



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

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www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE
615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
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SMALL BLESSINGS DAY CARE

201-935-0506

ARCHDIOCESE OF NEWARK

973-497-4000



4TH SUNDAY IN ORDINARY TIME

[He said to them], "Today this Scripture passage is fulfilled in your hearing." And all spoke highly of him and were amazed at the gracious words that came from his mouth. They also asked, "Isn't this the son of Joseph?" - Lk 4:21-22

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Feb. 13, Apr. 16 (8:30pm), May 15, Jun. 12

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

Fourth Sunday In Ordinary Time

The vision of Jesus was a prophetic one. It was a call to change the world by changing the hearts and minds of those living within it. This was a radical and social response to life and God and to one another. The problem that Jesus faced was a narrowness of vision on the part of those around him. But more significant is the fact that they may have "heard" what Jesus was saying, but they weren't really "listening." One cannot respond to a call if one doesn't first listen.

In every religious tradition there is always the temptation to claim exclusive possession and knowledge of all the ways in which God works. Jesus read a passage from the prophet Isaiah describing the long awaited Messiah and declared that this prophecy had now been fulfilled: "Today this Scripture passage is fulfilled in your hearing." He was in effect announcing his own claim to be God's chosen one for the liberation of his people.

Those around him were both "amazed" and angered. When Jesus reminded them that it is always difficult for local folks to believe that one of their own might be much more than they had given him permission to be - or that they, too, might have an important vision to share - they became arrogant, driving him out of town and trying to throw him down the mountain.

They just weren't listening.

The reading from Corinthians is, of course, St. Paul's reflection on Love. It is found in that part of the First Letter to the Corinthians where Paul speaks about the nature of the Christian community to the church of Corinth, which was divided over many issues. Paul tells them that all gifts flow from the Holy Spirit. To one the Spirit gives the gift of wisdom. To another he gives the gift of understanding. Some can work miracles. Others can prophecy. All the members of the Church are gifted with different talents. One gift is not more important than another and one member of the community is not more important than another. Together with both their divisions and their gifts they comprise the unified Body of Christ.

Like the community in Corinth we, too, are divided on many issues. We, too, are a broken people and in need of healing.

We willingly put ourselves into opposing camps - warring with one another over what it truly means to be a "faithful follower." Some desperately hang onto the past. Others hope to move into the future. Most of us, however, have a hard enough time dealing with the present.

We are an arrogant bunch and arrogance not only separates us from one another but from Him as well. Our values have been reversed and it is difficult for us to see that God has turned attention to the lost, poor, sick and outsider. We can become insensitive and uncaring. We can be tempted to condemn or criticize all who do not pray or worship or believe as we do. We can refuse to listen to the whisperings of the Spirit in others.

The challenge given us in today's readings goes far beyond the simple narrow-minded attitudes of those who refuse to listen. The more loving we are - the more people our love embraces as we transcend labels and prejudices dividing people - the more likely we will be rejected, persecuted and hated, perhaps driven out of town to the edge of the mountaintop.

The revelation that Jesus came to bring is much more than dogmatic pronouncements or theological definitions of who the Father is and what God is all about. Jesus makes it very clear that we must open our ears to the revelation that He brings. We must look at the world around us and at one another through His eyes, and live by the prophetic vision of His Gospel. It is that which allows us to claim that we belong to Him.

ONLINE GIVING AT SACRED HEART

Did you know you can give online to our parish with Zelle, or with a debit or credit card, or with GoFundMe? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

3. Use our Go Fund Me Page. Visit our parish GoFundMe page at:

<https://charity.gofundme.com/o/en/campaign/sacred-heart-church-lyndhurst>

GOD'S PLAN GO RED FOR HEART HEALTH

When I had a Heart Attack at age 40 I was shocked, scared confused and had all kinds of emotions running through my mind. How could this happen? A mom of 3 children, happily married, healthy, and no pre existing medical conditions. This Heart Attack was called SCAD (Spontaneous Coronary Artery Dissection) that is rare but not so rare and strikes healthy young women the average age being 42. It is caused when a sudden tear occurs within the layers of one or more of the arteries to the heart. This tear blocks blood flow causing a heart attack. It can often strike new moms and pregnant women.

On 04/16/2021 it will be 6 years since that day changed my life forever and I realize after the journey I have been through to heal and recover both emotionally and physically that God is in control of our life. To trust him. He was with me every step of the way and I believe this happened to bring me closer to the Lord. My faith needed to be strengthened and this has helped it grow tremendously and brought such wonderful people into my life.

I would like you all to count your blessings daily, pick up your Cross every day and THANK the Lord daily. Continue to lean on the Lord through good and bad times and know that he is in control of our destiny. He knows the Plan he has for our lives. Always remain courageous even on the weakest of days and never ever give up. Prayer is so powerful.

Please help spread awareness of SCAD and support Go Red during the month of February by wearing Red. Donations can be made to the American Heart Association at donatenow.heart.org or SCADAlliance.org

Please pray for all survivors, non survivors and families affected by SCAD, Heart Disease & Stroke.

Thank you and God Bless you all.

Denise Mayer, Sacred Heart Parish Family Member

COMMUNITY ALLIANCE PROGRAM

Sacred Heart Church has partnered with BLUE FOUNDRY BANK to raise money for the parish. Through the Community Alliance Program, Blue Foundry will make a quarterly donation to our parish account based upon the average balance of our members' designated accounts at Boiling Springs. **NO MONEY WILL BE WITHDRAWN from members' accounts. A minimum of twenty individuals (members) is required.** Enrollment in the program is quick and easy. Just stop by a Blue Foundry Branch and fill out a Community Alliance Member account form.

Note: There are other Sacred Heart Churches enrolled in the program. When you sign up at the branch PLEASE BE SURE TO SPECIFY SACRED HEART, LYNDHURST (CAP CODE 094). If you have ALREADY ENROLLED AT THE BRANCH, PLEASE VERIFY with the branch that your enrollment is for Sacred Heart, Lyndhurst (CAP CODE 094).



ATTENTION AMAZON SHOPPERS!! YOUR PURCHASES CAN HELP OUR PARISH AT NO COST TO YOU!!

AmazonSmile is a simple and automatic way for you to give a little support to our parish every time you shop, at **NO COST TO YOU**. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a half of one percent of the purchase price to our parish.

Just follow these simple steps:

- 1.) Visit smile.amazon.com. It's just like shopping on amazon.com.
- 2.) Sign in. Simply use your existing Amazon credentials. If you don't have an account, you can create a new one.
- 3.) Start shopping! In the box that says Pick Your Own Charitable Organization type in 324 Ridge Rd. This the address for the church. There are many, many Sacred Heart Churches on AmazonSmile, by using the address it will bring you directly to our parish. Click the yellow select button.
- 4.) If you are already an AmazonSmile user and want to switch your selected charity to be our parish, on the top of the screen you will see your current charity listed. Click the down arrow next to the charity name and follow the directions in step 3.
- 5.) Please remember to shop our smile.amazon.com link every time. Purchases made on the main Amazon.com site do not support our parish.

****If you have friends or family members who are Amazon shoppers, why not ask them if they would help our parish too?!****

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., John Stemkowski, Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Joseph Caramanico, Ken Stone, Rosie Perez, Timothy Yushak, Corazon Santos, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Mario Diaz, Jeanne Dziencio, Norma Altreche, Joseph M. Diaz, Patrick H. Diaz, Kim Stefani, Linda Vasquez, Joelle Montillo, Colleen Branigan, Vincent Russo, Josephine Froats, Nenita A. Jacildone

DECEASED: George V. Urgolo, Marilyn Kadian

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, JANUARY 30TH

In Honor of: The Intentions of the Cavalcante Family

Donated by: Jim & Isabel Cavalcante

MEMORIAL DONATIONS

During the week of January 30th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

BREAD & WINE:



In Honor of: Robert Silva

Donated by: Joana Amador

Food Pantry Update

We are stocking up our parish family food pantry to help our brothers and sisters in need during the cold winter months. Can you help us make winter a little warmer for those living with food insecurity?

If you can donate any of these items, it would be greatly appreciated: Vegetables, Fruit, Spaghetti, Potatoes (small packages or canned), Peanut Butter, Jelly, Macaroni and Cheese, and Tea. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Thank you for all of the generous donations. It's only with your help that we are able to keep our food pantry stocked. *As a reminder, we are unable to package out-of-date food products for distribution to our families.*

With the pandemic issue still being felt by many, the Sacred Heart Food Pantry is letting those in need know there is food also available at St. Micheal's Rectory, 624 Page Ave, Lyndhurst, every Wednesday 10:00AM to noon, The only information needed is name, address, phone number and I.D.

Upcoming Sacred Heart Food Pantry Open Dates For Distribution:

Saturday, February 19th at 9:30 AM

Saturday, February 26th at 9:30 AM

JANUARY 30, 2022

Fourth Sunday In Ordinary Time



Anticipated Mass for Sunday

5:00 pm David Brady

SUNDAY - Fourth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Howard Tiffner

10:30 am Peter C. Saoud

12:00pm Fred Biancone

1:30 pm Felicita Sallurca de Santander

MONDAY - St. John Bosco, Priest and Religious Founder

12:00pm Aaron Angel Lopez

TUESDAY - Weekday

12:00pm Peter Smith

WEDNESDAY - The Presentation of the Lord

12:00pm Juan Cantos Sr. & Demetrio Cantos

THURSDAY - Weekday/St. Blaise, Bishop and Martyr/St. Ansgar, Bishop

12:00pm Pura Fernandez

FIRST FRIDAY - Weekday

12:00pm Thomas F. Coughlin

FIRST SATURDAY - St. Agatha, Virgin & Martyr

9:00 am Purgatorial Society

Anticipated Mass for Sunday

5:00 pm Eleanor Rita Descalzi

SUNDAY - Fifth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Louise Paolazzi

10:30 am Edward Granito, Sr.

12:00pm Jerry Agresti, Sr.

1:30 pm Amador Castelo Rodriguez

STEWARDSHIP

Sunday, Jan. 16 - \$6,521

Add'l Assessment Coll. - \$409

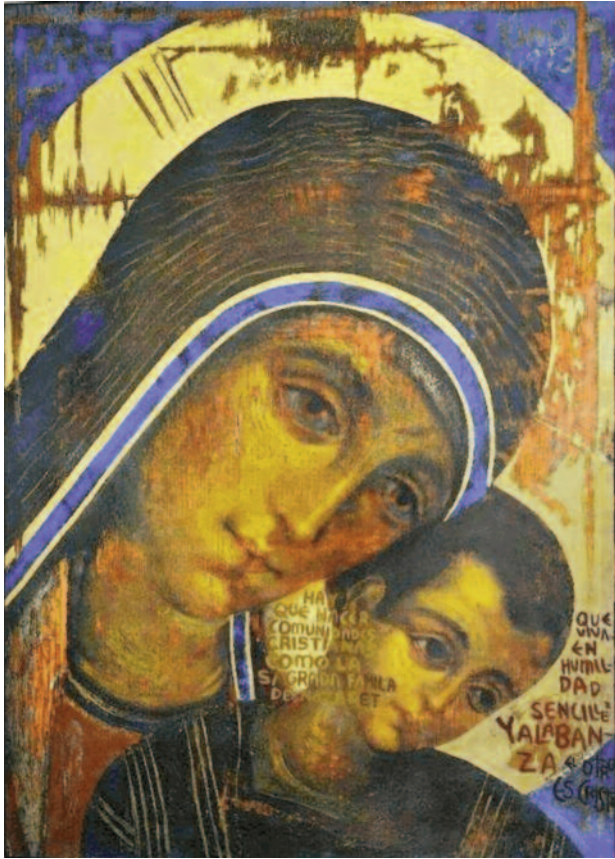
Add'l Comm. God's Word - \$262.50

Add'l Solemnity of Mary - \$133

Add'l Immaculate Concept - \$10.00

Sunday, Jan. 23 - \$6,292

Annual Appeal - \$1,151



COME AND LISTEN

“FOR MY YOLK IS EASY,
AND MY BURDEN LIGHT”
Matthew 11:30

ARE
CARES & WORRIES
WEIGHING YOU DOWN?

COME & LISTEN
ONE WORD COULD CHANGE
YOUR LIFE.

Mondays & Thursdays
8:00pm in Parish Center
(former Convent)

Enter through the
parking lot entrance

CATECHESIS FOR ADULTS
AND YOUTH (ages 13 & older)

Free babysitting will be available

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2022

The Archdiocese's 2022 Annual Appeal, is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith through the Office of Youth and Young Adult Ministry, the Catechetical Office, Campus Ministry at affiliated Colleges and Universities, and Catholic Schools. The Annual Appeal also supports ministries that proclaim the Gospel through Ministry to Multi-Ethnic Communities, the Office of Evangelization, the Office of Family Life, International Missions, and Pastoral Ministry with the Deaf. Your generosity to the Appeal also supports care for the Poor and Vulnerable through Catholic Charities, Hospital and Prison Chaplaincy, the Ministry with Persons with Disabilities, and the Respect Life Office. The Appeal also assists forming future priests and supporting retired clergy through Continuing Formation for priests, Seminarian Education, and Priest Health Care.

Our parish goal for this year's Annual Appeal is \$34,000 like it was last year. Also, like last year, if we exceed our goal IN PAID PLEDGES by June 30, 2022, the parish will receive a rebate from the Archdiocese of all excess funds RECEIVED BY JUNE 30, 2022 and in addition the parish will receive a 2% reduction of our parish assessment for fiscal year 2023. This 2% reduction saved the parish more than \$6,900 in assessment expense last year. With your generous support again this year, we can do it again! However, the Archdiocese has stated if we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese and there will be no reduction of our parish assessment.

If you haven't already done so, please prayerfully consider your gift to the 2022 Annual Appeal. The second collection this weekend will assist the Annual Appeal.