



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE

201-935-0506

ARCHDIOCESE OF NEWARK

973-497-4000



3RD SUNDAY IN ORDINARY TIME

*The Spirit of the Lord is upon me...
He has sent me to proclaim liberty to captives
and recovery of sight to the blind,
to let the oppressed go free.
- Lk 4:18*

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Feb. 13, Apr. 16 (8:30pm), May 15, Jun. 12

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

Third Sunday In Ordinary Time

We would find it hard to imagine being in the presence of Jesus and not recognizing him. It's hard to imagine that He would be just another face in the crowd, and that there would be nothing remarkable or exceptional that would make him stand out from all the rest. But it wasn't that way - people misunderstood, they missed the point. Many may have walked by Jesus without feeling anything out of the ordinary ...and they needed a special sign in order to recognize Him. And the same is true today.

On a purely human level, Jesus lived most of his life in obscurity, emerged as a prophetic figure for several years, and was eventually crucified. After his death layer upon layer of interpretation and understanding was put on his life and his ministry so that it has become extremely difficult to get to know the flesh and blood reality of Jesus.

Like the prophets who lived before him, Jesus doubtless became aware of the gap between the ideals of a religious vision - a nation that would create a just society according to the norms of respect enshrined in the Mosaic Law - and the social reality of his time. He no doubt felt a "call" within himself to stand up and be counted, to do something about this gap, to be a prophetic figure.

But what was Jesus thinking? Who, in his right mind, knowing what happened to prophets all throughout the history of Israel, would ever put his hand up and volunteer to be a prophet?

The Gospel tells us that Jesus returned to Galilee to begin His mission "in the power of the Spirit." It's the anointing with the Spirit that enables Jesus to begin His mission. At the synagogue, Jesus read the words of Isaiah: "The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor. He has sent me to proclaim liberty to captives and recovery of sight to the blind, to let the oppressed go free, and to proclaim a year acceptable to the Lord." And then he tells them: "Today this Scripture passage is fulfilled in your hearing."

It is interesting that Jesus announces his ministry by reading this particular passage. "Today these words are fulfilled in your hearing ." Today - and from now on - God's ancient promises are fulfilled.

Jesus understood his ministry in terms of setting people free. We really need to understand this. His life and death were about changing people's minds and hearts. His work of salvation directly addressed the issues of fear, ignorance, and darkness which clouded the religious thinking and images of the people.

The issue for Jesus is: stand up and be counted. Let the Spirit of God have its way with you - completely. Give all your mind and heart and soul to the "call" within you. This is conversion in its most radical form. This is conversion where it hurts most. This is conversion where it counts most.

At the end of his life, there was no glory for Jesus, no resounding success. His dream was not realized. People simply did not convert. The powerful had their way with him. He broke down and cried over Jerusalem. In the garden the night before he died, he felt alone and helpless. Whipped, spat on, and mocked, he went to a shameful death abandoned by his friends and feeling abandoned even by God. And yet, this man reached deep into himself and refused to despair, refused to give up hope, refused to budge from his conviction that God is ultimately good, gracious, and to be trusted absolutely.

For most of us, the call to follow Jesus has not been very dramatic. There was no special moment, as in today's Gospel, when He revealed Himself to us and asked us to be His disciples. Most of us were baptized and raised as Catholics in our younger days. We went through the activities of prayer and church and sacraments. We learned the basics of Christian doctrine. And probably after some years of questioning and wandering, we reached a point in adult life when we began to take our Catholic faith seriously - when our minds and hearts were radically changed by the touch of the Spirit.

For us the process of conversion means taking to heart the words of Isaiah - words that Jesus applied to Himself. We, too, are called to bring good news to the poor. We have been sent to proclaim liberty and freedom to those suffering oppression of any and every kind. We have been chosen to bring sight to the blind and to proclaim God's favor to all.

The Spirit of the Lord is upon us, prompting us to show all humanity by our word and example that its journey in time is really a journey toward Christ - a mysterious, spiritual journey which begins, continues and ends in Him.



Christmas Memorial Flowers



Anne Mc Mullian-in memory of-Richard Mc Mullian, Sr.

ONLINE GIVING AT SACRED HEART

Did you know you can give online to our parish with Zelle, or with a debit or credit card, or with GoFundMe? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.



1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net. **Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.**

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

3. Use our Go Fund Me Page. Visit our parish GoFundMe page at:
<https://charity.gofundme.com/o/en/campaign/sacred-heart-church-lyndhurst>

OUR PARISH FAMILY'S FINANCIAL CONDITION

We are all aware how difficult these pandemic times have been for all of us. The Sacred Heart Parish Community and staff continues to pray for all its members as we navigate this new normal. We hope everyone is safe and understand that many of you have been confronted with many economic challenges. As you can imagine, the parish has also been adversely affected financially because of the substantial decrease in Mass attendance. If there is any way you can catch up on your weekly offertory donations, or if possible, consider increasing your weekly gift it would be greatly appreciated and would assist in alleviating our parish's shortfall. Please prayerfully consider this request as we continue to pray for our parish family.

relevant
1430AM **radio**
www.relevantradio.com

COMMUNITY ALLIANCE PROGRAM

Sacred Heart Church has partnered with BLUE FOUNDRY BANK to raise money for the parish. Through the Community Alliance Program, Blue Foundry will make a quarterly donation to our parish account based upon the average balance of our members' designated accounts at Boiling Springs. **NO MONEY WILL BE WITHDRAWN from members' accounts. A minimum of twenty individuals (members) is required.** Enrollment in the program is quick and easy. Just stop by a Blue Foundry Branch and fill out a Community Alliance Member account form.

Note: There are other Sacred Heart Churches enrolled in the program. When you sign up at the branch PLEASE BE SURE TO SPECIFY SACRED HEART, LYNDHURST (CAP CODE 094). If you have ALREADY ENROLLED AT THE BRANCH, PLEASE VERIFY with the branch that your enrollment is for Sacred Heart, Lyndhurst (CAP CODE 094).



ATTENTION AMAZON SHOPPERS!! YOUR PURCHASES CAN HELP OUR PARISH AT NO COST TO YOU!!

AmazonSmile is a simple and automatic way for you to give a little support to our parish every time you shop, at **NO COST TO YOU**. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a half of one percent of the purchase price to our parish.

Just follow these simple steps:

- 1.) Visit smile.amazon.com. It's just like shopping on amazon.com.
- 2.) Sign in. Simply use your existing Amazon credentials. If you don't have an account, you can create a new one.
- 3.) Start shopping! In the box that says Pick Your Own Charitable Organization type in 324 Ridge Rd. This the address for the church. There are many, many Sacred Heart Churches on AmazonSmile, by using the address it will bring you directly to our parish. Click the yellow select button.
- 4.) If you are already an AmazonSmile user and want to switch your selected charity to be our parish, on the top of the screen you will see your current charity listed. Click the down arrow next to the charity name and follow the directions in step 3.
- 5.) Please remember to shop our smile.amazon.com link every time. Purchases made on the main Amazon.com site do not support our parish.

****If you have friends or family members who are Amazon shoppers, why not ask them if they would help our parish too?!****

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., John Stemkowski, Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Joseph Caramanico, Ken Stone, Rosie Perez, Timothy Yushak, Simplicia Ramirez, Corazon Santos, Jaxson Rivera, Marilyn Loughran, Dorothy Mayerchak, Luca Ataide, Donald Tetreault, Mario Diaz, Jeanne Dziencio, Norma Altreche, Joseph M. Diaz, Patrick H. Diaz, Kim Stefani, Linda Vasquez, Joelle Montillo, Colleen Branigan, Vincent Russo

DECEASED: All from our parish family the Lord has called home

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, JANUARY 23RD

In Honor of: The Intentions of the Cavalcante Family

Donated by: Jim & Isabel Cavalcante

TUESDAY, JANUARY 25TH

In Honor of: Frank DeSerio
Happy 1st Anniversary in Heaven, We Love & Miss You

Donated by: Joann, Steven, Chris, Tara, Dominic, Adriana



Food Pantry Update

We are stocking up our parish family food pantry to help our brothers and sisters in need during the cold winter months. Can you help us make winter a little warmer for those living with food insecurity?

If you can donate any of these items, it would be greatly appreciated: Vegetables, Fruit, Spaghetti, Potatoes (small packages or canned), Peanut Butter, Jelly, Macaroni and Cheese, and Tea. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Thank you for all of the generous donations. It's only with your help that we are able to keep our food pantry stocked. *As a reminder, we are unable to package out-of-date food products for distribution to our families.*

HOW TO REPORT ABUSE

The Archdiocese of Newark takes very seriously any and all complaints of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform the Archdiocese immediately so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Individuals who report an allegation of sexual misconduct may do so by calling the Victim's Assistance Coordinator of the Archdiocesan Office of Child and Youth Protection at (201)407-3256.

The phone numbers for the County Prosecutors within the Archdiocese are:

Bergen - (201) 646-2300

Essex - (973) 621-4700

Hudson - (201) 795-6400

Union - (908) 527-4500

JANUARY 23, 2022

Third Sunday In Ordinary Time



Anticipated Mass for Sunday

5:00 pm Peter Amato

SUNDAY - Third Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Edward Donnelly

10:30 am Jesus F. David

12:00pm Terry Cappiello LaBruno

1:30 pm Carlos Ruiz Lara

MONDAY - St. Francis de Sales, Bishop and Doctor of the Church

12:00pm Rose & Arsenio Aromando

TUESDAY - Conversion of St. Paul, Apostle

12:00pm Frank DeSerio

WEDNESDAY - Sts. Timothy and Titus, Bishops

12:00pm William Michael

THURSDAY - Weekday/St. Angela Merici, Virgin and Religious Founder

12:00pm Daniel Mc Cann

FRIDAY - St. Thomas Aquinas, Priest, Religious and Doctor of the Church

12:00pm Helen Thompson

SATURDAY - Weekday/Blessed Virgin Mary

9:00 am Frank Sinisi

Anticipated Mass for Sunday

5:00 pm David Brady

SUNDAY - Fourth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Howard Tiffner

10:30 am Peter C. Saoud

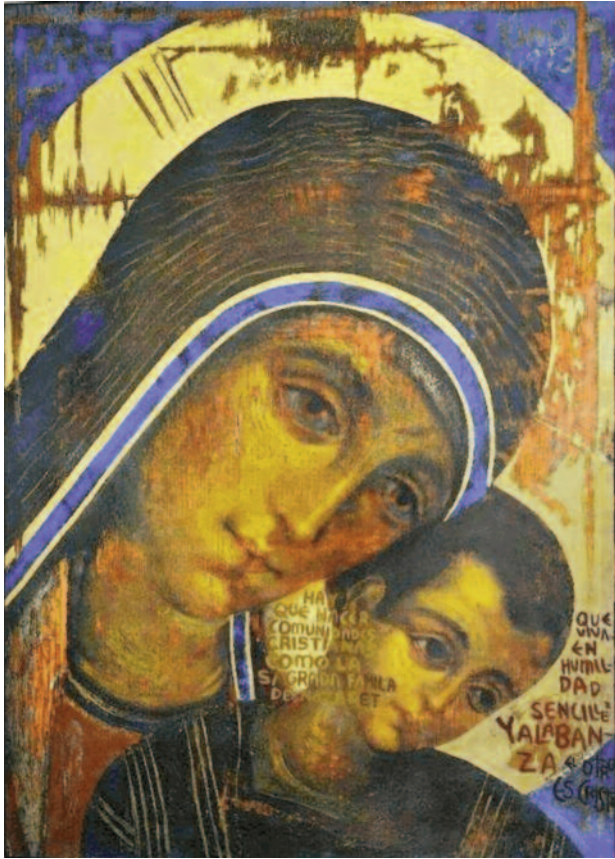
12:00pm Fred Biancone

1:30 pm Felicita Sallurca de Santander

STEWARDSHIP

Collection Totals Not Available

At Time of Publication
Reminder, we need \$6,300 in the Sunday Collection each week to meet our budget. Thanks for your continued generosity to our parish!



COME AND LISTEN

“FOR MY YOLK IS EASY,
AND MY BURDEN LIGHT”
Matthew 11:30

ARE
CARES & WORRIES
WEIGHING YOU DOWN?

COME & LISTEN
ONE WORD COULD CHANGE
YOUR LIFE.

Mondays & Thursdays
8:00pm in Parish Center
(former Convent)

Enter through the
parking lot entrance

CATECHESIS FOR ADULTS
AND YOUTH (ages 13 & older)

Free babysitting will be available

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2022

The Archdiocese's 2022 Annual Appeal, is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith through the Office of Youth and Young Adult Ministry, the Catechetical Office, Campus Ministry at affiliated Colleges and Universities, and Catholic Schools. The Annual Appeal also supports ministries that proclaim the Gospel through Ministry to Multi-Ethnic Communities, the Office of Evangelization, the Office of Family Life, International Missions, and Pastoral Ministry with the Deaf. Your generosity to the Appeal also supports care for the Poor and Vulnerable through Catholic Charities, Hospital and Prison Chaplaincy, the Ministry with Persons with Disabilities, and the Respect Life Office. The Appeal also assists forming future priests and supporting retired clergy through Continuing Formation for priests, Seminarian Education, and Priest Health Care.

Our parish goal for this year's Annual Appeal is \$34,000 like it was last year. Also, like last year, if we exceed our goal IN PAID PLEDGES by June 30, 2022, the parish will receive a rebate from the Archdiocese of all excess funds RECEIVED BY JUNE 30, 2022 and in addition the parish will receive a 2% reduction of our parish assessment for fiscal year 2023. This 2% reduction saved the parish more than \$6,900 in assessment expense last year. With your generous support again this year, we can do it again! However, the Archdiocese has stated if we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese and there will be no reduction of our parish assessment.

If you haven't already done so, please prayerfully consider your gift to the 2022 Annual Appeal. The second collection this weekend will assist the Annual Appeal.