



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE
615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



7TH SUNDAY IN ORDINARY TIME

"Give, and gifts will be given to you; a good measure, packed together, shaken down, and overflowing, will be poured into your lap. For the measure with which you measure will in return be measured out to you." - Lk 6:38

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Apr. 16 (8:30pm), May 15, Jun.12

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

Seventh Sunday In Ordinary Time

Today's Gospel is a continuation of Luke's "Sermon on the Plain." After listing the "beatitudes" - characteristics that identify His followers - Jesus gives His listeners a road map outlining how they are to live out their lives as His followers. "Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you ... Give to all who ask ... Do to others as you would have them do to you ... Stop judging ... Stop condemning ... Forgive." This is the path each one of us must follow. This is the journey of faith on which we find ourselves day after day.

These words from Jesus' teaching are familiar to us. They constitute the crux and the challenge of what it means to be a disciple: Love your enemies, turn the other cheek, give to those who ask, do unto others, lend without expecting repayment, judge not lest you be judged.

But let's face it. This is one of the most difficult teachings that we have received from Jesus on the practical living out of our faith. When we examine our own relationships, both with God and with our neighbor, we certainly realize how difficult it is for us to imitate the love of Jesus and put this into practice. Our love is imperfect. It can be colored by fear, by some hidden motive, by selfishness. Often, our love is conditional. We only love those whom we like, or those who earn our love by pleasing us. Our love is fragile and sensitive. It withers and dies if we are hurt or misunderstood. Or we simply get tired of giving. We grow weary of preferring others to ourselves.

Is it really possible to forgive our enemies in a world torn by war and terror, religious and ethnic prejudice, economic disparity and exploitation of the weak? We are certainly not expected to overlook these evils, but as St. Paul tells us "we bear the image of God," and we are called to forgive and not retaliate. We are called to be merciful, not vengeful. This is real heroism, and we are all called to it.

Jesus teaches us to be concerned for the needs of others. He asks that we use God's gifts wisely and well. At the heart of our faith is a spirit leading us to acknowledge that it is God's love and goodness that provides so abundantly for all of our needs. And this should be the springboard to our sharing what we have with our brothers and sisters.

The love of Jesus is modeled on the love of God. It is a human translation of that love - universal, unwavering, relentless. It will always be a challenge for us, an ideal for which we strive. But we cannot love God and be indifferent to others. We have to learn how to love those who are not perfect and who may be outcasts. We have to learn how to love those we might feel very naturally repelled by. What Jesus says in the Gospel is that there is no way we can claim to love God without being accountable to loving and serving others, who themselves are unique reflections of the presence of God.

This is the only way we can actually bear the image of God.

The complete picture we find in Scripture keeps going back to the fact that we can't do this on our own. We have to be in a disposition where we are radically open to a Spirit of love that lives and breathes inside each of us.

Jesus' words challenge those who would follow him to be more like God. God loves us beyond our expectations, beyond anything we can possibly imagine. In response to God's love, we are to love as God loves, beyond expectations and with a depth beyond imagining.

Our task is to take on the image of God day by day and every day so that we always see something we have never seen before. It's all about listening to a story with open ears and a fresh heart. It is about taking out the road map, learning it by heart and crossing over into uncharted lands.

BE MERCIFUL

A SIX SESSION REFLECTION

Be Merciful is a 6 session reflection on the spiritual and corporate works of mercy, starting Tuesday, March 8 and running weekly thru April 12 at 7:00 PM in the Parish Center. **If you would like to attend, please call the parish office (201-438-1147) before March 12.** Registration is limited to 12 participants.

ANNUAL SPRING TRICKY TRAY AUCTION

sponsored by

Sacred Heart Home School Association
Friday, March 18, 2022

Sacred Heart School, 620 Valley Brook Ave
MASKS MUST BE WORN

Doors open 5:30 PM Raffles scheduled to begin Approximately 8-8:15 PM

Tickets \$15 per person and includes 1 sheet 1st level prizes and Coffee/tea/dessert. No tickets sold at door. No one under 18 admitted. No alcoholic beverages. Deadline for tickets March 9th.

For tickets call Patty 201-803-9580

Thank You!

Eva's Village in Paterson is very appreciative of those members of our parish family who donate baby food, formula, newborn clothing, etc. to its Mommy and Me program. Thanks!

PRESIDENT'S DAY HOLIDAY

Monday, February 21st is the President's Day holiday. In observance of the holiday the parish office will be closed. The Mass will be celebrated at it's regular time of 12:00 PM in the church.



Our Lady of Mt. Carmel, Lyndhurst
A Celebration of St. Joseph & St. Patrick
Food * Music * Irish Dancers

Sat., March 19, 5:30 PM

Mt. Carmel Parish Center, 146 Copeland Ave
\$25 per person, Children Under 10 Free

Call Mt. Carmel Rectory 201-935-1177 for tickets.
NO Tickets will be sold at the door.

EXTRAORDINARY MINISTER OF COMMUNION FORMATION

Virtual Course

Saturday, March 12, 9:00 AM - 12:30 PM

A workshop to train those who serve as Ministers of Communion both in liturgical settings and home and hospital visitations. Topics include the spirituality of ministry, visiting the sick and liturgical practicum. For more details and to register visit

<https://archdioceseofnewark.regfox.com/eucharistic-minister-formation-march-2022>

St. Joseph's, East Rutherford Pilgrimage

Spain and Portugal with Fr. Joe Astarita

JUNE 12-19, 2022 - \$2,489 Double Occupancy

Round trip airfare from Newark to Portugal including sights in Lisbon, miracle of bleeding heart in Santarem, chapel of the apparitions in Fatima, tombs & home town of Jacinta, Francisco & Sr. Lucia, candlelight procession & rosary. Santiago de Compostela, walking tour of this medieval city of St. James, El Camino de Santiago, tour Cathedral with relics of this apostle, and tour port city of Porto in northern Portugal. For more information, itinerary and package details call 201-939-0457.

SCOUT PANCAKE BREAKFAST

On Sunday, **February 27**, Cub Pack 86/Scout Troop 86/Venture Crew 86 will have a Pancake Breakfast at the **Lyndhurst Senior Center, 250 Cleveland Ave.** All are welcome!

Time: 8:00 to 2:00

Cost: \$8.00 per breakfast.

Sit-down or take-out.

Questions? Contact Gerry Dalzell, 201-933-2875



SECOND COLLECTIONS FEBRUARY 19TH & 20TH CENTRAL & EASTERN EUROPE

Your generosity in the second collection this weekend will assist in rebuilding the church after many years of Communism.



FEBRUARY 26TH & 27TH ARCHDIOCESE'S ANNUAL APPEAL

Your generosity in this collection will help us to continue to make progress in reaching our goal. Special envelopes will be available in the pews.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., John Stemkowski, Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Joseph Caramanico, Ken Stone, Timothy Yushak, Corazon Santos, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Mario Diaz, Jeanne Dziencio, Norma Altreche, Joseph M. Diaz, Patrick H. Diaz, Kim Stefani, Linda Vasquez, Joelle Montillo, Colleen Branigan, Vincent Russo, Nenita A. Jacildone

DECEASED: Eugene F. Cattanese, Robert Siverson, Phyllis Ahlborn, Dominick Palmieri

CHURCH BELLS

CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, FEBRUARY 20TH

In Honor of: The Intentions of the Cavalcante Family
Donated by: Jim & Isabel Cavalcante

WEDNESDAY, FEBRUARY 23RD

In Honor of: The Intentions of Robert J. Kimbal
Donated by: Jim & Isabel Cavalcante

SATURDAY, FEBRUARY 26TH

In Honor of: Teresa (Terry) Shields
Donated by: Brian & Carol O'Keeffe



Food Pantry Update

We are stocking up our parish family food pantry to help our brothers and sisters in need during the cold winter months. Can you help us make winter a little warmer for those living with food insecurity?



If you can donate any of these items, it would be greatly appreciated: Vegetables, Fruit, Spaghetti, Potatoes (small packages or canned), Peanut Butter, Jelly, Macaroni and Cheese, and Tea. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Thank you for all of the generous donations. It's only with your help that we are

able to keep our food pantry stocked. *As a reminder, we are unable to package out-of-date food products for distribution to our families.*

With the pandemic issue still being felt by many, the Sacred Heart Food Pantry is letting those in need know there is food also available at St. Micheal's Rectory, 624 Page Ave, Lyndhurst, every Wednesday 10:00AM to noon, The only information needed is name, address, phone number and I.D.

Upcoming Sacred Heart Food Pantry Open Dates For Distribution:

Saturday, February 26th at 9:30 AM
Saturday, March 19th at 9:30 AM

FEBRUARY 20, 2022

Seventh Sunday In Ordinary Time



Anticipated Mass for Sunday

5:00 pm Billy Kotchkowski

SUNDAY - Seventh Sunday In Ordinary Time

7:30am People Of Sacred Heart
9:00am Deanna Giuliano
10:30 am James M. Cavalcante
12:00pm Peter Amato
1:30 pm Lorenza & Julian Duran

MONDAY - Weekday/St. Peter Damian, Bishop and Doctor of the Church/President's Day

12:00pm Ronald Sawyer

TUESDAY - The Chair of Saint Peter the Apostle

12:00pm In Thanksgiving to Jesus, Mother Mary & St. Joseph For Healing

WEDNESDAY - St. Polycarp, Bishop and Martyr

12:00pm In Thanksgiving to Jesus, Mother Mary & St. Joseph For Jobs

THURSDAY - Weekday

12:00pm In Thanksgiving to Jesus, Mother Mary & St. Joseph For William

FRIDAY - Weekday

12:00pm Armando Pereira

SATURDAY - Weekday/Blessed Virgin Mary

9:00 am Richard M. O'Connell

Anticipated Mass for Sunday

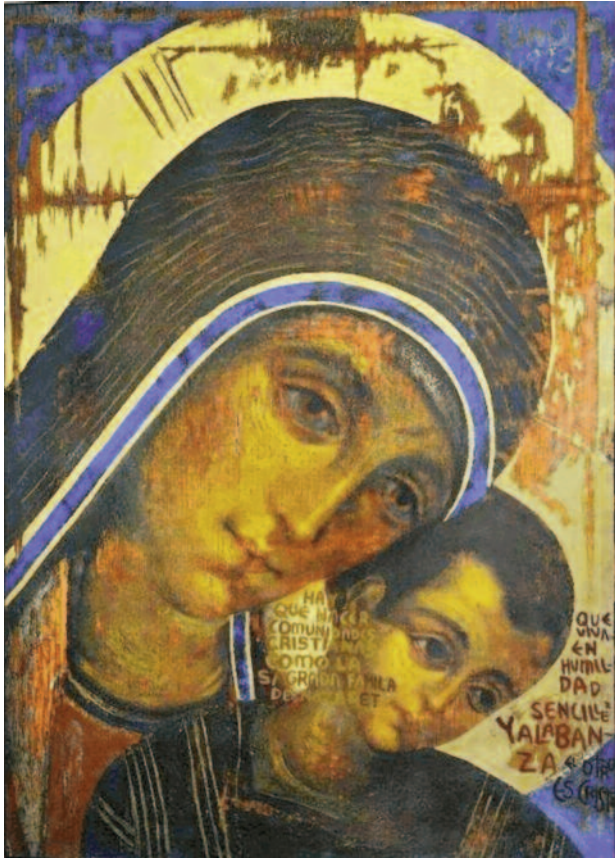
5:00 pm Camille Ferrara

SUNDAY - Eighth Sunday In Ordinary Time

7:30am People Of Sacred Heart
9:00am Laura Manning
10:30 am Francesco Cappadona
12:00pm Josephine Gingerelli
1:30 pm Lorenza & Julian Duran

STEWARDSHIP

Sunday Collection - \$4,649
Fuel Coll. - \$1,767
Add'l Christmas - \$550
Add'l Assessment - \$104



COME AND LISTEN

“FOR MY YOKE IS EASY,
AND MY BURDEN LIGHT”
Matthew 11:30

ARE
CARES & WORRIES
WEIGHING YOU DOWN?

COME & LISTEN
ONE WORD COULD CHANGE
YOUR LIFE.

Mondays & Thursdays
8:00pm in Parish Center
(former Convent)

Enter through the
parking lot entrance

CATECHESIS FOR ADULTS
AND YOUTH (ages 13 & older)

Free babysitting will be available

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2022

The Archdiocese's 2022 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

To Date, 61 families from our parish family have generously supported the Appeal:

Our Parish's Goal - \$34,000 -- Paid To Date - \$9,780 (28.76% of Goal)

Your generosity not only supports all the ministries listed above but can also be a direct support for our parish as well. If we exceed our parish goal in paid pledges by June 30th, like we did last year thanks to your generosity, we will receive a rebate from the Archdiocese of all the excess funds and a 2% reduction in our parish assessment expense for the fiscal year. This 2% reduction saved the parish more than \$6,900 in assessment expense last year. The Archdiocese also rebated back to the parish \$9,848.70 in excess funds received from our parish! It's a great way for our parish family to "fund raise" and help others at the same time. Thank you so much to all who have supported the Annual Appeal by giving a gift!!

****Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese and we will not receive the 2% reduction in our assessment expense.****

If you haven't already done so, please prayerfully consider your gift to the 2022 Annual Appeal. Envelopes for the Appeal are available in the pews. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.