



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071
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www.sacredheartlynd.org

SERVED BY:

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Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

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Parish Manager
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RELIGIOUS EDUCATION

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201-935-3094

SACRED HEART SCHOOL

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SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



THE MOST HOLY BODY AND BLOOD OF CHRIST

Then taking the five loaves and the two fish, and looking up to heaven, he said the blessing over them, broke them, and gave them to the disciples to set before the crowd. - Lk 9:16

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Jul. 10, Aug. 14, Sep. 11, Oct. 9, Nov. 13, Dec. 11

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

THE MOST HOLY BODY AND BLOOD OF CHRIST

We gather this weekend to remember and celebrate the Body and Blood of Christ. We listen to Christ's words as shared by Paul: "Do this in remembrance of me..." and we hear again Paul's exhortation "for as often as you eat this bread and drink this cup, you proclaim the death of the Lord until he comes." Today, we again remind ourselves that when Jesus commands his disciples to eat his flesh and drink his blood, he invites each of us to take his life into the very center of our being. The life which he offers is the very life of God himself.

Jesus was well aware of physical hunger and thirst, and we have ample evidence in the Scriptures of how He provided sustenance for those who followed Him. But He was also keenly aware of spiritual starvation and dehydration. He knew that we would expend a lot of energy and concern to provide for our physical needs - and, in the process, neglect the nourishment of our faith-lives. So He first promised - and then provided - a unique means for us to eat and drink in a way that would fill us with the life of the spirit. And it is only fitting that He would have chosen the setting of a meal - a Eucharistic meal - in which to do this.

We embrace the Eucharist not merely to eat and drink, but to be healed of anger, to be refreshed in our weariness, and to strengthen the bond of love and concern that makes us a family. The Lord invites us to gather around the table of the altar to give and receive reconciliation and forgiveness, to be filled with new vigor when we have grown tired in our struggle to be witnesses to the Gospel, and to reinforce the oneness in faith and love that makes us a holy people, a "holy communion", a group of people bound together as His faithful followers.

When we gather to celebrate and share the Eucharist together, we proclaim that we wait in joyful hope for the coming of the kingdom. That's the spirit that should characterize our attitude and outlook each day, and give us the ability to celebrate and affirm life, even in the face of diminishment and difficulty. But it is not an excuse for us to be lazy or irresponsible; it does not allow us to be indifferent to suffering and injustice. It challenges us and forces us to be involved with the pain of the world, but not absorbed or overwhelmed by it... because our hope is always rooted in the goodness and faithfulness of God.

Jesus offers His Body as the Bread of Life; He says strongly: "If you do not eat the flesh of the Son of Man and drink His blood, you have no life in you." And He clearly intended that this great Gift should be seen as source of reconciliation and unity in the world. Jesus' invitation is urgent - not only to receive His Body and Blood, but also to become His Body and Blood for others. We all experience brokenness in our relationships with one another. It is here in the Eucharist where we are together made one.

The Eucharist is a gift, not just to be adored and revered, but also to be consumed, digested and lived by every Christian. What were once the simple gifts of bread and wine truly become the Body and Blood of our Savior - the new covenant between God and mankind. It is not a private gift, but a communal one. When the priest holds up the consecrated Host and the cup of Wine and says, "This is My Body - this is My Blood", he is also saying, for Jesus, "you are my body... you are my blood!" Jesus gives us His Body and Blood so that He might live in us and so that we, then, might become life for the world.

It is so easy for us to take the Eucharist for granted; we let our participation at Mass become old, routine, and boring. We think of God the same way, we pray the same way; we hang on to the same petty gripes and grudges. We keep the same old friends and the same old enemies. But God is always new, always challenging. Each new circumstance of our life should lead us to a new understanding of His goodness and love. As we grow older, God should become younger for us.

If we understand and accept the mystery of Eucharist, then we should realize that we are one in the spirit with all who believe in Jesus Christ as Lord and Savior. There should be a bond of love and welcome between them and us that should help us overcome all other differences. Diversity should not be an obstacle or a threat to us. We should realize how the church of Christ is enriched by the great variety of ideas and thoughts - and dreams - that are brought together as we come to celebrate and to be nourished in the Eucharist.

Today's feast is a witness to this. Our oneness in faith and love is the strongest evidence that Jesus and His spirit are in fact working among us to bring all people together in the peace and justice of God's kingdom. It is the testament of a shared "communion" in which we are all aware of our commitment to "be" the body and blood of Christ in all we do.

**LITTLE SISTERS
OF THE POOR
DOOR COLLECTION
JUNE 18TH AND 19TH**

The Little Sisters of the Poor are committed to preserving the original Charism of their Foundress St. Jeanne Jugan, by giving happiness to the Elderly poor and meeting their needs at St. Joseph's Home for the Elderly in Totowa, NJ. Challenged during these past two years they ask for any support you can give according to your means. They will be at our Parish the weekend of June 18 - 19, 2022.

**FATHER'S DAY
BLESSINGS**

*Heavenly Father,
you entrusted your Son Jesus,
the child of Mary,
to the care of Joseph, an earthly father.
Bless all fathers
as they care for their families.
Give them strength and wisdom,
tenderness and patience;
support them in the work they have to do,
protecting those who look to them,
as we look to You for love and salvation,
through Jesus Christ our rock and defender,
in union with the Holy Spirit, one God
forever and ever,
St Joseph Pray for all our Fathers, Amen.*

*A happy and holy Father's Day to
all the fathers of our parish family!*

**TRIP TO SIGHT AND SOUND
LANCASTER, PA - SATURDAY, JULY 9**

St. John the Baptist parish in Jersey City is having a 1 day trip to Sight and Sound in Lancaster, PA on Saturday, July 9. The package will include round trip motor coach transportation, a fantastic Amish-style Feast at Hershey Farm Restaurant, a visit to Kitchen Kettle Village, reserved seating at Sight and Sound Theatre to see "David" and all taxes and meal gratuities. Experience one of the most legendary Bible stories as it comes to life with spectacular special effects, massive sets and live animals. The cost for this package is \$195 per person. For more information and reservations please contact Isabel Cruz 201-653-8814.

**Friday Eucharistic Adoration
Fridays, 12:30 - 3:00 pm**

"Woman, why are you weeping? Whom are you looking for?" She thought it was the gardener and said to him, "Sir, if you carried him away, tell me where you laid him, and I will take him." Jn 20:15

Like Mary Magdalene, we many times are searching for intimate communion with Jesus but fail to discern His presence in our lives, even when He is very close to us. Don't miss this opportunity to spend some intimate time in adoration *and be in the real presence of our risen Lord!*



**CORPUS CHRISTI
PROCESSION**

Sunday, June 19th, 3:00 PM

The procession will start in Sacred Heart Church then go to one outdoor altar in front of the Sacred Heart Statue then process down Ridge Road to St. Michael the Archangel Church.

BABY BOTTLE CAMPAIGN



The Knights of Columbus passed out **baby bottles** that you can fill with your donations for Good Counsel Homes which provide homeless expectant mother's and their children with residential care. Since 1985 Good Counsel Homes has helped more than 8,000 homeless women and children move from a crisis situation to receive concrete help and build a brighter future. Visit www.goodcounselhomes.org to learn more about the important work they do. **Baby bottles are due back this weekend of Jun. 18 & Jun. 19 and can be put in the collection basket.**

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., John Stemkowski, Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Joseph Caramanico, Ken Stone, Timothy Yushak, Corazon Santos, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Mario Diaz, Jeanne Dziencio, Norma Altreche, Joseph M. Diaz, Patrick H. Diaz, Kim Stefani, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Camen Yangco, Lea Aspille, Perpetua Aspille

DECEASED: David Mitchell, Rosemarie Guidone

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:



MONDAY, JUNE 20TH

In Honor of: The Intentions of Robert Kimball, III

Donated by: Jim & Isabel Cavalcante

MEMORIAL DONATIONS

During the week of June 19, 2022 the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

BREAD & WINE:



In Honor of: Rachel Ann Kearns
20 Years In Heaven

Donated by: Mom Linda

amazonsmile
You Shop. Amazon Gives.

AmazonSmile is a simple and automatic way for you to give a little support to our parish every time you shop, at **NO COST TO YOU**. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a half of one percent of the purchase price to our parish.

Just follow these simple steps:

- 1.) Visit smile.amazon.com. It's just like shopping on amazon.com.
- 2.) Sign in. Simply use your existing Amazon credentials. If you don't have an account, you can create a new one.
- 3.) Start shopping! In the box that says Pick Your Own Charitable Organization type in 324 Ridge Rd. This the address for the church. There are many, many Sacred Heart Churches on AmazonSmile, by using the address it will bring you directly to our parish. Click the yellow select button.
- 4.) If you are already an AmazonSmile user and want to switch your selected charity to be our parish, on the top of the screen you will see your current charity listed. Click the down arrow next to the charity name and follow the directions in step 3.
- 5.) Please remember to shop our smile.amazon.com link every time. Purchases made on the main Amazon.com site do not support our parish.

****If you have friends or family members who are Amazon shoppers, why not ask them if they would help our parish too?!****

JUNE 19, 2022

CORPUS CHRISTI



Anticipated Mass for Sunday

5:00pm Juanita Davis

SUNDAY - THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI)

7:30am People Of Sacred Heart

9:00am Joseph J. Pavlica, Jr.

10:30 am Lourdes Ago

12:00pm Peter Moderelli

1:30 pm Brauelio Moreno Ontaeda

MONDAY - Weekday (Twelfth Week In Ordinary Time)

12:00pm Eleanor Cappadona

TUESDAY - St. Aloysius Gonzaga, Religious

12:00pm Francis Lee Prestridge

WEDNESDAY - Weekday/St. Paulina of Nola, Bishop/Sts. John Fisher, Bishop and Thomas More, Martyrs

12:00pm Mario Torraca

THURSDAY - THE NATIVITY OF SAINT JOHN THE BAPTIST

12:00pm Servando Fernandez Nosti

FRIDAY - THE MOST SACRED HEART OF JESUS

7:00pm People of Saced Heart

SATURDAY - The Immaculate Heart of the Blessed Virgin Mary

9:00am Vito Dellino

Anticipated Mass for Sunday

5:00pm Lorenza & Julian Duran

SUNDAY - Thirteenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Alfonso Demilio

10:30 am James M. Cavalcante

12:00pm Ermelinda Verrico

1:30 pm Amador Castelo Rodriguez

STEWARDSHIP

Sunday - \$5,261

Air Con Collection - \$1,127

Missionary Cooperation - \$1,051

Add'l Assessment Coll - \$130

Add'l Ascension - \$5

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2022

THANK YOU!! THANK YOU!! THANK YOU!!

THANKS TO YOUR VERY GENEROUS SUPPORT WE HAVE SURPASSED OUR GOAL OF \$34,000 IN PAID PLEDGES.

OUR PARISH NOW QUALIFIES FOR A 2% DISCOUNT ON OUR ASSESSMENT EXPENSE.

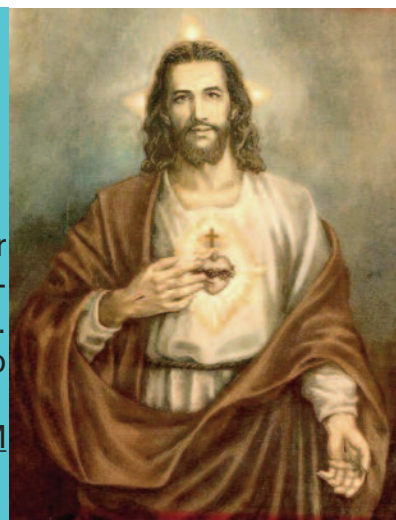
ADDITIONALLY, THE ANNUAL APPEAL NOW BECOMES A FUND RAISER FOR OUR PARISH. THE ARCHDIOCESE WILL REBATE ALL EXCESS FUNDS RECEIVED TO OUR PARISH.

IF YOU HAVE A BALANCE ON YOUR PLEDGE TO THE ANNUAL APPEAL PLEASE CONTINUE TO MAKE YOUR PAYMENTS AS THESE FUNDS WILL BE REBATED BACK TO OUR PARISH AND WILL NOT BE SUBJECT TO THE MONTHLY ASSESSMENT!!

SAVE THE DATE SOLEMNITY OF THE MOST SACRED HEART OF JESUS FRIDAY, JUNE 24TH 7:00 PM CELEBRATE WITH US!

On Friday, June 24th at 7:00 PM our Parish Family will celebrate our patron, the Sacred Heart of Jesus. We invite you to join us at this special bilingual liturgy which will be concelebrated by Msgr. Bill Reilly. Refreshments will follow in the school cafeteria. Looking forward to seeing you there.

This will be the only Mass celebrated on June 24th. The 12:00 PM Mass will not be celebrated.



Food Pantry Update

Do you have a few hours to spare each month? Our parish food pantry can use some assistance checking dates, bagging groceries, and interacting with families. This is a great opportunity for those who can speak Spanish and for students seeking service hours. Please contact Micki Prokop (201-788-0911) or Beverly Dalzell (201-988-5171) if you would like to help or have any questions.

If you can donate any of these items, it would be greatly appreciated: Vegetables, Fruit, Spaghetti, Potatoes (small packages or canned), Peanut Butter, Jelly, Macaroni and Cheese, and Tea.

Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.

Thank you for all of the generous donations. It's only with your help that we are able to keep our food pantry stocked. Thanks to your continuous and generous support we were able to help our brothers and sisters in need throughout the pandemic.

As a reminder, we are unable to package out-of-date food products for distribution to our families.

With the pandemic issue still being felt by many, the Sacred Heart Food Pantry is letting those in need know there is food also available at St. Micheal's Rectory, 624 Page Ave, Lyndhurst, every Wednesday 10:00AM to noon, The only information needed is name, address, phone number and I.D.