



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071  
Phone: 201-438-1147 Fax: 201-507-5861  
www.sacredheartlynd.org

### SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

### PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
sacredheartchurch@comcast.net

### RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

### SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
ldurocher@sacredheartlynd.org

### SMALL BLESSINGS DAY CARE 201-935-0506

### ARCHDIOCESE OF NEWARK 973-497-4000



## 8<sup>TH</sup> SUNDAY IN ORDINARY TIME

"A good tree does not bear rotten fruit, nor does a rotten tree bear good fruit. A good person out of the store of goodness in his heart produces good, but an evil person out of a store of evil produces evil; for from the fullness of the heart the mouth speaks." - Lk 6:43, 45

### SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

### SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

### SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
Apr. 16 (8:30pm), May 15, Jun.12

### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

### SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

### R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

### PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## Eighth Sunday In Ordinary Time

The community for which Luke wrote was very different from the original followers of Jesus. It was a group of people which had already gone through its initial fervor. The concerns of the early Christian communities are no longer present and they had already come to realize that Jesus' return was not as imminent as the earlier disciples thought. It was a community getting accustomed to being around for the foreseeable future. These were Christians who needed to be challenged again to live a life of prayer, maintain total commitment to the Lord Jesus, shun reliance on money and live a community life that would be a visible sign to others that Christ was alive.

Jesus is a very difficult model to follow - as much now as he was for the early Christians. He makes outrageous demands on our sense of the reasonable. He seems to believe that we can transcend all of the limitations of our fragile nature. He preaches the beatitudes and it sounds like a litany of foolishness: be poor, be meek, be hungry and thirsty, be persecuted and then you will be happy! Do this and you will be whole and holy like your Father in Heaven.

Jesus' teachings remind us to closely look at ourselves. Once we do that and achieve good changes and free ourselves of evil ways, we will bear much fruit. Thus, bearing good fruit begins with our personal conversion. This requires much self-reflection, self-examination, and a ton of humility. And that is always the hardest part. We all have tendencies to look at everyone before we look at ourselves. It is the other who must be wrong or wanting. We have eagle eyes for the mistakes of others while being blind and neglectful of ourselves. We give ourselves all the benefits of the doubt. Understanding, patience, and mercy are always available to self.

The spirituality Jesus is teaching is not just meant for the enlightenment and behavior of the individual. God's love is effective only because it produces good fruit for the benefit of others. The ministry of Jesus flowed from his belief that living in love was living in God. He spent his life trying to share this belief with others and to allow that belief to transform their lives. Those who sat listening to his Sermon on the Plain heard his words - but more importantly, they saw him live those words to the fullest.

Every Christian community since then has sought to act as He acted, wanting to make the same Spirit that moved Jesus visible in society. Seeing, hearing, touching the hearts of others and speaking as he did are characteristics of all disciples. Loving God and loving neighbor requires the ability to be with people in their experiences of being vulnerable, broken, joyful, needy, searching and questioning.

These experiences are common to all disciples and they should be the means by which we can help others articulate more clearly and more meaningfully the reality of God's Spirit at work in their lives. But it is no easy task. We ourselves need to be affirmed again and again in the belief that our God is intimately a part of the ups and downs of our everyday lives. We live in love, we live in God. We are the potter's vessel, easily broken and yet we are temples of the Spirit. We are called to be bread: we are blessed, broken and we are given. And we believe that in these lived experiences there is a sacred presence that gives it all meaning.

The Lord tells us that everything and everyone is charged with God's presence. We are called to witness to this by our words and our actions. And this belief is at the heart of our faith, just as it was at the heart of Jesus' preaching, teaching and the way he lived his life. We can have hope, that in some small or even large way, change is possible because we have heard God's Word and experienced the living Christ through it.

Like Luke's community, we continually need to hear again the instructions of the Teacher. This should always be our goal. This is our hope at each Eucharist shared together - that we will have our hearts and minds shaped by the Lord so that we can become more and more like him.

# BE MERCIFUL

## A SIX SESSION REFLECTION

**Be Merciful** is a 6 session reflection on the spiritual and corporate works of mercy, starting Tuesday, March 8 and running weekly thru April 12 at 7:00 - 8:00 PM in the Parish Center. **If you would like to attend, please call the parish office (201-438-1147) before March 12.** Registration is limited to 12 participants.

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## ANNUAL SPRING TRICKY TRAY AUCTION

sponsored by

**Sacred Heart Home School Association**  
**Friday, March 18, 2022**

Sacred Heart School, 620 Valley Brook Ave

**MASKS MUST BE WORN**

Doors open 5:30 PM Raffles scheduled to begin Approximately 8-8:15 PM

Tickets \$15 per person and includes 1 sheet 1st level prizes and Coffee/tea/dessert. No tickets sold at door. No one under 18 admitted. No alcoholic beverages. Deadline for tickets March 9th.

**For tickets call Patty 201-803-9580**



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## ASH WEDNESDAY MARCH 2, 2022

Begin your Lenten Journey towards Easter with your parish family. Ashes will be imposed this year on Ash Wednesday, March 2, by the minister using a Q-Tip. A fresh Q-Tip will be used for each person. This will minimize any cross contact between members of our parish family. **Blessed Ashes will be imposed at Mass only.**

### MASS SCHEDULE

**7:00 AM** in English, **9:00 AM** in English  
**12:00 PM** in English, **5:30 PM** in Spanish  
**7:00 PM** in English

## EXTRAORDINARY MINISTER OF COMMUNION FORMATION Virtual Course

**Saturday, March 12, 9:00 AM - 12:30 PM**

A workshop to train those who serve as Ministers of Communion both in liturgical settings and home and hospital visitations. Topics include the spirituality of ministry, visiting the sick and liturgical practicum. For more details and to register visit

<https://archdioceseofnewark.regfox.com/eucharistic-minister-formation-march-2022>

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## St. Joseph's, East Rutherford Pilgrimage

Spain and Portugal with Fr. Joe Astarita

JUNE 12-19, 2022 - \$2,489 Double Occupancy

Round trip airfare from Newark to Portugal including sights in Lisbon, miracle of bleeding heart in Santarem, chapel of the apparitions in Fatima, tombs & home town of Jacinta, Francisco & Sr. Lucia, candlelight procession & rosary. Santiago de Compostela, walking tour of this medieval city of St. James, El Camino de Santiago, tour Cathedral with relics of this apostle, and tour port city of Porto in northern Portugal. For more information, itinerary and package details call 201-939-0457.

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## SCOUT PANCAKE BREAKFAST

On Sunday, **February 27**, Cub Pack 86/Scout Troop 86/Venture Crew 86 will have a Pancake Breakfast at the **Lyndhurst Senior Center, 250 Cleveland Ave.** All are welcome! Time: 8:00 to 2:00, Cost: \$8.00 per breakfast. Sit-down or take-out. Questions? Contact Gerry Dalzell, 201-933-2875

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## ATTENTION BUSINESS OWNERS, PROFESSIONALS, SELF EMPLOYED AND FAMILIES!

Jim Marcinkiewicz from Liturgical Publications will be calling local Businesses the week of February 28th working on securing new ads for the advertisement section of our bulletin. We need your help! Please consider purchasing an ad. Your ad and participation makes our bulletin successful, and you attract customers! Advertisements can be purchased for a business, a family, a charity, In Memory of a Loved One or to support the church or a community service organization. If you would like to run an ad or would like more information, please call Jim at (973) 525-7674, or via e-mail to [jmarcinkiewicz@4lpi.com](mailto:jmarcinkiewicz@4lpi.com).

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## Our Lady of Mt. Carmel, Lyndhurst A Celebration of St. Joseph & St. Patrick

Food \* Music \* Irish Dancers

**Sat., March 19, 5:30 PM**

**Mt. Carmel Parish Center, 146 Copeland Ave**

\$25 per person, Children Under 10 Free

Call Mt. Carmel Rectory 201-935-1177 for tickets.

NO Tickets will be sold at the door.

## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Joseph Caramanico, Ken Stone, Rosie Perez, Timothy Yushak, Corazon Santos, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Mario Diaz, Jeanne Dziencio, Norma Altreche, Joseph M. Diaz, Patrick H. Diaz, Kim Stefani, Linda Vasquez, Joelle Montillo, Colleen Branigan, Vincent Russo, Nenita A. Jacildone

**DECEASED:** Evelyn Romano

### CHURCH BELLS

#### CELEBRATE & COMMEMORATE



The Sacred Heart Church bell rings:

#### SUNDAY, FEBRUARY 27TH

**In Honor of:** The Intentions of the Cavalcante Family

**Donated by:** Jim & Isabel Cavalcante

## ARCHDIOCESE OF NEWARK

### 2022 LENTEN REGULATIONS

1. The **days of both Fast and Abstinence** during Lent are **Ash Wednesday and Good Friday**. *If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.*  
**On a day of Fast**, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity.  
Those between the ages of 18 and 59 are obliged to fast.  
**On a day of Abstinence**, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty\*) extends from the **First Sunday of Lent, March 6, 2022 to the Solemnity of the Holy Trinity, June 12, 2022.**

\*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

**FEBRUARY 27, 2022**

Eighth Sunday In Ordinary Time



#### Anticipated Mass for Sunday

5:00 pm Camille Ferrara

#### SUNDAY - Eighth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Laura Manning

10:30 am Francesco Cappadona

12:00pm Josephine Gingerelli

1:30 pm Lorenza & Julian Duran

#### MONDAY - Weekday

12:00pm Laura Manning

#### TUESDAY - Weekday/Shrove Tuesday

12:00pm Michelina Casale

#### WEDNESDAY - ASH WEDNESDAY

7:00am Filippo Coiro

9:00am Camille Ferrara

12:00pm Mildred Pompeo

5:30pm Souls In Purgatory

7:00pm John Kruger

#### THURSDAY - Thursday After Ash Wednesday

12:00pm Christopher Meister (Living)

#### FIRST FRIDAY - Friday After Ash Wednesday/St. Casimir

12:00pm John Weiss

#### FIRST SATURDAY - Saturday After Ash Wednesday

9:00 am Purgatorial Society

#### Anticipated Mass for Sunday

5:00 pm Diane Mitre

#### SUNDAY - FIRST SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Carmela Ferrara

10:30 am Michael Fiore

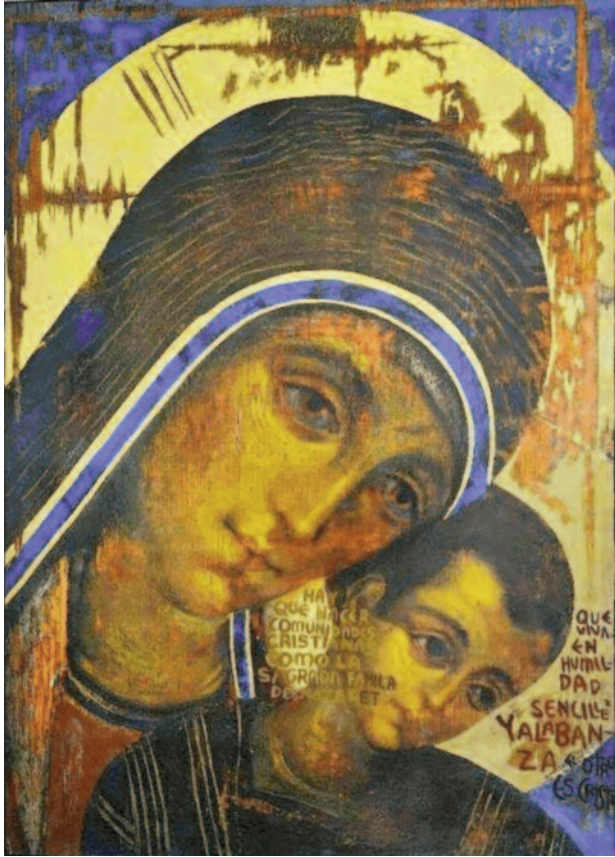
12:00pm Alberto Mazarrella

1:30 pm Amador Castelo Rodriguez

## STEWARDSHIP

Collection Totals Not Available

At Time Of Publication



## COME AND LISTEN

“FOR MY YOKE IS EASY,  
AND MY BURDEN LIGHT”  
Matthew 11:30

ARE  
CARES & WORRIES  
WEIGHING YOU DOWN?

COME & LISTEN  
ONE WORD COULD CHANGE  
YOUR LIFE.

**Mondays & Thursdays**  
**8:00pm in Parish Center**  
**(former Convent)**

Enter through the  
parking lot entrance

**CATECHESIS FOR ADULTS**  
**AND YOUTH (ages 13 & older)**

**Free babysitting will be available**

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### ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2022

The Archdiocese's 2022 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

**To Date, 69 families from our parish family have generously supported the Appeal:**

**Our Parish's Goal - \$34,000 -- Paid To Date - \$12,005 (35.31% of Goal)**

*Your generosity not only supports all the ministries listed above but can also be a direct support for our parish as well. If we exceed our parish goal in paid pledges by June 30th, like we did last year thanks to your generosity, we will receive a rebate from the Archdiocese of all the excess funds and a 2% reduction in our parish assessment expense for the fiscal year. This 2% reduction saved the parish more than \$6,900 in assessment expense last year. The Archdiocese also rebated back to the parish \$9,848.70 in excess funds received from our parish! It's a great way for our parish family to "fund raise" and help others at the same time. Thank you so much to all who have supported the Annual Appeal by giving a gift!!*

**\*\*Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese and we will not receive the 2% reduction in our assessment expense.\*\***

If you haven't already done so, please prayerfully consider your gift to the 2022 Annual Appeal. Envelopes for the Appeal are available in the pews. You can also make your gift online at [www.rcan.org/sharing](http://www.rcan.org/sharing). Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.