



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

## SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

**PARISH OFFICE**  
**615 NEW JERSEY AVE**

Charles Sofio  
Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

## RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

## SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
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**SMALL BLESSINGS DAY CARE**  
201-935-0506

**ARCHDIOCESE OF NEWARK**  
973-497-4000



## EASTER SUNDAY

The women who had come from Galilee with Jesus took the spices they had prepared and went to the tomb. They found the stone rolled away from the tomb; but when they entered, they did not find the body of the Lord Jesus. - Lk 24:1b-3

## SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

## SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

## SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
May 15, Jun.12

## SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

## SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

## R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

## PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## EASTER SUNDAY The Resurrection Of The Lord

Easter is about rebirth. It is about re-creation. It is about new life. It is about the fact that Jesus now invites us to open our hearts to his new Easter power. Easter is about shattering tombs. Jesus wants to give us the power to rise from tombs of darkness after our hope has been washed to pieces. He wants to give us the power to rise from the tomb of discouragement after our love has been rejected. He wants to give us the power to rise from tombs of doubt after our faith has been shaken. This is the good news of Easter.

It is the good news that Jesus shattered His own tomb and rose to the fullness of life - and that He wants to help us rise from our tombs as well. *It is the good news that no tomb - no tomb - can hold us anymore, not the tomb of despair, not the tomb of discouragement, not the tomb of doubt, not even the tomb of death.*

The central theme of salvation history is survival: first of God's people, Israel, led from slavery to freedom - in the Exodus and Passover; and then of Jesus, the God man and Messiah, overcoming sin and death through His resurrection.

We are constantly reminded that the mystery of Easter points to a very different kind of life... one that speaks not of failure, but of completion.... not of ending, but of a new beginning. We are reminded at our Paschal celebration of the tools that God gives us for the work of this new life.... fire, water, and an empty tomb. When you attend the Easter liturgy, take a few moments to look at the sanctuary in the church... look at the symbols, look at how it is decorated and highlighted: The flame of the Easter Candle, the water of the Baptismal font, and the table where the Risen Lord invites us to break bread with Him - and then rediscover the meaning of His death and resurrection.

The message of Easter is that we are not dead. The Empty Tomb, and not the Cross, is the end, or rather it is the beginning of the Story of New Life. We come together as a community because we accept the responsibility for overcoming evil, and for conquering death in the ways it has invaded our world. We will not stand by and watch God's handiwork be destroyed or spoiled. We will be even stronger signs of faith, hope and love for our families, for our neighbors and friends, for our co workers.

Resurrection faith is a marvelous gift, if we are open to receive it. It can change our lives and lead us to become the forgiving, peace filled people that we are all meant to be.

The shattering of the Tomb should make it impossible for us to continue being comfortable and complacent. Jesus invites us to share his new life - here and now. He offers us the strength to crush old habits of thinking and acting, and He gives us the vision to re-examine all that we do and are in the light of that Easter Dawn. It is this brilliant and undiminished light of Resurrection Faith that the Risen Lord calls us to live.

No one took Jesus from the tomb - but we do know where He is. **Proof of the Risen Christ lies within us. We are the proof that Christ is alive and lives with us still. We are His witnesses to all the nations.**

**CHRIST IS RISEN! HE IS TRULY RISEN!!**





### PARISH OFFICE HOURS EASTER HOLY DAYS

In observance of the Easter Holy Days, the parish office will close on Wednesday, April 13th at 5:00 PM and reopen on Tuesday, Apr. 19th at 9:00 AM. The priests and parish staff wish our parish family a holy and joy-filled Easter Season!

### THE LIGHT OF CHRIST. THANKS BE TO GOD.

The Paschal Candle, a symbol of the light and the hope that the risen Christ brings to the world, *has been generously given to our parish family in Loving Memory Of The Deceased Members of the Coyne and Ambrose Families by Mike and Joan Coyne and in Loving Memory Of The Owens and Bevacqua Families by James Owens and Joseph Bevacqua.* The Canlde burns brightly in our sanctuary during all the liturgies celebrated in the Easter Season. After Pentecost, it is positioned at the Baptismal Font where it brings the light of Christ to our Baptismal and Funeral Liturgies, underscoring our belief that in baptism we die with Christ so that we may rise with Him into eternal life.

### EASTER FLOWER MEMORIAL

Your Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

In Memory of: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



- \$50
- \$35
- \$25
- \$20
- \$15
- \$10



Checks payable to: Sacred Heart Church

### WHAT IS THE OCTAVE OF EASTER?

The joy of the initial day of Our Lord's Resurrection is celebrated in the Church for eight days, called the Octave of Easter. Liturgically, we celebrate Easter at highest pitch from Easter Sunday to Divine Mercy Sunday. Each day of the Octave is ranked as a Solemnity in the Church's liturgical calendar, the highest ranking of liturgical feasts. At Masses during the Octave of Easter, as on Sundays, the Gloria, is recited or sung. And at the end of each Mass of the Octave, the double Alleluia is sung at the dismissal. The idea of an Octave of a great feast has its roots in the Old Testament. There are many Jewish feasts that lasted for eight days, for example, the feast of Passover and the feast of Tabernacles. In the Catholic Church, we celebrate eight days of Christmas as well as eight days of Easter. If there is any time to go to daily Mass, the Easter Octave is it! The Gospel readings at Masses during the Octave of Easter include passages from the Gospels that relate various appearances of the Risen Jesus. If you can't make it to the daily Mass, reflecting on these Gospel texts is a wonderful way to prolong the celebration of Easter. Each day during the Octave, we proclaim in the Gospel Acclamation: This is the day the Lord has made; let us be glad and rejoice in it. The Octave of Easter ends on the Second Sunday of Easter, the Sunday of Divine Mercy.

### WHY ARE EGGS ASSOCIATED WITH EASTER?



On that first Easter morning, Jesus came to life and walked out of the tomb, and left it, as it were, an empty shell. Thus you see that though an egg seems to be as dead as a stone, yet it really has life in it (the baby chick). This is why eggs are an Easter symbol. In time past, they used to color the eggs red, so as to show the kind of death by which Christ died,-a bloody death.

### ANNIVERSARY CELEBRATIONS

Preparations are underway for the annual tradition of honoring those couples in our Archdiocese who will be celebrating and fifty years of Christian marriage in the year 2022. These anniversary liturgy will be celebrated by Joseph Cardinal Tobin in the Cathedral Basilica of the Sacred Heart in Newark. Since there were no celebrations in 2020 and 2021 any couple who would have celebrated their Gold Anniversary in those years can participate as well.



For fifty year anniversaries the liturgy will be celebrated on May 15th at 3:00PM (must register by May 6th) Please call the parish office to register.

## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., John Stemkowski, Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Joseph Caramanico, Ken Stone, Timothy Yushak, Corazon Santos, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Mario Diaz, Jeanne Dziencio, Norma Altreche, Joseph M. Diaz, Patrick H. Diaz, Kim Stefani, Linda Vasquez, Joelle Montillo, Colleen Branigan, Vincent Russo, Nenita A. Jacildone, Anthony Scorre

**DECEASED:** All those from our parish family the Lord has called home.



**amazon smile**  
You shop. Amazon gives.

AmazonSmile is a simple and automatic way for you to give a little support to our parish every time you shop, at **NO COST TO YOU**. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a half of one percent of the purchase price to our parish.

### Just follow these simple steps:

- 1.) Visit smile.amazon.com. It's just like shopping on amazon.com.
  - 2.) Sign in. Simply use your existing Amazon credentials. If you don't have an account, you can create a new one.
  - 3.) Start shopping! In the box that says Pick Your Own Charitable Organization type in 324 Ridge Rd. This the address for the church. There are many, many Sacred Heart Churches on AmazonSmile, by using the address it will bring you directly to our parish. Click the yellow select button.
  - 4.) If you are already an AmazonSmile user and want to switch your selected charity to be our parish, on the top of the screen you will see your current charity listed. Click the down arrow next to the charity name and follow the directions in step 3.
  - 5.) Please remember to shop our smile.amazon.com link every time. Purchases made on the main Amazon.com site do not support our parish.
- \*\*If you have friends or family members who are Amazon shoppers, why not ask them if they would help our parish too?!\*\***

## BI-ANNUAL ROSARY SUNDAY PILGRIMAGE

The Dominican Nuns of Summit NJ will be holding their bi-annual Rosary Sunday Pilgrimage on **Sunday, May 1st at 3:00 PM**. Their yearly 'May Crowning' of the Blessed Virgin Mary, a brief homily, and Benediction will follow the recitation of the Rosary. This is an excellent opportunity to get to know the nuns! Currently the community is comprised of about 20 nuns from the ages of 26-91 with a median age of 36. It is the only cloistered community in the Archdiocese of Newark. **The Rosary Shrine is located at 543 Springfield Ave, Summit NJ. Parking will be available next door at 535 Springfield Ave. For questions: info@summitdominicans.org or 908-273-1228.**

**APRIL 17, 2022**

**EASTER SUNDAY**



### SATURDAY - HOLY SATURDAY THE EASTER VIGIL

8:30pm Lorenza & Julian Duran and Howard Wartel

### SUNDAY - EASTER SUNDAY THE RESURRECTION OF THE LORD

7:30am People Of Sacred Heart  
9:00am Joseph J. Pavlica, Jr.  
10:30 am Catherine & Jerimiah Hallahan  
12:00pm Scardino & Pereira Families  
1:30 pm Juan Bugues Aquinaga

### MONDAY - Monday within the Octave of Easter

12:00pm Agata & Rafal Family (Living)

### TUESDAY - Tuesday within the Octave of Easter

12:00pm Donald Telneault

### WEDNESDAY - Wednesday within the Octave of Easter

12:00pm Dawn Whiteman

### THURSDAY - Thursday within the Octave of Easter

12:00pm Maria & Achille D'Angelo

### FRIDAY - Friday within the Octave of Easter

12:00pm Jean Prestridge

### SATURDAY - Saturday within the Octave of Easter

9:00am Kenneth Pizzo, Sr.

### Anticipated Mass for Sunday

5:00pm Andrew Henry Stoma

### SUNDAY - SECOND SUNDAY OF EASTER SUNDAY OF DIVINE MERCY

7:30am People Of Sacred Heart  
9:00am Loretta Dietz  
10:30 am James M. Cavalcante  
12:00pm Walter Kozdemba  
1:30 pm Maria Ubaldina Elias

## STEWARDSHIP

April 4th  
Sunday - \$6,684  
Assessment - \$2,595  
Add'l Ash Wednesday - \$35

## ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2022

The Archdiocese's 2022 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

**To Date, 119 families from our parish family have generously supported the Appeal:  
Our Parish's Goal - \$34,000 -- Paid To Date - \$21,562 (63.42% of Goal)**

*Your generosity not only supports all the ministries listed above but can also be a direct support for our parish as well. If we exceed our parish goal in paid pledges by June 30th, like we did last year thanks to your generosity, we will receive a rebate from the Archdiocese of all the excess funds and a 2% reduction in our parish assessment expense for the fiscal year. This 2% reduction saved the parish more than \$6,900 in assessment expense last year. The Archdiocese also rebated back to the parish \$9,848.70 in excess funds received from our parish! It's a great way for our parish family to "fund raise" and help others at the same time. Thank you so much to all who have supported the Annual Appeal by giving a gift!!*

**\*\*Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese and we will not receive the 2% reduction in our assessment expense.\*\***

If you haven't already done so, please prayerfully consider your gift to the 2022 Annual Appeal. Envelopes for the Appeal are available in the pews. You can also make your gift online at [www.rcan.org/sharing](http://www.rcan.org/sharing). Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

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## SYMBOLS OF FAITH

### WHY IS THE BUTTERFLY A SYMBOL OF THE RESURRECTION?

Known for its lightness, the fluttering of its wings, and especially its metamorphosis from a caterpillar into something more beautiful and powerful, the butterfly symbolizes the resurrection of Jesus Christ. The butterfly has long been a Christian symbol of the resurrection, for it disappears into a cocoon and appears dead, but emerges later far more beautiful and powerful than before. The three stages of the butterfly's metamorphoses are symbolic of the three stages in the life cycle of Christ and the Christian. The caterpillar's non-stop eating reminds us of normal earthly life where people are often preoccupied with taking care of their physical needs. The caterpillar's life also reminds us of Jesus' life on earth. Caterpillars then "entomb" themselves in what appears to be lifeless cocoons portraying the crucifixion and burial of Jesus and the death of all humans. The third and final stage is the appearance of a butterfly with jewel-colored wings and the ability to soar, which represents the resurrection into a new and glorious life free of material concerns and restrictions.

A major theme in St. Paul's teachings is that "we shall all be changed" (*Behold, I tell you a mystery. We shall not all fall asleep, but we will all be changed, in an instant, in the blink of an eye, at the last trumpet. For the trumpet will sound, the dead will be raised incorruptible, and we shall be changed.* 1 Cor. 15:51-52). The Christian hope is that what is sown in the grave as a weak mortal body will be raised an indestructible

spiritual body not subject to temptation, sorrow, death, or pain (*So also is the resurrection of the dead. It is sown corruptible; it is raised incorruptible. It is sown dishonorable; it is raised glorious. It is sown weak; it is raised powerful. It is sown a natural body; it is raised a spiritual body. If there is a natural body, there is also a spiritual one.* 1 Cor. 15:42-44). Through death the spirit will escape – not from its body but from the vulnerabilities and hardships of mortal flesh.

What better symbol of the Resurrection — an inanimate object out of which comes life. Butterflies are the perfect symbol of the tomb Christ conquered and every Christian's hope of their own rebirth.

