



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE
615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



16TH SUNDAY IN ORDINARY TIME

The Lord said to her in reply, "Martha, Martha, you are anxious and worried about many things. There is need of only one thing. Mary has chosen the better part and it will not be taken from her." - Lk 10:41-42

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Jul. 10, Aug. 14, Sep. 11, Oct. 9, Nov. 13, Dec. 11

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

Sixteenth Sunday In Ordinary Time

In this week's readings, we see examples of age-old values: service, stewardship and contemplation. Abraham drops everything and welcomes three strangers into home, while his wife Sarah is unexpectedly forced to prepare an elaborate meal for them. Mary of Bethany sits at the feet of the Lord, clinging to His every word. Her sister Martha occupies her time with the business "playing the perfect hostess" - with a little resentment thrown in for good measure.

What does this have to do with us today? What does this have to do with our faith? What does this have to do with family or parish life? More importantly, what does this have to do with the larger issue of our global responsibility of welcoming one another?

The Scriptures speak to us of "hospitality." The people of Israel were very familiar with the concept of hospitality. Throughout their entire troubled history, they never lost sight of the fact that God was their host - always listening to their prayers, constantly providing for their every need. Even when they reached the "Promised Land" they saw themselves as guests in the homeland that God had provided them.

The first followers of Jesus and the early Christians would have had that same ancient understanding of hospitality and welcome. There were many gifts among the men and women in the early church, some like Mary's were quiet disciples attentive to the words of Christ; others were very active. In their own ways, both Martha and Mary welcome Christ, each has apparently heard his teachings and shown love to God and service to neighbor.

Hospitality - making others feel welcomed and at home - is actually a gift that originates in God and which He offers to us. But the welcoming is a two-way street. We discover that hospitality is much more than being "hospitable." Hospitality is being present to the moment, being present to one another in ways that go beyond mere servitude.

We are the ones who must welcome God into our lives. We are the ones who must welcome each other. Most times, the "guests" that wander into our lives are not always the usual people we find on guest lists, those of equal social and economic ranking to our own.

But we are also the ones who must allow ourselves to be welcomed. True faith is to be like both Mary and Martha: to be welcoming and to be welcomed.

Abraham showed his hospitality by enthusiastically welcoming strangers, and by doing so, he welcomed the Lord himself. Mary's is an example of a deep hospitality. She gave what mattered most. She recognized Jesus as a person. She sat with him, opened her heart to him and she listened to him.

We can learn a lesson from Abraham, Sarah, Mary and Martha. There are times when we need to be busy - to be engrossed in our duties. Both in the family and in our parish, we can let our activities become the driving force in our lives. We can become so wrapped up in our duties that we lose sight of the reason we are ministering in the first place.

But we can never allow ourselves to become too busy for the people in our lives. We need to strike a balance between the time we busy ourselves with work and the time we give to others. Listening and service go hand in hand, and we need to spend a little time communicating with each other: listening and recognizing and appreciating one another. It is only then that we will grow in the realization of God's presence in our lives and in the lives of those around us.

All Christians are called to be listeners of the Word - something we do each time we gather at Liturgy and listen to the proclamation of the Word. We are also called to service of our neighbor, which we do as we go forth from the Table of the Lord to return to our busy lives. In our dealings with one another, we must touch the most fundamental needs of our humanity, and help each other to see how uniquely the gift of Jesus and His Gospel fulfill those needs.

That is true hospitality.



You shop. Amazon gives.

AmazonSmile is a simple and automatic way for you to give a little support to our parish every time you shop, at **NO COST TO YOU**. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a half of one percent of the purchase price to our parish.

Just follow these simple steps:

- 1.) Visit smile.amazon.com. It's just like shopping on amazon.com.
- 2.) Sign in. Simply use your existing Amazon credentials. If you don't have an account, you can create a new one.
- 3.) Start shopping! In the box that says Pick Your Own Charitable Organization type in 324 Ridge Rd. This is the address for the church. There are many, many Sacred Heart Churches on AmazonSmile, by using the address it will bring you directly to our parish. Click the yellow select button.
- 4.) If you are already an AmazonSmile user and want to switch your selected charity to be our parish, on the top of the screen you will see your current charity listed. Click the down arrow next to the charity name and follow the directions in step 3.
- 5.) Please remember to shop our smile.amazon.com link every time. Purchases made on the main Amazon.com site do not support our parish.
If you have friends or family members who are Amazon shoppers, why not ask them if they would help our parish too?!

HOW TO REPORT ABUSE

The Archdiocese of Newark takes very seriously any and all complaints of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform the Archdiocese immediately so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Individuals who report an allegation of sexual misconduct may do so by calling the Victim's Assistance Coordinator of the Archdiocesan Office of Child and Youth Protection at (201)407-3256. The phone numbers for the County Prosecutors within the Archdiocese are:
Bergen - (201) 646-2300
Essex - (973) 621-4700
Hudson - (201) 795-6400
Union - (908) 527-4500

Friday Eucharistic Adoration

Fridays, 12:30 - 3:00 pm

"Woman, why are you weeping? Whom are you looking for?" She thought it was the gardener and said to him, "Sir, if you carried him away, tell me where you laid him, and I will take him." Jn 20:15

Like Mary Magdalene, we many times are searching for intimate communion with Jesus but fail to discern His presence in our lives, even when He is very close to us. Don't miss this opportunity to spend some intimate time in adoration *and be in the real presence of our risen Lord!*

CHURCH BELLS

CELEBRATE & COMMEMORATE



The Sacred Heart Church bell rings:

TUESDAY, JULY 19TH

In Honor of: The Memory of James M. Cavalcante
At Rest With The Lord

Donated by: Jim & Isabel Cavalcante

ST. ANN'S ITALIAN FESTIVAL, HOBOKEN

JULY 22ND - JULY 26TH

The St. Ann's Italian Festival will be held on Friday, July 22nd through Tuesday, July 26th at 704 Jefferson Street. Visitors can expect to see the festival's famous Zeppoles, cheesesteaks, rice balls, wood-fired pizza, fried calamari, seafood salad, and more. There will also be a beer garden and live music for everyone to enjoy. The festival will be running at the following times:

- Friday, July 22nd: 6PM-11PM
- Saturday, July 23rd: 2PM – 11PM
- Sunday, July 24th: 2PM – 11PM
- Monday, July 25th: 6PM – 11PM
- Tuesday, July 26th – St Ann Feast Day: 1PM – 11PM

ONLINE GIVING AT SACRED HEART

Did you know you can give online to our parish with Zelle, or with a debit or credit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Jeanne Dziencio, Norma Altreche, Kim Stefani, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Camen Yangco, Lea Aspile, Perpetua Aspile, Anne Montillo, Christopher Di Giozanna

DECEASED: Richard J. Glowacki

MEMORIAL DONATIONS

During the week of July 17th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

SANCTUARY LAMP:



In Honor of: James M. Cavalcante
At Rest With The Lord

Donated by: Isabel & Jim Cavalcante

BREAD & WINE:



In Honor of: James M. Cavalcante
At Rest With The Lord

Donated by: Isabel & Jim Cavalcante

MASS CANDLES:



In Honor of: James M. Cavalcante
At Rest With The Lord

Donated by: Isabel & Jim Cavalcante

A FRIENDLY REMINDER ABOUT APPROPRIATE SUMMER ATTIRE AT MASS

Dressing for Mass is simply a matter of showing proper respect, not only for God, but for others around us and ourselves. We should keep in mind the dignity of what we celebrate when we come together for the Mass, which is nothing less than the wedding feast of the Lord, as well as the dignity of the people assembled, who are no one less than the children of God. Remember the days when we wore our "Sunday best," our finest outfits, to Mass? Dress codes at Mass have certainly relaxed over the years. With the warm weather upon us, it is particularly important that we dress appropriately and modestly for Mass, so here are some rules to follow for modest and proper Mass attire during the summer months:

*Hemlines on dresses and skirts fall at or just slightly above the knee

*No muscle tee-shirts

*Hemlines on shorts fall near the knee (no short-shorts)

*No exposed undergarments.

*Shoulders and midribs are covered

*Necklines are modest - not low-cut

*No beachwear - no swimsuits with cover-ups for females, no swim trunks for males

JULY 17, 2022

Sixteenth Sunday In Ordinary Time



Anticipated Mass for Sunday

5:00pm John Ruggier

SUNDAY - Sixteenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Marco Battista

10:30 am Eleanor Cappadona

12:00pm Julio Lopez

1:30 pm Juan & Daysi Morales

MONDAY - Weekday/St. Camillus de Lellis, Priest

12:00pm Joseph D'Amore

TUESDAY - Weekday

12:00pm Arsenio Aromando

WEDNESDAY - Weekday/St. Apollinaris, Bishop and Martyr

12:00pm James M. Cavalcante

THURSDAY - Weekday/St. Lawrence of Brindisi, Priest and Doctor of the Church

12:00pm Julio Lopez

FRIDAY - St. Mary Magdalene

12:00pm Romina Reyes Nepomuceno

SATURDAY - Weekday/St. Bridget, Religious/Blessed Virgin Mary

9:00am Dolores & Robert Mc Adam

Anticipated Mass for Sunday

5:00pm James & Margaret Carchio

SUNDAY - Seventeenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Dolores & Robert Mc Adam

10:30 am James M. Cavalcante

12:00pm Jerry Di Preta

1:30 pm Amador Castelo Rodriguez

STEWARDSHIP

Sunday, July 3rd

Sunday - \$5,050

Assessment - \$1,945

Add'l Peter's Pence - \$59

Sunday, July 10th

Sunday - \$4,891

Retired Priest - \$1,408

Add'l Peter's Pence - \$60

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2022

THANK YOU!! THANK YOU!! THANK YOU!!

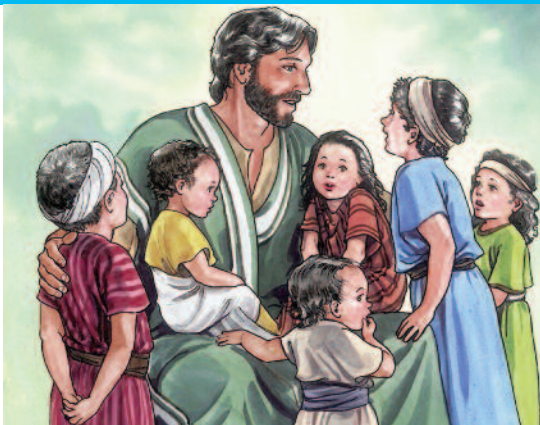
THANKS TO YOUR VERY GENEROUS SUPPORT WE HAVE SURPASSED OUR GOAL OF \$34,000 IN PAID PLEDGES.

OUR PARISH NOW QUALIFIES FOR A 2% DISCOUNT ON OUR ASSESSMENT EXPENSE.

ADDITIONALLY, THE ANNUAL APPEAL NOW BECOMES A FUND RAISER FOR OUR PARISH. THE ARCHDIOCESE WILL REBATE ALL EXCESS FUNDS RECEIVED TO OUR PARISH.

IF YOU HAVE A BALANCE ON YOUR PLEDGE TO THE ANNUAL APPEAL PLEASE CONTINUE TO MAKE YOUR PAYMENTS AS THESE FUNDS WILL BE REBATED BACK TO OUR PARISH AND WILL NOT BE SUBJECT TO THE MONTHLY ASSESSMENT!!

ARE YOU WILLING TO SHARE OUR FAITH WITH THE YOUTH OF OUR PARISH FAMILY?



There is no greater gift that you can give to a child than to share your faith in Jesus Christ.

Our Religious Education program is always in need of teachers, aides, substitute teachers, hall monitors, and office helpers.

Are you willing to help our children learn more about the love that Jesus Christ has for them in the 2022-2023 school year?

No special religious education training is required. If you are interested in volunteering, call our parish Catechetical Leader, Ryan Tobiason at 201-935-3094.

Food Pantry Update

Do you have a few hours to spare each month? Our parish food pantry can use some assistance checking dates, bagging groceries, and interacting with families. This is a great opportunity for those who can speak Spanish and for students seeking service hours. Please contact Micki Prokop (201-788-0911) or Beverly Dalzell (201-988-5171) if you would like to help or have any questions.

If you can donate any of these items, it would be greatly appreciated: Vegetables, Fruit, Spaghetti, Potatoes (small packages or canned), Peanut Butter, Jelly, Macaroni and Cheese, and Tea.

Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.

Thank you for all of the generous donations. It's only with your help that we are able to keep our food pantry stocked. Thanks to your continuous and generous support we were able to help our brothers and sisters in need throughout the pandemic.

As a reminder, we are unable to package out-of-date food products for distribution to our families.

With the pandemic issue still being felt by many, the Sacred Heart Food Pantry is letting those in need know there is food also available at St. Michael's Rectory, 624 Page Ave, Lyndhurst, every Wednesday 10:00AM to noon. The only information needed is name, address, phone number and I.D.