



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

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www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Archibald L. Mabini
Parochial Vicar
fatherarchibald@sacredheartlynd.org

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
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RELIGIOUS EDUCATION

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Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
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SMALL BLESSINGS DAY CARE

201-935-0506

ARCHDIOCESE OF NEWARK

973-497-4000



SEPTEMBER 8, 2019 TWENTY-THIRD SUNDAY IN ORDINARY TIME

*"Whoever does not carry his own cross
and come after me cannot be my disciple."*

-Luke 14:27

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 7:00am in St. Dominic Chapel(No Mass in Jul. & Aug.)
12:00pm in the church
Saturday: 9:00am in St. Dominic Chapel,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 11:30am - 12:30pm and 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sep. 9, Oct. 21, Nov. 18, Dec. 16

Sacrament: in the church at at 3:00pm

Sep. 15, Oct. 27, Nov. 24, Dec. 29

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.



TWENTY-THIRD SUNDAY IN ORDINARY TIME

Dear Brothers and Sisters,

Why does the Lord Jesus say we must 'hate' our families and even ourselves (Luke 14:26)? In Biblical times the expression 'to hate' often meant to 'prefer less'. Jesus used strong language to make clear that nothing should take precedence or first place over God. God our heavenly Father created us in his image and likeness to be his beloved sons and daughters. He has put us first in his love and concern for our well-being and happiness. Our love for him is a response to his exceeding love and kindness towards us. True love is costly because it holds nothing back from the beloved - it is ready to give all and sacrifice all for the beloved. God the Father gave us his only begotten Son, the Lord Jesus Christ, who freely offered up his life for us on the cross as the atoning sacrifice for our sins. His sacrificial death brought us pardon and healing, new life in the Spirit and peace with God.

Jesus willingly embraced the cross, not only out of obedience to his Father's will, but out of a merciful love for each one of us in order to set us free from slavery to sin, Satan, and everything that would keep us from his love, truth, and goodness. Jesus knew that the cross was the Father's way for him to achieve victory over sin and death - and glory for our sake as well. He counted the cost and said 'yes' to his Father's will. If we want to share in his glory and victory, then we, too, must 'count the cost' and say 'yes' to his call to "take up our cross and follow him" as our Lord and Savior.

God bless you,

Fr. Theemas

UPCOMING Events

SEPTEMBER 2019

- 8(Sun.) Twenty-Third Sunday In Ordinary Time
- 8(Sun.) Second Collection
Catholic Univeristy of America
- 10(Tue.) 6:00PM - Divine Mercy Chaplet
Parish Center Chapel
- 10(Tue.) 6:30PM - Holy Rosary
Parish Center Chapel
- 13(Fri.) 12:30PM - Eucharistic Adoration
Parish Center Chapel
- 13(Fri.) 6:00PM - Spanish Rosary
Parish Center Chapel
- 14(Sat.) 8:00PM - Neocat Liturgy
Parish Center
- 15(Sun.) Twenty-Fourth Sunday In Ordinary Time
- 17(Tue.) 6:00PM - Divine Mercy Chaplet
Parish Center Chapel
- 17(Tue.) 6:30PM - Holy Rosary
Parish Center Chapel
- 20(Fri.) 12:30PM - Eucharistic Adoration
Parish Center Chapel

EXALTATION OF THE HOLY CROSS

Early in the fourth century, Saint Helena, mother of the Roman Emperor Constantine, went to Jerusalem in search of the holy places of Christ's life. She razed the second-century Temple of Aphrodite, which tradition held was built over the Savior's tomb, and her son built the Basilica of the Holy Sepulcher on that spot. During the excavation, workers found three crosses. Legend has it that the one on which Jesus died was identified when its touch healed a dying woman. The cross immediately became an object of veneration. At a Good Friday celebration in Jerusalem toward the end of the fourth century, according to an eyewitness, the wood was taken out of its silver container and placed on a table together with the inscription Pilate ordered placed above Jesus' head: Then "all the people pass through one by one; all of them bow down, touching the cross and the inscription, first with their foreheads, then with their eyes; and, after kissing the cross, they move on." To this day, the Eastern Churches, Catholic and Orthodox alike, celebrate the Exaltation of the Holy Cross on the September anniversary of the basilica's dedication. The feast entered the Western calendar in the seventh century after Emperor Heraclius recovered the cross from the Persians, who had carried it off in 614, 15 years earlier. According to the story, the emperor intended to carry the cross back into Jerusalem himself, but was unable to move forward until he took off his imperial garb and became a barefoot pilgrim. The cross is today the universal image of Christian belief. Countless generations of artists have turned it into a thing of beauty to be carried in procession or worn as jewelry. To the eyes of the first Christians, it had no beauty. It stood outside too many city walls, decorated only with decaying corpses, as a threat to anyone who defied Rome's authority—including Christians who refused sacrifice to Roman gods. Although believers spoke of the cross as the instrument of salvation, it seldom appeared in Christian art unless disguised as an anchor or the Chi-Rho until after Constantine's edict of toleration.



ATTENTION FAMILIES OF 8TH GRADE STUDENTS PLANNING TO ATTEND CATHOLIC HIGH SCHOOL IN FALL 2020!

The High School Placement Test (HSPT) administered as part of the Cooperative Admissions Exam Program for Catholic High Schools will be given on Friday, November 8, 2019. Registration for the HSPT exam is available online at www.njcoopexam.org beginning September 3rd. For more information about the Cooperative Admissions Program, go to www.catholic-schools-nj.org.

Additionally, the Catholic High Schools are holding their annual HS Expo Night. Parents and students are invited to meet with representatives from many Archdiocesan High Schools from 7:00-8:30 pm on the following dates and locations:

Tuesday, September 17th at St. John the Apostle School, 571 Valley Rd., Clark

Tuesday, September 24th at Visitation Academy, 222 Farview Ave., Paramus

Wednesday, September 25th at the Archdiocesan Center, 171 Clifton Ave., Newark

Thursday, September 26th at Primary Prep at St. Aedan, 41 Tuers Ave., Jersey City

For directions and more information, you can visit www.catholic-schools-nj.org or call 973-497-4260.

FOOD PANTRY UPDATE

The next food pantry openings will be on September 21st & 28th.

Items "most needed items" at this time are: Fruit, Prepared Meals (boxed, canned, or bag 'sides'), Macaroni and Cheese, Chili, Cereal, Vegetables, Spaghetti, Pasta Sauce, Tuna, Peanut Butter and Jelly. Items which are always in need include: Coffee (regular or small instant), Ramen Noodles and Potatoes (small packages or canned). Thank you for all of the generous donations which help keep our food pantry stocked. As a reminder, we are unable to package out-of-date food products for distribution to our families.

STEWARDSHIP

The budgeted amount we need to collect each Sunday to pay for our normal operating expenses is: **\$6,300.00**

Collection totals not available at time of publication

SECOND COLLECTION THIS WEEK

Since 1903, The Catholic University of America has been greatly blessed by the generosity of parishioners around the country through the National Collection. James Cardinal Gibbons, the first chancellor and the ninth Archbishop of Baltimore, once called the collection "the people's endowment." Taking his words to heart, contributions from faithful parishioners have benefited generations of students. The mission of Catholic University centers on the discovery of knowledge and truth through excellence in teaching and research, all in service to the Church — a service that is greatly needed today. University faculty and scholars promote Catholic social teaching and, through their research and discourse, help form the Church's response to challenging social issues of our time. In addition, Catholic University educates hundreds of priests and religious each year and can proudly call more than 12,000 of them alumni. Your generosity in the second collection this week will assist CUA in continuing its mission.



29TH ANNUAL ITALIAN FESTIVAL

Holy Family Church - 28 Brookline Ave. - Nutley

September 19 - September 22, 2018

In Honor of Maria Santissima Addolorata
(Our Lady of Sorrows)

Thursday, Sep. 19 - Festival Hours: 6:00 - 10:00 P.M.

Friday, Sep. 20 - Festival Hours: 6:00 - 11:00 P.M.

Saturday, Sep. 21 - Festival Hours: 4:00 - 11:00 P.M.

Sunday, Sep. 22 - Festival Hours: 12:00 - 9:00 P.M.

Nightly games, rides, raffles and entertainment. Home made Italian & Filipino food specialties.

BE AWARE CHURCH EMAIL SCAMS ON THE RISE

Our parish priests will never, under any circumstances, ask you via email to purchase gift cards or wire money. Any such request is fraudulent and should be deleted immediately. Phishing scams targeting churches in this way have become increasingly common in recent months. Most of these emails will say something like "I have a favor to ask" and proceed to ask you to purchase gift cards or wire money. We recommend you report such emails as phishing scams to your email provider and the State of New Jersey Cyber Crimes Unit. **Please feel free to call the parish office to validate the authenticity of any suspicious email claiming to be from our priests or staff.** In many instances, the scammers have stepped up their game, researching parish/school/clergy/staff info online (parish bulletins, parish websites, etc) which then allows them to customize the scam to seem more legitimate.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Dolores Manno, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Margaret Sealer, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Melanie Paige Didomizio, Julius Single, Melina Sylvestro, Dave Tzrepla, Frank Buco, Sr., John Stemkowski, Francis (Buddy) McSweeney, Dominick Palmieri, Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Allison Russell, Francesco Giacchi, Mario Alongi, Sr., Arvn Santos, Vito & Grace Dacchille, John Scivetti, Ellie Cappadona, Joseph Caramanico

DECEASED: All those from our parish family the Lord has called home

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, SEPTEMBER 8TH

In Honor of: The Intentions of the Cavalcante Family

Donated by: Jim & Isabel Cavalcante

MONDAY, SEPTEMBER 9TH

In Honor of: Edward Browne

Donated by: Mike & Joan Coyne

SATURDAY, SEPTEMBER 14TH

In Honor of: Antonio Giangregorio

Donated by: Brian, Carol & Patrick O'Keeffe

2019 WEEKDAY MASS INTENTIONS

There are still some weekday Mass intentions available for 2019. Please come the parish office Mon. - Fri. 9:00AM - 6:00PM if you would like to have a Mass celebrated for your intention.

ARE YOU, OR SOMEONE YOU KNOW, A SURVIVOR OF CHILD SEXUAL ABUSE BY A PRIEST OR DEACON IN THE STATE OF NEW JERSEY?

As announced this past February, the Archdiocese of Newark – along with the other Roman Catholic dioceses in New Jersey – has established an Independent Victim Compensation Program (IVCP) to compensate those who, as minors, were sexually abused by a priest or deacon of the Archdiocese. The IVCP will remain open through December 31, 2019.

The IVCP will handle the submission, evaluation and resolution of individual claims, and will operate independently of the Archdiocese or any church-affiliated institution. The administrators of the IVCP will have complete autonomy to determine the eligibility of a claim with the guidelines of the established Protocol. The amount of compensation for those who make a claim will be determined by the IVCP administrators. All victims – no matter when the abuse occurred – are eligible to participate, and all matters will be handled confidentially. The IVCP is a continuation of the goals set out by Cardinal Joseph W. Tobin, C.Ss.R., in his Forward in Faith: Our Road Ahead plan for the people of the Archdiocese of Newark. "This program is a sign of our commitment to the continued healing of victims who were sexually abused as a minor by a member of our Archdiocesan clergy," said Cardinal Joseph W. Tobin, C.Ss.R., Archbishop of Newark. "It is a genuine expression of our remorse and our desire to make amends for past transgressions, and I sincerely hope it will meaningfully assist victims and bring them a measure of peace." Victims of clergy sexual abuse of a minor can begin the claims process by going to www.NJdiocesesIVCP.com.

SEPTEMBER 8, 2019

23rd Sunday In Ordinary Time



Anticipated Sunday Mass

5:00 pm Beatrice Ramalho

SUNDAY - Twenty-Third Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Benjamin Natale

10:30 am Theresa Delli Paolli

12:00pm Charles Dilkes

1:30 pm Sara Cruz

MONDAY - St. Peter Claver, Priest

7:00am Conversion of Sinners

12:00pm Thomas F. Portelli

TUESDAY - Weekday

7:00am Bernard Fahey

12:00pm Lucy La Pollo & Family

WEDNESDAY - Weekday

7:00am Gino Calvi

12:00pm Patrick R. Ferrara

THURSDAY - Weekday/The Most Holy Name of Mary

7:00am Virginia Nazare

12:00pm Giuseppe & Nichola Manzo

FRIDAY - St. John Chrysostom, Bishop and Doctor of the Church

7:00am Robert Sealer

12:00pm Johanna Knittel

SATURDAY - The Exaltation of the Holy Cross

9:00am Pierina & Lino Pretto

Anticipated Sunday Mass

5:00 pm Krizan Peros

SUNDAY - Twenty-Fourth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Joseph Dietz

10:30 am Joseph & Agnes Dondero

12:00pm Catherine Leccese

1:30 pm Ana Marcela Alzamoro (Living)

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MULTI CULTURAL FESTIVAL



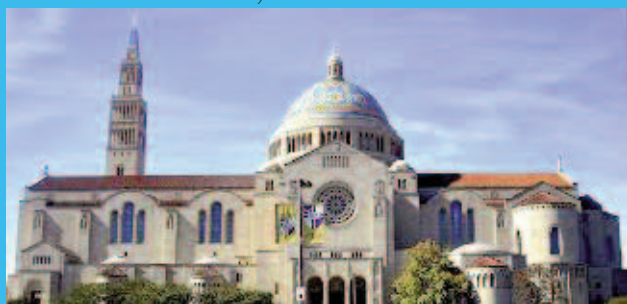
SAVE THE DATE

Sacred Heart Parish will have a Multi Cultural Festival on **Saturday, September 21st**. In order to make this event a success for our parish family, **YOUR HELP IS NEEDED**. If you are interested in helping present the culture of your ancestry, or helping with set-up or clean-up or donating needed items, please call Margaret at 201-935-3094 or email events@sacredheartlynd.org

LEARN MORE ABOUT OUR ENVIRONMENT

What better day to learn more about protecting our environment than the feast of St. Francis? Join the Community of God's Love, Rutherford's Catholic Charismatic Community, for an informative power point presentation entitled "From the High Tor Mountains to Newark Bay – The Hackensack River and Its Keeper." This virtual tour will be presented by Hackensack Riverkeeper on Friday, October 4, at 7:30 p.m at Visitation House, 70 West Passaic Avenue, Rutherford. Light refreshments. Questions? Call 201 – 935 – 0344. Free will offering.

JOIN THE NEWARK ARCHDIOCESAN PILGRIMAGE TO THE BASILICA OF THE IMMACULATE CONCEPTION WASHINGTON, D.C. SATURDAY, OCTOBER 26TH



Sponsored by St. Michael's and Sacred Heart Parishes

\$50 per person, for more information or to reserve your spot call Edna 201-998-7083

FAMILY 5K FUN RUN & WALK



"HEALTHY HEART HEALTHY SOUL"

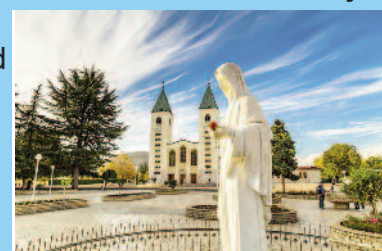
Sacred Heart Church
1st Annual Family Fun 5K Run & Walk Fundraiser

Saturday, October 5th
Lyndhurst Recreation Center

Foot of Valley Brook Ave
Get a little exercise with a 5K Walk or Run OR join us after the race for music, food and family fun activities. Watch the bulletin for more details on how you can participate!

PILGRIMAGE TO ITALY, CROATIA, & MEDJUGORE 12 exciting days filled with scenic beauty

Join Fr. Theemas on pilgrimage to Italy and Croatia April 20, 2020. Visit Venice, Milan, Padua, Trieste, Split, Dubrovnik, and Medjugore.



\$3,165 per person double occupancy includes airfare, hotel, transfers, breakfast daily and most dinners (20 meals). Highlights include: Il

Duomo, Tomb of St. Anthony, St. Mark's Basilica & Piazza, Doges Palace, the summer Palace of Diocletian, the Holy Village of Medjugorje, the scenic beauty of Dubrovnik. For more information, see the flyers at the entrances to the church or call

Nuovo Tours, 973-882-0021

