- EDWIN RAMIREZ-req.by-Frederick Binetti,

**SECOND COLLECTION NEXT WEEK**

Your generosity in the second collection next week will defray our monthly assessment expense.

**MASS ON DECEMBER 24TH**

The Mass on Saturday, December 24th at 9:00 AM is the Mass for the last day of Advent, it is not a Christmas Mass and does not fulfill the obligation to attend a Christmas Mass.

**A**t Christmas our thoughts naturally turn to those friends and members of our family who shared their faith with us and helped to make each Christmas so special. If you would like to remember your deceased relatives or friends by donating Christmas Flowers and Decorations used to decorate the Church of the Sacred Heart throughout the Christmas Season, just fill in the form below and put it in a plain envelope marked "CHRISTMAS FLOWERS" and drop it in the collection or return it to the parish office at your convenience.

*Christmas Memorial Flowers*

Your Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

**In Memory of:**

- |       |               |
|-------|---------------|
| _____ | Other:\$_____ |
| _____ | \$50          |
| _____ | \$35          |
| _____ | \$25          |
| _____ | \$20          |
| _____ | \$15          |
| _____ | \$10          |



**SACRED HEART HOME SCHOOL  
ANNUAL TRICKY TRAY**

**Friday, January 13th, Sacred Heart School  
Doors Open: 5:30PM Raffles Begin 8:15-8:30PM  
No Alcoholic Beverages Will Be Allowed  
Kitchen Will Be Open**

**Ticket includes: one sheet for 1st Level Prizes.  
Coffee, Tea & Dessert. Call Patty at 201-803-9580 or  
the school at 201-939-4277**

**\$15 Donation per person. No one under 18.**

## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Camen Yangco, Lea Aspile, Perpetua Aspile, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Laney Darmiento, Margot O'Hara, Maureen Branigan, Patricia Coughlin, Andrea Globis, Joann De Lorenzo, Laura MacDonald

**DECEASED:** Frances Sydor, Edith A. Rosa

### CHURCH BELLS CELEBRATE & COMMEMORATE



The Sacred Heart Church bell rings:

#### SUNDAY, DECEMBER 25TH

**In Honor of:** The Intentions of the Cavalcante Family

**Donated by:** Jim & Isabel Cavalcante

#### THURSDAY, DECEMBER 29TH

**In Honor of:** The Intentions of Skye Marie Whittington

**Donated by:** Jim & Isabel Cavalcante

### MEMORIAL DONATIONS

During the week of December 25th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

#### SANCTUARY LAMP:



**In Honor of:** James M. Cavalcante

**Donated by:** Isabel & Jim Cavalcante

#### BREAD & WINE:



**In Honor of:** James M. Cavalcante

**Donated by:** Isabel & Jim Cavalcante

#### MASS CANDLES:



**In Honor of:** James M. Cavalcante

**Donated by:** Isabel & Jim Cavalcante

### YOUR HELP REQUESTED

In conjunction with a major fund raising event on March 16, the parish is requesting gift baskets that will be auctioned off that night. If you are interested in donating a \$25, \$50, or \$75 basket, please drop it off at the parish center. Maybe you received items for the Christmas that you can't use, you can also drop off NEW ITEMS ONLY at the parish center to make up a basket. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising event which will benefit Sacred Heart Church.

DECEMBER 25, 2022



THE NATIVITY OF THE LORD

### CHRISTMAS MASSES

5:00pm John Valente & Albert Alberti

Midnight Carol Petrillo-Lintz

#### SUNDAY - THE NATIVITY OF THE LORD

7:30am Catherine & Pat Costello

9:00am Catherine & Pat Costello

10:30 am Anna Marie Faller & Anthony Michael Silver

12:00pm Scardino & Pereira Families

1:30 pm Pablo Rodriguez

#### MONDAY - St. Stephen, The First Martyr

12:00pm Georgeanna Brown

#### TUESDAY - St. John, Apostle and Evangelist

12:00pm Lorenza & Julian Duran

#### WEDNESDAY - The Holy Innocents, Martyrs

12:00pm Ukraine

#### THURSDAY - Fifth Day within the Octave of the Nativity of the Lord

12:00pm Nenita A. Jacildone (Living)

#### FRIDAY - THE HOLY FAMILY OF JESUS, MARY AND JOSEPH

12:00pm Ukraine

#### SATURDAY - Seventh Day within the Octave of the Nativity of the Lord

9:00am Michael & Loretta La Pollo

#### Anticipated Mass for Sunday

5:00pm Frank Navatta

#### SUNDAY - SOLEMNITY OF MARY, THE HOLY MOTHER OF GOD

7:30am People Of Sacred Heart

9:00am Christian Martin

10:30 am Michael Samarelli

12:00pm Scardino, Pereira & Alongi families

1:30 pm Maria Da Silva

### STEWARDSHIP

December 11th

Sunday - \$7,504

Retired Religious - \$1,943

Immaculate Conception - \$1,448



## Christmas Mass Schedule

Saturday, December 24th

5:00 PM - Family Mass

12:00 AM - Midnight Mass

Sunday, December 25th

7:30 AM, 9:00 AM

10:30 AM, 12:00 PM, 1:30 PM (Spanish)



### Christmas Office Hours

In observance of the Christmas holidays, the parish office will close on Thursday, December 22nd at 2:00pm and reopen on Tuesday, December 27th at 9:00am.

In observance of the New Year's holiday, the parish office will close on Thursday, December 29th at 2:00pm and reopen on Tuesday, January 3rd at 9:00am.

The priests and staff wish our parish family a holy and joy-filled Christmas & New Year!

Merry Christmas & Happy New Year!!!

### THE MARVELOUS EXCHANGE

Man's Creator has become man, and we have become sharers in the divinity of Christ who humbled himself to share our humanity. What do we see when we look into the manger? Our hearts rejoice over the good news that this child has restored us to God. This is the greatest gift!



AmazonSmile is a simple and automatic way for you to give a little support to our parish every time you shop, at **NO COST TO YOU**. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a half of one percent of the purchase price to our parish.

#### Just follow these simple steps:

- 1.) Visit smile.amazon.com. It's just like shopping on amazon.com.
- 2.) Sign in. Simply use your existing Amazon credentials. If you don't have an account, you can create a new one.
- 3.) Start shopping! In the box that says Pick Your Own Charitable Organization type in 324 Ridge Rd. This the address for the church. There are many, many Sacred Heart Churches on AmazonSmile, by using the address it will bring you directly to our parish. Click the yellow select button.
- 4.) If you are already an AmazonSmile user and want to switch your selected charity to be our parish, on the top of the screen you will see your current charity listed. Click the down arrow next to the charity name and follow the directions in step 3.
- 5.) Please remember to shop our smile.amazon.com link every time. Purchases made on the main Amazon.com site do not support our parish.



## Food Pantry Update

We are stocking up our Parish Family Food Pantry for the cold winter months. Can you help us make winter a little warmer for our brothers and sisters struggling with food insecurity?

**Items needed most, at this time, are:** Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, Jelly, Cereal, and beans.

Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help local families without your generosity.** As a reminder, we are unable to package out-of-date food products for distribution to our families.