



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE
615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
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SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



4TH SUNDAY OF LENT

"His son said to him, 'Father, I have sinned against heaven and against you; I no longer deserve to be called your son.' But his father ordered his servants, 'Let us celebrate with a feast, because this son of mine was dead, and has come to life again.'" - Lk 15:21-22a, 23b-24a

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Apr. 16 (8:30pm), May 15, Jun.12

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

Fourth Sunday Of Lent

In the Gospel for the Fourth Sunday of Lent Jesus is confronted by those who complain that He "welcomes sinners and eats with them." In the complete passage from Luke Jesus leaves us three vivid images to teach us about the Father's mercy - that of the lost sheep, the lost coin and finally the lost son. The first two stories end with the incredible words: "I tell you, there is more joy in heaven over one repentant sinner than over ninety-nine who have no need to repent." These words sound almost unreal but Jesus said them.

The story of the prodigal son is so poignantly clear as to leave no doubt in our minds. The son deliberately leaves his father's house and rejects his father's love. He offends contemptuously. He revels in his disobedience... until pangs of hunger trigger off pangs of guilt and remorse. Sorrow for sin leads him home ready to be disowned as son if he can only stay on as servant.

What a surprise was in store! Not only was his father not angry and resentful he was watching and waiting. He ran out to meet his wayward son, embraced him, kissed him, and welcomed him. There was no scolding, no threats, no demands - only a robe, a ring and a celebration! When the other son objected about his father's gift of prodigal forgiveness, he heard very simple, moving words: "This brother of yours was dead and has come back to life, he was lost, and is found."

This parable goes by a variety of names: "the lost son", "the forgiving or loving father", "the prodigal son". And we have heard it repeated, over and over, every year since we were children. At one time or another in our lives we have identified with the younger son returning home to God and begging forgiveness, only to find Him waiting with tears of joy and excitement, embracing us with open arms. At other times, we can identify quite readily with the older son... struggling every day to live a good life, mumbling and grumbling and wondering how God could be so blind to all the good that we do.

Yet there is much more to the story than just that. If we look up the word "prodigal" in the dictionary, we'll find a number of definitions: "luxuriant," "yielding abundantly," "recklessly extravagant," to name a few. In my mind, these words better describe the actions of the father more than they do those of the lost son. The Love of God for us is indeed "reckless." It is quite luxuriant and extravagant - and it is so wonderfully abundant. He could very well demand punishment and penalty for our faults and failures, but rather holds us all the more dear.

But forgiveness is only part of the story. Of course, Jesus is speaking about our need for forgiveness. We are the sons and daughters who must learn to trust in the Father's love. We are also those who must remain steadfast in our daily routines, knowing that we are loved just as much.

But we are also called to emulate the Father. We are also called to be just as forgiving, just as all embracing and just as radical in loving. Repentance leads to forgiveness and forgiveness must lead to joy-filled reconciliation.

Jesus tells a story about a lost son, a faithful son and a loving father. It is a story of failure, repentance, forgiveness, of joy and reconciliation. It is a story of "letting go" and "making room." It is a story of a father and his sons (and daughters!) spending time together on a great journey, and emerging with a stronger relationship with one another.

There is no more important lesson for us to learn as followers of Jesus - that of giving and accepting of forgiveness - lovingly, totally, unconditionally, recklessly in love with our God.

If we haven't learned that, we really haven't learned the meaning of being Christian. We seem to understand quite well the point that Jesus was trying to make: that no matter how terribly we have failed, no matter how far off course we may wander our God is ready and waiting to reach out in a loving embrace of forgiveness. All we need to do is ask.

**HOLY CROSS CEMETERY
PLANNING ADVISERS WILL
BE AT THE MASSES
NEXT WEEKEND**

Memorial Planning Advisers from Holy Cross Cemetery and Mausoleum in North Arlington look forward to meeting with parishioners of Sacred Heart after Masses: Saturday, April 2nd, at 5:00 PM., and Sunday, April 3rd. at 7:30 AM, 9:00 AM, 10:30 AM, 12:00 PM, and 1:30 PM (Spanish Mass). There's never been a better time to learn how easy preplanning can be. For more information, go to: www.HolyCross-Cemetery.org.

**THE LIGHT OF CHRIST.
THANKS BE TO GOD.**

The Paschal Candle, a symbol of the light and the hope that the risen Christ brings to the world, is the focus of the Lucernarium, the Service of Light, that begins the Easter Vigil celebration. It burns brightly in our sanctuary during all the liturgies celebrated in the Easter Season. After Pentecost, it is positioned at the Baptismal Font where it brings the light of Christ to our Baptismal and Funeral Liturgies, underscoring our belief that in baptism we die with Christ so that we may rise with Him into eternal life. If you would like to donate this year's Paschal Candle in memory of a deceased loved one, please contact the parish office at 201-438-1147.



10 MILES WITH JESUS

10 Miles with Jesus. If you are tired of giving up sweets and coffee for Lent and are ready to embark on a different Lenten practice, leave your comfort zone for a day and challenge yourself physically, spiritually and personally. We invite you to join us on a 10-mile pilgrimage of prayer through meditating upon the Stations of the Cross of our Lord's sufferings and death.



Join us! Take up your cross and walk with Jesus!
TEN MILES WITH JESUS!

The walking Pilgrimage will begin on **Sunday, April 3, 2022 at 10:00 am at the Archdiocesan Shrine of St. John Paul II (St. Theresa of the Child Jesus Parish) 131 E. Edgar Rd., Linden, NJ and will conclude at the Most Sacred Heart of Jesus Cathedral 89 Ridge St., Newark, NJ at around 5 pm with the Holy Eucharist.**

FREE ADMISSION, however all participants must register.

To register and for additional information visit: www.10mileswithJesus.org,

email: info@10mileswithJesus.org or call: 201.220.1949

SECOND COLLECTIONS

March 26 & 27

Annual Appeal - Special Collection

Your generous support in this collection will help our parish achieve our Annual Appeal goal. The Annual Appeal is a great way to give alms during Lent as it supports many ministries for our brothers and sisters in need across the Archdiocese. If we exceed our goal the Appeal also becomes a fundraiser for our parish and reduces our assessment expense. Envelopes are available in the pews.

April 2 & 3

Assessment Collection

Your generous support in this collection will help to defray our monthly Assessment expense.

April 9 & 10

Annual Appeal - Special Collection

Your generous support in this collection will help our parish achieve our Annual Appeal goal. The Annual Appeal is a great way to give alms during Lent as it supports many ministries for our brothers and sisters in need across the Archdiocese. If we exceed our goal the Appeal also becomes a fundraiser for our parish and reduces our assessment expense. Envelopes are available in the pews.

EASTER FLOWER MEMORIAL

Your Name

Address

City/State/Zip

Phone

In Memory of:



\$50
\$35
\$25
\$20
\$15
\$10



Checks payable to: Sacred Heart Church

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., John Stemkowski, Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Joseph Caramanico, Ken Stone, Timothy Yushak, Corazon Santos, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Mario Diaz, Jeanne Dziencio, Norma Altreche, Joseph M. Diaz, Patrick H. Diaz, Kim Stefani, Linda Vasquez, Joelle Montillo, Colleen Branigan, Vincent Russo, Nenita A. Jacildone, Anthony Scorre

DECEASED: Kinny Adames, Janet Imperato, Dennis Kenny

CHURCH BELLS

CELEBRATE & COMMEMORATE



The Sacred Heart Church bell rings:

FRIDAY, APRIL 1ST

In Honor of: The Memory of Marie Cavalcante & Ruth Scarpulla

Donated by: Jim & Isabel Cavalcante

STATIONS OF THE CROSS



As early as the 4th century, Christian pilgrims to the Holy Land would walk the route that Our Lord walked as He made His way to Golgotha for our salvation. When Muslims captured Jerusalem and it became too dangerous to make this pilgrimage, Christians replicated the sites back home and there developed the "Stations of the Cross" devotion (also known as "Way of the Cross," "Via Dolorosa," or "Via Crucis"). The devotion consists of meditating on 14 events -- that number being fixed in 1731 by Pope Clement XII -- which took place during Christ's Passion, from His being condemned to His burial. Here at Sacred Heart, we will pray the Stations of the Cross as a community during the Fridays of Lent (**Apr.: 1, 8**) following the **12 Noon Mass in the church.**

NO-CONTACT TAKEOUT CHICKEN DINNER

PREPARED BY KNIGHT OF COLUMBUS
LYNDHURST COUNCIL #2396

SATURDAY, APRIL 2ND PICKUP TIMES: 3:00 PM - 6:00 PM
AT OUR LADY OF MT. CARMEL PARISH CENTER
146 COPELAND AVE, LYNDHURST

Each dinner box will contain 1/2 rotisserie chicken, potatoes, vegetable, salad and dessert for \$15. Orders must be placed online at <https://bit.ly/Council2396Dinner>

Order Deadline March 30th.

MARCH 27, 2022
FOURTH SUNDAY OF LENT



Anticipated Mass for Sunday

5:00 pm Howard Wartel

SUNDAY - FOURTH SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Howard Tiffner

10:30 am Connie A. Ficacci

12:00pm Denise Ann Marrone

1:30 pm Lorenza & Julian Duran

MONDAY - Lenten Weekday

12:00pm Mc Dermott Family

TUESDAY - Lenten Weekday

12:00pm Rozalia, Piotr, Stefan

WEDNESDAY - Lenten Weekday

12:00pm Elias Angel Pagan (Living)

THURSDAY - Lenten Weekday

12:00pm Tierney & Thompson Families

FIRST FRIDAY - Lenten Weekday

12:00pm Elena Battista

FIRST SATURDAY - Lenten Weekday/St. Francis of Paola, Hermit

9:00 am Purgatorial Society

Anticipated Mass for Sunday

5:00 pm Norman G. Arcos

SUNDAY - FIFTH SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Teresa Wineland

10:30 am James M. Cavalcante

12:00pm James & Joanne Owens

1:30 pm Luisa Marella Garcia

STEWARDSHIP

Sunday Collection - \$5,940
Catholic Campaign Hum Dev - \$1,377
Add'l Assessment - \$453
Add'l Ash Wednesday - \$15

Reminder: We need \$6,300 in the Sunday Collection to cover our budgeted expenses. Thanks for your continued generosity!

ARCHDIOCESE OF NEWARK
2022 LENTEN REGULATIONS

1. The **days of both Fast and Abstinence** during Lent are **Ash Wednesday and Good Friday**. *If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the “paschal fast” to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.*

On a day of Fast, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity.
Those between the ages of 18 and 59 are obliged to fast.

On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence “substantially”, or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, March 6, 2022 to the Solemnity of the Holy Trinity, June 12, 2022.**

**Canon 920, §1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2022

The Archdiocese’s 2022 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

**To Date, 107 families from our parish family have generously supported the Appeal:
Our Parish’s Goal - \$34,000 -- Paid To Date - \$18,530 (54.50% of Goal)**

*Your generosity not only supports all the ministries listed above but can also be a direct support for our parish as well. **If we exceed our parish goal in paid pledges by June 30th, like we did last year thanks to your generosity, we will receive a rebate from the Archdiocese of all the excess funds and a 2% reduction in our parish assessment expense for the fiscal year. This 2% reduction saved the parish more than \$6,900 in assessment expense last year. The Archdiocese also rebated back to the parish \$9,848.70 in excess funds received from our parish! It’s a great way for our parish family to “fund raise” and help others at the same time. Thank you so much to all who have supported the Annual Appeal by giving a gift!!***

****Reminder, we must collect our Parish’s Goal in paid gifts by June 30th. If we don’t accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese and we will not receive the 2% reduction in our assessment expense.****

If you haven’t already done so, please prayerfully consider your gift to the 2022 Annual Appeal. Envelopes for the Appeal are available in the pews. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.