



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071  
Phone: 201-438-1147 Fax: 201-507-5861  
www.sacredheartlynd.org

## SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

## PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
sacredheartchurch@comcast.net

## RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

## SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
ldurocher@sacredheartlynd.org

## SMALL BLESSINGS DAY CARE 201-935-0506

## ARCHDIOCESE OF NEWARK 973-497-4000



## 21<sup>st</sup> Sunday

I N O R D I N A R Y T I M E

[Jesus] answered them, "Strive to enter through the narrow gate for many, I tell you, will attempt to enter but will not be strong enough." - Lk 13:24

### SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

### SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

### SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
Sep. 11, Oct. 9, Nov. 13, Dec. 11

### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

### SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

### R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

### PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## Twenty-First Sunday In Ordinary Time

The human story is filled with broken dreams. Created in the image of God, we can fashion marvelous possibilities of success, fame and pleasure, and spend much of our time and effort trying to make at least some of these dreams come true. But we will always encounter along the way people or circumstances that will shatter those dreams.

Jesus was a person of promise. So much of what He said and did seemed to speak of peace and freedom and new creation. Then suddenly the bubble burst, the dream was nailed to a cross, and the one who had promised fullness of life was dead and buried. Many walked away disillusioned. But the Risen Lord joined them, to point out how the Scriptures clearly foretold that the Messiah must first suffer before coming into his kingdom, and to reveal himself to them in the breaking of the bread. He restored their faith and made their dream live again.

The Gospel of Luke reminds us once again that we are on the "way to Jerusalem" with Jesus. It reminds us that this spiritual journey begins by entering the "narrow gate." This means that the guiding force in our lives ought to be the loving concern that took Jesus himself to the end of his career as he gave his life for us in Jerusalem. Luke is thinking about the true purpose of this human life that God has given us.

As we make our way on this spiritual journey, we too must inevitably ask the question posed in today's gospel: "Lord, will we be among those who are saved? Are we among those who will make this journey successfully?" And Jesus answers our question with words that dispel any complacency that we may have been entertaining: "Strive to enter through the narrow gate." To love and to live as He did will not be easy.

The Gospel message echoes down the centuries to console those who have come to faith in Jesus. There are always moments when the dream fades and hopes are dimmed. Evil, suffering and death continue to burst the dreams of believers, and many are tempted to walk away from the Lord and from his community of faith. But the Risen Savior continues to walk with us, to lead us back to the Scriptures for the answers, and to reveal Himself again to us in the breaking of the Bread of the Eucharist.

If we begin now to know and serve the Lord in the least of his brothers and sisters, to love Him in the poor, the outcast, the lonely, the sinner, then we will not be like those who "stand outside" and "knock at the door" when once the master of the house "has arisen and locked the door." We will need not fear to hear him say: "I do not know where you are from." (Luke 13:25.) Everything we do - prayer, worship, sacramental life, learning, teaching, serving, healing, comforting, forgiving - all must be done in the name and power of Jesus. We must affirm by word and work that He is Lord, and that salvation, peace and justice can come only through the power of His name. But all this is useless - unless we are constantly renewing, improving, and growing in our personal and communal faith, so that people see in us, in what we say and do, a continuation of the presence and power of Jesus.

Very often, activities in a parish can be just saving the saved, self-serving, and very parochial. We cannot let that happen. We must not let that happen. We are not given the gift of faith, the privilege of Baptism and Eucharist, for our own private good or aggrandizement. We are sent to serve. We are commissioned to be the voice and the hands and the heart of Jesus in our world.

People need to see us as a group of believers dedicated totally to hastening the coming of the kingdom of God. We must be recognized as peacemakers, as instruments of God's compassion and mercy. We must be known as people who not only pray together and offer meaningful worship to God, but also a people who work together for justice, who feed the poor, who are concerned about the homeless, who fight to save our young people from addiction to drugs and alcohol, who defend the quality of our environment, the sanctity of life and the dignity of faithfulness in marriage.

We are not waiting for God's promise of redemption to be fulfilled. Rather, we are supposed to be living as people who have already experienced the incredible goodness of God... people who have been baptized into Jesus Christ and who share His life... We are called to be people who recognize the difficulties of entering through the narrow gate, but who do so nonetheless.

# amazon smile

## You shop. Amazon gives.

AmazonSmile is a simple and automatic way for you to give a little support to our parish every time you shop, at **NO COST TO YOU**. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a half of one percent of the purchase price to our parish.

### Just follow these simple steps:

- 1.) Visit smile.amazon.com. It's just like shopping on amazon.com.
- 2.) Sign in. Simply use your existing Amazon credentials. If you don't have an account, you can create a new one.
- 3.) Start shopping! In the box that says Pick Your Own Charitable Organization type in 324 Ridge Rd. This is the address for the church. There are many, many Sacred Heart Churches on AmazonSmile, by using the address it will bring you directly to our parish. Click the yellow select button.
- 4.) If you are already an AmazonSmile user and want to switch your selected charity to be our parish, on the top of the screen you will see your current charity listed. Click the down arrow next to the charity name and follow the directions in step 3.
- 5.) Please remember to shop our smile.amazon.com link every time. Purchases made on the main Amazon.com site do not support our parish.

**\*\*If you have friends or family members who are Amazon shoppers, why not ask them if they would help our parish too?!\*\***

## ANNUAL SENIOR CITIZENS FESTIVAL TUE., SEP 13, 10:00 - 2:00

If you are 60+ years old, join us at Van Sausan County Park for a special day including lunch, craft fair, music & entertainment and information tables. For more information please call Senior Services at 201-336-7416.

## FREE CANCER SCREENINGS

Free Cancer Screenings are provided to Bergen County residents. For women screenings for Breast, Cervical & Colorectal. For men screenings for Prostate & Colorectal. Services provided at Englewood Health, Valley Hospital and Bergen Imaging Center. Call 201-634-2660 for details.

## Friday Eucharistic Adoration Fridays, 12:30 - 3:00 pm



*"In a world where there is so much noise, so much bewilderment, there is a need for silent adoration of Jesus concealed in the Host. Be assiduous in the prayer of adoration and teach it to the faithful. It is a source of comfort and light, particularly to those who are suffering."*

- Pope Benedict XVI

During Eucharistic Adoration, the faithful pray to Jesus Christ, who is present in the Eucharist. The

Eucharist, also referred to as the Blessed Sacrament, is typically kept in the tabernacle in our church.

While it is true that you can pray to God anywhere and that He is always within you, it is especially powerful to adore Jesus in the Eucharist. In the presence of the Eucharist, we pray to the power and sacrifice that it represents — the body of Jesus, who gave His life so that we may live. It is His Body, Blood, Soul and Divinity that is really, truly, and substantially present in the Eucharist.

## LIFEMARK MOVIE IN THEATERS SEP. 9 - 15

LIFEMARK is a movie that will grip your heart with the truth that every life matters to God and should matter to us. This drama based on a true story will keep you on the edge of your seat with unexpected twists and turns while demonstrating that God cares about every detail in each of our lives while He's writing a story that only He can write. You'll get a front-row seat to seeing how God showed up for these families ... which illustrates that He's invested in your life story too. Visit lifemarkmovie.com to learn more. AMC Clifton Commons 16 - 405 NJ-3 East, Clifton  
AMC Ridgefield Park 12 - 75 Challenger Rd., Ridgefield Park

## ONLINE GIVING AT SACRED HEART

Did you know you can give online to our parish with Zelle, or with a debit or credit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

**Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.**

2. You can visit [www.sacredheartlynd.org](http://www.sacredheartlynd.org), our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Camen Yangco, Lea Aspile, Perpetua Aspile, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Laney Darmiento, Margot O'Hara, Maureen Branigan

**DECEASED:** All those from our parish family the Lord has called home.

### CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

#### SUNDAY, AUGUST 21ST

**In Honor of:** The Intentions of the Cavalcante Family

**Donated by:** Jim & Isabel Cavalcante

#### MONDAY, AUGUST 22ND

**In Honor of:** Evaristo Hernandez

**Donated by:** Spanish Lectors



### MEMORIAL DONATIONS

During the week of August 21, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

#### BREAD & WINE:



**In Honor of:** Evaristo Hernandez

**Donated by:** Spanish Lectors

## VENERATION OF ST. PIO RELICS

On June 16, 2022, the world of faithful and millions of devotees of Saint Pio of Pietrelcina will have an important occasion to celebrate. It will be 20 years since Pope John Paul II declared Padre Pio a Saint. To celebrate this remarkable occasion, the Saint Pio Foundation has established the religious traveling art exhibition "I Embrace You".

The Saint Pio Foundation invites all to attend the veneration of Saint Pio's relics at the **Cathedral Basilica of the Sacred Heart in Newark on September 12 and September 13.**

## DO YOU HAVE A FEW HOURS TO SPARE EACH MONTH?

Our parish **food pantry volunteers** play a key role in helping to end hunger in our community.

We are currently **in need of assistance checking expiration dates, bagging groceries, and interacting with families.**

This is a great opportunity for those who can speak Spanish, so as to help communicate with some of the families, and for students seeking service hours. **Schedules are flexible.** Some volunteers come weekly, others help with our pantry openings, and some come only occasionally.

Please contact Micki Prokop (201-788-0911) or Beverly Dalzell (201-988-5171) if you would like to help or have any questions.

## AUGUST 21, 2022

Twenty-First Sunday In Ordinary Time



### Anticipated Mass for Sunday

5:00pm Josephine Gingerelli

### SUNDAY - Twenty-First Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am John Ruggier

10:30 am James M. Cavalcante

12:00pm Amador Castelo Rodriguez

1:30 pm Maria Luisa del Risco

### MONDAY - The Queenship of the Blessed Virgin Mary

12:00pm Mary Belanger

### TUESDAY - Weekday/St. Rose of Lima, Virgin

12:00pm Donna & Pasquale Accola

### WEDNESDAY - St. Bartholomew, Apostle

12:00pm Joseph Tasch

### THURSDAY - Weekday/St. Louis/St. Joseph Calasanz, Priest

12:00pm Ofelia & Kenny Rodriguez (Living)

### FRIDAY - Weekday

12:00pm Angelo & Christina Chimento

### SATURDAY - St. Monica

9:00am Kevin & Lindsey Sison (Living)

### Anticipated Mass for Sunday

5:00pm Lorenza & Julian Duran

### SUNDAY - Twenty-Second Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am James M. Cavalcante

10:30 am Rudy & Ador Vargas

12:00pm Josefa Munize Perez

1:30 pm Jose Jesus Casarrubia

## STEWARDSHIP

Sunday - \$5,566

Assessment Coll - \$1,400

Assumption - \$338

Add'l Church In Africa - \$135

Reminder: We need \$6,600 in the Sunday Collection to cover our budgeted expenses. Thanks so much for your continued generosity!

Come Join us Celebrate our 100th Year of Service to our Community



## Saturday September 10th

Mass Celebration 4:30 pm at  
Our Lady of Mt. Carmel Church, Lyndhurst  
Cocktails 6:00 pm / Dinner & Dance at 7:00 pm  
Fiesta, 255 Rt. 17 South, Wood-Ridge  
Pre-order your seats online  
\$75 per person , \$700 for tables of 10



Have Questions? Feel free to contact us at (551) 587-8402 for more information.

## RELIGIOUS EDUCATION CLASSES 2022 - 2023 SCHOOL YEAR

**There is no greater gift that you can give to a child than to share your faith in Jesus Christ.** Our Religious Education program is always in need of teachers, aides, substitute teachers, hall monitors, and office helpers. Are you willing to help our children learn more about the love that Jesus Christ has them in the 2022-2023 school year? No special religious education training is required.



If you are interested in volunteering, call our parish Catechetical Leader, Ryan Tobiason at 201-935-3094.

### Religious Education Enrollment

Now is the time to register your child for the 2022 - 2023 school year. The religious education registration form is available on our parish webpage at [www.sacredheartlynd.org](http://www.sacredheartlynd.org). Click on the church link. Scroll down to the Sacred Heart Community section and click on the Religious Education CCD link. Print out the form and fill it in. Completed forms with payment can be dropped off at the parish office at 615 New Jersey Ave. Any questions call Ryan Tobiason at 201-935-3094.

## Food Pantry Update

Do you have a few hours to spare each month? Our parish food pantry can use some assistance checking dates, bagging groceries, and interacting with families. This is a great opportunity for those who can speak Spanish and for students seeking service hours. Please contact Micki Prokop (201-788-0911) or Beverly Dalzell (201-988-5171) if you would like to help or have any questions.

If you can donate any of these items, it would be greatly appreciated: Vegetables, Fruit, Spaghetti, Potatoes (small packages or canned), Peanut Butter, Jelly, Macaroni and Cheese, and Tea.

*Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.*

Thank you for all of the generous donations. It's only with your help that we are able to keep our food pantry stocked. Thanks to your continuous and generous support we were able to help our brothers and sisters in need throughout the pandemic.

*As a reminder, we are unable to package out-of-date food products for distribution to our families.*

With the pandemic issue still being felt by many, the Sacred Heart Food Pantry is letting those in need know there is food also available at St. Micheal's Rectory, 624 Page Ave, Lyndhurst, every Wednesday 10:00AM to noon, The only information needed is name, address, phone number and I.D.