



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

## SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

**PARISH OFFICE**  
**615 NEW JERSEY AVE**

Charles Sofio  
Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

## RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

## SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
[ldurocher@sacredheartlynd.org](mailto:ldurocher@sacredheartlynd.org)

**SMALL BLESSINGS DAY CARE**  
201-935-0506

**ARCHDIOCESE OF NEWARK**  
973-497-4000



## 30<sup>TH</sup> SUNDAY IN ORDINARY TIME

“But the tax collector stood off at a distance...and prayed, ‘O God, be merciful to me a sinner.’ I tell you, the latter went home justified, not the former; for whoever exalts himself will be humbled, and the one who humbles himself will be exalted.” - Lk 18:13a, 13c-14

### SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

### SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

### SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
Nov. 13, Dec. 11

### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

### SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

### R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

### PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## Thirtieth Sunday In Ordinary Time

For centuries our Church and our cultures have taught us about the "correct" way to approach God (by whatever name He is known). Different societies, ethnic groups and even different religions have come up with "standard" means of practicing prayer, ways of communicating with the transcendent. Men and women throughout history have sought different ways to reach out to God, to "find themselves," to gain nirvana, to get to heaven. Prayer was always considered the first step in the journey.

Young people often abandon the practices of their elders and older folks sometimes tend to take refuge in the devotions and contemplative activities that their children never knew. Those in between seemed to have given up altogether.



The Gospel today gives us two examples of prayer. Jesus' parable should send a signal to people like us who come to church Sunday after Sunday (or even daily), put generous amounts in the collection basket, pledge funds for church building campaigns and diocesan programs and volunteer around the parish and in the community. All this is fine even exemplary, Yet Jesus' parable is still meant for us. We need to check our motives and our attitudes towards self and others because there is a bit of the Pharisee in all of us.

There is a tragic flaw in the Pharisee's prayer. His prayer is about himself and his achievements. The Pharisee seems to love the sound of his own voice praying. He has a rather comfortable life of piety, but his vision doesn't go beyond himself. Indeed, he is looking in the wrong direction. He should be focusing on God.

One of the reasons we pray is to be open to God's voice and stirrings in our heart. Jesus shows where God's heart lies. It is with the repentant tax collector. His focus is on God and not himself, believing God is merciful.

After all of our talk about the experience of prayer, what is really important is that prayer is not something that we do only for ourselves. We do it also for God, not because He needs our attention, but because He wants it.

Attention is the key word here. Prayer is paying attention to the presence of God. It is tending toward the presence of God. It is intending God's presence. It is being tender with God's presence and being able to live with the tension of God's presence. It is living intensely with God's presence.

The Christian understanding of prayer is one where, even though it involves our active participation, it is an event where God has the primary role. He is the Initiator of our prayer, and prayer is always a response to His invitation. In order to respond, we first must listen, be attentive, to tune in to the power of the Spirit within us already.

God is present to us in the most un-magnificent and most ordinary ways. We must be attentive to that presence, because that presence is elusive and fragile and easily missed. Each of us is different, and we each live different styles of life within the community of faith. What the practice of prayer means for each of us will vary also. It may all look different or take different forms but it will always be the same thing. It will be being attentive to the presence of God in our lives. It will involve being faithful to Him, to ourselves and to one another. It will take perseverance and persistence. It will be both the joy of the mountaintop and the drought of the desert.

Prayer, in this sense, is not so much something we do, but rather a way of seeing and hearing what in fact is already being done.

# amazon smile

## You shop. Amazon gives.

AmazonSmile is a simple and automatic way for you to give a little support to our parish every time you shop, at **NO COST TO YOU**. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a half of one percent of the purchase price to our parish.

### Just follow these simple steps:

- 1.) Visit smile.amazon.com. It's just like shopping on amazon.com.
- 2.) Sign in. Simply use your existing Amazon credentials. If you don't have an account, you can create a new one.
- 3.) Start shopping! In the box that says Pick Your Own Charitable Organization type in 324 Ridge Rd. This is the address for the church. There are many, many Sacred Heart Churches on AmazonSmile, by using the address it will bring you directly to our parish. Click the yellow select button.
- 4.) If you are already an AmazonSmile user and want to switch your selected charity to be our parish, on the top of the screen you will see your current charity listed. Click the down arrow next to the charity name and follow the directions in step 3.
- 5.) Please remember to shop our smile.amazon.com link every time. Purchases made on the main Amazon.com site do not support our parish.

\*\*If you have friends or family members who are Amazon shoppers, why not ask them if they would help our parish too?!\*\*

## ONLINE GIVING AT SACRED HEART

Did you know you can give online to our parish with Zelle, or with a debit or credit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.



1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacred-heartchurch@comcast.net.

**Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.**

2. You can visit [www.sacredheartlynd.org](http://www.sacredheartlynd.org), our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

## Food Pantry Update

*"Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me." Mt 25:40*

The next food pantry openings will be on and on October 22nd and 29th.



**Items needed most, at this time, are:** Fruit, Pasta Sauce, Pasta

(including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, Jelly, Cereal, and beans.

Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help local families without your generosity.** As a reminder, we are unable to package out-of-date food products for distribution to our families.

### COMING SOON

#### Christmas Mega 50/50 Raffle

An Opportunity To Win \$5,000 And  
Make \$5,000 For Our Parish  
Just In Time For Christmas  
**\$50 Per Ticket**

#### Only 200 Tickets Will Be Sold

Increasing Your Odds Of Winning

**If We Are Successful In Selling ALL 200 Tickets**

\$5,000 Will Go To The Winner And  
\$5,000 Will Go To The Parish

### SECOND COLLECTION THIS WEEKEND

#### WORLD MISSION SUNDAY

In 1926 Pope Pius XI instituted Mission Sunday for the whole Church with the first worldwide Mission Sunday collection taking place in October 1927. The Mission Sunday collection is always taken on the next to last Sunday during the month of October. That day is celebrated in all the local Churches as the feast of catholicity



**World Mission Sunday**

and universal solidarity so Christians the world over will recognize their common responsibility with regard to the evangelization of the world. **The second collection this weekend is your opportunity to participate in this legacy of a world wide evangelization effort.**

## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Camen Yangco, Lea Aspile, Perpetua Aspile, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Laney Darmiento, Margot O'Hara, Maureen Branigan, Stanley Albanese, Patricia Coughlin, Andrea Globis

**DECEASED:** Maria Maldonado, Bill Prendergast, Barbara Ruzika

### CHURCH BELLS CELEBRATE & COMMEMORATE



The Sacred Heart Church bell rings:

#### SUNDAY, OCTOBER 23RD

**In Honor of:** The Intentions of the Cavalcante Family

**Donated by:** Jim & Isabel Cavalcante

### FLU VACCINATIONS AVAILABLE



Under the direction of Public Affairs Commissioner Karen Haggerty & Health Coordinator Janine Barone the Lyndhurst Health Department will be holding its Flu Shot Clinic at 253 Stuyvesant Avenue on October 26th from 9:00 a.m. – 5:30 p.m. Please call the Health Department at 201-804-2500 for Appointments

### MASS INTENTIONS AVAILABLE 2023

There are still some weekday and Sunday Mass intentions available in 2023. The stipend for a weekday and Saturday morning Mass is \$10. The stipend for a Saturday evening or Sunday Mass is \$20. If you would like to book a Mass intention for your family or friend, please stop by the parish office.

### DO YOU HAVE A FEW HOURS TO SPARE EACH MONTH?

Our parish **food pantry volunteers** play a key role in helping to end hunger in our community.

We are currently **in need of assistance checking expiration dates, bagging groceries, and interacting with families.**

This is a great opportunity for those who can speak Spanish, so as to help communicate with some of the families, and for students seeking service hours. **Schedules are flexible.** Some volunteers come weekly, others help with our pantry openings, and some come only occasionally.

Please contact Micki Prokop (201-788-0911) or Beverly Dalzell (201-988-5171) if you would like to help or have any questions.

### MIDDLE SCHOOL TEACHER NEEDED

Queen of Peace Grammar School in North Arlington is seeking a full or part time middle school social studies/literature teacher.

Please contact Dr. Linda Jacewich

Phone #201-998-8222 Fax #201-997-7930

## OCTOBER 23, 2022

Thirtieth Sunday  
In Ordinary Time



#### Anticipated Mass for Sunday

5:00pm August Papamarkos

#### SUNDAY - Thirtieth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Lorraine & Erwin Breitkoff

10:30 am John Ruggier

12:00pm Antoinette & Michael Di Preta

1:30 pm Carlos Ruiz Lara

#### MONDAY - Weekday/St. Anthony Mary Claret, Bishop

12:00pm Ukraine

#### TUESDAY - Weekday

12:00pm Laura Manning

#### WEDNESDAY - Weekday

12:00pm Ukraine

#### THURSDAY - Weekday

12:00pm Lorenza & Julian Duran

#### FRIDAY - Sts. Simon and Jude, Apostle

12:00pm Ukraine

#### SATURDAY - Weekday/Blessed Virgin Mary

9:00am Ukraine

#### Anticipated Mass for Sunday

5:00pm O.C.

#### SUNDAY - Thirty-First Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am O.C.

10:30 am John Ruggier

12:00pm O.C.

1:30 pm Senor de los Milagros

### STEWARDSHIP

October 9th

Sunday Collection - \$5,202

Fuel Collection - \$1,642

Add'l Assessment - \$77

October 16th

Sunday Collection - \$6,467

Reminder: We need \$6,600 in the Sunday Collection to cover our budgeted expenses. Thank you!



THE PARISH OF SACRED HEART IN LYNDBURST  
INVITE YOU TO JOIN US TO CELEBRATE THE FEAST OF OUR LADY OF GUADALUPE

**Feast Location: Sacred Heart School cafeteria  
Saturday . December 3,2022 At 1:00 pm**

\*\*\* Tickets will be sold at all Masses starting in November  
Adults - **\$10** – Include Food, drink, coffee and desert  
Teenagers - (12 a 6 años) **\$ 5**  
Childrens (under 6) **Free**

There will be music, raffles (**\$2 & \$5** each tickets) with great prizes, entertainment, delicious food, surprises for the children and especially, we will all have a moment to celebrate this feast as a community to help our parish.

**Note:** Our Lady of Guadalupe bilingual mass will be : Lunes 12 de diciembre a las 7:00pm

For Donation please : Carmen (201)-390-8968

Natalia (201) 539-9674