



Sacred Heart Church

A Roman Catholic Community

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www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
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RELIGIOUS EDUCATION

Ryan Tobiason
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201-935-3094

SACRED HEART SCHOOL

Linda Durocher
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SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



1ST SUNDAY OF ADVENT

“Then they will see the Son of Man coming in a cloud with power and great glory. But when these signs begin to happen, stand erect and raise your heads because your redemption is at hand.” - Lk 21:27-28

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Dec.19

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

FIRST SUNDAY OF ADVENT

As we begin to move into the season of Advent, we transition from the darkness that will precede the end of the world to the darkness that hovered over the world at its beginning. Surprisingly, this darkness holds within it the promise of dawn as we anxiously await the rising sun. This is a season of expectation and of hope. It is a time for us to listen again to God's promise of deliverance and reconciliation. It is a time for us to be reassured of His relentless love for each and all of us, and for our planet. Now is the time for us to listen to voices of Advent.

They are diverse and from extremes - voices of pain, voices of warning, voices of hope and voices of fulfillment. They are voices of information and voices of divisive misinformation, voices of quiet promise and voices of fretful anticipation. That is just the way Advent is, filled with contradictions and extremes. It is a season to celebrate the promise of Christ's coming, his arrival and the expectation of his return. Can we hold it all together? Maybe we can't. It is just the way the season is. It is just the way life is.

If we truly listen to the voices of Advent, maybe they will help balance all the seeming contradictions. Better yet, maybe they will throw off balance what we have so carefully tried to keep balanced. Our ordered lives need the disorder of Advent so that we can put aside our biased concepts of order and be more open to the new order God wants to bring to our lives this season. We should let the voices speak, embrace them in awareness and experience the transformation they offer us. If anything, Advent promises a change both for us and our world, a change beyond anything we ourselves can envision or bring about on our own.

There is an abrupt entrance into the season of Advent. The Scriptures today are both reassuring and a bit scary.

Jeremiah begins by inviting us to take ownership of our past and present weaknesses and put hope in his message that God is coming to heal us, not based on our own goodness, but on the justice of God. What God has promised, God will do.

The world Luke describes is falling apart, with cosmic signs and a warning to us: "Be vigilant at all times, pray that you have the strength to escape the tribulations that are imminent and to stand before the Son of Man."

"Be vigilant at all times." This is not exactly a very pleasant phrase to be heard as we prepare for the holidays during Advent. Jesus used variations of the phrase at various times during his ministry. And it has been interpreted in many different ways: "be watchful," "be careful," "stay awake," "keep on your toes," "listen up!"

But during Advent, the most salient interpretation of the phrase "be vigilant and pray at all times" is one of "paying attention" - that one be attentive to the presence of God at each moment of life, to make the most of all opportunities, and to prepare for the Kingdom already present in this world.

Attention is the key word here. It is paying attention with our eyes and ears. It is paying attention to the presence of God. It is tending toward that presence by paying attention to the presence and plight of our neighbor. It is intending God's presence in this world, being tender with God's presence and being able to live with the tension of God's presence. It is living intensely with God's presence.

The past few years have been far from peaceful. We continue to face the world-wide pandemic and extreme climate changes. We struggle with national and global unrest and turmoil. We have come face-to-face with hatred and blatant prejudice, and polarization in our society, our politics and in our church. But, especially as this year comes to a close, we reaffirm our belief in all that Jesus has already accomplished in us. And we see in that belief a reason to hope for so much more. We hope for a deepening of our own resolve and for the power to overcome evil in ourselves and in our world.

But being vigilant, praying constantly and simply listening is not nearly enough. The message of Advent is a call to action and responsibility - a call to grow in sensitivity and awareness and to take an active role in alleviating the pain and suffering in the world around us. Advent is the season of expectation but it is also very much a season of the present moment, because God is already in our midst, calls to us and continues to stay with us, even as we cry out: "Maranatha, Come Lord Jesus, Come!"

OUR PARISH FAMILY FOOD PANTRY

It is only through your generosity that we are able to assist our brothers and sisters in our community that are in need.

If you can donate any of these items, it would be greatly appreciated: Vegetables, Fruit, Spaghetti, Potatoes (small packages or canned), Peanut Butter, Jelly, Macaroni and Cheese, and Tea. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Thank you for all of the generous donations. It's only with your help that we are able to keep our food pantry stocked. *As a reminder, we are unable to package out-of-date food products for distribution to our families.*

With the pandemic issue still being felt by many, the Sacred Heart Food Pantry is letting those in need know there is food also available at St. Micheal's Rectory, 624 Page Ave, Lyndhurst, every Wednesday 10:00AM to noon, The only information needed is name, address, phone number and I.D.

Upcoming Food Pantry Open Dates:
Saturday, Dec. 18th (for Christmas)

ONLINE GIVING AT SACRED HEART

Forgot your envelope or wallet? **Did you know you could give to our parish online through GoFundMe or Zelle?** Giving to our parish is just a few clicks away on your cell phone, tablet and computer. It's quick and easy.

To use GoFundMe visit:

<https://charity.gofundme.com/o/en/campaign/sacred-heart-church-lyndhurst> to make your gift to our parish through GoFundMe.

To use Zelle

If you are a Zelle user at your bank you can create a Zelle payee for Sacred Heart parish using the sacredheartchurch@comcast.net email address.

HD TVS NEEDED

We are in need of a donation of two new HD TVs for the Religious Education Program. One of those tv's must be at least 42" as well.

If you are interested in providing one or both of these TVs for our parish please call our Parish Catechetical Leader, Ryan Tobiason at 201-935-3094.



ARE YOU READY TO GET READY? BEST ADVENT EVER

What would it take for you to have your best Christmas ever?

We prepare for everything we consider important in life, and that includes Christmas. We shop for gifts, bake cookies, decorate our trees, and visit family and friends until we're ready to drop. **Best Advent Ever** is a **FREE** email program that will help you prepare for Christmas in a different way. Beginning the first Sunday of Advent (November 29) and continuing every day until December 26, you'll receive short inspirational videos, practical tips, or free Christmas music that will help you *slow down during the busy Christmas season to focus on what's really important in life.* Don't miss the opportunity to make this your best Advent (and Christmas) ever. Sign up today! It's simple, and the only cost is your commitment to live better each day during Advent. Are you ready?

Visit <http://dynamiccatholic.com/best-advent-ever/> to sign-up today.

BLESSING YOUR ADVENT WREATH AT HOME

The Advent wreath is made of four candles and a circle of branches. Before the first candle is lighted, the household gathers for this blessing. The blessing of an Advent Wreath takes place on the First Sunday of Advent or on the evening before the First Sunday of Advent. When the blessing of the Advent Wreath is celebrated in the home, it is appropriate that it be blessed by a parent or another member of the family.

All make the Sign of the Cross.

The leader begins: Our help is in the name of the Lord.

All respond: Who made heaven and earth.

The leader may use these or similar words to introduce the blessing:

In the short days and long nights of Advent, we realize how we are always needing salvation by our God. Around this wreath, we shall remember God's promise.

After a time of silence, all join in prayers of intercession and in the Lord's Prayer: Our Father.

Then the leader invites:

Let us now pray for God's blessing upon us and upon this wreath.

After a short silence, the leader prays:

Lord our God, we praise you for your Son, Jesus Christ: he is Emmanuel, the hope of the peoples, he is the wisdom that teaches and guides us, he is the Savior of every nation.

Lord God, let your blessing come upon us as we light the candles of this wreath. May the wreath and its light be a sign of Christ's promise to bring us salvation; may he come quickly and not delay.

We ask this through Christ our Lord

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., John Stemkowski, Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ellie Cappadona, Joseph Caramanico, Ken Stone, Rosie Perez, Timothy Yushak, Simplicia Ramirez, Corazon Santos, Jaxson Rivera, Marilyn Loughran, Dorothy Mayerchak, Beth Branigan, Luca Ataide, Donald Tetreault, Mario Diaz, Maureen Hockenbeck, Jeanne Dziencio, Norma Altreche, Joseph M. Diaz, Patrick H. Diaz

DECEASED: Richard Rafter

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:



SUNDAY, NOVEMBER 28TH

In Honor of: The Intentions of the Cavalcante Family

Donated by: Jim & Isabel Cavalcante

PURGATORIAL SOCIETY

The following deceased have been enrolled in the Sacred Heart Purgatorial Society:

NICHOLAS GIULIANO-req.by-Jean Marie & Joseph Callandrello

DOLORES MAKSEL-req.by-Mark & Theresa Merlo

JUNAR SACDALAN-req.by-The Pimental Family

HOWARD TIFFNER-req.by-Nancy & Michael Foglio

*Eternal Rest Grant Unto Them O Lord
And Let Perpetual Light
Shine Upon Them*

REMEMBERING THE DECEASED IN NOVEMBER

Historically, November is the month when Catholics stop to remember their deceased loved ones and to pray for all the faithful departed.

A special Novena (9 days) of Masses for the deceased begins on November 2nd. You can enroll the names of all you wish to be remembered at these Masses by using the special envelopes in your boxed set.

The Book of Remembrance has been placed near the Shrine of the Sacred Heart near the back of the church.. The names written in the book are included in our prayers and intercessions during the whole month of November. All are encouraged to write the names of your deceased relatives and friends in the Book of Remembrance. Please use both sides of the page when writing in the book.

NOVEMBER 28, 2021

FIRST SUNDAY OF ADVENT



Anticipated Sunday Mass

5:00 pm Special Intention

SUNDAY - FIRST SUNDAY OF ADVENT

7:30am People Of Sacred Heart

9:00am Rocco Ernest Paolazzi

10:30 am Lorenza & Julian Duran

12:00pm Laura Manning

1:30 pm Souls in Purgatory

MONDAY - Advent Weekday

12:00pm Juan Morales

TUESDAY - St. Andrew, Apostle

12:00pm Haven Rose Pagan (Living)

WEDNESDAY - Advent Weekday

12:00pm Special Intention

THURSDAY - Advent Weekday

12:00pm Matilde Bello

FIRST FRIDAY - Weekday

12:00pm Anthony Pereira

FRIST SATURDAY - Weekday/Blessed Virgin Mary

9:00am Purgatorial Society

Anticipated Sunday Mass

5:00 pm Leah Blanco Santos

SUNDAY - SECOND SUNDAY OF ADVENT

7:30am People Of Sacred Heart

9:00am Patrick Ferrara

10:30 am Peter & Mathilde Favaro

12:00pm Bryan Minnoch

1:30 pm Panchita Leno

STEWARDSHIP

Sunday Collection 11/14 - \$7,652

Add'l Assessment - \$289

Add'l All Saints - \$60

Add'l World Mission - \$40

Early Christmas - \$5

Early Solemnity of Mary - \$5

Reminder, we need \$6,300 in the Sunday Collection each week to meet our budget. Thanks for your generosity!



**ATTENTION AMAZON SHOPPERS!!
YOUR PURCHASES CAN HELP OUR PARISH
AT NO COST TO YOU!!**

AmazonSmile is a simple and automatic way for you to give a little support to our parish every time you shop, at **NO COST TO YOU**. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a half of one percent of the purchase price to our parish.

Just follow these simple steps:

- 1.) Visit smile.amazon.com. It's just like shopping on amazon.com.
- 2.) Sign in. Simply use your existing Amazon credentials. If you don't have an account, you can create a new one.
- 3.) Start shopping! In the box that says Pick Your Own Charitable Organization type in 324 Ridge Rd. This the address for the church. There are many, many Sacred Heart Churches on AmazonSmile, by using the address it will bring you directly to our parish. Click the yellow select button.
- 4.) If you are already an AmazonSmile user and want to switch your selected charity to be our parish, on the top of the screen you will see your current charity listed. Click the down arrow next to the charity name and follow the directions in step 3.
- 5.) Please remember to shop our smile.amazon.com link every time. Purchases made on the main Amazon.com site do not support our parish.

****If you have friends or family members who are Amazon shoppers, why not ask them if they would help our parish too?!****

THE GIVING TREE



Just before you know it Christmas will be upon us, which means it is time for the annual **Sacred Heart Giving Tree**. Please help those in need have a merrier Christmas by taking a tag and purchasing a **new gift**.

The Sacred Heart Parish Giving Tree will be set-up near the Sacred Heart Shrine in the back of the church. You will have between **November 27th & December 5th** to select a tag. Please make sure the gift is wrapped and the tag is securely fastened to the gift so the contents can be easily identified. **All gifts need to be returned under the tree by no later than Sunday, December 12th** so they can be delivered on time.

Thank you again for your generosity and overwhelming response to this wonderful project.

For security reasons, we are asking that all gifts be brought to the church on Saturday evenings or Sunday mornings only so that volunteers can pick them up promptly and store them in a secure area.