



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

## SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

## PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

## RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

## SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
[ldurocher@sacredheartlynd.org](mailto:ldurocher@sacredheartlynd.org)

**SMALL BLESSINGS DAY CARE**  
201-935-0506

**ARCHDIOCESE OF NEWARK**  
973-497-4000



## 6<sup>TH</sup> SUNDAY IN ORDINARY TIME

"Blessed are you who are now hungry,  
for you will be satisfied.  
Blessed are you who are now weeping,  
for you will laugh."  
- Lk 6:21

### SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

### SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

### SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
Feb. 13, Apr. 16 (8:30pm), May 15, Jun. 12

### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

### SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

### R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

### PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## Sixth Sunday In Ordinary Time

The Gospel passages chosen for these last couple of Sundays before Lent comprise the substance of what we traditionally know as Luke's "Sermon on the Plain" - the counterpart to the "Sermon on the Mount" found in the Gospel of Matthew. These words of Jesus as recounted by Luke make up the heart of the Gospel message, the substance of the "Good News." At the core of the sermon is Jesus' teaching on the love of one's enemies, that has as its core God's graciousness and compassion for all humanity and Jesus' teaching on the love of one's neighbor that is characterized by forgiveness and generosity.

Today, we listen to the beginning of the sermon consisting of blessings and woes that address the real economic and social conditions of humanity (the poor - the rich; the hungry - the satisfied; those grieving - those laughing; the outcast - the socially acceptable). By contrast, the Sermon found in Matthew emphasizes the religious and spiritual values of disciples called to the kingdom by Jesus ("poor in spirit," "hunger and thirst for righteousness,"). Luke deals with real people in their real-life, day-to-day experiences.

The quality or value of any sermon is only measured by the effect it has on the lives of those who hear it, and on the community of the human family. Keeping the commandments of God, and living according to the Gospel of Jesus is not just a matter of personal holiness or of intellectual or spiritual values. If the gift of faith enables us to hear the Word of God and live by it, then we are expected to share that gift with real people - every day and in every circumstance. If we are redeemed and sanctified by the life, death and resurrection of Jesus, then we, too, are sent by Him to redeem and sanctify our world in His name.

Immediately after listing the "beatitudes" - characteristics that identify His followers - Jesus spells out their mission in the world. Continuing the sermon in next week's Gospel, Jesus says: "To you who hear I say, love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you." Once again, we are reminded of our baptismal challenge - not only to follow the Gospel in our own lives, but also to be living witnesses of the Good News for all we encounter on life's journey.

The Christian Gospel, the beatitudes, the example of Jesus - all of these are for living not just listening. We don't just memorize these words; we don't just keep them handy in a notebook that we can occasionally refer to; we don't just give them lip-service; we don't just preach them to our children and to our neighbors.

Christian living requires work, lots of sacrifice, discipline and love. It takes heroic love to make the Beatitudes real. It's not easy to be poor, to be merciful, to be meek, to be peacemakers, to hunger and thirst for justice. It takes a lot of courage to be persecuted and ridiculed and mocked for being authentic Christians, for being Christ-like. It takes faith and trust in God to admit our own weaknesses and dependence upon one another - rather than looking at each other's faults.

At the heart of the Gospel is the insistence of Jesus that our love be "inclusive" - all-inclusive, with no exception. And that is probably the most difficult thing about being an authentic Christian. Almost naturally, instinctively, our love and our concern tend to be exclusive. We are comfortable with people who are like us, in color, ethnicity, religion, and economic status. We find it easy to be good to those who like us, those who are attentive to us, those who understand us.

If we listen carefully to the words of Jesus, it is very clear that he wants us to exclude no one from our love - not the beggar, the borrower, the adulteress, the leper, the widow, the poor, the orphan, the enemy. Each of us can make our own list of the "most unwanted", those whom we find most difficult to forgive, to feel sympathy for, to offer compassion to.

Jesus tells us it makes no difference. Every single person is entitled to a fundamental respect and concern. Everyone is called to salvation and holiness. Everyone should find in us the same compassionate, all-inclusive love that they would find in Jesus.

Living the Gospel is a constant challenge. It makes us reexamine our mental attitudes, our actions, our speech, and many of the prejudices we grow up with. Hopefully, as we prepare for the Season of Lent, we will continue to be more sensitive to the ways that we exclude certain people from the embrace of our affection. We will constantly try to resist deep-rooted suspicions we nurture against persons who, in some way, are "different" from us. Hopefully, we can grow into becoming more fully authentic disciples.

# ONLINE GIVING AT SACRED HEART

Did you know you can give online to our parish with Zelle, or with a debit or credit card, or with GoFundMe? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.



1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

**Please be careful when you type in the email address because once you “Zelle” the money from your account it can not be corrected.**

2. You can visit [www.sacredheartlynd.org](http://www.sacredheartlynd.org), our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

3. Use our Go Fund Me Page. Visit our parish GoFundMe page at:

<https://charity.gofundme.com/o/en/campaign/sacred-heart-church-lyndhurst>

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## CHURCH BELLS

### CELEBRATE & COMMEMORATE



The Sacred Heart Church bell rings:

#### SUNDAY, FEBRUARY 13TH

**In Honor of:** The Intentions of the Cavalcante Family  
**Donated by:** Jim & Isabel Cavalcante

#### MONDAY, FEBRUARY 14TH

**In Honor of:** Michael Quinn  
**Donated by:** Carol & Brian O’Keeffe

#### WEDNESDAY, FEBRUARY 16TH

**In Honor of:** The Memory of James M. Cavalcante  
**Donated by:** Isabel & Jim Cavalcante

#### THURSDAY, FEBRUARY 17TH

**In Honor of:** Anthony & Dolores Manno  
**Donated by:** Don & Barbara Wynne

#### FRIDAY, FEBRUARY 18TH

**In Honor of:** Marco Battista  
At Rest With The Lord  
**Donated by:** Grace Dacchille

#### SATURDAY, FEBRUARY 19TH

**In Honor of:** William (Bill) Strpko  
**Donated by:** The Wynne & Simonak Families

## EXTRAORDINARY MINISTER OF COMMUNION FORMATION Virtual Course

**Saturday, March 12, 9:00 AM - 12:30 PM**

A workshop to train those who serve as Ministers of Communion both in liturgical settings and home and hospital visitations. Topics include the spirituality of ministry, visiting the sick and liturgical practicum. For more details and to register visit

<https://archdioceseofnewark.regfox.com/eucharistic-minister-formation-march-2022>

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### St. Joseph’s, East Rutherford Pilgrimage

Spain and Portugal with Fr. Joe Astarita

JUNE 12-19, 2022 - \$2,489 Double Occupancy

Round trip airfare from Newark to Portugal including sights in Lisbon, miracle of bleeding heart in Santarem, chapel of the apparitions in Fatima, tombs & home town of Jacinta, Francisco & Sr. Lucia, candlelight procession & rosary. Santiago de Compostela, walking tour of this medieval city of St. James, El Camino de Santiago, tour Cathedral with relics of this apostle, and tour port city of Porto in northern Portugal. For more information, itinerary and package details call 201-939-0457.

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### SCOUT PANCAKE BREAKFAST

On Sunday, **February 27**, Cub Pack 86/Scout Troop 86/Venture Crew 86 will have a Pancake Breakfast at the **Lyndhurst Senior Center, 250 Cleveland Ave.** All are welcome!

Time: 8:00 to 2:00

Cost: \$8.00 per breakfast.

Sit-down or take-out.

Questions? Contact Gerry Dalzell, 201-933-2875



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### SECOND COLLECTIONS FEBRUARY 12TH & 13TH FUEL EXPENSE

We have all undoubtedly felt the bite of winter in the temperatures outside and in our heating bills. **This week, the second collection** will be to defray fuel costs for the church.

### FEBRUARY 19TH & 20TH CENTRAL & EASTERN EUROPE

Your generosity in this collection will help rebuild the church after many years of Communism.

### FEBRUARY 26TH & 27TH ARCHDIOCESE’S ANNUAL APPEAL

Your generosity in this collection will help us to continue to make progress in reaching our goal. Special envelopes will be available in the pews.

## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., John Stemkowski, Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Joseph Caramanico, Ken Stone, Rosie Perez, Timothy Yushak, Corazon Santos, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Mario Diaz, Jeanne Dziencio, Norma Altreche, Joseph M. Diaz, Patrick H. Diaz, Kim Stefani, Linda Vasquez, Joelle Montillo, Colleen Branigan, Vincent Russo, Nenita A. Jacildone

**DECEASED:** Sandra & Josephine Froats, Anthony Caputo, Carlos Mendoza

## Food Pantry Update

We are stocking up our parish family food pantry to help our brothers and sisters in need during the cold winter months. Can you help us make winter a little warmer for those living with food insecurity?

If you can donate any of these items, it would be greatly appreciated: Vegetables, Fruit, Spaghetti, Potatoes (small packages or canned), Peanut Butter, Jelly, Macaroni and Cheese, and Tea. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Thank you for all of the generous donations. It's only with your help that we are able to keep our food pantry stocked. *As a reminder, we are unable to package out-of-date food products for distribution to our families.*

With the pandemic issue still being felt by many, the Sacred Heart Food Pantry is letting those in need know there is food also available at St. Micheal's Rectory, 624 Page Ave, Lyndhurst, every Wednesday 10:00AM to noon, The only information needed is name, address, phone number and I.D.

### Upcoming Sacred Heart Food Pantry Open Dates For Distribution:

Saturday, February 19th at 9:30 AM

Saturday, February 26th at 9:30 AM

## MEMORIAL DONATIONS

During the week of February 13th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

### SANCTUARY LAMP:



In Honor of: James M. Cavalcante  
At Rest With The Lord

Donated by: Isabel & Jim Cavalcante

### BREAD & WINE:



In Honor of: James M. Cavalcante  
At Rest With The Lord

Donated by: Isabel & Jim Cavalcante

### MASS CANDLES:



In Honor of: James M. Cavalcante  
At Rest With The Lord

Donated by: Isabel & Jim Cavalcante

**FEBRUARY 13, 2022**

Sixth Sunday In Ordinary Time



### Anticipated Mass for Sunday

5:00 pm Mr. & Mrs. Sabino Salerno

### SUNDAY - Sixth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Irene & Joseph Pravetz

10:30 am Rita Di Lascio

12:00pm Frank De Serio

1:30 pm Jose Lopes

### MONDAY - Saint Cyril, Monk and Methodius, Bishop

12:00pm David Vincent Vaccari, III

### TUESDAY - Weekday

12:00pm James M. Cavalcante

### WEDNESDAY - Weekday

12:00pm Carol Petrillo Lintz

### THURSDAY - Weekday/The Seven Holy Founders of the Servite Order

12:00pm O'Gorman Family

### FRIDAY - Weekday

12:00pm Howard Tiffner

### SATURDAY - Weekday/Blessed Virgin Mary

9:00 am Carmela Ferrara

### Anticipated Mass for Sunday

5:00 pm Billy Kotchkowski

### SUNDAY - Seventh Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Deanna Giuliano

10:30 am James M. Cavalcante

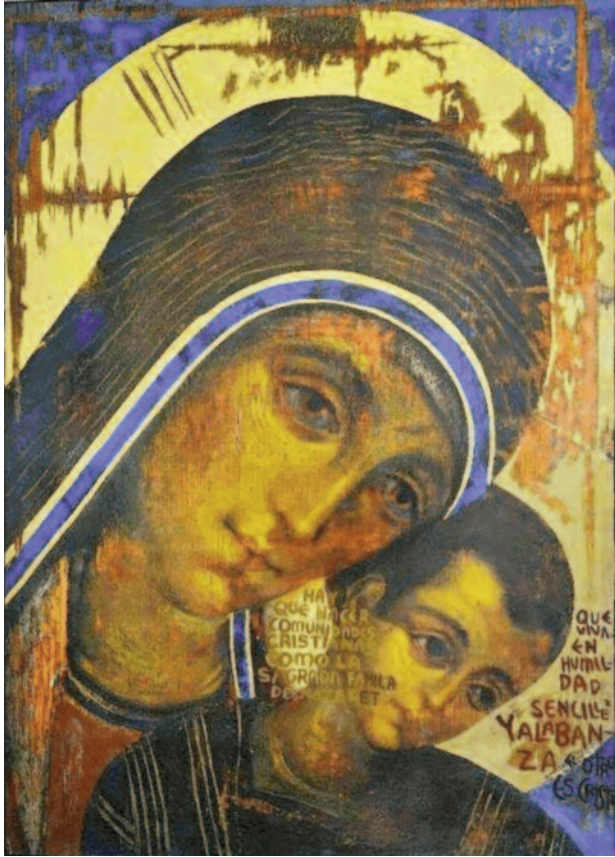
12:00pm Peter Amato

1:30 pm Lorenza & Julian Duran

## STEWARDSHIP

Sunday Collection - \$6,257  
Assessment Collection - \$2,557  
Add'l Assessment - \$25  
Add'l Fuel - \$10.00

As reminder, we need \$6,200 in the Sunday Collection each week to cover our budgeted expenses. Thanks for your continued generosity!



## COME AND LISTEN

“FOR MY YOKE IS EASY,  
AND MY BURDEN LIGHT”  
Matthew 11:30

ARE  
CARES & WORRIES  
WEIGHING YOU DOWN?

COME & LISTEN  
ONE WORD COULD CHANGE  
YOUR LIFE.

**Mondays & Thursdays**  
**8:00pm in Parish Center**  
**(former Convent)**

Enter through the  
parking lot entrance

**CATECHESIS FOR ADULTS**  
**AND YOUTH (ages 13 & older)**

**Free babysitting will be available**

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### ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2022

The Archdiocese's 2022 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

**To Date, 51 families from our parish family have generously supported the Appeal:  
Our Parish's Goal - \$34,000 -- Paid To Date - \$6,985 (20.54% of Goal)**

*Your generosity not only supports all the ministries listed above but can also be a direct support for our parish as well. If we exceed our parish goal in paid pledges by June 30th, like we did last year thanks to your generosity, we will receive a rebate from the Archdiocese of all the excess funds and a 2% reduction in our parish assessment expense for the fiscal year. This 2% reduction saved the parish more than \$6,900 in assessment expense last year. The Archdiocese also rebated back to the parish \$9,848.70 in excess funds received from our parish! It's a great way for our parish family to "fund raise" and help others at the same time. Thank you so much to all who have supported the Annual Appeal by giving a gift.*

**\*\*Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese and we will not receive the 2% reduction in our assessment expense.\*\***

If you haven't already done so, please prayerfully consider your gift to the 2022 Annual Appeal. Envelopes for the Appeal are available in the pews. You can also make your gift online at [www.rcan.org/sharing](http://www.rcan.org/sharing). Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.