



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE

201-935-0506

ARCHDIOCESE OF NEWARK

973-497-4000



5TH SUNDAY IN ORDINARY TIME

Jesus said to Simon, "Do not be afraid; from now on you will be catching men." When they brought their boats to the shore, they left everything and followed him. - Lk 5:10-11

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Feb. 13, Apr. 16 (8:30pm), May 15, Jun. 12

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

Fifth Sunday In Ordinary Time

Today, the readings remind us that God's call to a person and the positive response to that call leads the person to discipleship. God has His own criteria for selecting people to be prophets and ministers. Presenting the special calls, or vocations, of Isaiah, Paul and Peter as life-changing events, the readings challenge us to examine our own personal calls and responses to conversion and discipleship. Let us be attentive to God and respond positively to His call.

Isaiah in the first reading and Peter in today's Gospel express their unworthiness to be in the presence of God's great holiness, and Peter and Isaiah both immediately receive their Divine calls. Today's second reading describes the call of another great apostle, Paul, who judges himself to be unworthy of the name or the call as he was a former persecutor of the Christians. It was by giving these three men a strong conviction of their unworthiness and of their need for total dependence on His grace that God prepared them for their missions.

Every Christian by virtue of baptism has a special call from God to carry out a specific mission. Just as each one of us is unique so is our mission. We have both individual and collective mission. Each person has a unique imprint to make in the world that no one else can. "We all have a vocation. We believe that God has placed us in this life to fill a special need that no one else can accomplish." – St. Francis de Sales

God chooses each one according to His own criteria for a specific mission. It is personal deception to think your God has not called you to do something. The God who called Isaiah, Paul, Peter etc continues to call people even in our time. The problem with this age is that we have become so absorbed with self and the external realities of the modern world(social media, information bombardment) that we have lost that interior communion with God who speaks to our heart calling us daily. When we relate closely with God in the solitude and silence of interior life then we can hear and discern what He calls us to do.

When we examine the lives of Isaiah, Paul and Peter in relation to their response to God's call, something very remarkable comes to light namely the feeling of personal unworthiness and a willingness to answer the call; This is what qualifies a person to answer God's call. God chooses what is weak to shame the strong(cf 1Cor1:27). He does not call the qualified but qualifies the called. It is only God's grace that supplies what is lacking in our ability to answer God's call hence Paul acknowledged "I am what I am only by the grace of God". Proud and haughty people will never submit to God's call. We need to see ourselves as unworthy children of God and submit ourselves to God so that His grace will lift us up and strengthen us to answer whenever and wherever He asks us to go so that like Isaiah we can say "*Here I am Lord send me*".

The Church and our world today is going through difficult and tumultuous times. Our world has seized to be conducive because we have lost sight of our missions. Many never answered God's call, many are still wallowing in ignorance trying to discern who is calling or what they are called for. Worst still many who accepted God's call, allowed selfish interest to come between them and God. They abandoned the sender, the mission and message entrusted to them and embraced personal mission, preach the personal message and take all the glory for their accomplishments. A mission without God is a failed one. Simon Peter and his fellow fishermen toiled all night at the sea and caught nothing but when Jesus instructed " *Put out into deep water and lower your nets for a catch* ", Simon obeyed and made an unimaginable catch. If we turn back to God and heed to His instructions, our world shall be salvaged from total collapse and disintegration. If we abandon our mission as Christians in search of some personal goals and interests, we shall register little or no success. True success in our call comes with total dependence on God who called us because when we separate ourselves from God we shall not achieve anything. (cf Jn 15:5)

Let's pray that God will rekindle in our hearts the passion to answer His call. Like our mother Mary who said a perfect and generous yes to God and cooperated with His grace, like Isaiah, Paul, Peter and all the saints through the ages, who gave themselves totally to God and answered wholeheartedly, we may be open to God who is daily calling us to serve, to love, to holiness, to make a difference in our world. May the holy spirit help us to discern what God wants from us and obey Him in every circumstance without allowing selfish motives to override divine call. Make a difference in your world today don't wait till tomorrow because you are called to do something unique.

ONLINE GIVING AT SACRED HEART

Did you know you can give online to our parish with Zelle, or with a debit or credit card, or with GoFundMe? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.



1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

3. Use our Go Fund Me Page. Visit our parish GoFundMe page at:

<https://charity.gofundme.com/o/en/campaign/sacred-heart-church-lyndhurst>

EXTRAORDINARY MINISTER OF COMMUNION FORMATION

Virtual Course

Saturday, March 12, 9:00 AM - 12:30 PM

A workshop to train those who serve as Ministers of Communion both in liturgical settings and home and hospital visitations. Topics include the spirituality of ministry, visiting the sick and liturgical practicum. For more details and to register visit

<https://archdioceseofnewark.regfox.com/eucharistic-minister-formation-march-2022>

St. Joseph's, East Rutherford Pilgrimage

Spain and Portugal with Fr. Joe Astarita

JUNE 12-19, 2022 - \$2,489 Double Occupancy

Round trip airfare from Newark to Portugal including sights in Lisbon, miracle of bleeding heart in Santarem, chapel of the apparitions in Fatima, tombs & home town of Jacinta, Francisco & Sr. Lucia, candlelight procession & rosary. Santiago de Compostela, walking tour of this medieval city of St. James, El Camino de Santiago, tour Cathedral with relics of this apostle, and tour port city of Porto in northern Portugal. For more information, itinerary and package details call 201-939-0457.

PURGATORIAL SOCIETY

The following deceased have been enrolled in the Sacred Heart Purgatorial Society:

NANCY ALIX-req.by-Michael Trasso

NILDA BERMEJO-req.by-Anonymous

ELEANOR CAPPADONA-req.by-The Trasso Family, Arceli & Maria Vargas

MANUEL CASAL-req.by-Antonia Vasquez

ALFRED DE RENZIO-req.by-The Trasso Family

JULIO LOPEZ-req.by-Communities of Sacred Heart in Lyndhurst, Rosa Lartiga

RAPHAEL MENIEL -req.by-Alexandra Casares

CARMELLA PALASTI-req.by-Rose Di Lalla, Tony & Monika Di Lalla

EDWARD GEORGE ROGERO, III -req.by-The Church Cleaning Group

MAURICIO ANGULO ROTALDE -req.by-Charo & Roberto Botteri

CARLOS RUIZ -req.by-Rosa Lartiga

MARIE SCHAAL -req.by-Ann & Dolores Petrillo

ANNE STRAEB -req.by-Mary & John Roskowski

ATTENTION AMAZON SHOPPERS!! YOUR PURCHASES CAN HELP OUR PARISH AT NO COST TO YOU!!

AmazonSmile is a simple and automatic way for you to give a little support to our parish every time you shop, at **NO COST TO YOU**. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a half of one percent of the purchase price to our parish.

Just follow these simple steps:

- 1.) Visit smile.amazon.com. It's just like shopping on amazon.com.
- 2.) Sign in. Simply use your existing Amazon credentials. If you don't have an account, you can create a new one.
- 3.) Start shopping! In the box that says Pick Your Own Charitable Organization type in 324 Ridge Rd. This the address for the church. There are many, many Sacred Heart Churches on AmazonSmile, by using the address it will bring you directly to our parish. Click the yellow select button.
- 4.) If you are already an AmazonSmile user and want to switch your selected charity to be our parish, on the top of the screen you will see your current charity listed. Click the down arrow next to the charity name and follow the directions in step 3.
- 5.) Please remember to shop our smile.amazon.com link every time. Purchases made on the main Amazon.com site do not support our parish.

****If you have friends or family members who are Amazon shoppers, why not ask them if they would help our parish too?!****

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., John Stemkowski, Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Joseph Caramanico, Ken Stone, Rosie Perez, Timothy Yushak, Corazon Santos, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Mario Diaz, Jeanne Dziencio, Norma Altreche, Joseph M. Diaz, Patrick H. Diaz, Kim Stefani, Linda Vasquez, Joelle Montillo, Colleen Branigan, Vincent Russo, Josephine Froats, Nenita A. Jacildone

DECEASED: Gilbert Bowman



CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, FEBRUARY 6TH

In Honor of: The Intentions of the Cavalcante Family

Donated by: Jim & Isabel Cavalcante

SATURDAY, FEBRUARY 12TH

In Honor of: Maria Ammerato

Donated by: Carol & Brian O'Keeffe



Food Pantry Update

We are stocking up our parish family food pantry to help our brothers and sisters in need during the cold winter months. Can you help us make winter a little warmer for those living with food insecurity?



If you can donate any of these items, it would be greatly appreciated: Vegetables, Fruit, Spaghetti, Potatoes (small packages or canned), Peanut Butter, Jelly, Macaroni and Cheese, and Tea. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Thank you for all of the generous donations. It's only with your help that we

are able to keep our food pantry stocked. *As a reminder, we are unable to package out-of-date food products for distribution to our families.*

With the pandemic issue still being felt by many, the Sacred Heart Food Pantry is letting those in need know there is food also available at St. Micheal's Rectory, 624 Page Ave, Lyndhurst, every Wednesday 10:00AM to noon, The only information needed is name, address, phone number and I.D.

Upcoming Sacred Heart Food Pantry Open Dates For Distribution:

Saturday, February 19th at 9:30 AM

Saturday, February 26th at 9:30 AM

FEBRUARY 6, 2022

Fifth Sunday In Ordinary Time



Anticipated Mass for Sunday

5:00 pm Eleanor Rita Descalzi

SUNDAY - Fifth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Louise Paolazzi

10:30 am Edward Granito, Sr.

12:00pm Jerry Agresti, Sr.

1:30 pm Amador Castelo Rodriguez

MONDAY - Weekday

12:00pm Mario Torraca

TUESDAY - Weekday/St. Jerome Emiliani/ St. Josephine Bakhita, Virgin

12:00pm Manuel Noya Gude

WEDNESDAY - Weekday

12:00pm Joseph Petrillo

THURSDAY - St. Scholastica, Virgin

12:00pm Joseph J. Pavlica, Jr.

FRIDAY - Weekday/Our Lady of Lourdes

12:00pm Juana Lema Gonzalez

SATURDAY - Weekday/Blessed Virgin Mary

9:00 am Navatta, Pretto, Isoldi & Lateano
Families

Anticipated Mass for Sunday

5:00 pm Mr. & Mrs. Sabino Salerno

SUNDAY - Sixth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Irene & Joseph Pravetz

10:30 am Rita Di Lascio

12:00pm Frank De Serio

1:30 pm Jose Lopes



STEWARDSHIP

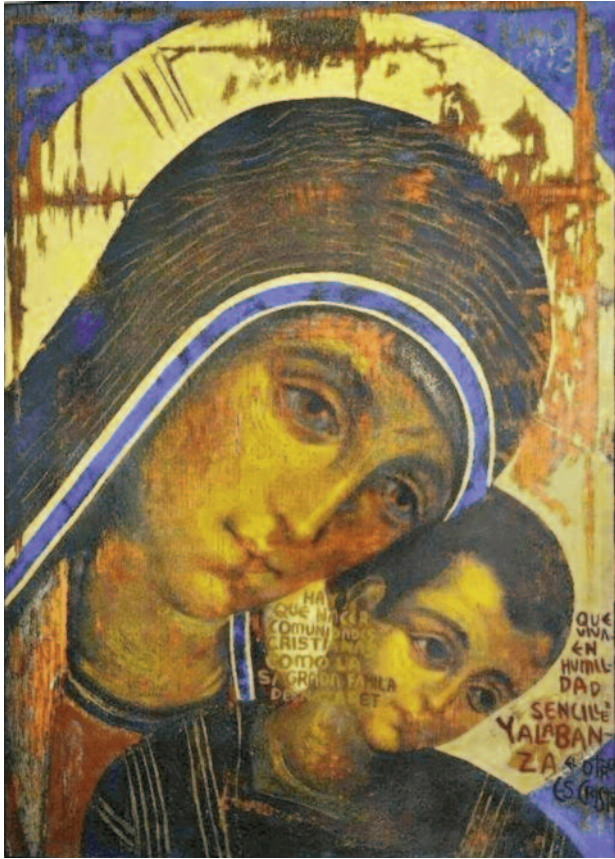
Sunday - \$4,081

Add'l Christmas - \$100

Add'l Solemnity of Mary - \$10

Add'l Immaculate Concept - \$5

As reminder, we need \$6,200 in the Sunday Collection each week to cover our budgeted expenses. Thanks for your continued generosity!



COME AND LISTEN

“FOR MY YOLK IS EASY,
AND MY BURDEN LIGHT”
Matthew 11:30

ARE
CARES & WORRIES
WEIGHING YOU DOWN?

COME & LISTEN
ONE WORD COULD CHANGE
YOUR LIFE.

Mondays & Thursdays
8:00pm in Parish Center
(former Convent)

Enter through the
parking lot entrance

CATECHESIS FOR ADULTS
AND YOUTH (ages 13 & older)

Free babysitting will be available

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2022

The Archdiocese's 2022 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

To Date, 29 families from our parish family have generously supported the Appeal:

Our Parish's Goal - \$34,000 -- Paid To Date - \$4,786 (14.08% of Goal)

Your generosity not only supports all the ministries listed above but can also be a direct support for our parish as well. If we exceed our parish goal in paid pledges by June 30th, like we did last year thanks to your generosity, we will receive a rebate from the Archdiocese of all the excess funds and a 2% reduction in our parish assessment expense for the fiscal year. This 2% reduction saved the parish more than \$6,900 in assessment expense last year. It's a great way for our parish family to "fund raise" and help others at the same time. Thank you so much to all who have supported the Annual Appeal by giving a gift.

****Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese and we will not receive the 2% reduction in our assessment expense.****

If you haven't already done so, please prayerfully consider your gift to the 2022 Annual Appeal. Envelopes for the Appeal are available in the pews. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.