



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

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www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE
615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
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SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



13TH SUNDAY IN ORDINARY TIME

And another said, "I will follow you, Lord, but first let me say farewell to my family at home." To him Jesus said, "No one who sets a hand to the plow and looks to what was left behind is fit for the kingdom of God." - Lk 9:61-62

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Jul. 10, Aug. 14, Sep. 11, Oct. 9, Nov. 13, Dec. 11

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

Thirteenth Sunday In Ordinary Time

As adults, we can claim to have seen a lot in our lives. We are experienced in some of the rough parts of life. We have had promises broken, been betrayed and had our share of disillusionment. Our instinct for survival fights fiercely against any threat to our identity and our existence. All of the forces of today's world, all of the sophisticated developments in the field of knowledge and multi-media combine to teach us to love self, to cultivate a strong self-image, to resist and overcome anything that would diminish the quality of our lives. We can become frustrated and even cynical at times, and yet there is a trusting child within each of us - one who is willing to put his/her hand in the one who walked the road to Jerusalem, trust him and follow wherever he would lead.

Judging from the Scripture we hear today and in so many others, the call to discipleship comes in the ordinariness of our lives, along the road or, like Elisha, while we are plowing, busy about our day's work: teaching a class; waiting on tables; straightening our desk; turning on the computer; answering the phone; sitting at the reception desk; tending to our children. In one way or another, the invitation to "Follow Him" comes every day - it is very present tense - and it suggests that we pause, listen for a moment, wonder what we must stop doing and how we can respond.

The call to discipleship is not old, it is as new as this day... always inviting a response of faith and trust, simply because we recognize that we do not have all the answers we once thought we had. We are not sure where we are being led, but we know the one who is inviting us and we know that we will be led to a better place than we could have ever provided for ourselves. Jesus seems to be saying that when we choose to become his followers, we must act immediately, we must choose to give up our own identity and, in some sense, even our own life... because this is the only way we can really discover our true selves.

Jesus tells us right up front that there's no looking back. There is no turning back. On the face of it, this idea sounds unnatural, almost suicidal. But as we watch Jesus live it out in His own choices and actions, we begin to understand. He put His will, His gifts, His very life at the service of His Father. He trusted the love and providence of His Father. Step by step, He began to experience how His Father's love turned evil into good, and dying into living. Every time He chose the Father's will instead of His own, He was freer, richer, more complete as a man. Every time He put aside His own desires to serve others, He became more fully alive, more fully a part of everyone else.

It is this kind of unselfish love that propels people into lives of service and ministry, into marriage and family, into priesthood and religious life. It is this kind of commitment to the Lord that is put to the test by the trials of life - sickness, failure, natural disasters, the death of our loved ones. We get to understand what "dying to self" means when our patience is tried to the breaking point by a rebellious teenager, or an irresponsible spouse, or the death of a loved one. We are asked to give up our own lives in favor of a parent suffering with alzheimers, or a victim of AIDS, or someone close to us who is being destroyed by drugs or alcohol.

The true follower of Jesus is not surprised, or angered, or lost in despair when this happens. To walk in the footsteps of the Master means to put aside self, willingly, generously, and with absolute trust. It means giving without measuring the cost. It means putting our hands to the plow and not looking back. It means putting on Christ, allowing him to live in us and through us. By His grace, we deny self, we lose our life... but we are absolutely certain that with Him we shall inherit the fullness of life and happiness, forever.

It's clear from what Jesus says that being his disciple is not a part-time job; something we do only on Sunday at church and occasionally doing a few good deeds during the week. Taking up the cross isn't a part-time practice we do on Good Friday, or when we are feeling strong and resilient. Nor is sacrifice in Jesus' name something reserved for some specially selected martyrs whose names are inscribed on Christian monuments. Instead, Jesus says losing our lives for his sake must be daily. It's not a part-time religion; it's a full-time following! Taking up his cross is part and parcel of the lives of all who follow him.

St. Paul tells us: "For freedom, Christ has set us free." Freedom from death and sin. Freedom to Love; freedom to live. What we know to be absolutely true is that our response to Jesus' invitation involves us for the long haul and it will require sacrifice. We also know that his call and our faithfulness to it, is totally liberating.

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AmazonSmile is a simple and automatic way for you to give a little support to our parish every time you shop, at **NO COST TO YOU**. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a half of one percent of the purchase price to our parish.

Just follow these simple steps:

- 1.) Visit smile.amazon.com. It's just like shopping on amazon.com.
- 2.) Sign in. Simply use your existing Amazon credentials. If you don't have an account, you can create a new one.
- 3.) Start shopping! In the box that says Pick Your Own Charitable Organization type in 324 Ridge Rd. This the address for the church. There are many, many Sacred Heart Churches on AmazonSmile, by using the address it will bring you directly to our parish. Click the yellow select button.
- 4.) If you are already an AmazonSmile user and want to switch your selected charity to be our parish, on the top of the screen you will see your current charity listed. Click the down arrow next to the charity name and follow the directions in step 3.
- 5.) Please remember to shop our smile.amazon.com link every time. Purchases made on the main Amazon.com site do not support our parish.

****If you have friends or family members who are Amazon shoppers, why not ask them if they would help our parish too?!****

HOW TO REPORT ABUSE

The Archdiocese of Newark takes very seriously any and all complaints of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform the Archdiocese immediately so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Individuals who report an allegation of sexual misconduct may do so by calling the Victim's Assistance Coordinator of the Archdiocesan Office of Child and Youth Protection at (201)407-3256.

The phone numbers for the County Prosecutors within the Archdiocese are:

- Bergen - (201) 646-2300
- Essex - (973) 621-4700
- Hudson - (201) 795-6400
- Union - (908) 527-4500

Lyndhurst's Celebration of the Fourth of July

The Department of Parks & Recreation will be kicking off the Fourth of July weekend with food trucks, novelty vendors, music and spectacular fireworks on **Friday, July 1st**. All are invited to celebrate our country's independence! **Festivities start at 6:00 PM behind the Little League fields at 255 Riverside Avenue.** There will be Patriotic Exercises at 8:30 PM.



INDEPENDENCE DAY HOLIDAY OBERVANCE

Monday, July 4th is the Independence Day Holiday. The parish office will close on Friday, July 1st at 2:00PM and reopen on Tuesday, July 6th at 9:00 AM. The Mass will be celebrated on 9:00 AM on July 4th. This will be the only Mass celebrated. The priests and staff of Sacred Heart wish all our parish family a happy and safe holiday celebration.

TRIP TO SIGHT AND SOUND LANCASTER, PA - SATURDAY, JULY 9

St. John the Baptist parish in Jersey City is having a 1 day trip to Sight and Sound in Lancaster, PA on Saturday, July 9. The package will include round trip motor coach transporation, a fantastic Amish-style Feast at Hershey Farm Restaurant, a visit to Kitchen Kettle Village, reserved seating at Sight and Sound Theatre to see "David" and all taxes and meal gratuities. Experience one of the most legendary Bible stories as it comes to life with spectacular special effects, massive sets and live animals. The cost for this package is \$195 per person. For more information and reservations please contact Isabel Cruz 201-653-8814.

ONLINE GIVING AT SACRED HEART

Did you know you can give online to our parish with Zelle, or with a debit or debit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., John Stemkowski, Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Jeanne Dziencio, Norma Altreche, Kim Stefani, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Camen Yangco, Lea Aspile, Perpetua Aspile

DECEASED: Eleanore Bender, Mario Diaz, Joseph Caramanico, Edgardo Diaz

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, JUNE 26TH

In Honor of: Mark Anthony MocarSKI

Donated by: Brian & Carol O'Keeffe

WEDNESDAY, JUNE 29TH

In Honor of: The Intentions of Candice Cavalcante

Donated by: Jim & Isabel Cavalcante

SATURDAY, JULY 2ND

In Honor of: Dolores Fiume

Donated by: Brian & Carol O'Keeffe



A FRIENDLY REMINDER ABOUT APPROPRIATE SUMMER ATTIRE AT MASS

Dressing for Mass is simply a matter of showing proper respect, not only for God, but for others around us and ourselves. We should keep in mind the dignity of what we celebrate when we come together for the Mass, which is nothing less than the wedding feast of the Lord, as well as the dignity of the people assembled, who are no one less than the children of God. Remember the days when we wore our "Sunday best," our finest outfits, to Mass? Dress codes at Mass have certainly relaxed over the years. With the warm weather upon us, it is particularly important that we dress appropriately and modestly for Mass, so here are some rules to follow for modest and proper Mass attire during the summer months:

- *Hemlines on dresses and skirts fall at or just slightly above the knee
- *No muscle tee-shirts
- *Hemlines on shorts fall near the knee (no short-shorts)
- *No exposed undergarments.
- *Shoulders and midribs are covered
- *Necklines are modest - not low-cut
- *No beachwear - no swimsuits with cover-ups for females, no swim trunks for males

JUNE 26, 2022

Thirteenth Sunday In Ordinary Time



Anticipated Mass for Sunday

5:00pm Lorenza & Julian Duran

SUNDAY - Thirteenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Alfonso Demilio

10:30 am James M. Cavalcante

12:00pm Ermelinda Verrico

1:30 pm Amador Castelo Rodriguez

MONDAY - Weekday/St. Cyril of Alexandria, Bishop and Doctor of the Church

12:00pm Violet Grace Pagan (Living)

TUESDAY - St. Irenaeus, Bishop and Martyr

12:00pm Mickey & Nada Carini

WEDNESDAY - STS. PETER AND PAUL, APOSTLES

12:00pm Louise & Anthony Radice

THURSDAY - Weekday/The First Martyrs of the Holy Roman Church

12:00pm George Guise

FIRST FRIDAY - Weekday/St. Junipero Serra, Priest

12:00pm Vito Dellino

FIRST SATURDAY - Weekday/Blessed Virgin Mary

9:00am Purgatorial Society

Anticipated Mass for Sunday

5:00pm Eleanor Cappadona

SUNDAY - Fourteenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Sal Guzzo

10:30 am James M. Cavalcante

12:00pm Michael Stephen Maleczkovicz

1:30 pm Mauricio & Eufenia & Hijos

STEWARDSHIP

Sunday - \$6,163

Add'l Air Con - \$265

Add'l Assessment - \$65

Add'l Ascension - \$60

Reminder: We need \$6,300 in the Sunday Collection to cover our budgeted expenses. Thank you!

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2022

THANK YOU!! THANK YOU!! THANK YOU!!

THANKS TO YOUR VERY GENEROUS SUPPORT WE HAVE SURPASSED OUR GOAL OF \$34,000 IN PAID PLEDGES.

OUR PARISH NOW QUALIFIES FOR A 2% DISCOUNT ON OUR ASSESSMENT EXPENSE.

ADDITIONALLY, THE ANNUAL APPEAL NOW BECOMES A FUND RAISER FOR OUR PARISH. THE ARCHDIOCESE WILL REBATE ALL EXCESS FUNDS RECEIVED TO OUR PARISH.

IF YOU HAVE A BALANCE ON YOUR PLEDGE TO THE ANNUAL APPEAL PLEASE CONTINUE TO MAKE YOUR PAYMENTS AS THESE FUNDS WILL BE REBATED BACK TO OUR PARISH AND WILL NOT BE SUBJECT TO THE MONTHLY ASSESSMENT!!



FOUR EVENINGS OF AMAZING MUSIC!

July 13th - 16th, Town Hall Park

7:00pm - 10:30pm

- July 13th - 7:00 PM The Jersey Tenors
9:00 PM Sensational Soul Cruisers
- July 14th - 7:00 PM The Bell Bottom Blues
9:00 PM Legacy
- July 15th - 7:00 PM 80's Revolution
9:00 PM Freestyle Friday
- July 16th - 7:00 PM Gypsy
9:00 PM Foreigners Journey

Food Pantry Update

Do you have a few hours to spare each month? Our parish food pantry can use some assistance checking dates, bagging groceries, and interacting with families. This is a great opportunity for those who can speak Spanish and for students seeking service hours. Please contact Micki Prokop (201-788-0911) or Beverly Dalzell (201-988-5171) if you would like to help or have any questions.

If you can donate any of these items, it would be greatly appreciated: Vegetables, Fruit, Spaghetti, Potatoes (small packages or canned), Peanut Butter, Jelly, Macaroni and Cheese, and Tea.

Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.

Thank you for all of the generous donations. It's only with your help that we are able to keep our food pantry stocked. Thanks to your continuous and generous support we were able to help our brothers and sisters in need throughout the pandemic.

As a reminder, we are unable to package out-of-date food products for distribution to our families.

With the pandemic issue still being felt by many, the Sacred Heart Food Pantry is letting those in need know there is food also available at St. Micheal's Rectory, 624 Page Ave, Lyndhurst, every Wednesday 10:00AM to noon, The only information needed is name, address, phone number and I.D.