



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Archibald L. Mabini
Parochial Vicar
fatherarchibald@sacredheartlynd.org

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
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RELIGIOUS EDUCATION

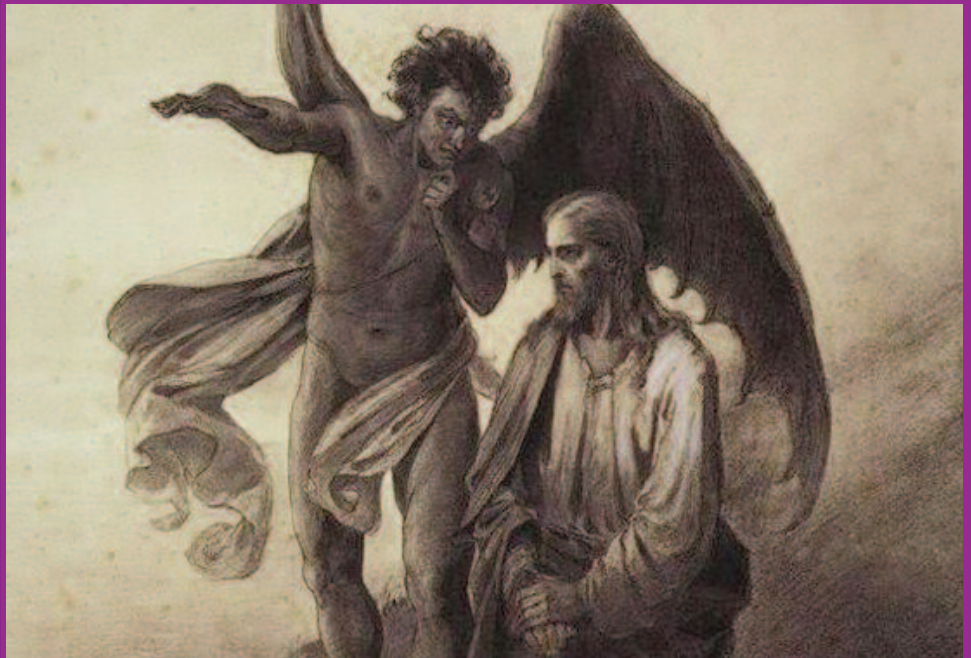
Margaret Dacchille
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



MARCH 10, 2019

FIRST SUNDAY OF LENT

"The devil said to him, 'I shall give to you all this power and glory; for it has been handed over to me, and I may give it to whomever I wish. All this will be yours, if you worship me.' Jesus said to him in reply, 'It is written: 'You shall worship the Lord, your God, and him alone shall you serve.'"

-Luke 4:6-8

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 7:00am in St. Dominic Chapel(No Mass in Jul. & Aug.)
12:00pm in the church
Saturday: 9:00am in St. Dominic Chapel,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 11:30am - 12:30pm and 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm
Apr. 8, May 13, Jun. 10

Sacrament: in the church at 3:00pm
Apr. 20 (8:30PM), May 19, Jun. 16

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.



FIRST SUNDAY OF LENT

Dear Sisters and Brothers,

We are just beginning the Lenten Season. Lent is a season of being invited by God in a deeply personal way. "Come back to me, with all of your heart," our Lord beckons. "We will," we respond, but we aren't quite ready yet, our hearts are not prepared. We want to squirm, evade, avoid. Our souls not yet perfect. We are not ready for God to love us. Yes, of course we want to have a deeper relationship with God, we tell ourselves earnestly. And we will....Soon. God calls to us again: Come back to me, with all of your heart. Ok, ok, I really will. Just a few more things to do at work. Let me spend a little more time in prayer first. Let me get to Reconciliation. Let me clean my oven, tidy my closets. Sell my yoke of oxen. Check a field I have purchased.

Come back to me, with all of your heart. It is an extraordinary invitation to each one of us. God invites me to drop the defenses that I hold up between myself and God. All God wants is for me to realize that my standards, my way of judging and loving are so very different from God's way, and so much smaller. God offers an entire Lent season, an entire lifetime, of loving me unconditionally, no matter what I have done or how much I think I have hidden from God. From the first day of Lent, the Ash Wednesday readings make God's call to us clear: "Return to me with your whole heart. "A clean heart create for me, O God," Psalm 51 offers. "Give me back the joy of your salvation." That is exactly what our loving God wants to give us, the joy of salvation. Come back to me, with all of your heart. Our acceptance of this call, this appeal to our hearts is simple if we can only get beyond the fear. All we have to do is say to our Lord, "I'm here.

God bless you,

Fr. Theemas

UPCOMING Events

MARCH 2019

- 10(Sun.) First Sunday Of Lent
- 10(Sun.) 10:00AM - Religious Ed. Classes
School
- 10(Sun.) 10:00AM - RCIA
Parish Center Dining Room
- 12(Tue.) 6:00PM - Divine Mercy Chaplet
Parish Center Chapel
- 12(Tue.) 6:30PM - Holy Rosary
Parish Center Chapel
- 13(Wed.) 3:30PM & 6:30PM Religious
Ed. Classes - School
- 15(Fri.) 12:30PM - Stations of the Cross
Church
- 15(Fri.) 1:00PM - Eucharistic Adoration
Chapel
- 15(Fri.) 6:00PM - Spanish Rosary
Chapel
- 16(Sat.) 8:00PM - Neocat Liturgy
Parish Center
- 17(Sun.) Second Sunday Of Lent
- 17(Sun.) 10:00AM - Religious Ed. Classes
School

WHAT ARE YOU DOING THIS LENT?

Lent is a time for self-reflection and deepening one's relationship with God in Jesus Christ. For many this season leading up to Easter will be weeks of giving up something they enjoy as a sign of contrition for mistakes they have made. Others will spend extra time in devotions and prayer. Here are some other things you may want to add to your Lenten practices to make the days between Ash Wednesday and Easter Sunday even more fruitful.

Apologize to someone - Lent is a season of repentance. Most often we think of asking God for forgiveness from our sin, but that is only half of the story. Most sins include hurting others, which mattered to Jesus. Lent is a great time to seek forgiveness from those we have harmed. **Perform random acts of kindness** - Express your love for Jesus by loving others. Pay for the order of the person behind you in the drive-through. Give an extravagant tip. Carry gift cards to give away. Ask others how they are doing, *then stop and listen to their responses*. Share the love of Jesus in any way you can think of each day during Lent. **Say "thank you"** - Parents, family members, friends, mentors, coaches, teachers, religious, priests, Religious Education teachers, and others have shaped you into the person you are. Each week during Lent, send a note of gratitude to one of them. Tell them how much they meant to you and how they inspired you. **Tell others you love them** - Some of us struggle to say those three little words. Fight the fear and say "I love you" to friends, family members, and everyone else you love at least once during the season.

10 MILES WITH JESUS

10 Miles with Jesus. If you are tired of giving up sweets and coffee for Lent and are ready to embark on a different Lenten practice, leave your comfort zone for a day and challenge yourself physically, spiritually and personally. We invite you to join us on a 10-mile pilgrimage of prayer through meditating upon the Stations of the Cross of our Lord's sufferings and death.

Join us! Take up your cross and walk with Jesus! **TEN MILES WITH JESUS!**

The walking Pilgrimage will begin on Sunday, March 24, 2019 at 10:00 am at the Archdiocesan Shrine of St. John Paul II (St. Theresa of the Child Jesus Parish) 131 E. Edgar Rd., Linden, NJ and will conclude at the Most Sacred Heart of Jesus Cathedral 89 Ridge St., Newark, NJ at around 5 pm with the Holy Eucharist celebrated by the Very Reverend Bishop Manuel Cruz, Pastor of the Most Sacred Heart of Jesus.

FREE ADMISSION, however all participants must register.

To register and for additional information visit: www.10mileswithJesus.org,

email: info@10mileswithJesus.org or call: 201.220.1949

www.10mileswithJesus.org


FOOD PANTRY UPDATE

The next food pantry openings will be on March 16th and March 23rd. Items "most needed items" at this time are: Fruit, Pasta Sauce, Jelly and Coffee (regular or instant). Items which are always in need include: Vegetables, Cereal, Tuna, Prepared Meals (boxed, canned, or bag 'sides'), Chili, Tea, and Potatoes (canned or small packages). Thank you for all of the generous donations which help keep our food pantry stocked. As a reminder, we are unable to package out-of-date food products for distribution to our families.

SACRED HEART SCHOOL 70S DECADE REUNION

The Class of 1977 is hosting a 70s decade reunion on June 1 from 7 - 11 PM at Redds Restaurant & Biergarten, 317 Washington Ave, Carlstadt. \$55 per person by April 20 \$60 per person after April 20 includes Dinner Buffet, Beer and Wine, and Dessert. There will be a cash bar. Music provided by DJ Bobby G. Spread the word to family and friends who graduated in years 1970 - 1980 (or later!). Send check/money order made out to: Mary Liberti Vacca, 230 Irving Place, Lyndhurst, NJ or Venmo to @Gina-Tullio. Hotel accommodations are available at a special rate of \$99 at Hampton Inn Carlstadt, 201-935-9000 - use code "SHS Reunion" reserve by May 1 to get the special rate.

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STATIONS OF THE CROSS



As early as the 4th century, Christian pilgrims to the Holy Land would walk the route that Our Lord walked as He made His way to Golgotha for our salvation. When Muslims captured Jerusalem and it became too dangerous to make this pilgrimage, Christians replicated the sites back home and there developed the "Stations of the Cross" devotion (also known as "Way of the Cross," "Via Dolorosa," or "Via Crucis"). The devotion consists of meditating on 14 events -- that number being fixed in 1731 by Pope Clement XII -- which took place during Christ's Passion, from His being condemned to His burial. Here at Sacred Heart, we will pray the Stations of the Cross as a community during the Fridays of Lent **Mar.: 15, 22, 29, Apr.: 5, 12) following the 12 Noon Mass in the church.**

ARCHDIOCESE OF NEWARK 2019 LENTEN REGULATIONS

1. The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.
On a day of Fast, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity. Those between the ages of 18 and 59 are obliged to fast.
On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, March 10, 2019 to the Solemnity of the Holy Trinity, June 16, 2019.**

*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Eleanor Descalzi, Betty Tynan, Baby Ryan Joseph Lomuscio, Dolores Manno, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Margaret & Robert Sealer, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Ken Remo, Maureen F. Coughlin, John Smith, Melanie Paige Didomizio, Yvonne Hoefsloot, Julius Single, Melina Sylvestro, Dave Tzrepla, Frank Buco, Sr., John Stemkowski, Francis (Buddy) McSweeney, Dominick Palmieri, Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Allison Russell, Francesco Giacchi, Alex Hernandez, Mario Alongi, Sr., Joseph Dietz, Arvn Santos

DECEASED: Laura Manning, Michael Collins, Salvatore Girardi

BEREAVEMENT MINISTRY TRAINING

Do you feel called to serve the needs of the Bereaved? The Spring Bereavement Ministry Support Training program is now open for registration. The course is offered by the Office of Family Life Ministries of the Archdiocese of Newark. The eight 2.5 hour sessions begin at the end of March and continues into May. Two separate classes are being held on Saturday morning & Thursday afternoons at the Archdiocesan Center. For class registration and fee information please contact Lauren Egan at 973-497-4327 or Lauren.Egan@rcan.org. Pre-registration is required; class size is limited. Participants must meet the requirements of the Safe Environment Program. Seton Hall CEU's available with course completion.

ARCHDIOCESAN DIVORCED/SEPARATED SUPPORT GROUPS:

"It's true . . . there's no such thing as "Catholic Divorce" ...but millions of Catholics DO get civilly divorced. And it affects and hurts us all. Maybe you or someone you know has suffered the breakdown of the marriage and family, or maybe they are going through it right now. No matter how long it's been, the Church IS HERE to help. The Archdiocese of Newark currently has 13 parishes who offer a support group for the separated/divorced and these groups will be starting during the next couple months. For a list of these groups, please visit our website at:

www.rcan.org/separateddivorced-support-groups or
Email or Call: Lauren.Egan@rcan.org 973-497-4327

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, MARCH 10TH

In Honor of: Betty Sottovia - Happy Anniversary In Heaven
Donated by: Jean & Tom Redner

MONDAY, MARCH 11TH

In Honor of: The Intentions of Gino Cheddard
Donated by: Isabel & Jim Cavalcante

ANNIVERSARY CELEBRATIONS

Preparations are underway for the annual tradition of honoring those couples in our Archdiocese who will be celebrating five, twenty-five, and fifty years of Christian marriage in the year 2019. These anniversary liturgies will be celebrated by Joseph Cardinal Tobin in the Cathedral Basilica of the Sacred Heart in Newark on April 28th at 3:00PM (must register by April 16th) for the fifty year anniversaries and June 2 at 3:00PM (must register by May 21st) for the five and twenty-five year anniversaries. Please call the parish office to register.



MARCH 10, 2019

FIRST SUNDAY OF ADVENT



MASSES FOR THE WEEK

Anticipated Sunday Mass

5:00 pm Joseph Ackerson

SUNDAY - FIRST SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Lorraine Erwin Breitkof

10:30 am Rose Mary Altreche

12:00pm Maria Nazare Salvador

1:30 pm Carlos Ruiz Lara

MONDAY - Lenten Weekday

7:00am William E. Whitford

12:00pm Anna Christie

TUESDAY - Lenten Weekday

7:00am Frank & Anna Carbone

12:00pm Pascal & Ines & Family (Living)

WEDNESDAY - Lenten Weekday

7:00am Sam Pelose

12:00pm Luis Quintana, Jose & Maria
Humire, Jose Luis & Etelvina
Sanchez

THURSDAY - Lenten Weekday

7:00am Bill Davis

12:00pm Louis Coviello

FRIDAY - Lenten Weekday

7:00am Dorothy Hanley

12:00pm Louis Guida

SATURDAY - Lenten Weekday

9:00am Veronica Mulligan

Anticipated Sunday Mass

5:00 pm Carini Family

SUNDAY - SECOND SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Mr. & Mrs. Angelo Di Scerni

10:30 am Agnes & Joseph Dondero

12:00pm Joe Orlando

1:30 pm Mercedes Salas

STEWARDSHIP

Sunday Collection - \$6,480.00

Assessment Collection - \$2,354.00

Add'l Fuel Collection - \$105.00

Add'l Central & Eastern Europe - \$60.00

"There are no U-hauls behind hearses"

ST. PATRICK'S DAY FUNDRAISER

Saturday, March 16, 2019, 6:30 p.m.

Sacred Heart School Cafeteria

Corned Beef Dinner - Irish Music - BYOB

50/50 Raffle - Drawing at 8:00 p.m.

Silent Auction

\$25 per person

Tickets on sale after the Mass Today

and Mon. - Fri. at the Parish Office 9:30 - 5:30

In conjunction with this major fund raising event, the parish is requesting donations for gift baskets that will be auctioned off that night. If you're interested in donating a \$25, \$50, or \$75 basket, please drop it off at the Parish Center. If you'd like to contribute new items to make up a gift basket, you can also drop them off at the Parish Center. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising which will benefit Sacred Heart Parish.



ST. PATRICK'S DAY 50/50 RAFFLE

Get your tickets after Mass today for our parish St. Patrick's 50/50 Raffle. Tickets are \$5 or a book of 5 for \$25. Someone has to win--why not you? But, you have to be in it to win it! Your jackpot may just be a raffle ticket away!! Proceeds will offset the parish's operating expenses. The drawing will take place at the parish's St. Patrick's Corned Beef Dinner on Saturday, March 16th.



TAKING SOME TIME TO BE WITH THE LORD AND WITH EACH OTHER

Ladies from our Parish Family enjoyed some time together and some time with Lord on retreat at San Alfonso's Retreat House in Long Branch, New Jersey February 22nd - 24th.