



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

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www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Archibald L. Mabini
Parochial Vicar
fatherarchibald@sacredheartlynd.org

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
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RELIGIOUS EDUCATION

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Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
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SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



MARCH 24, 2019

THIRD SUNDAY OF LENT

*"he said to the gardner, 'For three years now I have
come in search of fruit on this fig tree but have found
none. So cut it down.*

Why should it exhaust the soil?'"

-Luke 13:7

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 7:00am in St. Dominic Chapel(No Mass in Jul. & Aug.)
12:00pm in the church
Saturday: 9:00am in St. Dominic Chapel,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 11:30am - 12:30pm and 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm
Apr. 8, May 13, Jun. 10

Sacrament: in the church at 3:00pm
Apr. 20 (8:30PM), May 19, Jun. 16

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.



THIRD SUNDAY OF LENT

Dear Brothers and Sisters,

Jesus' parable of the barren fig trees illustrates his warning about the consequences of allowing sin and corruption to take root in our hearts and minds. Fig trees were a common and important source of food for the people of Palestine. A fig tree normally matured within three years, producing plentiful fruit. If it failed, it was cut down to make room for more healthy trees. A decaying fig tree and its bad fruit came to symbolize for the Jews the consequence of spiritual corruption caused by evil deeds and unrepentant sin.

Jesus' parable depicts the patience of God, but it also contains a warning that we should not presume upon God's patience and mercy. God, in his mercy, gives us time to get right with him. Tolerating sinful habits and excusing unrepentant sin and wrongdoing will result in bad fruit, painful discipline, and spiritual disease that lead to death and destruction. The Lord in his mercy gives us both grace and time to turn away from sin, but that time is right now. Do you hunger for the Lord's righteousness and holiness?

God bless you,

Fr. Theemas

UPCOMING Events

MARCH 2019

- 24(Sun.) Third Sunday Of Lent
- 24(Sun.) 10:00AM - Religious Ed. Classes
School
- 24(Sun.) 10:00AM - RCIA
Parish Center Dining Room
- 26(Tue.) 6:00PM - Divine Mercy Chaplet
Parish Center Chapel
- 26(Tue.) 6:30PM - Holy Rosary
Parish Center Chapel
- 27(Wed.) 3:30PM & 6:30PM Religious
Ed. Classes - School
- 29(Fri.) 12:30PM - Stations of the Cross
Church
- 29(Fri.) 1:00PM - Eucharistic Adoration
Chapel
- 29(Fri.) 6:00PM - Spanish Rosary
Chapel
- 30(Sat.) 8:00PM - Neocat Liturgy
Parish Center
- 31(Sun.) Third Sunday Of Lent
- 31(Sun.) 10:00AM - Religious Ed. Classes
School

THE ANNUNCIATION OF THE LORD

The feast of the Annunciation, now recognized as a solemnity, was first celebrated in the fourth or fifth century. Its central focus is the Incarnation: God has become one of us. From all eternity God had decided that the Second Person of the Blessed Trinity should become human. Now, as Luke 1:26-38 tells us, the decision is being realized. The God-Man embraces all humanity, indeed all creation, to bring it to God in one great act of love. Because human beings have rejected God, Jesus will accept a life of suffering and an agonizing death: "No one has greater love than this, to lay down one's life for one's friends" (John 15:13). Mary has an important role to play in God's plan. From all eternity, God destined her to be the mother of Jesus and closely related to him in the creation and redemption of the world. We could say that God's decrees of creation and redemption are joined in the decree of Incarnation. Because Mary is God's instrument in the Incarnation, she has a role to play with Jesus in creation and redemption. It is a God-given role. It is God's grace from beginning to end. Mary becomes the eminent figure she is only by God's grace. She is the empty space where God could act. Everything she is she owes to the Trinity. Mary is the virgin-mother who fulfills Isaiah 7:14 in a way that Isaiah could not have imagined. She is united with her son in carrying out the will of God (Psalm 40:8-9; Hebrews 10:7-9; Luke 1:38). She shows how an ordinary human being can reflect God in the ordinary circumstances of life. She exemplifies what the Church and every member of the Church is meant to become. She is the ultimate product of the creative and redemptive power of God.

EASTER FLOWER MEMORIAL

Your Name _____

Address _____

City/State/Zip _____

Phone _____

In Memory of: _____



\$50
\$35
\$25
\$20
\$15
\$10



Checks payable to: Sacred Heart Church

FOOD PANTRY UPDATE

The next food pantry opening will be on April 13th.

Items "most needed items" at this time are: Fruit, Jelly, Cereal, Spaghetti, Potatoes (canned or small packages), Prepared Meals (boxed, canned, or bag 'sides'), Chili, and Coffee (regular or instant).

Items which are always in need include: Vegetables, Tuna, Pasta Sauce, and Tea.

Thank you for all of the generous donations which help keep our food pantry stocked. As a reminder, we are unable to package out-of-date food products for distribution to our families.

"AROUND THE COUNTY" SATELLITE OFFICE AND PASSPORT OUTREACH

Presented By

Bergen County Clerk's Office
Tue, Mar. 26th - Thu., Mar. 28th,
Lyndhurst Town Hall
367 Valley Brook Ave.

Services Offered: Passport Applications, Business Trade Names, Notary Oaths, Senior & Veteran Discount Cards. For passports, be prepared by bringing 2 check. For more info call the Bergen County Clerk's Office 201-336-7006.

CHRISM MASS SAVE THE DATE

All are invited to the Chrism Mass at the **Cathedral Basilica of the Sacred Heart, Newark** on the **Monday of Holy Week March 26th at 8:00 PM**. At this Mass Cardinal Tobin, joined by the priests of the archdiocese, gather at the Cathedral Basilica. This Mass manifests the unity of the priests with their bishop. Here the Cardinal blesses oils which will be used in the administration of the sacraments throughout the archdiocese for the year.

COMMUNION BREAKFAST

The Knights of Columbus will host a Communion Breakfast, **Sun., Mar 31st at 10:00AM at the Senior Building on Cleveland Ave.** All are invited to join them. Breakfast includes: Bacon, Eggs, Sausage, Ham, Potatoes, Rolls, Donuts, Pastries, Fruit Cup, Orange Juice, Coffee, Tea



Tickets are only \$7.00 and can be purchased by calling Nick 201-893-2849. **No tickets will be sold at the door.**

NEW PARISH OFFICE & CHURCH HOURS

Please note that the parish office hours have changed from 9:00 AM - 6:00 PM Monday to Friday from 9:00 AM - 5:00 PM. The church will also be open for prayer Monday to Friday from 6:30 AM - 5:00 PM

ARCHDIOCESE OF NEWARK 2019 LENTEN REGULATIONS

1. The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.
On a day of Fast, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity. Those between the ages of 18 and 59 are obliged to fast.
On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, March 10, 2019 to the Solemnity of the Holy Trinity, June 16, 2019.**

*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Eleanor Descalzi, Betty Tynan, Baby Ryan Joseph Lomuscio, Dolores Manno, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Margaret & Robert Sealer, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Ken Remo, Maureen F. Coughlin, John Smith, Melanie Paige Didomizio, Yvonne Hoefsloot, Julius Single, Melina Sylvestro, Dave Tzrepla, Frank Buco, Sr., John Stemkowski, Francis (Buddy) McSweeney, Dominick Palmieri, Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Allison Russell, Francesco Giacchi, Alex Hernandez, Mario Alongi, Sr., Joseph Dietz, Arvn Santos, Vito & Grace Dacchille

DECEASED: Doris Tuosto, Doris Beeler

LOOPS FOR LOVE

Loops for Love is alive and well. If you love to crochet or knit and care about babies, the elderly, and the sick, you are invited to join our group. The group always needs more ladies/men to join us and donate your work to those in need. If you don't know how to crochet or knit, our group would be happy to teach you. The group meets at the Senior Building almost every first and third Friday of the month from 12pm - 2pm. All the items made are donated to hospitals, nursing homes and individuals in need. If you are interested in making a monetary donation to Loops that would also be greatly appreciated. Donations received from our Sacred Heart family allows us to buy yarn so our members can make blankets, hats, etc., to donate to the needy. If you are interested in joining us or sending a donation call Micki at 201-997-5041. Our next meeting will be April 12th.

ARCHDIOCESAN DIVORCED/SEPARATED SUPPORT GROUPS:

"It's true . . . there's no such thing as "Catholic Divorce" ...but millions of Catholics DO get civilly divorced. And it affects and hurts us all. Maybe you or someone you know has suffered the breakdown of the marriage and family, or maybe they are going through it right now. No matter how long it's been, the Church IS HERE to help. The Archdiocese of Newark currently has 13 parishes who offer a support group for the separated/divorced and these groups will be starting during the next couple months. For a list of these groups, please visit our website at:

www.rcan.org/separateddivorced-support-groups or
Email or Call: Lauren.Egan@rcan.org 973-497-4327

ANNIVERSARY CELEBRATIONS

Preparations are underway for the annual tradition of honoring those couples in our Archdiocese who will be celebrating five, twenty-five, and fifty years of Christian marriage in the year 2019. These anniversary liturgies will be celebrated by Joseph Cardinal Tobin in the Cathedral Basilica of the Sacred Heart in Newark on April 28th at 3:00PM (must register by April 16th) for the fifty year anniversaries and June 2 at 3:00PM (must register by May 21st) for the five and twenty-five year anniversaries. Please call the parish office to register.



MARRIAGE ENRICHMENT

Jesus wants you to see more clearly the blessings of your sacrament of matrimony. The Worldwide Marriage Encounter Weekend helps you to see God's plan for your marriage. For more information contact Mike and Janet Turco at 973-427-7016 or 609-335-6880 www.wwme.org or email mikeandjanetwwme@gmail.com

MARCH 24, 2019

THIRD SUNDAY OF LENT



MASSES FOR THE WEEK

Anticipated Sunday Mass

5:00 pm For All Priests

SUNDAY - THIRD SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Louis Guida

10:30 am Frances Dell

12:00pm Mr. & Mrs. Angelo Di Scerni

1:30 pm Manuel Angel Costa

MONDAY - The Annunciation of the Lord

7:00am Renee, Daniel Family (Living)

12:00pm Helen Viggiano (Living)

TUESDAY - Lenten Weekday

7:00am Krystyna, Jankornak Family (Living)

12:00pm Celia Ruszkowski & John Ruszkowski

WEDNESDAY - Lenten Weekday

7:00am Ethel Scarpa

12:00pm Joseph Orlando

THURSDAY - Lenten Weekday

7:00am Krystyna, Kazimierz Trzepla Family (Living)

12:00pm Di Gregorio Family

FRIDAY - Lenten Weekday

7:00am Helena, Kornak-Szostek (Living)

12:00pm Margaret Tremonte

SATURDAY - Lenten Weekday/St. Turibius of Mogrovejo, Bishop

9:00am Carmela Sofio

Anticipated Sunday Mass

5:00 pm Martha Stevens

SUNDAY - FOURTH SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Marie Ross

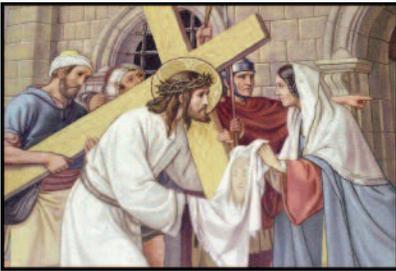
10:30 am Doris Beeler

12:00pm Giovanni & Brian Antico

1:30 pm Jorge Raul Cadavid

STEWARDSHIP

Sunday Collection - \$5,997.00
Add'l Assessment Collection - \$29.00
Add'l Fuel Collection - \$15.00
Add'l Christmas - \$10.00
Add'l Solemnity of Mary \$1.00



STATIONS OF THE CROSS

As early as the 4th century, Christian pilgrims to the Holy Land would walk the route that Our Lord walked as He made His way to Golgotha for our salvation. When Muslims captured Jerusalem and it became too dangerous to make this pilgrimage, Christians replicated the sites back home and there developed the "Stations of the Cross" devotion (also known as "Way of the Cross," "Via Dolorosa," or "Via Crucis"). The devotion consists of meditating on 14 events -- that number being fixed in 1731 by Pope Clement XII -- which took place during Christ's Passion, from His being condemned to His burial. Here at Sacred Heart, we will pray the Stations of the Cross as a community during the Fridays of Lent **Mar.: 29, Apr.: 5, 12) following the 12 Noon Mass in the church.**

EUCCHARISTIC ADORATION

The doctrine of the Real Presence asserts that in the Holy Eucharist, Jesus is literally and wholly present—body and blood, soul and divinity—under the appearances of bread and wine. Understood simply, Eucharistic Adoration is adoring or honoring the Eucharistic Presence of Christ. In a deeper sense, it involves the contemplation of the Mystery of Christ truly present before us. The Church invites us to pray even more during the holy season of Lent. Join us for some intimate time in adoration of our Eucharistic Lord this Friday from 1:00PM - 3:00PM in St. Dominic's chapel in the parish center (former convent building).



THE LIGHT OF CHRIST. THANKS BE TO GOD.

The Paschal Candle, a symbol of the light and the hope that the risen Christ brings to the world, burns brightly in our sanctuary during all the liturgies celebrated in the Easter Season. After Pentecost, it is positioned at the Baptismal Font where it brings the light of Christ to our Baptismal and Funeral Liturgies, underscoring our belief that in baptism we die with Christ so that we may rise with Him into eternal life. If you would like to donate this year's Paschal Candle in memory of a deceased loved one, please contact the parish office at 201-438-1147.



The Holy Spirit At Work In Our Parish Family

Pictured here are Kaitlyn Stajek and her sister Tara at the Cathedral Basilica of the Sacred Heart in Newark. They, along with our parish's RCIA team, attended the Rite of Election Mass on Sun., March 10th. Kaitlyn, now a member of the Elect, has been journeying with our RCIA team for two years preparing to receive the Sacraments of Initiation (Baptism, Confirmation, Eucharist) at our parish's Easter Vigil celebration. Her sister, Tara, will be her Sponsor. Victoria Genardi, Kristy Arias, Zully Arias, and Bruce Burgos, along with the RCIA team, attended the Call to Continuing Conversion Mass at the Basilica Sat., March 9th. Victoria, Kristy, Zully and Bruce will complete their Sacraments of Initiation on Pentecost at our church. Please keep all of them in your prayers!