



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

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www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Archibald L. Mabini
Parochial Vicar
fatherarchibald@sacredheartlynd.org

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

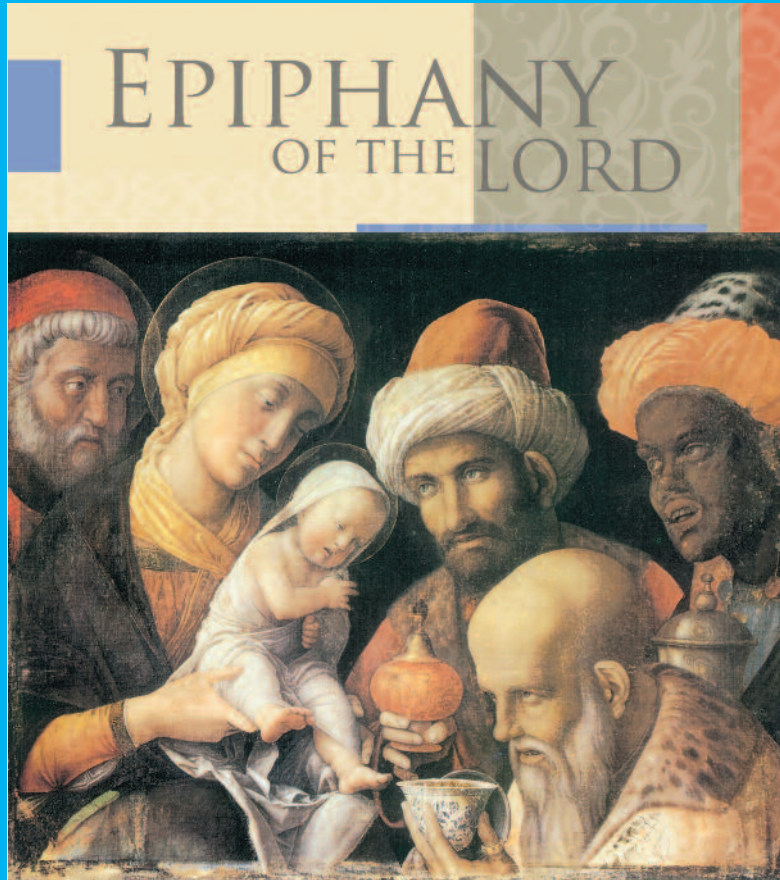
Margaret Dacchille
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
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201-939-4277
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SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



EPIPHANY OF THE LORD

JANUARY 6, 2019

*"Where is the newborn king of the Jews? We saw his star
at its rising and have to come to do him homage"*

-Matthew 2:2

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 7:00am in St. Dominic Chapel(No Mass in Jul. & Aug.)
12:00pm in the church
Saturday: 9:00am in St. Dominic Chapel,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 11:30am - 12:30pm and 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm
Jan. 7, Feb. 18, Apr. 8, May 13, Jun. 10

Sacrament: in the church at 3:00pm
Jan. 13, Feb. 24, Apr. 20 (8:30PM), May 19, Jun. 16

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 6:00pm Monday - Friday; Saturdays and Sundays Closed.



The Epiphany of the Lord

Dear Sisters and Brothers,

Today we are celebrating the feast of The Epiphany. The Epiphany gospel is a continuation of the Christmas story. The good news of Epiphany is that Jesus is the revelation of God as one who offers himself to us in love. Jesus is the epiphany of the invisible God in all the events of his life: as a helpless child laying in a manger, as a young man dying on the cross -- the ultimate revelation that God's glory is love. This feast reminds us that each Sunday's liturgy with its gospel reading is an epiphany of the Lord to be reflected upon in the quiet of faith.

As in every offering of love, the Lord awaits the response of our heart. Will it be that of Herod who perceives it as a threat to his own autonomy and power? Will it be that of the magi who perceive this offering of love as the fulfillment of the human quest? Epiphany is the revelation of the purpose of the Incarnation: that God and we, God's creatures, might enjoy each other in the embrace of love. Who could be afraid of a God like that?

The epiphany of the Lord is actualized in every celebration of the Eucharist. Jesus reveals himself and identifies himself as the bread of life. One could not imagine a more powerful sacrament or symbol to reveal that the ultimate meaning of Jesus is to give himself to us in love. Bread has no meaning by existing for itself. Bread exists in order to give life to those who receive it as food. The prayer after communion for the Mass of Epiphany expresses this mystery of faith: "Help us to recognize Christ in this Eucharist and welcome him with love."

God bless you,

Fr. Theemas

UPCOMING Events

JANUARY 2019

- 6(Sun.) The Epiphany of the Lord
- 6(Sun.) Second Collection
Monthly Assessment Exp.
- 6(Sun.) 10:00AM - Religious Ed. Classes
School
- 6(Sun.) 10:00AM - RCIA
Parish
- 8(Tue.) 6:00PM - Divine Mercy Chaplet
Parish Center Chapel
- 8(Tue.) 6:30PM - Holy Rosary
Parish Center Chapel
- 9(Wed.) 3:30PM & 6:30PM Religious
Ed. Classes - School
- 11(Fri.) 12:30PM - Eucharistic Adoration
Church
- 11(Fri.) 6:00PM - Spanish Rosary
Church
- 12(Sat.) 8:00PM - Neocat. Liturgy
Parish Center
- 13(Sun.) The Baptism of the Lord
- 13(Sun.) 10:00AM - Religious Ed. Classes
School

WHAT ARE WE CELEBRATING ON THE SOLEMNITY OF EPIPHANY?

The Epiphany of Our Lord is traditionally observed on January 6th (In many countries, including the United States, the celebration is transferred to the Sunday between January 2 and January 8, inclusive.) The word "epiphany" comes from the Greek epiphainen, a verb that means "to shine upon," "to manifest," or "to make known." Thus, the feast of the Epiphany celebrates the many ways that Christ has made Himself known to the world. Epiphany originally celebrated four different events, in the following order of importance: the Baptism of the Lord; Christ's first miracle, the changing of water into wine at the wedding in Cana; the Nativity of Christ; and the visitation of the Wise Men or Magi. Each of these is a revelation of God to mankind: At Christ's Baptism, the Holy Spirit descends and the voice of God the Father is heard, declaring that Jesus is His Son; at the wedding in Cana, the miracle reveals Christ's divinity; at the Nativity, the angels bear witness to Christ, and the shepherds, representing the people of Israel, bow down before Him; and at the visitation of the Magi, Christ's divinity is revealed to the Gentiles—the other nations of the earth. Eventually, the celebration of the Nativity was separated out, in the West, into Christmas. Over the centuries, the various celebrations were further separated in the West, and now the Baptism of the Lord is celebrated on the Sunday after the Epiphany, and the wedding at Cana is commemorated on the Sunday after the Baptism of the Lord.

CATECHESIS IN A CAROL



"The Twelve Days of Christmas" celebrates the time in the Christmas season which starts on Christmas Day and ends twelve days later on the traditional Feast of the Epiphany. It is a catechesis wrapped in carol. Each verse recalls an aspect of our faith. Do you remember the

words? Can you guess what faith aspect each verse may represent?

*The **partridge in a pear tree** was Jesus Christ, the pear tree was the cross.

***Two turtle doves** were the Old and New Testaments

***Three French hens** stood for faith, hope and love.

*The **four calling birds** were the four gospels of Matthew, Mark, Luke & John.

*The **five golden rings** recalled the Torah or Law, the first five books of the Old Testament.

*The **six geese a-laying** stood for the six days of creation.

***Seven swans a-swimming** represented the sevenfold gifts of the Holy Spirit -Prophesy, Serving, Teaching, Exhortation, Contribution, Leadership, and Mercy.

*The **eight maids a-milking** were the eight beatitudes.

***Nine ladies dancing** were the nine fruits of the Holy Spirit-Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, and Self Control.

*The **ten lords a-leaping** were the ten commandments.

*The **eleven pipers piping** stood for the eleven faithful disciples.

*The **twelve drummers drumming** symbolized the twelve points of belief in the Apostles' Creed.

THE STAR OF BETHLEHEM

The Star of Bethlehem, also called the Christmas Star is a star in Christian tradition that revealed the birth of Jesus to the magi (or "wise men") and later led them to Bethlehem. According to the Gospel of Matthew the magi were men "from the east" who were inspired by the appearance of the star to travel to Jerusalem. There they met King Herod of Judea, and asked where the king of the Jews had been born. Herod then asked his advisers where a messiah could be born. They replied Bethlehem, a nearby village, and quoted a prophecy by Micah. While the magi were on their way to Bethlehem, the star appeared again. Following the star, it stopped this time above the place where Jesus was born. The magi found Jesus with his mother, paid him homage, worshipped him and gave gifts. They then returned to their "own country".

given by God to mark the birth of the Christ (or Messiah). Some theologians claimed that the star fulfilled a prophecy, known as the Star Prophecy. In modern times, astronomers have proposed various explanations for the star. A nova, a planet, a comet, an occultation, and a conjunction (massing of planets) have all been suggested. The star has also been interpreted as an astrological event.

"The Magi set out because of a deep desire which prompted them to leave everything and begin a journey. It was as though they had always been waiting for that star. It was as if the journey had always been a part of their destiny, and was finally about to begin."

-Pope Benedict XVI

Address to seminarians in Cologne, August 19, 2005

EPIPHANY PROCLAMATION 2019

While a day like Christmas is fixed in our minds and on the calendars on December 25th, many of the important feasts of the Church year move, based upon the date that Easter is set. Easter changes each year moving to the Sunday after the "Paschal Full Moon," and can fall between March 22 and April 25.

In ancient times before calendars were common, most people did not know the dates for the upcoming Liturgical year. On Epiphany Sunday, the upcoming dates were "proclaimed". After the singing of the Gospel, a Deacon or cantor, in keeping with an ancient practice of Holy Church, announces from the ambo the moveable feasts of the current year according to this formula:

Know, dear brethren, (brothers and sisters,)

that, as we have rejoiced at

the Nativity of our Lord Jesus Christ,

so by leave of God's mercy we announce to you also the joy of his Resurrection, who is our Savior.

On the Sixth day of March will fall Ash Wednesday, and the beginning of the fast of the most sacred Lenten season.

On the Twenty-first day of April you will celebrate with Joy Easter Day, the Paschal feast of our Lord Jesus Christ.

On the Thirtieth day of May will be the Ascension of our Lord Jesus Christ.

On the Ninth day of June the feast of Pentecost.

On the Twenty-third day of June, the feast of the Most Holy Body and Blood of Christ.

On the First day of December, the First Sunday of Advent of our Lord Jesus Christ, to whom is honor and glory for ever and ever.

Amen.

SECOND COLLECTION THIS WEEK

Your generosity in the second collection this weekend will help to defray our monthly assessment expense.

ANNUAL TRICKY TRAY

Sacred Heart School will hold their Annual Tricky Tray which benefits Sacred Heart School, on Friday, Jan. 18, at Sacred Heart School, 620 Valley Brook Ave. Tickets are \$15 per person and are non-refundable. Ticket includes one sheet for 1st level prizes, Coffee/Tea, and dessert. Ticket deadline is Jan. 4th. No one under 18 will be admitted and no alcoholic beverages. Kitchen will be open. For tickets call Patty at 201-803-9580 or the school at 201-939-4277.

FOOD PANTRY UPDATE

Items "most needed items" at this time are: Spaghetti, Pasta Sauce, Fruit, and Tuna. Items which are always in need include: Vegetables, Potatoes (canned or packaged), Cereal, Soup, Beans, Pasta, Prepared Meals (boxed, canned, or bag 'sides'), Chili, Tea, Coffee, Peanut Butter and Jelly. Thank you for all of the generous donations which help keep our food pantry stocked. As a reminder, we are unable to package out-of-date food products for distribution to our families.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Eleanor Descalzi, Frank Lipinski, Louis Guida, Betty Tynan, Baby Ryan Joseph Lomuscio, Dolores Manno, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Margaret & Robert Sealer, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Ken Remo, Maureen F. Coughlin, John Smith, Melanie Paige Didomizio, Yvonne Hoefsloot, Julius Single, Melina Sylvestro, Dave Tzrepla, Frank Bucu, Sr., John Stemkowski, Francis (Buddy) McSweeney, Dominick Palmieri, Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Allison Russell, Francesco Giacchi, Alex Hernandez, Mario Alongi, Sr.

DECEASED: Mary Poltronetti

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, JANUARY 6TH

In Honor of: The Intentions of the Cavalcante Family

Donated by: Isabel & Jim Cavalcante

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Address to seminarians in Cologne,
August 19, 2005

SAVE THE DATE

St. Patrick's Day Fundraiser
Saturday, March 16, 2019, 6:30 p.m.
Sacred Heart School Cafeteria
Corned Beef Dinner - Irish Music - BYOB
50/50 Raffle - Drawing at 8:00 p.m.
Silent Auction
\$25 per person
Watch the bulletin for more details

JANUARY 6, 2019

The Epiphany of the Lord

MASS
INTENTIONS

MASSES FOR THE WEEK

Anticipated Sunday Mass

5:00 pm Anthony Tronccone

SUNDAY - The Epiphany Of The Lord

7:30am People Of Sacred Heart

9:00am Louise & Dominick LeFante

10:30 am Giuliana Cafaro

12:00pm Alphonse & Kathleen Galindo

1:30 pm Carlos E. Ruiz

MONDAY - Christmas Weekday/St. Raymond of Penafort, Priest

7:00am Josephine Tursellino

12:00pm Joan Dawson

TUESDAY - Christmas Weekday

7:00am Elsa Guerrero

12:00pm Barbara Parrillo

WEDNESDAY - Christmas Weekday

7:00am Michele Carusowe

12:00pm G. Harry Ertle

THURSDAY - Christmas Weekday

7:00am Paul Haggerty

12:00pm Gerard Nagler

FRIDAY - Christmas Weekday

7:00am Paul Haggerty

12:00pm Margot Carini

SATURDAY - Christmas Weekday

9:00am Frances Dell

Anticipated Sunday Mass

5:00 pm Mary T. Scardino

SUNDAY - The Baptism of the Lord

7:30am People Of Sacred Heart

9:00am Mary Natale

10:30 am Modesto & Monica Estrella

12:00pm Mario Coiro

1:30 pm Edwin Rivera

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Bless Your Door On Epiphany

On this glorious feast of the Epiphany of the Lord, here again is the traditional blessing from the Roman Ritual with a little explanation of it.

Epiphany Inscription Over the Doorway of the Home

20 + C + M + B + 19

The letters have two meanings. They are the initials of the traditional names of the Three Magi: Caspar, Melchior and Balthasar. They also abbreviate the Latin words "Christus Mansionem Benedicat" meaning "May Christ bless the house." The letters recall the day on which the inscription is made, as well as the purpose of blessing.

The crosses represent the protection of the Precious Blood of Christ, Whose Sacred Name we invoke, and also the holiness of the Three Magi sanctified by their adoration of the Infant Christ.

The inscription is made above the front door, so that all who enter and depart this year may enjoy God's blessing. The month of January still bears the name of the Roman god Janus, the doorkeeper of heaven and protector of the beginning and end of things. This blessing "christianizes" the ancient Roman observance of the first month. The inscription is made of chalk, a product of clay, which recalls the human nature taken by the Adorable and Eternal Word of God in the womb of the Virgin Mary, by the power of the Holy Spirit.

To bless your home this Epiphany, first read the Prologue of Saint John's Gospel (John 1:1-18), followed by the Our Father, and the Collect of the Epiphany; then write the inscription for this year above your front door with blessed chalk.



Blessing of Chalk

V. Our help is the name of the Lord.

R. Who made heaven and earth.

V. The Lord be with you.

R. And with thy spirit.

Let us pray.

Bless, O Lord God, this creature chalk
to render it helpful to Thy people.

Grant that they who use it in faith
and with it inscribe upon the doors of their homes
the names of Thy saints, Caspar, Melchior, and Balthasar,
may through their merits and intercession
enjoy health of body and protection of soul.

Through Christ our Lord.

And the chalk is sprinkled with Holy Water.

KNIGHTS OF COLUMBUS

**FREE THROW
CHAMPIONSHIP**

Calling All Boys and Girls Ages 9 - 14

Saturday, January 12, 2019

Sacred Heart School Gym

9:00 AM - 11:00 AM

All participants must bring proof of age (birth certificate or passport.)

